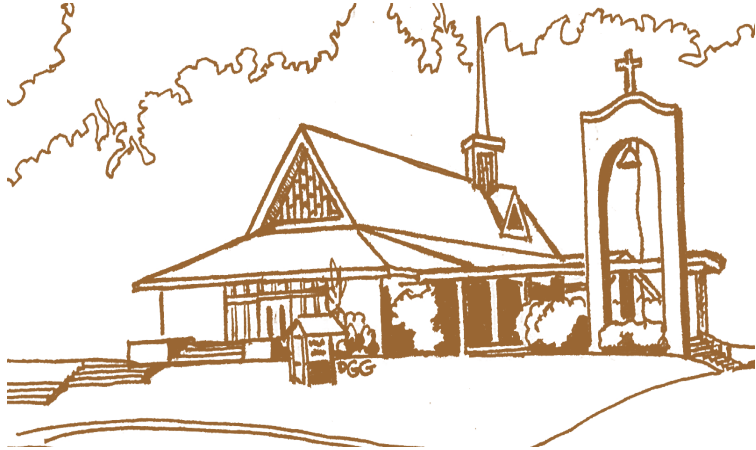


# OUR LADY OF THE BLESSED SACRAMENT CATHOLIC CHURCH

3570 KING WILLIAM AVENUE, WEST POINT VA 23181



## MASS SCHEDULE

**WEEKENDS: SATURDAY 5:30 P.M.**

**SUNDAY 9:00 A.M.**

**WEEKDAYS: 9:30 A.M. Tuesday - Friday**

**HOLYDAYS: 9:30 A.M. & 7:00 P.M.**

## PARISH OFFICES at the MERCY CENTER

207 W. Euclid Blvd., West Point, VA 23181

Phone: (804) 843-3125 Fax: (804) 843-9158

Office Hours: T W Th 9:00 A.M. - 4:30 P.M.

Parish e-mail : [olbs@olbs-catholic.org](mailto:olbs@olbs-catholic.org)

Parish Web address: [www.olbs-catholic.org](http://www.olbs-catholic.org)

### PASTOR

Rev. Oscar Paraiso (757) 778-5118

Rectory (804) 843-4231

Office (804) 843-3125 ext 102

Email: [oparaiso@richmonddiocese.org](mailto:oparaiso@richmonddiocese.org)

### PERMANENT DEACON

Rev. Dr. Kevin McKeever (973) 983-0511

Email: [conorlew56@gmail.com](mailto:conorlew56@gmail.com)

### ADMINISTRATIVE ASSISTANT

Pam Watkins (804) 843-3125 ext 101

Hours: T-W-Th 9:00 a.m.- 4:30 p.m.

Email: [adminassistant@olbs-catholic.org](mailto:adminassistant@olbs-catholic.org)

**BUSINESS MANAGER** (804) 843-3125 ext 104

Bob Ryalls (757) 207-0215

E-mail: [businessmgr@olbs-catholic.org](mailto:businessmgr@olbs-catholic.org)

### COORDINATOR of CHRISTIAN FORMATION

Erin Hayden (804) 843-3125 ext 103

Email: [DRE@olbs-catholic.org](mailto:DRE@olbs-catholic.org)

### MUSIC DIRECTOR

Lyn LaPaglia (804) 690-9942

Email: [music@olbs-catholic.org](mailto:music@olbs-catholic.org)

### PRESCHOOL TEACHER/DIRECTOR

Vangy Lawson (804) 843-4177

Email: [preschool@olbs-catholic.org](mailto:preschool@olbs-catholic.org)

### van den BOOGAARD HALL RENTALS

Janice McGowan (804) 843-2870

Email: [hallrentals@olbs-catholic.org](mailto:hallrentals@olbs-catholic.org)

**GOOD NEIGHBOR CENTER** (757) 585-8227

By Appointment

### SACRAMENT of RECONCILIATION

Saturday 5:00 p.m.

Also by appointment

### EUCCHARISTIC ADORATION

Monday and Tuesday

Mercy Center Chapel

First Friday Adoration in the church - 6:00 p.m.  
followed by the Most Holy Rosary - 6:30 p.m.

### RECITATION of the MOST HOLY ROSARY

6:30 p.m. Every Friday in the church

### INFANT BAPTISM

Parent preparation classes are required for each couple planning to have their baby baptized. To schedule a preparation session, please call the church office.

