

Our Lady of the Blessed Sacrament Catholic Church



3570 KING WILLIAM AVE • WEST POINT VA 23181



PASTOR

Rev. Oscar Paraiso (804) 843-3125 ext. 102
cell (757) 778-5118
oparaiso@richmonddiocese.org
pastormcneill@gmail.com

RECTORY

(804) 843-4231

PERMANENT DEACON

Rev. Dr. Kevin McKeever (973) 983-0511
conorlew56@gmail.com

ADMINISTRATIVE ASSISTANT

Pam Watkins (804) 843-3125 ext. 101
Hours: Tuesday - Thursday
9:00 a.m. - 4:30 p.m.
adminassistant@olbs-catholic.org

BUSINESS MANAGER

Bob Ryalls (804) 843-3125 ext. 104
cell (757) 207-0215
businessmgr@olbs-catholic.org

COORDINATOR OF CHRISTIAN FORMATION

Erin Hayden (804) 843-3125 ext. 103
DRE@olbs-catholic.org

MUSIC DIRECTOR (INTERIM)

Mary Jackson (757) 515-8398
music@olbs-catholic.org

PRESCHOOL TEACHER/DIRECTOR

Vangy Lawson (804) 843-4177
preschool@olbs-catholic.org

VAN DEN BOOGAARD HALL RENTALS

Janice McGowan (804) 843-2870
hallrentals@olbs-catholic.org

GOOD NEIGHBOR CENTER

By Appointment (757) 585-8227

SACRAMENT OF RECONCILIATION

Saturday 5:00 p.m.
(also by appointment)

EUCCHARISTIC ADORATION

Monday and Tuesday in the
Mercy Center Chapel

FIRST FRIDAY BENEDICTION AND ADORATION

In the church at 6:00 p.m.
*(followed by the Most Holy Rosary
at 6:30 p.m.)*

RECITATION OF THE MOST HOLY ROSARY

6:30 p.m. *(every Friday in the church)*

INFANT BAPTISM

Parent preparation classes are
required for each couple planning
to have their baby baptized.
To schedule a preparation session,
please call the church office.

MARRIAGE

OLBS sponsors a preparation program
for couples who intend to marry.
The Pastor must be contacted at
least six months prior to the date
of the wedding.

RECEPTION INTO THE CHURCH

Those inquiring into the Catholic
Faith or seeking communion with
the Church are invited to contact
the Parish Office. Rite of Christian
Initiation of Adults (RCIA) is offered.

HOME VISIT WITH FATHER OSCAR

To schedule, please call the church
office at the number below.

Mass Schedule

WEEKENDS

Saturday 5:30 p.m.
Sunday 9:00 a.m.
Spanish Mass 4:00 p.m.
(first Sunday of the month)

WEEKDAYS

Tuesday – Thursday 9:30 a.m.
Friday 5:30 p.m.
*(followed by the Rosary —
first Friday of the month
is followed by a holy hour)*

HOLIDAYS

9:30 a.m.
7:00 p.m.

Parish Offices

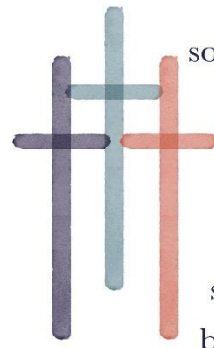
CONTACT

207 W. Euclid Blvd.
West Point, VA 23181
p: (804) 843-3125 • f: (804) 843-9158
Parish e-mail: olbs@olbs-catholic.org
Parish website: www.olbs-catholic.org

OFFICE HOURS

Tuesday – Thursday
9:00 a.m. – 4:30 p.m.

FOURTH SUNDAY OF LENT
March 9th & 10th, 2024



For *God*
 so loved the world,
 that he gave
 his only son,
 that whoever
 believes in *him*
 should not perish
 but have *eternal life*.

