

Our Lady of the Blessed Sacrament Catholic Church



3570 KING WILLIAM AVE • WEST POINT VA 23181



PASTOR

Rev. Oscar Paraiso (804) 843-3125 ext. 102
cell (757) 778-5118
oparaiso@richmonddiocese.org
pastormcneill@gmail.com

RECTORY

(804) 843-4231

PERMANENT DEACON

Rev. Dr. Kevin McKeever (973) 983-0511
conorlew56@gmail.com

ADMINISTRATIVE ASSISTANT

Pam Watkins (804) 843-3125 ext. 101
Hours: Tuesday - Thursday
9:00 a.m. - 4:30 p.m.
adminassistant@olbs-catholic.org

BUSINESS MANAGER

Bob Ryalls (804) 843-3125 ext. 104
cell (757) 207-0215
businessmgr@olbs-catholic.org

COORDINATOR OF CHRISTIAN FORMATION

Erin Hayden (804) 843-3125 ext. 103
DRE@olbs-catholic.org

MUSIC DIRECTOR (INTERIM)

Mary Jackson (757) 515-8398
music@olbs-catholic.org

PRESCHOOL TEACHER/DIRECTOR

Vangy Lawson (804) 843-4177
preschool@olbs-catholic.org

VAN DEN BOOGAARD HALL RENTALS

Janice McGowan (804) 843-2870
hallrentals@olbs-catholic.org

GOOD NEIGHBOR CENTER

By Appointment (757) 585-8227

SACRAMENT OF RECONCILIATION

Saturday 5:00 p.m.
(also by appointment)

EUCCHARISTIC ADORATION

Monday and Tuesday in the
Mercy Center Chapel

FIRST FRIDAY BENEDICTION AND ADORATION

In the church at 6:00 p.m.
(followed by the Most Holy Rosary
at 6:30 p.m.)

RECITATION OF THE MOST HOLY ROSARY

6:30 p.m. (every Friday in the church)

INFANT BAPTISM

Parent preparation classes are
required for each couple planning
to have their baby baptized.
To schedule a preparation session,
please call the church office.

MARRIAGE

OLBS sponsors a preparation program
for couples who intend to marry.
The Pastor must be contacted at
least six months prior to the date
of the wedding.

RECEPTION INTO THE CHURCH

Those inquiring into the Catholic
Faith or seeking communion with
the Church are invited to contact
the Parish Office. Rite of Christian
Initiation of Adults (RCIA) is offered.

HOME VISIT WITH FATHER OSCAR

To schedule, please call the church
office at the number below.

Mass Schedule

WEEKENDS

Saturday 5:00 p.m.
Sunday 9:00 a.m.
Spanish Mass 4:00 p.m.
(first Sunday of the month)

WEEKDAYS

Tuesday – Thursday 8:30 a.m.
Friday 5:00 p.m.
(followed by the Rosary —
first Friday of the month
is followed by a holy hour)

HOLYDAYS

8:30 a.m.
7:00 p.m.

Parish Offices

CONTACT

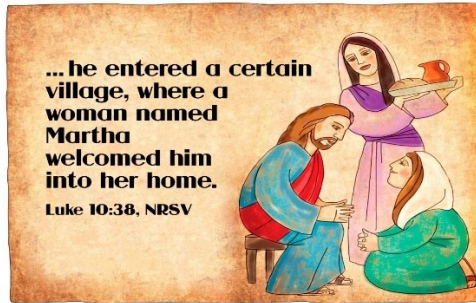
207 W. Euclid Blvd.
West Point, VA 23181
p: (804) 843-3125 • f: (804) 843-9158
Parish e-mail: olbs@olbs-catholic.org
Parish website: www.olbs-catholic.org

OFFICE HOURS

Tuesday – Thursday
9:00 a.m. – 4:30 p.m.

