

# Our Lady of the Blessed Sacrament Catholic Church



3570 KING WILLIAM AVE • WEST POINT VA 23181



## PASTOR

Rev. Oscar Paraiso (804) 843-3125 ext. 102  
cell (757) 778-5118  
oparaiso@richmonddiocese.org  
pastormcneill@gmail.com

## RECTORY

(804) 843-4231

## PERMANENT DEACON

Rev. Dr. Kevin McKeever (973) 983-0511  
conorlew56@gmail.com

## ADMINISTRATIVE ASSISTANT

Pam Watkins (804) 843-3125 ext. 101  
Hours: Tuesday - Thursday  
9:00 a.m. - 4:30 p.m.  
adminassistant@olbs-catholic.org

## BUSINESS MANAGER

Bob Ryalls (804) 843-3125 ext. 104  
cell (757) 207-0215  
businessmgr@olbs-catholic.org

## COORDINATOR OF CHRISTIAN FORMATION

Erin Hayden (804) 843-3125 ext. 103  
DRE@olbs-catholic.org

## MUSIC DIRECTOR (INTERIM)

Mary Jackson (757) 515-8398  
music@olbs-catholic.org

## PRESCHOOL TEACHER/DIRECTOR

Vangy Lawson (804) 843-4177  
preschool@olbs-catholic.org

## VAN DEN BOOGAARD HALL RENTALS

Janice McGowan (804) 843-2870  
hallrentals@olbs-catholic.org

## GOOD NEIGHBOR CENTER

By Appointment (757) 585-8227

## SACRAMENT OF RECONCILIATION

Saturday 5:00 p.m.  
*(also by appointment)*

## EUCCHARISTIC ADORATION

Monday and Tuesday in the  
Mercy Center Chapel

## FIRST FRIDAY BENEDICTION AND ADORATION

In the church at 6:00 p.m.  
*(followed by the Most Holy Rosary at 6:30 p.m.)*

## RECITATION OF THE MOST HOLY ROSARY

6:30 p.m. *(every Friday in the church)*

## INFANT BAPTISM

Parent preparation classes are required for each couple planning to have their baby baptized. To schedule a preparation session, please call the church office.

## MARRIAGE

OLBS sponsors a preparation program for couples who intend to marry. The Pastor must be contacted at least six months prior to the date of the wedding.

## RECEPTION INTO THE CHURCH

Those inquiring into the Catholic Faith or seeking communion with the Church are invited to contact the Parish Office. Rite of Christian Initiation of Adults (RCIA) is offered.

## HOME VISIT WITH FATHER OSCAR

To schedule, please call the church office at the number below.

## Mass Schedule

### WEEKENDS

Saturday 5:00 p.m.  
Sunday 9:00 a.m.  
Spanish Mass 4:00 p.m.  
*(first Sunday of the month)*

### WEEKDAYS

Tuesday – Thursday 8:30 a.m.  
Friday 5:00 p.m.  
*(followed by the Rosary — first Friday of the month is followed by a holy hour)*

### HOLIDAYS

8:30 a.m.  
7:00 p.m.

## Parish Offices

### CONTACT

207 W. Euclid Blvd.  
West Point, VA 23181  
p: (804) 843-3125 • f: (804) 843-9158  
Parish e-mail: olbs@olbs-catholic.org  
Parish website: www.olbs-catholic.org

### OFFICE HOURS

Tuesday – Thursday  
9:00 a.m. – 4:30 p.m.

**FIFTEENTH SUNDAY IN ORDINARY TIME**

July 12<sup>th</sup> & 13<sup>th</sup>, 2025



**The Good Samaritan**

Saturday, July 12<sup>th</sup> **FIFTEENTH SUNDAY IN ORDINARY TIME\***

4:30 pm Sacrament of Reconciliation  
5:00 pm Mass offered for Alice Vadas Bromeier (RIP)  
Anniversary of Death  
Requested by Jim and Pattie Vadas