John 3:16

Saturday, March 9th *FOURTH SUNDAY OF LENT**
 5:00 pm Sacrament of Reconciliation
 5:30 pm Mass – No Intention

Sunday, March 10th *FOURTH SUNDAY OF LENT**
 9:00 am Mass – No Intention
 10:15 am Adult Bible Study
 10:15 am Religious Education Sunday School

Monday, March 11th
 No Mass
 12 pm-10 pm Adoration in Chapel
 5:00 pm **Facilities Committee Meeting**
 6:30 pm **Knights of Columbus District Meeting**
 to be held at OLBS Parish Hall

Tuesday, March 12th
 9:30 am Mass – No Intention
 12pm-10pm Adoration in Chapel
 4:30 pm **Adult Bible Study: Travel to Williamsburg**
Movie Tavern Theatre for 6:15 showing
 the movie, “Cabriní”

Wednesday, March 13th
 9:30 am Mass – No Intention
 6:30 pm **Choir Practice**

Thursday March 14th
 9:30 am Mass – No Intention

Friday, March 15th
 5:30 pm **Mass** – No Intention
 6:30 pm **Most Holy Rosary**
 7:00 pm **Stations of the Cross- Finance Council**

Saturday, March 16th *FIFTH SUNDAY OF LENT**
 5:00 pm Sacrament of Reconciliation
 5:30 pm Mass – No Intention

Sunday, March 17th *FIFTH SUNDAY OF LENT**
 9:00 Mass – No Intention
 10:15 am Adult Bible Study
 10:15 am Religious Education Sunday School
 6:30 pm **Youth Group**

**Color of letters indicates vestment colors for that Sunday or Saint’s feast day. If no color, vestments are white.*

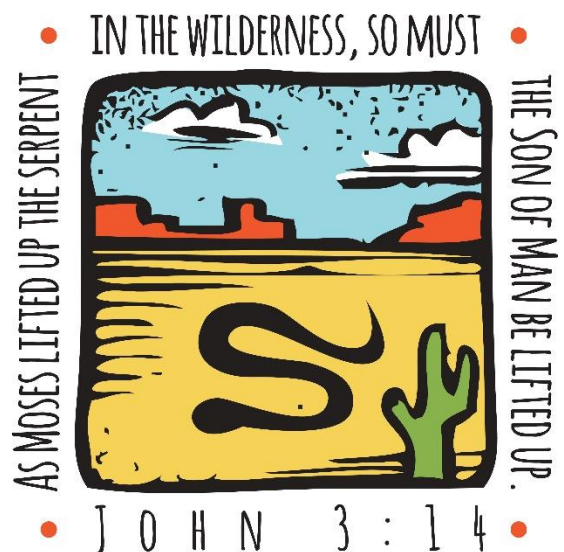
If You Need a Visit from Father Oscar

With Father Oscar’s added responsibilities serving as Chaplain for the Poor Clares, his availability has been more restricted. If you or you are aware of a parishioner or family of a parishioner who is in need of or would like a visit from Father Oscar, please call the parish office Tuesdays, Wednesdays, or Thursdays from 9:00am until 4:30pm to give us the name, phone number, address, and the best time to visit. Father will be able to visit at the earliest opportunity.

The Knights of Columbus Blood Drive on February 27th collected 22 units of blood. We want to thank the Knights that helped run the drive but certainly all those who donated. These units of blood can save up to 66 lives in our community.

Change in Friday’s Daily Mass Schedule

Each Friday Daily Mass will be at 5:30pm followed by the Rosary.
 Each FIRST Friday Mass will be at 5:30pm followed by the Holy Hour.
 Each Friday during Lent Mass will be at 5:30pm followed by the Rosary and then the Stations of the Cross.



Hearing Assistance

If you are having difficulty hearing the Mass in Church, please arrive a few minutes early and speak with one of the ushers, as the parish has purchased hearing assistance devices for our parishioners. Just ask one of our ushers how it works. You can even use your own earphones to plug into the device.

Religious Education & Adult Bible Study

Religious Education Sunday School is held every Sunday at 10:15 am in the classrooms at the Boogaard Hall.

