

OUR LADY OF THE BLESSED SACRAMENT CATHOLIC CHURCH

3570 KING WILLIAM AVENUE, WEST POINT VA 23181



MASS SCHEDULE

**WEEKENDS: SATURDAY 5:30 P.M.
SUNDAY 9:00 A.M.
4:00 P.M. SPANISH MASS
1st Sunday of the Month**

WEEKDAYS: 9:30 A.M. Tuesday - Friday

HOLYDAYS: 9:30 A.M. & 7:00 P.M.

**PARISH OFFICES at the MERCY CENTER
207 W. Euclid Blvd., West Point, VA 23181
Phone: (804) 843-3125 Fax: (804) 843-9158**

Office Hours: T W Th 9:00 A.M. - 4:30 P.M.

**Parish e-mail : olbs@olbs-catholic.org
Parish Web address: www.olbs-catholic.org**

PASTOR

Rev. Oscar Paraiso (757) 778-5118
Rectory (804) 843-4231
Office (804) 843-3125 ext 102
Email: oparaiso@richmonddiocese.org
pastormcneill@gmail.com

PERMANENT DEACON

Rev. Dr. Kevin McKeever (973) 983-0511
Email: conorlew56@gmail.com

ADMINISTRATIVE ASSISTANT

Pam Watkins (804) 843-3125 ext 101
Hours: T-W-Th 9:00 a.m.- 4:30 p.m.
Email: adminassistant@olbs-catholic.org

BUSINESS MANAGER (804) 843-3125 ext 104
Bob Ryalls (757) 207-0215
E-mail: businessmgr@olbs-catholic.org

COORDINATOR of CHRISTIAN FORMATION

Erin Hayden (804) 843-3125 ext 103
Email: DRE@olbs-catholic.org

MUSIC DIRECTOR

Email: music@olbs-catholic.org

PRESCHOOL TEACHER/DIRECTOR

Vangy Lawson (804) 843-4177
Email: preschool@olbs-catholic.org

van den BOOGAARD HALL RENTALS

Janice McGowan (804) 843-2870
Email: hallrentals@olbs-catholic.org

**GOOD NEIGHBOR CENTER (757) 585-8227
By Appointment**

SACRAMENT of RECONCILIATION

Saturday 5:00 p.m.
Also by appointment

EUCCHARISTIC ADORATION

Monday and Tuesday
Mercy Center Chapel

FIRST FRIDAY BENEDICTION and ADORATION

in the church - 6:00 p.m.
followed by the Most Holy Rosary - 6:30 p.m.

RECITATION of the MOST HOLY ROSARY

6:30 p.m. Every Friday in the church

INFANT BAPTISM

Parent preparation classes are required for each couple planning to have their baby baptized. To schedule a preparation session, please call the church office.

MARRIAGE

OLBS sponsors a preparation program for couples who intend to marry. The Pastor must be contacted at least six months prior to the date of the wedding.

RECEPTION into the CHURCH

Those inquiring into the Catholic Faith or seeking communion with the Church are invited to contact the Parish Office. Rite of Christian Initiation of Adults (RCIA) is offered.

THIRD SUNDAY IN ORDINARY TIME

January 20th & 21st, 2024

Saturday, January 20th **THIRD SUNDAY IN ORDINARY TIME***

- 5:00 pm Sacrament of Reconciliation
- 5:30 pm Mass offered for Catherine Prince (RIP)
Requested by Bette Albert
- 6:30 pm **Pot Luck dinner for Fr. Oscar's Birthday**

Sunday, January 21st **THIRD SUNDAY IN ORDINARY TIME***

- 9:00 am Mass offered for Scott Watkins on Birthday
Requested by the Watkins Family
- Mass offered for Karl Rudolph (RIP)
Anniversary of Death (1/22/1993)
Requested by Patti & Edmund Staskiel
- 10:15 am Adult Bible Study
- 10:15 am Religious Education Sunday School

Monday, January 22nd

No Mass
"Happy Birthday Father Oscar!"

