OUR LADY OF THE BLESSED SACRAMENT CATHOLIC CHURCH

3570 KING WILLIAM AVENUE, WEST POINT VA 23181



MASS SCHEDULE WEEKENDS: SATURDAY 5:30 P.M. SUNDAY 9:00 A.M. WEEKDAYS: 9:30 A.M. Tuesday - Friday HOLYDAYS: 9:30 A.M. & 7:00 P.M.

PARISH OFFICES at the MERCY CENTER 207 W. Euclid Blvd., West Point, VA 23181 Phone: (804) 843-3125 Fax: (804) 843-9158

Office Hours: TWTh 9:00 A.M. - 4:30 P.M.

Parish e-mail : <u>olbs@olbs-catholic.org</u> Parish Web address: <u>www.olbs-catholic.org</u>

PASTOR

 Rev. Oscar Paraiso
 (757) 778-5118

 Rectory
 (804) 843-4231

 Office
 (804) 843-3125 ext 102

 Email:
 oparaiso@richmonddiocese.org

PERMANENT DEACON

Rev. Dr. Kevin McKeever (973) 983-0511 Email: <u>conorlew56@gmail.com</u>

ADMINISTRATIVE ASSISTANT

Pam Watkins (804) 843-3125 ext 101 Hours: T-W-Th 9:00 a.m.- 4:30 p.m. Email: adminassistant@olbs-catholic.org

BUSINESS MANAGER (804) 843-3125 ext 104 Bob Ryalls (757) 207-0215 E-mail: <u>businessmgr@olbs-catholic.org</u>

COORDINATOR of CHRISTIAN FORMATION Erin Hayden (804) 843-3125 ext 103 Email: <u>DRE@olbs-catholic.org</u>

MUSIC DIRECTOR Lyn LaPaglia (804) 690-9942 Email: <u>music@olbs-catholic.org</u>

PRESCHOOL TEACHER/DIRECTOR Vangy Lawson (804) 843-4177 Email: <u>preschool@olbs-catholic.org</u>

van den BOOGAARD HALL RENTALS Janice McGowan (804) 843-2870 Email: <u>hallrentals@olbs-catholic.org</u>

GOOD NEIGHBOR CENTER (757) 585-8227 By Appointment SACRAMENT of RECONCILIATION Saturday 5:00 p.m. Also by appointment

EUCHARISTIC ADORATION Monday and Tuesday Mercy Center Chapel

First Friday Adoration in the church - 6:00 p.m. followed by the Most Holy Rosary - 6:30 p.m.

RECITATION of the MOST HOLY ROSARY 6:30 p.m. Every Friday in the church

INFANT BAPTISM

Parent preparation classes are required for each couple planning to have their baby baptized. To schedule a preparation session, please call the church office.

MARRIAGE

OLBS sponsors a preparation program for couples who intend to marry. The Pastor must be contacted at least six months prior to the date of the wedding.

RECEPTION into the CHURCH

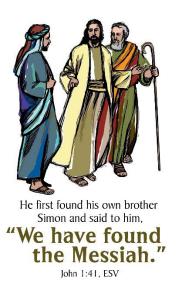
Those inquiring into the Catholic Faith or seeking communion with the Church are invited to contact the Parish Office. Rite of Christian Initiation of Adults (RCIA) is offered.