Sunday, July 13<sup>th</sup> **FIFTEENTH SUNDAY IN ORDINARY TIME\***

9:00 am Mass offered for Mike Pausic (RIP)  
Requested by Dale and Donna Port

Monday, July 14<sup>th</sup> *Saint Kateri Tekakwitha, Virgin (USA)\**

No Mass  
12 pm-10 pm Adoration in Chapel

Tuesday, July 15<sup>th</sup> *Saint Bonaventure, Bishop, Doctor of Church\**

8:30 am Mass – No Mass Intention  
12 pm-10 pm Adoration in Chapel  
4:30 pm Adult Bible Study (MC)

Wednesday, July 16<sup>th</sup> *Our Lady of Mount Carmel\**

8:30 am Mass for Roger Staskiel (RIP)  
Requested by Donna Geron  
6:30 pm **Choir Practice**

Thursday, July 17<sup>th</sup>

8:30 am Mass – No Mass Intention

Friday, July 18<sup>th</sup> *Saint Camillus de Lellis, Priest (USA)\**

5:00 pm Mass offered for Katherine Crump (RIP)  
Requested by Donna Geron  
5:30 pm Rosary

Saturday, July 19<sup>th</sup> **SIXTEENTH SUNDAY IN ORDINARY TIME\***

4:30 pm Sacrament of Reconciliation  
5:00 pm Mass offered for Thomas A. Trudeau (RIP)  
Anniversary of Birthday  
Requested by Edna Trudeau  
and offered for Ed Kopacki (RIP)  
Anniversary of Birthday  
Requested by Virginia Kopacki

Sunday, July 20<sup>th</sup> **SIXTEENTH SUNDAY IN ORDINARY TIME\***

9:00 am Mass offered for Melvin A. Gooch (RIP)  
Anniversary of Birthday  
Requested by Edna Trudeau

\* Color of letters indicates vestment colors for that Sunday or Saint's feast day. If no color, vestments are white.

Thanks to the Rectory Cleanup Crew

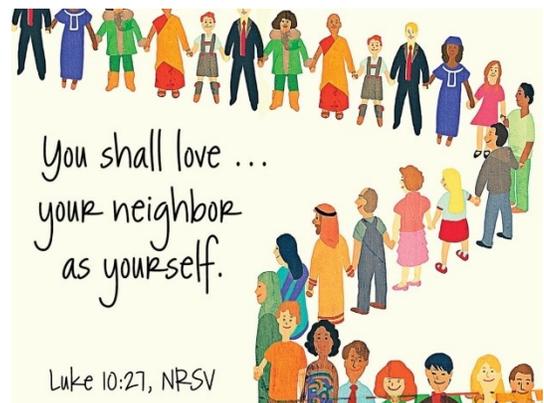
Thanks to the many Parishioners and the Knights of Columbus for their efforts of preparing the Rectory for Father Arje's arrival! And thanks to Glenn Shaw for repainting the kitchen cabinets and front door trim!

St. Theresa Cemetery & St. John of Kanti Cemetery

Dear Parishioners: Our cemeteries are in need of your continued financial support to complete the grass cutting season. Your generosity will continue to provide a quiet, reverent, and attractive place for our Parish community. Thank you for your support,  
from the Cemetery Committee.

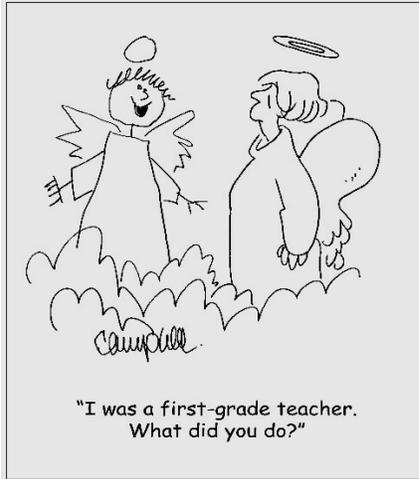
**LOVE**  
*the Lord your God*  
*with all your*  
**HEART**  
*and with all your*  
**SOUL**  
*and with all your*  
**STRENGTH**  
*and with all your*  
**MIND...**  
L U K E 1 0 : 2 7

*and*



## Religious Education

**Help Wanted-** Religious Ed. Teachers and substitutes. Please prayerfully consider giving your time and gifts of faith to share with our parish children. We need a First-Grade teacher as of now. Call Erin Hayden at 804-366-4435 and offer to help! Thank you.