12 pm-10 pm Adoration in Chapel

Tuesday, January 23rd **St. Vincent, Deacon, Martyr (USA),
St. Marianne Cope, Virgin (USA)***

- 9:30 am Mass – No Mass Intention
- 12pm-10pm Adoration in Chapel
- 4:30 pm Adult Bible Study (Mercy Center)

Wednesday, January 24th **Saint Francis de Sales, Bishop,
Doctor of the Church***

- 9:00 am Mass – No Mass Intention
- 6:30 pm Choir Practice

Thursday, January 25th **THE CONVERSION OF SAINT PAUL,
THE APOSTLE**

9:30 am Mass – No Mass Intention

Friday, December 26th **Saints Timothy & Titus, Bishops***

- 9:30 am Mass – No Mass Intention
- 6:30 pm Most Holy Rosary

Saturday, January 27th **FOURTH SUNDAY IN ORDINARY TIME***

- 5:00 pm Sacrament of Reconciliation
- 5:30 pm Mass – No Mass Intention

Sunday, January 28th **FOURTH SUNDAY IN ORDINARY TIME***

- 9:00 am Mass offered In Loving Memory of
Miss Laurie
Requested by Your Caterpillar Students
- 10:15 am Adult Bible Study
- 10:15 am Religious Education Sunday School

**Color of letters indicates vestment colors for that Sunday or Saint's feast day. If no color, vestments are white.*

Follow Me,
and I
will make you



become
fishers
of men.

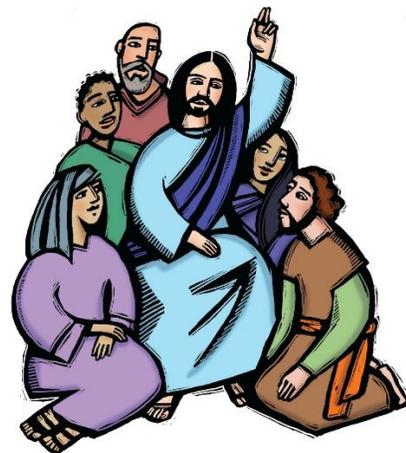
Mark 1:17, NKIV

Friday, February 2nd is the Presentation of the Lord in the Temple and Candlemas Day. Please bring your candles to be Blessed on the weekend February 3rd & 4th. February 3rd is also the Feast of St. Blaise, so throats will also be Blessed that weekend.

With Father Oscar's added responsibilities serving as Chaplain for the Poor Clares, his availability has been more restricted. If you or you are aware of a parishioner or family member of a parishioner who is in need of or would like a visit from Father Oscar, please call the parish office Tuesdays, Wednesdays, or Thursdays from 9:00am until 4:30pm to give us the name, phone number, address, and the best time to visit. Father will be able to visit at the earliest opportunity.

MARK YOUR CALENDAR

The Lenten Penance Service is scheduled for Tuesday, February 20, at **6:30 pm** (this is a time change). There will be three priests available for private confessions.



"The time has come," he said.
"The kingdom of God is near.
Repent and believe the good news!"

Mark 1:15, NIV

Religious Education & Adult Bible Study

Religious Education Sunday School is held every Sunday at 10:15 am in the classrooms at the Boogaard Hall.

****Thank you for continuing to nurture your children's faith.****

Adult Bible study will follow the 9 am. Mass.

Tuesday Adult Bible Study – Has resumed at 4:30 pm at the Mercy Center conference room.



Youth Group –Ice Skating outing on Feb. 4th!!

Meeting Held to Plan Dinner/Gardens



On Saturday, January 13th, a very successful planning meeting was held to work on the upcoming International Dinner and Cultural Prayer Gardens. Lots of ideas and input were shared and incorporated into the plans.



Final Date Set for International Dinner Feb. 17th

Vietnamese, Polish, Filipino, Hispanic, and Italian! The International Dinner to be held on Saturday, February 17th, as a fundraiser for the Parish, mainly to raise money for the Cultural Prayer Gardens and additional funds needed for Mason Kopacki's Eagle Scout Project, the "Stations of the Cross" trail. A snow date would be March 2nd.

You must have a ticket to reserve your seating; seating will be limited. Parishioners and their guests or family are invited. Parishioners and guests will be asked to make donations as this is a fundraiser. In addition, 50/50 raffles and silent auction for gift baskets will be held.



Cultural Prayer Gardens

Preliminary plans for outdoor prayer gardens for our culturally diverse Parish are on display in the foyer of the church. This is an effort to recognize our Vietnamese, Hispanic, Philippine, and Polish and European communities and allow them to share their cultures where all can visit. The garden areas are to include signage, statues, benches, and shrub and tree plantings. This will be adjacent to Mason Kopacki's "Stations of the Cross" Eagle Scout project. These projects will make use of and beautify almost an acre and a half of the wooded behind our Parish church and hall.