SECOND SUNDAY IN ORDINARY TIME

January 13th & 14th, 2024

January 13 ^m & 14 ^m , 2024				
Saturday, Januai	ry 13 th SECOND SUNDAY IN ORDINARY TIME*			
5:00 pm	Sacrament of Reconciliation			
5:30 pm	Mass – No Mass Intention			
· · ·	a ath			
Sunday, January				
9:00 am	Mass offered for Louis & Mary Taveres (RIP)			
	Requested by Edwina & Bill Madigan			
10:15 am	Adult Bible Study			
10:15 am	Religious Education Sunday School			
Monday, Januar	v 15 th			
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	No Mass			
12 nm-10 nm	Adoration in Chapel			
	-			
Tuesday, Januar	ry 16 th			
9:30 am	Mass – No Mass Intention			
	Adoration in Chapel			
4:30 pm	Adult Bible Study (Mercy Center)			
Wednesday, Jan	uary 17 th Saint Anthony, Abbot*			
11:00 am				
11:45 am				
11.45 um	in Eltham			
6:30 pm	Choir Practice			
0.30 pm				
Thursday, Janu	ary 18 th			
9:30 am	Mass – No Mass Intention			
6:00 pm	Movie & Dinner by Youth Group			
	"His Only Son"			
Friday, Decembe	r 19 th			
9:30 am	Mass – No Mass Intention			
6:30 pm	Most Holy Rosary			
Saturday, January 20 th THIRD SUNDAY IN ORDINARY TIME*				
5:00 pm	Sacrament of Reconciliation			
5:30 pm	Mass offered for <u>Catherine Prince (RIP)</u>			
5.50 pm				
C-20 mm	Requested by Bette Albert Pot Luck dinner for Fr. Oscar's Birthday			
6:30 pm	Pot Luck dinner for Fr. Oscar's Birthday			
Sunday, January 21 st THIRD SUNDAY IN ORDINARY TIME*				
9:00 am	Mass offered for <u>Scott Watkins on Birthday</u>			
	Requested by the Watkins Family			
	Mass offered for <u>Karl Rudolph (RIP)</u>			
	Anniversary of Death (1/22/1993)			
	Requested by Patti & Edmund Staskiel			
10:15 am				
	Adult Bible Study			
10:15 am	Adult Bible Study Religious Education Sunday School			

*Color of letters indicates vestment colors for that Sunday or Saint's feast day. If no color, vestments are white.



Monthly Spanish Masses

Sunday, February 4th, Father Oscar will be offering a Spanish Mass at 4 pm. Spanish Masses will be offered <u>once a month</u> <u>on the first Sunday</u>. This will continue as long has Father remains assigned as Chaplain at the Poor Clares Monastery due to the additional Masses he has there.

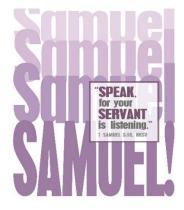
With Father Oscar's added responsibilities serving as Chaplain for the Poor Clares, his availability has been more restricted. If you or you are aware of a parishioner or family member of a parishioner who is in need of or would like a visit from Father Oscar, please call the parish office Tuesdays, Wednesdays, or Thursdays from 9:00am until 4:30pm to give us the name, phone number, address, and the best time to visit. Father will be able to visit at the earliest opportunity.

Mass & Senior Luncheon

On Wednesday, January 17th, Mass will take place at 11:00 am.

Following Mass, a Senior Luncheon will be held at Lucano's Pasta & Italian Restaurant, Rt. 33 (Eltham).

Please call Jeanie Sturtz at 804-370-5821 before noon on Monday, January 15, if you plan to attend.



Religious Education & Adult Bible Study

Religious Education Sunday School is held every Sunday at 10:15 am in the classrooms at the Boogaard Hall.

Adult Bible study will follow the 9 am. Mass.

<u>Tuesday Adult Bible Study</u> – Has resumed at 4:30 pm at the Mercy Center conference room.

First Communion Information for Parents

Second graders receiving the sacraments of Reconciliation and First Holy Communion and their parents will meet @ the hall on January 14th, 11:15 am., following Sunday school



Dinner & Movie Night Hosted by the Youth Group!

"His Only Son" PG-13 – The Story based on Genesis 22 in the Old Testament, when the Lord tells Abraham to Sacrifice His only son, Isaac.

The Youth will be accepting donations for food items to help cover the cost of yearly retreats and activities: Hot dogs, chips, soup, drinks etc. **Thursday, January 18th @ 6:00 pm. @ the church**

<u>Youth Group –</u> No Youth Group on January 21st. (Ice Skating outing on Feb. 4th!!)



<u>Caroling at the Poor Clares</u> <u>Monastery</u> Thanks to all those parishioners who sang carols at the Poor Clares Monastery on Saturday, January 6th! The Sisters loved the interaction with members of our Parish.

International Dinner

Vietnamese, Polish, Filippino, Hispanic, and Italian! This is what Parish Council is planning for an upcoming International Dinner to be held on Saturday, February 3rd as a fundraiser for the Parish, mainly to raise money for the Cultural Prayer Gardens and additional funds needed for Mason Kopacki's Eagle Scout Project, the "Stations of the Cross" trail. A snow date would be February 17th.

We plan to ask for a donation or contribution to support these projects. This first event would be a Parish activity with making future International Dinners open to the public if we can get over some hurdles, mainly for a public dinner, everything would have to be made in a Health Dept approved kitchen. Anyone interested in helping can call or text Jim Vadas at 804-370-5341 or email jimvadas@yahoo.com.