**Sunday & Tuesday Adult Bible Study-** There are no Sunday Bible Study classes till the Fall. Tuesday Bible Study is held @ 4:45 pm. @ our Church Hall. We will be on Summer break from July 15<sup>th</sup> to August 5<sup>th</sup>, then resume our studies in Hebrews.

### Interested in a Teen Bible Study?

Caroline Walthour would like to lead grades 9<sup>th</sup> to 12<sup>th</sup> through a Bible study, for the month of July. This is a great opportunity to give it a try. Please contact the office and let us know you are interested or call: Erin Hayden

## YOUTH GROUP NEWS

**Middle School Youth Conference (EPIC)-** Held on August 9<sup>th</sup> from 11 am. to 7 pm. in Richmond. We have a chaperone from our parish that will be with our youth. This is a Diocesan day of faith learning, fun with middle school youth 6<sup>th</sup> to 8<sup>th</sup> grade, from around the diocese. Our youth have raised funds through fundraising, so our cost is cut to \$25. For more information or registration, please contact: Erin Hayden 804-366-4435.

**Application deadline, July 13<sup>th</sup>!**



### "Wanted? or Chosen?"

We look forward to seeing your children at our Vacation Bible School, "Wanted? or Chosen?" July 21<sup>st</sup> to the 25<sup>th</sup>, 6-8 pm. Registrations can be found on the table at the church entrance. For questions, call: Erin Hayden @ the office.

Our Lady of the Blessed Sacrament Presents: **VBS 2025** FREE Admission

PRE-K (4 YOA) TO 5TH GRADE

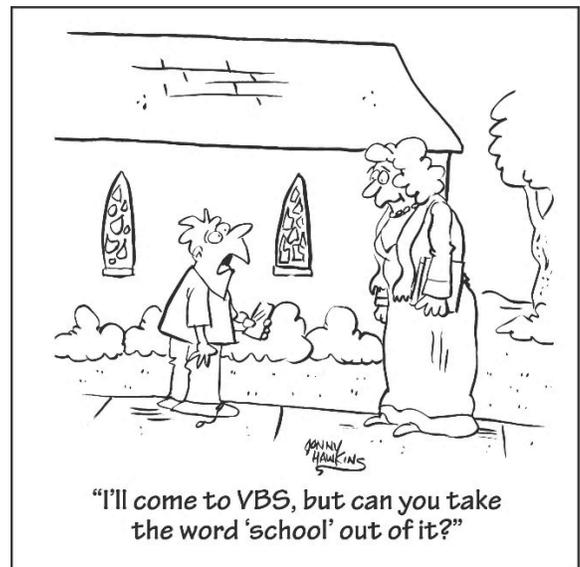
**WANTED?** **OR** **CHOSEN?**

**21-25 JULY** CRAFTS | GAMES | MUSIC | SNACKS **6-8 PM**

FOR REGISTRATION CONTACT ERIN AT 804-843-3125 OR 804-366-4435 OR DRE@OLBS-CATHOLIC.ORG

Please help us! We are collecting canned goods each day of VBS to help stock the "Lil' Free Pantries," in West Point. These pantries help to provide food necessities to our neighbors in need. Thank you for your support!

3510 KING WILLIAM AVE | WEST POINT, VA 23181





**Meet Father Arje**

Father Arje's first Masses at Our Lady of the Blessed Sacrament took place the first week of July and many of you have met Father. Here is information Father has provided as a bio with his background:



My name is Jose Arje Lanuza Flestado. I was born on October 16, 1977 in Sorsogon City, Sorsogon, Philippines. My parents are +Arturo E. Flestado and Jeanelita L. Flestado. I am the oldest among four siblings (Jeanna, Jeanne and Arwin).

I entered the Our Lady of Peöafrancia Seminary in high school at the young age of 12 in 1990, month of June. I entered the college department of the same seminary in 1994. Then, I entered the Holy Rosary Major Seminary for my Theological Studies in Naga City, Philippines, in 1998, until I graduated in 2002. Most Rev. Arturo Bastes, Bishop Emeritus of the Diocese of Sorsogon, ordained me as deacon on June 25, 2003 and ordained me, a year later, as priest on June 19, 2004.