### MARRIAGE

OLBS sponsors a preparation program for couples who intend to marry. The Pastor must be contacted at least six months prior to the date of the wedding.

### RECEPTION into the CHURCH

Those inquiring into the Catholic Faith or seeking communion with the Church are invited to contact the Parish Office. Rite of Christian Initiation of Adults (RCIA) is offered.

## THIRTY-FIRST SUNDAY OF ORDINARY TIME

November 4<sup>th</sup> & 5<sup>th</sup>, 2023

Saturday, November 4<sup>th</sup> **THIRTY-FIRST SUNDAY OF ORDINARY TIME\***

5:00 pm Sacrament of Reconciliation  
5:30 pm Mass offered for Frank Watkins (RIP)  
Requested by Joe & Linda Drexler

Sunday, November 5<sup>th</sup> **THIRTY-FIRST SUNDAY OF ORDINARY TIME\***

9:00 am Mass offered for Larry Dzula, Jr. (RIP)  
Requested by Joe & Linda Drexler  
10:15 am Adult Bible Study  
10:15 am Religious Education Sunday School  
6:30 pm Youth Group at VDB Hall

Monday, November 6<sup>th</sup>

No Mass

12 pm-10 pm Adoration in Chapel

Tuesday, November 7<sup>th</sup>

9:30 am Mass offered for Anthony Gintout (RIP)  
Requested by Linda & Joe Drexler

12pm-10pm Adoration in Chapel

4:30 pm Adult Bible Study (Mercy Center)

Wednesday, November 8<sup>th</sup>

9:30 am Mass offered for Mildred & Donnie Hite (RIP)  
Requested by Linda & Joe Drexler

7:00 pm Mass

Thursday, November 9<sup>th</sup> **THE DEDICATION OF THE LATERAN**

**BASILICA\***

9:30 am Mass offered for Joe, Sr., Elsie, & Johnnie Drexler (RIP)  
Requested by Joe & Linda Drexler

Friday, November 10<sup>th</sup> *St. Leo the Great, Pope, Doctor of the Church\**

9:30 am Mass offered for Joe, Sr., Elsie, & Johnnie Drexler (RIP)  
Requested by Joe & Linda Drexler

6:30 pm **Most Holy Rosary**

Saturday, November 11<sup>th</sup> **THIRTY-SECOND SUNDAY OF ORDINARY TIME\***

5:00 pm Sacrament of Reconciliation  
5:30 pm Mass offered for Richard & Anna Kozlowski (RIP)  
Requested by Linda & Joe Drexler

Sunday, November 12<sup>th</sup> **THIRTY-SECOND SUNDAY OF ORDINARY TIME\***

9:00 am Mass offered for Tom Trudeau (RIP)  
Requested by Joe & Linda Drexler  
10:15 am Adult Bible Study  
10:15 am Religious Education Sunday School

*\*Color of letters indicates vestment colors for that Sunday or Saint's feast day. If no color, vestments are white.*



All who  
EXALT themselves  
will be HUMBLED,  
and all who  
HUMBLE themselves  
will be EXALTED.

Matthew 23:12

### Monthly Spanish Mass to Begin

On Sunday, December 3<sup>rd</sup>, Father Oscar will be offering a Spanish Mass at 11:30 am. Spanish Masses will be offered once a month on the first Sunday. This will continue as long as Father remains assigned as Chaplain at the Poor Clares Monastery due to the additional masses he has there.

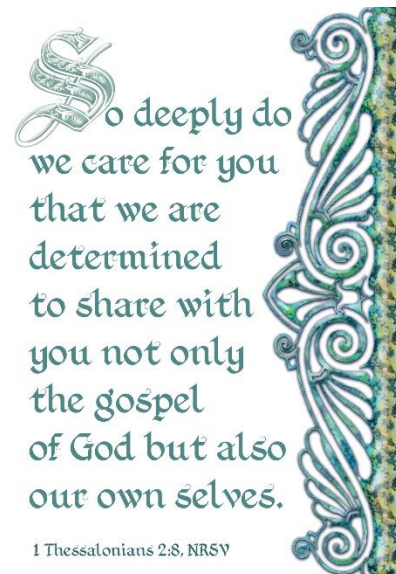
### Parish Still Seeking a Volunteer

Anyone interested in helping with the Committee for the Poor, please call the office.