New Procedure for Announcements

If you have an announcement that needs to be made at the end of Mass, you can type your announcement and place in the Orange Folder on the Cantor's Stand. The second lector will make announcements at the end of Mass. (If you need help typing your announcement, please send an email to adminassistant@olbs-catholic.org with your announcement by Wednesdays by 4:00pm.) For those who wish to make their own announcements, please be on the side waiting after Holy Eucharist so Father knows you need to make an announcement.

Monthly Spanish Mass

Sunday, February 4th, Father Oscar will be offering a Spanish Mass at 4 pm. Spanish Masses will be offered once a month on the first Sunday. This will continue as long as Father remains assigned as Chaplain at the Poor Clares Monastery due to the additional daily and weekend Masses he has at the Monastery.

Attendance

January 13 th	Saturday	5:30 pm Mass	93
January 14 th	Sunday	9:00 am Mass	118

Collection for January 13th & 14th, 2024
Week's Amount

Total Offertory	\$ 3,774
Supplemental Collection	\$ 75
Initial Offering	\$ 25
Votive Candles	\$ 9
Parish Heating	\$ 25
Total	\$ 3,908
Budgeted weekly average parish need	\$ 4,596
Restricted, Special Use, or Sent Out of Parish:	
Capital Campaign – note info. below	\$ 210
Poor Box	\$ 40
Facilities Repairs & Maintenance Fund	\$ 100
Haiti Fund	\$ 512
World Missions	\$ 25

Thank You for Supporting our Parish

Update for Capital Campaign – To date, we have raised a total of \$469,114.41 which includes \$381,250.00 in pledges. One-Time Gifts are in the amount of \$87,864.41. We have received \$267,656.16 in payments on pledges, leaving \$113,593.84 left to receive.

Adoration in Mercy Center Chapel

Stop by the Mercy Center Chapel for Adoration of the Blessed Sacrament.

Adoration of the Blessed Sacrament usually takes place on Mondays and Tuesdays. The Chapel can also be opened for you during Parish Office hours on Tuesday through Thursday.

Collecting Old Palms

Please bring any of your Blessed and dried palms leaves and place in the basket at the back of the Church. These palms will be used for our Ashes on Ash Wednesday.



January Wedding Anniversaries

(Jerry) & Debbie Johnson	January 4, 1972
Quan & Sandy Dinh	January 18, 2020
Bill & Edwina Madigan	January 28, 1967



Knights of Columbus

Upcoming Lenten Fish Dinners

Here are the dates of upcoming Friday Lenten Fish Dinners by the Knights of Columbus:

Friday, February 23 rd	Fish Dinner
Friday, March 8 th	Shrimp Dinner
Friday, March 22 nd	Fish/ Seafood Combo

Tickets will be available as we get closer to the dinners. All Knights are asked to come out and lend a hand for this fundraiser.

About Our Faith!

Mary Mother of the Church

...She is our Mother in the order of grace
"All generations will call me blessed": "The Church's devotion the Blessed Virgin is intrinsic to Christian worship." The Church rightly "honors" the Blessed Virgin with special devotion. From the most ancient times the Blessed Virgin has been honored with the title of 'Mother of God,' to whose protection the faithful fly in all their dangers and needs...This very special devotion...differs essentially from the adoration which is given to the incarnated Word and equally to the Father and the Holy Spirit, and greatly fosters this adoration." The liturgical feasts dedicated to the Mother of God and Marian prayer, such as the rosary, an "epitome of the whole Gospel," express this devotion to the Virgin Mary. (CCC 971)

Priests for Life

A Tragic Commemoration

On January 22, 1973, the Supreme Court, in the Roe vs. Wade decision, made its worst mistake in history. By declaring that children in the womb are not “persons,” it opened the door to tens of millions of abortions. Fortunately, that decision was reversed in 2022. Yet much work remains to be done to protect the unborn. The date of January 22 will always be a sad commemoration in American history. It should lead us to a deep repentance as a nation for ever having tolerated abortion. It should motivate us each day to speak up for the unborn, promote alternatives to abortion, and get involved in the pro-life movement.