I arrived in the United States for the first time, on July 6, 2024 Saturday midnight and stayed at St. Mary Star of the Sea Parish in Fort Monroe until the bishop of Richmond, Most Rev. Barry Knestout, assigned me as a parochial vicar of St. Bede Parish, Williamsburg, Virginia on July 13, 2024.

Now, I am happy to begin my new parish assignment at Our Lady of the Blessed Sacrament, here at West Point, from the first of July, 2025, until I am allowed to serve and to stay by our beloved bishop, Bishop Knestout.

**From The Diary of St. Faustina**

Meditation:

**Do Not Despise God's Graces**

There are souls who despise My graces as well as all the proofs of My love. They do not wish to hear My call, but proceed into the abyss of hell. The loss of these souls plunges Me into deadly sorrow. God though I am, I cannot help such a soul because it scorns Me; having a free will, it can spurn Me or love Me. You, who are the dispenser of My mercy, tell all the world about My goodness, and thus you will comfort My Heart (*Diary*, 580).

My Prayer Response:

Lord Jesus, help all apostles of Divine Mercy to reach souls who despise Your graces and proofs of Your love. Help us to save souls from choosing the abyss of hell — and so comfort Your Heart.

**Attendance**

July 5	Saturday	5:00 pm Mass	79
July 6	Sunday	9:00 am Mass	158

**Collection June 28 &29, 2025**

Total Offertory	\$ 2,936
Heat/Utilities	\$ 100
Votive Stand	\$ 58
Total Received This Week	\$ 3,094
Budgeted weekly average parish need	\$ 4,596
Capital Campaign	\$ 871
Cemetery Fund	\$ 20
Special Event Insurance	\$ 100
Peter's Pence	\$ 50
Maintenance Fund	\$ 80

\*\*\*Thank You for Supporting our Parish!

**THE ONLY SON OF GOD-**

From the beginning of Christian history, the assertion of Christ's lordship over the world and over history has implicitly recognized that man should not submit his personal freedom in an absolute manner to any earthly power, but only to God the Father and the Lord Jesus Christ: Caesar is not "the Lord". "The Church... believes that the key, the center and the purpose of the whole of man's history is to be found in its Lord and Master." (CCC 450)

# PUZZLE



## BIRDS IN THE WORD

The Bible mentions many kinds of birds. How many have you seen?

*Directions: Unscramble the bird names, using the Bible references and pictures as clues. Then insert the final unscrambled bird name to complete the passage below.*



VDEO \_ \_ \_ \_ \_ (Genesis 8:8)



LWO \_ \_ \_ \_ (Psalm 102:6)



GEELA \_ \_ \_ \_ \_ (Isaiah 40:31)



TOKRS \_ \_ \_ \_ \_ (Jeremiah 8:7)



APROSWRS \_ \_ \_ \_ \_

“Are not five \_ \_ \_ \_ \_ sold for two pennies? Yet not one of them is forgotten by God. ... Don’t be afraid; you are worth more than many \_ \_ \_ \_ \_.”

LUKE 12:6-7, NIV

Answer: dove, owl, eagle, stork, sparrows

## Free Remote Area Medical Clinic



**Free Medical, Dental, and Vision Care  
August 2-3, 2025 in Newport News, VA**

**Location:** Brittingham-Midtown Community Center, 570 McLawhorne Drive Newport News, VA 23601

The patient parking lot will open **no later than 11:59 p.m. (midnight local time) on Friday night, August 1**, and remain open. As patients arrive at the parking lot, they will be provided with additional information regarding clinic opening processes and next steps. **Clinic doors typically open at 6 a.m.**

Patients should be prepared with their own food, water, medicines, and clothing when arriving early. Bathrooms will be provided.

*Free dental, vision, and medical services are provided on a first-come, first-served basis. Due to time constraints, be prepared to choose between DENTAL and VISION services. Medical services are offered to every patient attending the clinic.*

**All services are free and open to the public. No ID required.** In some situations, such as inclement weather, volunteer cancellations, or other circumstances outside of RAM’s control, the parking lot may open earlier or a smaller number of patients served. RAM encourages everyone who would like services, especially dental services, to arrive as early as possible.