There remains a need for someone to work with Janice McGowan and learn about Boogaard Hall rentals.

### Hearing Assistance

If you are having difficulty hearing the Mass in Church, please arrive a few minutes early and speak with one of the ushers, as the parish has purchased hearing assistance devices for our parishioners. Just ask one of our ushers how it works. You can even use your own earphones to plug into the device.



1 Thessalonians 2:8, NRSV

## Religious Education & Adult Bible Study

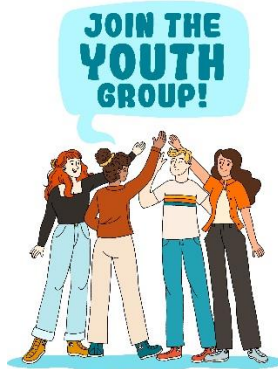
Religious Education Sunday School is held every Sunday at 10:15 am in the classrooms at the Boogaard Hall.

**We are looking for a part time 5<sup>th</sup> grade Sunday school teacher** to share responsibilities teaching, every other week. Lesson materials are provided...it just needs a willing heart. Please prayerfully consider.

**Sunday Adult Bible Study** will be during Religious Education time, at the VDB hall. The Book of Matthew! We hope you will join us!

**Tuesday night Bible Study** meets at 4:30 pm. in the Mercy Center. Studies from the Augustine Institute: Eternal Rest-The Art of Dying Well. You will find answers to questions like: What happens when we die? What does scripture teach? How do we prepare for the life to come? If you are interested in joining or have questions, please call the office, so we can have your materials.

The Youth Group will next meet on **Sunday November 5<sup>th</sup> at 6:30 pm** at the Boogaard Center! This is for young people from 6<sup>th</sup> Grade to High School.



### What is a Soul?

In Sacred Scripture the term "soul" often refers to human life or the entire human person. But "soul" also refers to the innermost aspect of man, that which is of greatest value in him, that by which he is most especially in God's image: "soul" signifies the spiritual principle in man. The human body share in the dignity of "the image of God": it is a human body precisely because it is animated by a spiritual soul, and it is the whole human person that is intended to become, in the body of Christ, a temple of the Spirit. (CCC 363-364)

The church teaches that every spiritual soul is created immediately by God- it is not "produced" by the parents- and also that it is immortal: it does not perish when it separates from the body at death, and it will be reunited with the body at the final Resurrection. (CCC 366).

## All Saints/ All Souls Parish Celebration, Sunday October 29<sup>th</sup>

Thank God for giving us such a special day to fellowship.  
He never fails us!

Thank you to all who helped to make our All Souls/ Saints day a success. It couldn't have happened without you all responding to the call. It was a fun learning day for all! We all learned about the Saints and many other Catholic traditions.

Thank you to the Knights of Columbus for a great picnic lunch and to Sandy Dinh for all the extra work at home leading up to the day. See Pictures in this week's bulletin!



It's that time of Year, again! Thanks to Sandy Lam Dinh, our Giving Tree is actually up in the back of the church which gives us extra time to shop for these children! With the state of the current economy, the need is greater than ever. Please plan to take a tag (or even two) and shop for a child whose parent is unable to do so. Gifts need to be back under the tree by the weekend of December 2<sup>nd</sup> & 3<sup>rd</sup> so they can be distributed. Please return the gifts unwrapped in a black trash bag with the Tag attached and a list of what is enclosed. If you would like to include wrapping paper and tape, please do. When we meet some of these parents they are so very grateful for all you do! And, we are spreading Christ's love as is requested of us!



In December, we will once again, be collecting money and grocery shopping for needy families. You can include an envelope marked Food Baskets in the offertory basket with your envelope number on it so it can be recorded correctly. Or, you can give it to Sandy Lam Dinh, Deidra Kopacki, Erin Hayden or Pam Watkins after one of the Masses. The tentative date for shopping is Saturday, December 16<sup>th</sup>. All are welcome to come and help. We just need a good head count by Wednesday, December 13<sup>th</sup>. All children not yet in high school will need to be accompanied by a parent.

### Altar Flower Donations

You can donate flowers for beside the Tabernacle and/ or in front of the Altar in honor of or in loving memory of a loved one.