Religious Education Special Event: Our classes will be having an **Easter egg hunt and activities on Palm Sunday, March 24th, during Sunday School.** Can you help fill eggs? We are looking for items such as: Treats, stickers, chicks, signs of life, bracelets, flower seeds, a Cross, Scriptures and anything you can think of that would be related to Easter. **Eggs are located by the back table and due back March 17th.**

Adult Bible study will follow the 9 am. Mass.

Tuesday Adult Bible Study – No Adult Bible Study on March 12th. We will be having a **Movie outing to see “Cabrinì” @ Movie Tavern.**

If you would like to join us, please do! 6:15 pm. showing! “Cabrinì,” produced by Angel Studios. The movie *Cabrinì* is based on the rich, inspiring true story of Francesca Xavier Cabrini, the first American saint. The film represents the very real events of Cabrini’s life, her mission, and her service among the Italian immigrants of New York City.



Congratulations to our Confirmands who received the sacrament of Confirmation on March 5th @ St. Bede: Allison Smith, Amir Alcocer-Zapata, Misael-Leon Hernandez and Yenvy Nguyen. May the Holy Spirit enlighten your heart and lead you to build the Kingdom of God and His church.



Open to all 6th -12th Grade. Join us on March 17th @ 6:30 pm. We will celebrate with an Easter theme!

Must See Movies in Theaters! – Check your local listing: **“The Ark and the Darkness”** will be the most Biblically accurate, photo-realistic representation of Noah’s Flood ever released in theaters. Co-produced by award-winning Sevenfold Films, Director of Genesis: Paradise Lost, this film takes photo-realism to the next level. In cooperation with experts from Answers in Genesis, Liberty University, and Genesis Apologetics, this film reveals just how Noah’s Flood unfolded, how the dinosaurs were involved, what happened after, and also reviews how the judgement of Noah’s Flood parallels end times. Added value includes an interview panel with experts on Noah’s Flood. **(Playing only 2 days- March 20th and 21st).**

Divine Mercy Retreat

Save the Date! March 16th from 9:00 -12:00 pm at the Boogaard Hall. It is a time of Mercy that our Savior has given us. This retreat will help you to be prepared to receive the gifts given on Divine Mercy Sunday. Breakfast items will be served and admission cost is FREE. **Sign up and tickets are on the back table.** Questions? Call: Erin Hayden (804)-366-4435.

Year of Grace and Divine Mercy (From The Diary of St. Faustina)

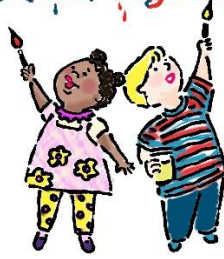
Meditation:

I have wasted many of God’s graces because I was always afraid of being deluded. God drew me to Himself so powerfully that often it was not in my power to resist His grace when I was suddenly immersed in Him. At these moments, Jesus filled me with such great peace that, later on, even when I tried to become uneasy, I could not do so. And then, I heard these words in my soul: **In order that you may be assured that it is I who am demanding all these things of you, I will give you such profound peace that even if you wanted to feel troubled and frightened, it would not be in your power to do so today, but love will flood your soul to the point of self-oblivion** (Diary, 143). Jesus looked at me kindly and said, **My daughter, do not be afraid of sufferings; I am with you** (Diary, 151).

My Prayer Response:

Lord Jesus, In Your great mercy, help me to respond to my troubles with trust! Give me profound peace that will dispel my fears.

preschool registration



From the Preschool

The Preschool has experienced a wonderful and successful school year. All of our spots have been full and we are looking forward to another wonderful year this coming Fall. Registration is now open to the Parish. If there are any families looking for a 3-year old program, we have open spots. Thank you again for all your support over the years and your prayers. We appreciate them.



Pam Watkins, Parish Administrative Assistant, has been out sick for the past two weeks with pneumonia. She would welcome your prayers and good wishes.



Cultural Prayer Gardens

Preliminary plans for outdoor prayer gardens are on display in the foyer of the Church in an effort to recognize our Vietnamese, Hispanic, Philippine, and Polish and European communities. The garden areas are to include signage about the different cultures and their importance in our Parish, statues, benches, and shrub and tree plantings. We will be developing a list of things you can donate to or in honor of someone or in memory of someone.