“I have set before you
LIFE and DEATH
CHOOSE LIFE so that
you and your descendants may live.”
Deuteronomy 30:19, NRSV

Year of Grace and Divine Mercy
(From The Diary of St. Faustina)

Meditation:

On the occasion the Lord said to me, **My daughter your confidence and love restrain My justice, and I cannot inflict punishment because you hinder Me from doing so.** Oh, how great is the power of a soul filled with confidence! (Diary, 198).

My daughter, for the sake of your sincere and generous love, I grant [certain souls who displease Me] many graces although they are not asking Me for them. But I am doing so because of the promise I have made to you (Diary, 383).

My Prayer Response:

Lord Jesus, I join St. Faustina in her great trust and love of You to restrain You justice and to call down many graces of Your mercy on this world, which is so in need of mercy. I particularly remember the souls of those I know who are far from You.



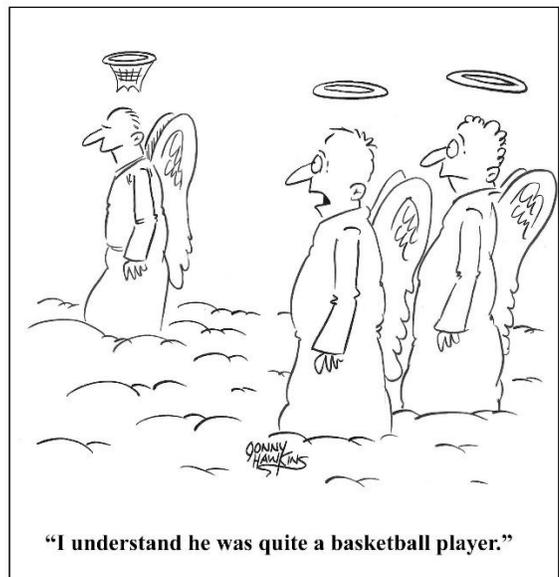
Eucharistic Revival

This year is a National Eucharistic Revival movement for all parishes. This is a movement to restore understanding and devotion to this great mystery by helping us renew our worship of Jesus Christ in the Eucharist, the Most Blessed Sacrament.

The presence of Christ by the power of his word and the Holy Spirit.

The mode of Christ’s presence under the Eucharistic species is unique. It raises the Eucharist above all the sacraments as The presence of Christ by the power of his word and the Holy Spirit.

It is by the conversion of the bread and wine into Christ’s body and blood that Christ becomes present in this sacrament. The Church Fathers strongly affirmed the faith of the Church in the efficacy of the Word of Christ and of the action of the Holy Spirit to bring about this Conversion. Thus St. John Chrysostom declares: it is not man that cause the things offered to become the Body and Blood of Christ, but he who was crucified for us, these words, but their power and grace are God’s. This is my body, he says. This word transforms the things offered. And St. Ambrose says about this conversion: Be convinced that this is not what nature has formed but what the blessing has consecrated. The power of the blessing prevails over that of nature, because by the blessing nature itself is changed...Could not Christ’s word, which can make from nothing what did not exist, change existing things into what they were not before? It is no less a feat to give things their original nature that to change their nature. (CCC 1375)



“I understand he was quite a basketball player.”



On a cold winter morning, Holy Spirit, enfold me in the warmth of your love.

Lenten Soup & Sermon

The Soup & Sermon series sponsored by the West Point Ministerial Association will resume this year. The dates are all on Wednesdays: February 21st & 28th, and March 6th, 13th, & 20th. The Sermon will begin in St. John's Episcopal Church at Noon and a simple Soup luncheon will take place in their fellowship hall immediately following the Sermon. All are welcome. Our Church will work with St. John's Episcopal Church to provide soups and desserts for the Soup & Sermon on Wednesday, February 28th. Please call the Parish Office at 804-843-3125 if you are willing to volunteer to lead some of our ladies in providing whatever is needed for the Soup & Sermon or just want to volunteer.

Into the Heights / Young Adult Retreat

Looking at the mountains and reflecting on creation, you can find peace and perspective that comes from the Lord. As young adults, we have the opportunity journey *into the heights* of God's love by taking a step *out* of our normal lives and *into* the Blue Ridge mountains & Our Lady of the Angels Monastery. This one-day event will include 2 talks, an easy-to-moderate level hike, prayer with the Trappist-Cistercian nuns, and lunch.