**A Special Occasion at  
Poor Clares Monastery**

On Saturday, November 18, 2023 at 9:00 a.m., you are invited to attend Mass and the Solemn Profession of vows of *Sister Mary Laetitia of the Merciful Heart of Jesus*, daughter of Mr. and Mrs. Jonathan Zischkau. Bishop Knestout will be the main celebrant for the Eucharistic Liturgy.



**November Wedding Anniversaries**

Paul & Erin Borszich	November 3, 2007
Richard & Margaret Mountcastle	November 6, 1971
Shane & Donna Donahue	November 10, 2001
Jody & Bobbi Drexler	November 15, 2003
Joe & Linda Drexler	November 23, 1968

**Collections for October 28<sup>th</sup> & 29<sup>th</sup>, 2023**  
**Week's Amount**

Total Offertory	\$ 2,379
Supplemental Collection	\$ 25
All Saints Day	\$ 25
All Souls Day	\$ 21
Votive Candles	\$ 29
<b>Total</b>	<b>\$ 2,479</b>
Budgeted weekly average parish need	\$ 4,596
Restricted, Special Use, or Sent Out of Parish:	
Capital Campaign	\$ 596
Facilities Repairs & Maintenance	\$ 100
World Missions	\$ 45
Haiti Ministry	\$ 400
Poor Box	\$ 47
Cemetery Fund	\$ 25

\*\*\*Thank You for Supporting our Parish\*\*\*

**Attendance**

October 28 <sup>th</sup>	Saturday	5:30 pm Mass	103
October 29 <sup>th</sup>	Sunday	9:00 am Mass	125



**DID YOU KNOW...**

Catholic Charities of Eastern Virginia has services and resources you may be looking for!

- Financial, Budgeting & Housing Counseling
- Adoptive Home Study Services
- Post Adoption Support
- Free Diapers, Infant Clothing and Parenting Support
- Mental Health Counseling
- In-Home Respite Care for Seniors

FOR MORE INFORMATION:

FOLLOW US ON SOCIAL MEDIA

CALL 757-456-2366

VISIT [WWW.CCEVA.ORG](http://WWW.CCEVA.ORG)



**Attention Seniors!**

Medicare Open Enrollment runs through Dec. 7, 2023. During this time, you can review and compare options for health and prescription drug coverage. After checking your options, you can enroll or switch plans for the coming year. Changes will take effect on Jan. 1, 2024. If you are satisfied with your current health care coverage, and it will be available in 2024, then you do not need to take any action.





### Eucharistic Revival

This year is a National Eucharistic Revival movement for all parishes. This is a movement to restore understanding and devotion to this great mystery by helping us renew our worship of Jesus Christ in the Eucharist, the Most Blessed Sacrament.

**Fact on the Eucharist-** Ever wonder the meaning of the "JHS" found on the Eucharist?

"JHS" on the Eucharist stands for **Jesus Hominum Salvator** in Latin, which means **Jesus Savior of Mankind**. It is considered as a monogram of the name of Jesus Christ, also known as Christograms, and is found inscribed on Holy Eucharist or Holy Host<sup>2</sup>. In the Latin-speaking Christianity of medieval Western Europe, the most common Christogram became "IHS" or "IHC", denoting the first three letters of the Greek name of Jesus, ΙΗΣΟΥΣ, iota-eta-sigma, or ΙΗΣ<sup>3</sup>.

### Year of Grace and Divine Mercy (From The Diary of St. Faustina)

#### Meditation:

Do not be surprised that you are sometimes unjustly accused. I Myself first drank this cup of undeserved suffering for love of you (Diary, 289).

1934, Holy Thursday. Jesus said to me, I desire that you make an offering of yourself for sinners and especially for those souls who have lost hope in God's mercy (Diary, 308)

#### My Prayer Response:

Jesus, by the merits of Your undeserved sufferings for us, help those who are unjustly accused and suffering without hope. Give them courage, Lord to endure their sufferings out of love for You and souls.

### Priests for Life

In our day, some try to justify the killing of the unborn by appealing to "freedom of choice." Tragically, however, women getting abortions feel that they have no freedom and no choice. They feel trapped, and this is why the pro-life movement provides alternatives to abortion. Moreover, this "freedom to kill" leaves no freedom or choice for the child who is killed. Freedom is not the ability to do whatever we want; freedom is the power to do what is right, to always respect the truth and to choose life.