STATIONS OF THE CROSS

On each Friday during Lent in the Church, we will recite the rosary at 6:30 pm followed by the Stations of the Cross at 7:00 pm. The following ministries/groups are asked to lead the Stations of the Cross on their given date. Please let Father Oscar and Joe Drexler know if you can help on the date your ministry/group is scheduled.

March 15	Finance Council
March 22	Cemetery Committee
March 29	3:00 pm Stations – Father Oscar

Join the Lawn Mowing Crew!

As you may know, those mowing the Parish grass each week are volunteers. We are now down to two teams and need one or two more. Volunteers can use their own mower or one of the church's mowers. Four crews would mean each team would mow once a month! Call Chris Polcyn to learn more at 804-366-5316.

Lenten Soup & Sermon

The Lenten Soup and Sermon series sponsored by the West Point Ministerial Association will be held on all Wednesdays, February 21-March 20. Sermons begin at 12 noon followed by a soup luncheon. Please consider joining our fellow brothers and sisters in Christ on Wednesdays for this time of Lenten reflection.



March Wedding Anniversaries

Shawn & Erin Lazar	March 6, 2004
David & Donna Haviland	March 7, 1998

Attendance

March 2 nd	Saturday	5:30 pm Mass	67
March 3 rd	Sunday	9:00 am Mass	128
		Spanish Mass 4:00 pm	43

Forty Days
OF LENT



Knights of Columbus

Upcoming Lenten Fish Dinners

Here is the date of last Friday Lenten Fish Dinners by the Knights of Columbus:

Friday, March 22nd Seafood Combo Dinner

**Tickets now available after Masses or
Call 804-512-9701 to reserve your tickets**

Brother Knights and members of their families are asked to come out and lend a hand at these fundraisers.

The Knights thank everyone who bought tickets and came out for the Shrimp Dinner, the second Lenten meal.

Thanks also for the excellent turnout of Brother Knights and members of their families who cooked and packaged the food for take outs and served dinners to those eating at the Hall.

Becoming a Knight!!

Charitable causes are our focus for fundraising. The Father Jakubowski Council 8116 always welcomes practicing Catholic men (18 and older) to join. You can either talk to one of the Knights or simply complete an online application. Go to www.kofc.org/secure/en/join/join-kofc.html.



Eucharistic Revival

The Paschal Banquet

The Mass is at the same time, and inseparably, the sacrificial memorial in which the sacrifice of the cross is perpetuated and the sacred banquet of communion with the Lord's body and blood. But the celebration of the Eucharistic sacrifice is wholly directed toward the intimate union of the faithful with Christ through communion. To receive communion to receive Christ himself who has offered himself for us. (CCC 1382)

Virginia Catholic Conference

Urgent action needed on bills requiring health plans to cover contraceptives and abortifacients headed to the Governor's desk!



Despite our strong objections, bills requiring health plans to cover contraceptives and even some abortion-inducing drugs have passed both the Senate and the House. **Take action today to urge Governor Youngkin to veto this legislation**, which raises fundamental life and liberty issues.



Solidarity in Action

Since it began in February 2022, the Ukraine Solidarity Fund has raised more than \$22 million, **becoming the largest charitable campaign in the history of the Knights of Columbus Order**. More importantly, it has allowed the Knights to help approximately 1.6 million people affected by the war.

Supreme Knight Patrick Kelly addressed Knights on the second anniversary of the Russian invasion of Ukraine Feb. 24, reviewing the courageous work of Ukrainian Knights since the war began.