Cultural Prayer Gardens

As part of our beautifying the wooded area behind the Church and VDB Hall, plans are in the works to develop outdoor prayer gardens for our culturally diverse Parish. This is an effort to recognize our Vietnamese, Hispanic, Philippine, and Polish and European communities that make up our Parish, with each having a prayerful garden area with signage, statues, and shrub and tree plantings that will create beauty and a prayerful space while making use of the wooded acreage behind our Parish buildings. Anyone interested in helping can call or text Jim Vadas at 804-370-5341 or email jimvadas@yahoo.com.

New Procedure for Announcements

If you have an announcement that needs to be made at the end of Mass, you can type your announcement and place in the Orange Folder on the Cantor's Stand. The second lector will make announcements at the end of Mass. (If you need help typing your announcement, please send an email to <u>adminassistant@olbs-catholic.org</u> with your announcement by Wednesdays by 4:00pm.) For those who wish to make their own announcements, please be on the side waiting after Holy Eucharist so Father knows you need to make an announcement.

Attendance					
January 6 th	Saturday	5:30 pm Mass	94		
January 7 th	Sunday	9:00 am Mass	135		
	Spanish Mass	4:00 pm Mass	40		

Collection for January 6 th & 7 th , 2024 Week's Amount				
Total Offertory Initial Offering Votive Candles	\$ \$ \$	2,370 35 <u>9</u>		
Total Budgeted weekly average parish need		2,414 4,596		
Restricted, Special Use, or Sent Out of Parish:				
Capital Campaign – note info. below Poor Box Facilities Repairs & Maintenance Fund		1,310 20 100		
Thank You for Supporting our Parish				

Update for Capital Campaign – To date, we have raised a total of \$469,114.41 which includes \$381,250.00 in pledges. One-Time Gifts are in the amount of \$87,864.41. We have received \$267,656.16 in payments on pledges, leaving \$113,593.84 left to receive.

Adoration in Mercy Center Chapel

Stop by the Mercy Center Chapel for Adoration of the Blessed Sacrament.

Adoration of the Blessed Sacrament usually takes place on Mondays and Tuesdays. The Chapel can also be opened for you during Parish Office hours on Tuesday through Thursday.

Collecting Old Palms

Please bring any of your Blessed and dried palms leaves and place in the basket at the back of the Church. These palms will be used for our Ashes on Ash Wednesday.





Knights of Columbus

Coats for Kids

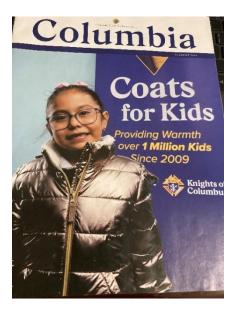




Knights Jonathan Kopacki and Jim Vadas delivered coats to King & Queen Elementary, Cool Spring Elementary (King William), and West Point Elementary (not pictured).

Many thanks to all who donated as well as our Knights of <u>Columbus Council 8116</u> so that these coats could be delivered to those in need at this time of the year.

Below is the cover of the recent Knights' magazine, "Columbia," showing that <mark>1 million coats</mark> have been distributed by the Knights since 2009 – worldwide!



Mary Mother of the Church

...She is our Mother in the order of grace

"Mary's function as mother of men in no way obscures or diminishes this unique meditation of Christ, but rather shows its power. But the Blessed Virgin's salutary influence on men...flows forth from the superabundance of the merits of Christ, rests on his mediation, depends entirely on it, and draws all its power from it." "No creature could ever be counted along with the Incarnate Word and Redeemer but just as the priesthood of Christ is shared in various ways both by his ministers and the faithful, and as the one goodness of God is radiated in different ways among his creatures, so also the unique mediation of the Redeemer does not exclude but rather gives rise to a manifold cooperation which is but a sharing in this one source." (CCC970)

Priests for Life

Pro-life Words from Hollywood

"Indeed, the tragedy of abortion haunts women from all walks of life. Abortion advocates are spending millions to package their tired rhetoric and half-truths in cutting-edge advertising campaigns targeted to young women... The early feminists were pro-life. And really, abortion is a huge disservice to women, and it hasn't been presented that way." -- Emmy winning actress, Patricia Heaton, from 'Everybody Loves Raymond.'