### *Cardinal Newman Academy Christmas Craft Fair*

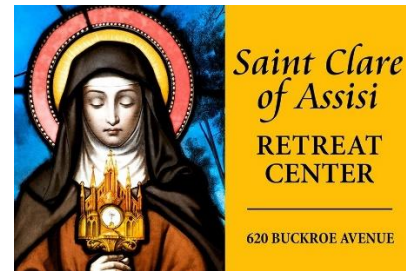
*Church of the Epiphany  
11000 Smoketree Drive, North Chesterfield*

*Saturday, Dec. 2, from 9am-3PM.*

*There will be several local Catholic artisans with both religious and non-religious items for sale. For info or vendor application, contact [cnacraftfair@gmail.com](mailto:cnacraftfair@gmail.com).*

*Come and get your Christmas shopping done while supporting local artisans! We hope you can make it out and bring the whole family! Concessions will be available for purchase and there will be several items being raffled off.*

*Items available will include: saint dolls, rosaries, jewelry, canned jam, baked goods, wood crafts, Christmas ornaments and decor, and much more!"*



## Healing Prayer

Join Us for Six Powerful Sessions!  
Saint Joseph Catholic Church  
512 Buckroe Avenue  
Hampton VA

Session No. 1 – Fearless Documentary (Nov. 8)  
Session No. 2 – Power & Authority to Heal (Nov. 15)  
Session No. 3 – The Healing Prayer Process (Nov 29)  
Session No. 4 – Faith in Healing (Dec. 6)  
Session No. 5 – Hope in Healing (Dec. 13)  
Session No. 6 – Love in Healing- Eucharist (Dec. 20)



The Power of Prayer  
Encountering Jesus!

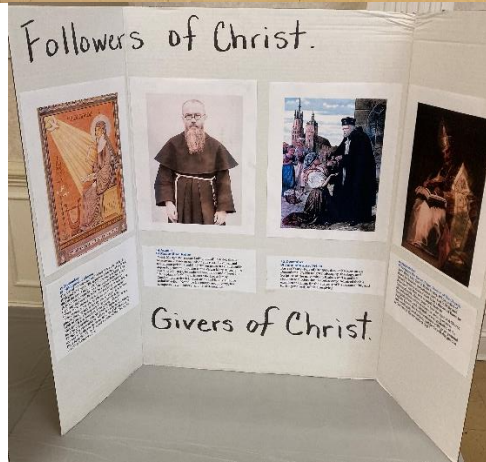
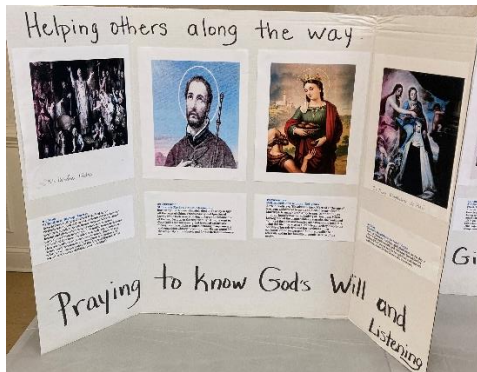
Adoration 5-6  
Mass 6-630  
Program 630-8



Come join us at St. Joseph Church starting November 8 after the 6pm Mass to experience the power of prayer! Deacon Dave and Layperson Lisa will lead us in a 6-week series on healing prayer. We will learn about the power and authority that is passed on to us through our Baptism to be vessels of healing! We will be praying for and with each other and hear how prayer can help us all grow in faith, hope and love!

# All Saints/ All Souls Parish Celebration, Sunday October 29, 2023

A collage of so many activities, fun and good food!











**A great time, beautiful weather, a faith-based celebration of the season!**

**Thank God for giving us such a special day to fellowship. He never fails us!**

**Thank you to all who helped to make our All Souls/ Saints day a success. It couldn't have happened without you all responding to the call. It was a fun learning day for all! We all learned about the Saints and many other Catholic traditions. Thank you to the Knights of Columbus for a great picnic lunch and to Sandy Dinh for all the extra work at home leading up to the day.**





IN OUR



*Thoughts and Prayers*

**November 2023 Prayers for Healing & Good Health**

Cheryl Antal  
Jerry Armstead  
Paulette Berberich  
Jean Berkey  
Beatrice Blacher  
Linda Blevins  
Todd Brown  
Vuong Bui  
Linda Burch  
Robert Burch  
Katherine Carson  
Kevin Carson  
Lucy Carson  
Jose Castaneda  
Meredith Crowe  
Lydia Dehn