SIXTEENTH SUNDAY IN ORDINARY TIME

July 19th & 20th, 2025



Abraham, Sarah, his wife, and a Promise to Bear a Son



Saturday, July 19th **SIXTEENTH SUNDAY IN ORDINARY TIME***

4:30 pm Sacrament of Reconciliation

5:00 pm Mass offered for Thomas A. Trudeau (RIP)

Anniversary of Birthday

Requested by Edna Trudeau

and offered for Ed Kopacki (RIP)

Anniversary of Birthday

Requested by Virginia Kopacki

Sunday, July 20th **SIXTEENTH SUNDAY IN ORDINARY TIME***

9:00 am Mass offered for Melvin A. Gooch (RIP)

Anniversary of Birthday

Requested by Edna Trudeau

Monday, July 21st **St. Lawrence of Brindisi, Priest,**

No Mass **Doctor of the Church***

12 pm-10 pm Adoration in Chapel

Tuesday, July 22nd **SAINT MARY MAGDALENE***

8:30 am Mass for Eric Crump (RIP)

Requested by Donna Geron

12 pm-10 pm Adoration in Chapel

4:30 pm Adult Bible Study (MC)

Wednesday, July 23rd **Saint Bridget, Religious***

8:30 am Mass for Mike Pausic (RIP)

Requested by Dale & Donna Port

6:30 pm **Choir Practice**

Thursday, July 24th **Saint Sharbel Makhluf, Priest***

8:30 am Mass – No Mass Intention

Friday, July 25th **SAINT JAMES, APOSTLE***

5:00 pm Mass offered for Meredith Crowe (RIP)

Requested by Donna Geron

5:30 pm Rosary

Saturday, July 26th **SEVENTEENTH SUNDAY IN ORDINARY TIME***

4:30 pm Sacrament of Reconciliation

5:00 pm Mass offered for Marguerite Sturtz (RIP)

Anniversary of Death

Requested by Carole Beasley &

Joan Applegate

Sunday, July 27th **SEVENTEENTH SUNDAY IN ORDINARY TIME***

9:00 am Mass offered for Marion Kopacki (RIP)

Requested by Children, Grandchildren,
and Families

10:15 am Parish Council Meeting (MC)

The LORD appeared to him
by the oaks of Mamre, as he
sat at the door of his tent
in the heat of the day.

Genesis 18:1, ESV



My name is Jose Arje Lanuza Flestado. I was born on October 16, 1977 in Sorsogon City, Sorsogon, Philippines. My parents are +Arturo E. Flestado and Jeanelita L. Flestado. I am the oldest among four siblings (Jeanna, Jeanne and Arwin).

I entered the Our Lady of Peöafrancia Seminary in high school at the young age of 12 in 1990, month of June. I entered the college department of the same seminary in 1994. Then, I entered the Holy Rosary Major Seminary for my Theological Studies in Naga City, Philippines, in 1998, until I graduated in 2002. Most Rev. Arturo Bastes, Bishop Emeritus of the Diocese of Sorsogon, ordained me as deacon on June 25, 2003 and ordained me, a year later, as priest on June 19, 2004.

I arrived in the United States for the first time, on July 6, 2024 Saturday midnight and stayed at St. Mary Star of the Sea Parish in Fort Monroe until the bishop of Richmond, Most Rev. Barry Knestout, assigned me as a parochial vicar of St. Bede Parish, Williamsburg, Virginia on July 13, 2024.

Now, I am happy to begin my new parish assignment at Our Lady of the Blessed Sacrament, here at West Point, from the first of July, 2025, until I am allowed to serve and to stay by our beloved bishop, Bishop Knestout.

* Color of letters indicates vestment colors for that Sunday or Saint's feast day. If no color, vestments are white.

(VDB) van den Boogaard Hall

(MC) Mercy Center

Religious Education

We look forward to seeing your children at our **Vacation Bible School, "Wanted? or Chosen?" July 21st to the 25th, 6-8 pm.** Registrations can be found on the table at the church entrance. For questions, call: Erin Hayden @ the office.

Sunday & Tuesday Adult Bible Study- There are no Sunday Bible Study classes till the Fall. Tuesday Bible Study is held @ 4:45 pm. @ our Church Hall. **We will be on Summer break from July 15th to August 5th, then resume our studies in Hebrews.**

Parishioners in Costume Celebrating With Logan Chestnutt with a Superhero Party

Thank you to Virginia Walthour for organizing the Superhero party @ the Chestnutt home and all the awesome Superhero's! We had such a fun time bringing joy, not only for Logan, but for all. May God Bless everyone.