**\*Clinic closing time may vary based on each service area’s daily capacity. Please check RAM’s clinic [FAQ page](#) ([www.ram.usa/frequently-asked-questions](http://www.ram.usa/frequently-asked-questions)) for more information.**

**\*\*The above details are subject to change. Please continue to check our schedule regularly for updates as your clinic dates near.**

### Jubilee Year of Hope 2025

#### The Prayer

Father in heaven, may the faith you have gifted us in your son Jesus Christ, our brother, and the flame of charity kindled in our hearts by the Holy Spirit, reawaken in us, the blessed hope for the coming of your Kingdom.

May your grace transform us into diligent cultivators of the evangelical seeds that make humanity and the cosmos rise unto the confident expectation of the new heavens and the new earth, when with the powers of Evil overcome, your glory shall be manifested eternally.

May the grace of the Jubilee reawaken in us, Pilgrims of Hope, the yearning for heavenly treasures and pour over all the earth the joy and peace of our Redeemer. To you God blessed in eternity, be praise and glory for ever and ever. Amen.



# WELCOME NEW PARISHIONERS

New members are asked to register at the Parish Office in the Mercy Center.

We invite all parishioners to join a ministry.  
Contact the Chairperson of the ministry or call the Parish Office at 804.843.3125

## ALTAR LINENS

Ginger Chwalowski (757) 912-3025

## ALTAR SERVERS

Jody Drexler (804) 815-7720

[shamelss@verizon.net](mailto:shamelss@verizon.net)

Joe Drexler (804) 366-7563

[jdrexler1@verizon.net](mailto:jdrexler1@verizon.net)

## ARTS & ENVIRONMENT

[artsenvironment@olbs-catholic.org](mailto:artsenvironment@olbs-catholic.org)

## BELL CHOIR

## CANTORS/CHOIR

Mary Jackson (757) 515-8398

[music@olbs-catholic.org](mailto:music@olbs-catholic.org)

## CEMETERY COMMITTEE

Terry Frederick (804) 843-3125

[cemeterychair@olbs-catholic.org](mailto:cemeterychair@olbs-catholic.org)

## CHURCH HISTORIAN

Linda Drexler (804) 241-4073

[historian@olbs-catholic.org](mailto:historian@olbs-catholic.org)

## CLEANING COORDINATOR

## COMMUNITY LIFE

### FACILITIES COMMITTEE

Eric Ellingson (804) 843-3125

[facilitieschair@olbs-catholic.org](mailto:facilitieschair@olbs-catholic.org)

### FINANCE COMMITTEE

Richard Duke (804) 843-3125

[financechair@olbs-catholic.org](mailto:financechair@olbs-catholic.org)

### HISPANIC MINISTRY

Nanci Hernandez

Jose Velasquez

[hispanicministry@olbs-catholic.org](mailto:hispanicministry@olbs-catholic.org)

### HOSPITALITY

Glenn & Kay Shaw (804) 366-7518

### JUSTICE & PEACE

### KNIT, PURL & PRAY

### LAWN MOWING COMMITTEE

Eric Ellingson (804) 843-3125

[ericellingson@verizon.net](mailto:ericellingson@verizon.net)

## LIBRARY

Linda Drexler (804) 241-4073

[vintagenotes@verizon.net](mailto:vintagenotes@verizon.net)

## LITURGY COMMITTEE

Deacon Kevin McKeever

(973) 983-0511

[liturgychair@olbs-catholic.org](mailto:liturgychair@olbs-catholic.org)

## MINISTRY SCHEDULING

Pattie Vadas (804) 241-5009

[pbv0806@yahoo.com](mailto:pbv0806@yahoo.com)

## OFFICE VOLUNTEERS

## PARISH COUNCIL

Tiffany Smith (804) 840-7984

[parishchair@olbs-catholic.org](mailto:parishchair@olbs-catholic.org)

## SACRISTAN

Joe Drexler (804) 366-7563

[jdrexler1@verizon.net](mailto:jdrexler1@verizon.net)

## YOUTH MINISTRY

Erin Hayden (804) 843-3125 ext 103

[DRE@olbs-catholic.org](mailto:DRE@olbs-catholic.org)

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**\*New Members Welcomed**

**\*Hall Rental Available**

**CONTACT**  
**Craig or Danielle Smith**  
**804.398.8374**