Vincent D'elia  
Denise DePompeo  
Dexter Dix  
Joyce Drexler  
Paul Garman  
Laurie Hite  
Tom Hollowack  
Kendra Hunter  
Gloria Kojcsich  
Bonnie Kopacki  
Arlene Lasch  
Melissa Leger  
Karen Liberato  
Philip Liberato  
Holly McGowan

Patrick McGowan  
Lenny Ramlano  
Joe Ripchick  
John Ross  
Barbara Schaffer  
Margaret Silvia  
Edmund Staskiel  
Gloria Wajciechowski  
Bill Webster  
Steve Weems  
James Wills  
Andrea Berberich Wilson  
Leda Zaginaylo  
Abby Zwerner

If you wish to put someone on the list, for the year 2023, please call the parish office (804) 843-3125 to have that person's name put on the prayer list.

# WELCOME NEW PARISHIONERS

New members are asked to register at the Parish Office in the Mercy Center.

We invite all parishioners to join a ministry.  
Contact the Chairperson of the ministry or call the Parish Office at 804.843.3125

**ALTAR LINENS**  
Linda Drexler (804) 241-4073  
[vintagenotes@verizon.net](mailto:vintagenotes@verizon.net)

**ALTAR SERVERS**  
Joe Drexler (804) 366-7563  
[liturgychair@olbs-catholic.org](mailto:liturgychair@olbs-catholic.org)

**ARTS & ENVIRONMENT**  
[artsenvironment@olbs-catholic.org](mailto:artsenvironment@olbs-catholic.org)

**BELL CHOIR**

**CANTORS/CHOIR**  
Lyn LaPaglia (804) 690-9942  
[music@olbs-catholic.org](mailto:music@olbs-catholic.org)

**CEMETERY COMMITTEE**  
[cemetarychair@olbs-catholic.org](mailto:cemetarychair@olbs-catholic.org)

**CHURCH HISTORIAN**  
Linda Drexler (804)241-4073  
[historian@olbs-catholic.org](mailto:historian@olbs-catholic.org)

**CLEANING COORDINATOR**

**COMMUNITY LIFE**

**FACILITIES COMMITTEE**  
Jim Pyne  
[facilitieschair@olbs-catholic.org](mailto:facilitieschair@olbs-catholic.org)

**FINANCE COMMITTEE**  
Richard Duke (804) 843-3125  
[financechair@olbs-catholic.org](mailto:financechair@olbs-catholic.org)

**HISPANIC MINISTRY**  
Nanci Hernandez  
Jose Velasquez  
[hispanicministry@olbs-catholic.org](mailto:hispanicministry@olbs-catholic.org)

**HOSPITALITY**  
Glenn & Kay Shaw (804) 843-3476

**JUSTICE & PEACE**

**KNIT, PURL & PRAY**

**LAWN MOWING COMMITTEE**  
Eric Ellingson (804) 843-2184  
[ericellingson@verizon.net](mailto:ericellingson@verizon.net)

**LIBRARY**

Linda Drexler (804) 241-4073  
[vintagenotes@verizon.net](mailto:vintagenotes@verizon.net)

**LITURGY COMMITTEE**  
Joe Drexler (804) 366-7563  
[liturgychair@olbs-catholic.org](mailto:liturgychair@olbs-catholic.org)

**MINISTRY SCHEDULING**  
Pattie Vadas (804) 241-5009  
[pbv0806@yahoo.com](mailto:pbv0806@yahoo.com)

**OFFICE VOLUNTEERS**  
Margaret Varboncoeur (804) 843-2867

**PARISH COUNCIL**  
Tiffany Smith (804) 840-7984  
[parishchair@olbs-catholic.org](mailto:parishchair@olbs-catholic.org)

**SACRISTAN**  
Joe Drexler (804)366-7563  
Marguerite Sturtz, Sacristan Emerita

**YOUTH MINISTRY**  
Erin Hayden (804) 843-3125 ext 103  
[DRE@olbs-catholic.org](mailto:DRE@olbs-catholic.org)

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**Father Jakubowski Council #8116**



\*New Members  
Welcomed  
\*Hall Rental Available

Contact  
Jim Vadas  
804.370.5341