Help Wanted- Religious Ed. Teachers and substitutes. Please prayerfully consider giving your time and gifts of faith to share with our parish children. **We need a First-Grade teacher** as of now. Call Erin Hayden at 804-366-4435 and offer to help! Thank you.



"Wanted? or Chosen?"

We look forward to seeing your children at our Vacation Bible School, "Wanted? or Chosen?" July 21st to the 25th, 6-8 pm. Registrations can be found on the table at the church entrance. For questions, call: Erin Hayden @ the office.

Our Lady of the Blessed Sacrament Presents:

PRE-K (4 YOA) TO 5TH GRADE

FREE Admission

VBS 2025

WANTED? **OR** **CHOSEN?**

21-25 JULY CRAFTS | GAMES | MUSIC | SNACKS **6-8 PM**

FOR REGISTRATION CONTACT ERIN AT 804-843-3125 OR 804-366-4435 OR DRE@OLBS-CATHOLIC.ORG

Please help us! We are collecting canned goods each day of VBS to help stock the "Lil' Free Pantries," in West Point. These pantries help to provide food necessities to our neighbors in need. Thank you for your support!

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THE ONLY SON OF GOD-

Christian prayer is characterized by the title "Lord", whether in the invitation to prayer ("The Lord be with you"), its conclusion ("through Christ our Lord") or the exclamation full of trust and hope: *Maran atha* ("Our Lord, come!") or *Marana tha* ("Come, Lord!") - "Amen Come Lord Jesus!" [1 Cor 16:22; Rev 22:20] [2664-2665, 2817] (CCC 451)

From The Diary of St. Faustina

Meditation:

Spiritual Warfare

Help Me Withstand Temptations

[St. Faustina was tempted repeatedly by Satan against her vocation of proclaiming God's mercy and praying for mercy for souls, especially sinners (see *Diary*, 1496-1499):]

At that moment, I saw Jesus, who said, **I am pleased with what you are doing. And you can continue to be at peace if you always do the best you can in respect to this work of mercy. Be absolutely as frank as possible with your confessor.**

Satan gained nothing by tempting you, because you did not enter into conversation with him. Continue to act in this way. You gave Me great glory today by fighting so faithfully (*Diary*, 1499).

My Prayer Response:

Lord, may I be faithful to my vocation at times of temptation. May I not enter into temptation by conversation with the Evil One. By the grace of Your presence, help me to withstand temptations.

Jubilee Year of Hope 2025

The Prayer

Father in heaven, may the faith you have gifted us in your son Jesus Christ, our brother, and the flame of charity kindled in our hearts by the Holy Spirit, reawaken in us, the blessed hope for the coming of your Kingdom.

May your grace transform us into diligent cultivators of the evangelical seeds that make humanity and the cosmos rise unto the confident expectation of the new heavens and the new earth, when with the powers of Evil overcome, your glory shall be manifested eternally.

May the grace of the Jubilee reawaken in us, Pilgrims of Hope, the yearning for heavenly treasures and pour over all the earth the joy and peace of our Redeemer. To you God blessed in eternity, be praise and glory for ever and ever. Amen.

Collection July 12 & 13, 2025

Total Offertory	\$ 4,067
Mass Intentions	\$ 50
Religious Goods Sales	\$ 80
Debt Supplemental Collection	\$ 25
Total Received This Week	\$ 4,222

Budgeted weekly average parish need \$ 4,596

Haitian Ministry \$ 605

***Thank You for Supporting our Parish!

Attendance

July 12	Saturday	5:00 pm Mass	101
July 13	Sunday	9:00 am Mass	172

Free Remote Area Medical Clinic



Free Medical, Dental, and Vision Care

August 2-3, 2025 in Newport News, VA

Location: Brittingham-Midtown Community Center, 570 McLawhorne Drive Newport News, VA 23601