Into the Heights: A Young Adult Lenten Reflection & Hike is Saturday, March 16 from 10am-6:30pm at Our Lady of the Angels Monastery in Crozet, VA. \$40/person includes lunch and other retreat supplies.

Who should attend this retreat?

Into the Heights is **intended for young adults ages 18-39**. All attendees must be out of high school. **Single people and married couples are all welcome**. Though this day is designed for Catholics, interested young adults of any faith backgrounds are welcome to attend.

Limited space available - don't wait to sign up!

ACTION ALERT:

Contact YOUR Senator & Delegate to Oppose the Abortion-until-Birth Constitutional Amendment Today!

The General Assembly 2024 Session is starting. It's time to [make it clear](#) to every member of the new General Assembly that we the people of Virginia [oppose](#) the radical "Abortion-until-Birth" amendment to the Virginia Constitution.

Contact YOUR State Senator & Delegate

We do not support the agenda of pro-abortion groups who profit from abortions on unborn babies who can feel pain, have beating hearts and are unique and irreplaceable members of the human family.

We oppose the Abortion-until-Birth Constitutional Amendment because we know that abortion hurts women too. It leaves emotional and often physical scars that last the rest of their lives. Abortion always has two victims, a mother and a baby, and we want in the future to be able to pass pro-life laws that will protect both of them. The amendment will prevent that.

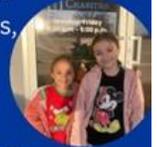
Use the [VSHL Legislative Action Center](#) to send your message to your Delegate and Senator opposing the Abortion-until-Birth Amendment. Fill in your contact information and the Action Center will send your message to YOUR Delegate and State Senator.

Let's [flood the offices](#) of the newly elected General Assembly members. We will not forget how they vote on this one!

Thank you

to our generous parishes and parishioners for all your Christmas support with second collection donations, prayers & more. Your support helps us serve over

7,900 families across the Hampton Roads area all year long.



FOR MORE INFORMATION:

FOLLOW US ON SOCIAL MEDIA

CALL 757-456-2366

VISIT WWW.CCEVA.ORG



WELCOME NEW PARISHIONERS

New members are asked to register at the Parish Office in the Mercy Center.

We invite all parishioners to join a ministry.
Contact the Chairperson of the ministry or call the Parish Office at 804.843.3125

ALTAR LINENS
Linda Drexler (804) 241-4073
vintagenotes@verizon.net

ALTAR SERVERS
Joe Drexler (804) 366-7563
liturgychair@olbs-catholic.org

ARTS & ENVIRONMENT
artsenvironment@olbs-catholic.org

BELL CHOIR

CANTORS/CHOIR
music@olbs-catholic.org

CEMETERY COMMITTEE
ceemeterychair@olbs-catholic.org

CHURCH HISTORIAN
Linda Drexler (804)241-4073
historian@olbs-catholic.org

CLEANING COORDINATOR

COMMUNITY LIFE

FACILITIES COMMITTEE
Jim Pyne
facilitieschair@olbs-catholic.org

FINANCE COMMITTEE
Richard Duke (804) 843-3125
financechair@olbs-catholic.org

HISPANIC MINISTRY
Nanci Hernandez
Jose Velasquez
hispanicministry@olbs-catholic.org

HOSPITALITY
Glenn & Kay Shaw (804) 843-3476

JUSTICE & PEACE

KNIT, PURL & PRAY

LAWN MOWING COMMITTEE
Eric Ellingson (804) 843-2184
ericellingson@verizon.net

LIBRARY
Linda Drexler (804) 241-4073
vintagenotes@verizon.net

LITURGY COMMITTEE
Joe Drexler (804) 366-7563
liturgychair@olbs-catholic.org

MINISTRY SCHEDULING
Pattie Vadas (804) 241-5009
pbv0806@yahoo.com

OFFICE VOLUNTEERS
Margaret Varboncoeur (804) 843-2867

PARISH COUNCIL
Tiffany Smith (804) 840-7984
parishchair@olbs-catholic.org

SACRISTAN
Joe Drexler (804)366-7563
Marguerite Sturtz, Sacristan Emerita

YOUTH MINISTRY
Erin Hayden (804) 843-3125 ext 103
DRE@olbs-catholic.org

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Email: hallrentals@olbs-catholic.org

Father Jakubowski Council #8116



***New Members
Welcomed**

***Hall Rental Available**

Contact
Jim Vadas
804.370.5341