<u>Year of Grace and Divine Mercy</u> (From The Diary of St. Faustina)

Meditation:

Today the Lord said to me, I have opened My Heart as a living fountain of mercy. Let all souls draw life from it. Let them approach this sea of mercy with great trust. Sinners will attain justification, and the just will be confirmed in good. Whoever places his trust in My mercy will be filled with My divine peace at the hour of death (Diary, 1520).

My Prayer Response:

Lord Jesus, I come to Your open Heart, a living fountain of mercy, an ocean of mercy-with trust in You! I come and appeal to Your mercy both for sinners and for the just that we may all be filled with Your divine peace at the hour of death.



Eucharistic Revival

This year is a National Eucharistic Revival movement for all parishes. This is a movement to restore understanding and devotion to this great mystery by helping us renew our worship of Jesus Christ in the Eucharist, the Most Blessed Sacrament.

The presence of Christ by the power of his word and the Holy Spirit.

The mode of Christ's presence under the Eucharistic species is unique. It raises the Eucharist above all the sacraments as "the perfection of the spiritual life and the end to which all the sacrament tend." In the most blessed sacrament of the Eucharist "the body and blood, together with the soul and divinity, of our Lord Jesus Christ and therefore, *the whole Christ is truly, really and substantially contained.*" "This presence is called 'real'-by which is not intended to exclude the other types of presence as if they could not be 'real' too, but because it is presence in the fullest sense; that is to say, it is a *substantial* presence by which Christ, God and man, makes himself wholly and entirely present." (CCC 1374)

Into the Heights / Young Adult Retreat

Looking at the mountains and reflecting on creation, you can find peace and perspective that comes from the Lord. As young adults, we have the opportunity journey *into the heights* of God's love by taking a step *out* of our normal lives and *into* the Blue Ridge mountains & Our Lady of the Angels Monastery. This one-day event will include 2 talks, an easyto-moderate level hike, prayer with the Trappist-Cistercian nuns, and lunch.

Into the Heights: A Young Adult Lenten Reflection & Hike is Saturday, March 16 from 10am-6:30pm at Our Lady of the Angels Monastery in Crozet, VA. \$40/person includes lunch and other retreat supplies.

Who should attend this retreat?

Into the Heights is intended for young adults ages 18-39. All attendees must be out of high school. Single people and married couples are all welcome. Though this day is designed for Catholics, interested young adults of any faith backgrounds are welcome to attend.

Limited space available - don't wait to sign up!

ACTION ALERT: Contact YOUR Senator & Delegate to Oppose the Abortion-until-Birth Constitutional Amendment Today!

The General Assembly 2024 Session is starting. It's time to <u>make it clear</u> to every member of the new General Assembly that we the people of Virginia <u>oppose</u> the radical "Abortion-until-Birth" amendment to the Virginia Constitution.

Contact YOUR State Senator & Delegate

We do not support the agenda of pro-abortion groups who profit from abortions on unborn babies who can feel pain, have beating hearts and are unique and irreplaceable members of the human family.

We oppose the Abortion-until-Birth Constitutional Amendment because we know that abortion hurts women too. It leaves emotional and often physical scars that last the rest of their lives. Abortion always has two victims, a mother and a baby, and we want in the future to be able to pass pro-life laws that will protect both of them. The amendment will prevent that.

Use the <u>VSHL Legislative Action Center</u> to send your message to your Delegate and Senator opposing the Abortion-until-Birth Amendment. Fill in your contact information and the Action Center will send your message to YOUR Delegate and State Senator.

Let's <u>flood the offices</u> of the newly elected General Assembly members. We will not forget how they vote on this one!

Martin Luther King, Jr. Service

There will be a Martin Luther King, Jr. Service on Sunday, January 14th at 7:00pm at The Edge Church. This service is sponsored by the West Point Ministerial Association.

Lenten Soup & Sermon

The Soup & Sermon series sponsored by the West Point Ministerial Association will resume this year. The dates are all on Wednesdays: February 21st & 28th, and March 6th, 13th, & 20th. The Sermon will begin in St. John's Episcopal Church at Noon and a simple Soup luncheon will take place in their fellowship hall immediately following the Sermon. All are welcome. Our Church will work with St. John's Episcopal Church to provide soups and desserts for the Soup & Sermon on Wednesday, February 28th. Please call the Parish Office at 804-843-3125 if you are willing to volunteer to lead some of our ladies in providing whatever is needed for the Soup & Sermon or just want to volunteer.