The patient parking lot will open **no later than 11:59 p.m. (midnight local time) on Friday night, August 1**, and remain open. As patients arrive at the parking lot, they will be provided with additional information regarding clinic opening processes and next steps. **Clinic doors typically open at 6 a.m.**

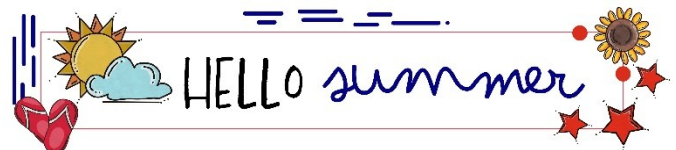
Patients should be prepared with their own food, water, medicines, and clothing when arriving early. Bathrooms will be provided.

Free dental, vision, and medical services are provided on a first-come, first-served basis. Due to time constraints, be prepared to choose between DENTAL and VISION services. Medical services are offered to every patient attending the clinic.

All services are free and open to the public. No ID required. In some situations, such as inclement weather, volunteer cancellations, or other circumstances outside of RAM's control, the parking lot may open earlier or a smaller number of patients served. RAM encourages everyone who would like services, especially dental services, to arrive as early as possible.

***Clinic closing time may vary based on each service area's daily capacity. Please check RAM's clinic [FAQ page](#) (www.ram.usa/frequently-asked-questions) for more information.**

****The above details are subject to change. Please continue to check our schedule regularly for updates as your clinic dates near.**



WELCOME NEW PARISHIONERS

New members are asked to register at the Parish Office in the Mercy Center.

We invite all parishioners to join a ministry.
Contact the Chairperson of the ministry or call the Parish Office at 804.843.3125

ALTAR LINENS

Ginger Chwalowski (757) 912-3025

ALTAR SERVERS

Jody Drexler (804) 815-7720

shamelss@verizon.net

Joe Drexler (804) 366-7563

jdrexler1@verizon.net

ARTS & ENVIRONMENT

artsenvironment@olbs-catholic.org

BELL CHOIR

CANTORS/CHOIR

Mary Jackson (757) 515-8398

music@olbs-catholic.org

CEMETERY COMMITTEE

Terry Frederick (804) 843-3125

cemetarychair@olbs-catholic.org

CHURCH HISTORIAN

Linda Drexler (804) 241-4073

historian@olbs-catholic.org

CLEANING COORDINATOR

COMMUNITY LIFE

FACILITIES COMMITTEE

Eric Ellingson (804) 843-3125

facilitieschair@olbs-catholic.org

FINANCE COMMITTEE

Richard Duke (804) 843-3125

financechair@olbs-catholic.org

HISPANIC MINISTRY

Nanci Hernandez

Jose Velasquez

hispanicministry@olbs-catholic.org

HOSPITALITY

Glenn & Kay Shaw (804) 366-7518

JUSTICE & PEACE

KNIT, PURL & PRAY

LAWN MOWING COMMITTEE

Eric Ellingson (804) 843-3125

ericellingson@verizon.net

LIBRARY

Linda Drexler (804) 241-4073

vintagenotes@verizon.net

LITURGY COMMITTEE

Deacon Kevin McKeever

(973) 983-0511

liturgychair@olbs-catholic.org

MINISTRY SCHEDULING

Pattie Vadas (804) 241-5009

pbv0806@yahoo.com

OFFICE VOLUNTEERS

PARISH COUNCIL

Tiffany Smith (804) 840-7984

parishchair@olbs-catholic.org

SACRISTAN

Joe Drexler (804) 366-7563

jdrexler1@verizon.net

YOUTH MINISTRY

Erin Hayden (804) 843-3125 ext 103

DRE@olbs-catholic.org

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(804)966-1600

Vincent Funeral Home and Cremation Services

CHRIS P. VINCENT

vincentfuneralh@aol.com

417 11th Street
West Point VA 23181
(804) 843-2550

9923 Pocahontas Trail
Providence Forge VA 23140
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Father Jakubowski Council #8116



*New Members Welcomed

*Hall Rental Available

CONTACT

Craig or Danielle Smith
804.398.8374