IN OUR
Thoughts and Prayers

March 2024 Prayers for Healing & Good Health

Elizabeth Alley
Cheryl Antal
Paulette Berberich
Jean Berkey
Beatrice Blacher
Linda Blevins
Todd Brown
Linda Burch
Robert Burch
Caroline Byrd
Chris Byrd
Katherine Carson
Kevin Carson
Lucy Carson
Jessica Cassidy
Jose Castaneda
Logan Chestnutt – an addition
Marianna Chestnutt
Marvin Croswell

Meredith Crowe
Angela Dart
Lydia Dehn
Vincent D'elia
Denise DePompeo
Dexter Dix
Joyce Drexler
Paul Garman
Karen Haney
Tom Hollowack
Jim Houser
Gigi Jordan
Gloria Kojcsich
Bonnie Kopacki
Racheal Lafferty
Arlene Lasch
Melissa Leger

Karen Liberato
Philip Liberato
Phil Marshall
Holly McGowan
Patrick McGowan
Lenny Ramlano
Joe Ripchick
John Ross
Barbara Schaffer
Margaret Silvia
Jackie Via
Gloria Wajciechowski
Bill Webster
Steve Weems
James Wills
Andrea Berberich Wilson
Leda Zaginaylo
Abby Zwerner

Prayers for those in the Military

Tracie Gates

If you wish to add someone on the list or remove a name from the list, please call the parish office (804) 843-3125 or email Pam Watkins at adminassistant@olbs-catholic.org

West Point Knights of Columbus

Seafood Combo Dinner

**Fried Shrimp, flounder, clam strips, slaw, hush puppies,
baked apples, dessert & drink**

**OLBS Catholic Church Boogaard Hall
3510 King William Ave.**

Friday, March 22, 2024

4:00 pm – 8:00 pm

Tickets:	Adults	\$15.00
	Children under 12 Years	\$7.00

Eat in or Take Out

For Tickets Call: (804) 512-9701

WELCOME NEW PARISHIONERS

New members are asked to register at the Parish Office in the Mercy Center.

We invite all parishioners to join a ministry.

Contact the Chairperson of the ministry or call the Parish Office at 804.843.3125

ALTAR LINENS
Linda Drexler (804) 241-4073
vintagenotes@verizon.net

ALTAR SERVERS
Joe Drexler (804) 366-7563
liturgychair@olbs-catholic.org

ARTS & ENVIRONMENT
artsenvironment@olbs-catholic.org

BELL CHOIR

CANTORS/CHOIR
music@olbs-catholic.org

CEMETERY COMMITTEE
ceemeterychair@olbs-catholic.org

CHURCH HISTORIAN
Linda Drexler (804)241-4073
historian@olbs-catholic.org

CLEANING COORDINATOR

COMMUNITY LIFE

FACILITIES COMMITTEE
Jim Pyne
facilitieschair@olbs-catholic.org

FINANCE COMMITTEE
Richard Duke (804) 843-3125
financechair@olbs-catholic.org

HISPANIC MINISTRY
Nanci Hernandez
Jose Velasquez
hispanicministry@olbs-catholic.org

HOSPITALITY
Glenn & Kay Shaw (804) 843-3476

JUSTICE & PEACE

KNIT, PURL & PRAY

LAWN MOWING COMMITTEE
Eric Ellingson (804) 843-2184
ericellingson@verizon.net

LIBRARY
Linda Drexler (804) 241-4073
vintagenotes@verizon.net

LITURGY COMMITTEE
Joe Drexler (804) 366-7563
liturgychair@olbs-catholic.org

MINISTRY SCHEDULING
Pattie Vadas (804) 241-5009
pbv0806@yahoo.com

OFFICE VOLUNTEERS
Margaret Varboncoeur (804) 843-2867

PARISH COUNCIL
Tiffany Smith (804) 840-7984
parishchair@olbs-catholic.org

SACRISTAN
Joe Drexler (804)366-7563
Marguerite Sturtz, Sacristan Emerita

YOUTH MINISTRY
Erin Hayden (804) 843-3125 ext 103
DRE@olbs-catholic.org

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*Vincent Funeral Home
and Cremation Services*

CHRIS P. VINCENT
vincentfuneralh@aol.com

417 11th Street
West Point VA 23181
(804) 843-2550

9923 Pocahontas Trail
Providence Forge VA 23140
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(804) 843-3125 ext 111

Email: hallrentals@olbs-catholic.org

Father Jakubowski Council #8116



***New Members
Welcomed**

***Hall Rental Available**

Contact
Jim Vadas
804.370.5341