Friday, January 19 March for Life Rally

Join us in Washington, DC for the March for Life Rally. This FREE event features a live concert and inspiring speeches from pro-life leaders – sharing how to stay involved in the pro-life movement all year long. The Rally will begin at 12 pm ET on the National Mall. You can also watch the live-streamed event on our website, <u>Facebook</u>, and <u>YouTube</u> channel.

March for Life

This is the main event! The March for Life will begin immediately following the Rally – usually around 1 p.m. – starting between 12th and 14th Streets. We will march peacefully up Constitution Ave. to the steps of the U.S. Capitol Building.

After marching, consider attending the Silent No More testimonies outside the Supreme Court, visiting your Representative to advocate for life, or proceeding past The Capitol to help the flow of oncoming marchers.





January 2024 Prayers for Healing & Good Health

Elizabeth Alley Cheryl Antal Jerry Armstead Paulette Berberich Jean Berkey Beatrice Blacher Linda Blevins Todd Brown Linda Burch Robert Burch Katherine Carson Kevin Carson Lucy Carson Jose Castaneda Meredith Crowe Lydia Dehn Vincent D'elia Denise DePompeo Dexter Dix Joyce Drexler Paul Garman Tom Hollowack Jim Houser Gigi Jordan Gloria Kojcsich Bonnie Kopacki Arlene Lasch Melissa Leger Karen Liberato Philip Liberato

Holly McGowan

Patrick McGowan Lenny Ramlano Joe Ripchick John Ross Barbara Schaffer Margaret Silvia Gloria Wajciechowski Bill Webster Steve Weems James Wills Andrea Berberich Wilson Leda Zaginaylo Abby Zwerner

Prayers for those in the Military

Tracie Gates

If you wish to add someone on the list or remove a name from the list, please call the parish office (804) 843-3125 or email Pam Watkins at <u>adminassistant@olbs-catholic.org</u>

WELCOME NEW PARISHIONERS

New members are asked to register at the Parish Office in the Mercy Center.

We invite all parishioners to join a ministry. Contact the Chairperson of the ministry or call the Parish Office at 804.843.3125

ALTAR LINENS Linda Drexler (804) 241-4073 <u>vintagenotes@verizon.net</u> ALTAR SERVERS Joe Drexler (804) 366-7563 <u>liturgychair@olbs-catholic.org</u> ARTS & ENVIRONMENT <u>artsenvironment@olbs-catholic.org</u> BELL CHOIR CANTORS/CHOIR Lyn LaPaglia (804) 690-9942 <u>music@olbs-catholic.org</u> CEMETERY COMMITTEE <u>cemeterychair@olbs-catholic.org</u> CHURCH HISTORIAN Linda Drexler (804)241-4073 <u>historian@olbs-catholic.org</u> CLEANING COORDINATOR	COMMUNITY LIFE FACILITIES COMMITTEE Jim Pyne facilitieschair@olbs-catholic.org FINANCE COMMITTEE Richard Duke (804) 843-3125 financechair@olbs-catholic.org HISPANIC MINISTRY Nanci Hernandez Jose Velasquez hispanicministry@olbs-catholic.org HOSPITALITY Glenn & Kay Shaw (804) 843-3476 JUSTICE & PEACE KNIT, PURL & PRAY LAWN MOWING COMMITTEE Eric Ellingson (804) 843-2184 <u>ericellingson@verizon.net</u>	LIBRARY Linda Drexler (804) 241-4073 <u>vintagenotes@verizon.net</u> LITURGY COMMITTEE Joe Drexler (804) 366-7563 <u>liturgychair@olbs-catholic.org</u> MINISTRY SCHEDULING Pattie Vadas (804) 241-5009 <u>pbv0806@yahoo.com</u> OFFICE VOLUNTEERS Margaret Varboncoeur (804) 843-2867 PARISH COUNCIL Tiffany Smith (804) 840-7984 parishchair@olbs-catholic.org SACRISTAN Joe Drexler (804)366-7563 Marguerite Sturtz, Sacristan Emerita YOUTH MINISTRY Erin Hayden (804) 843-3125 ext 103 DRE@olbs-catholic.org
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CHRIS P. VINCENT vincentfuneralh@aol.com

417 11th Street West Point VA 23181 (804) 843-2550

9923 Pocahontas Trail Providence Forge VA 23140 (804) 966-7075

