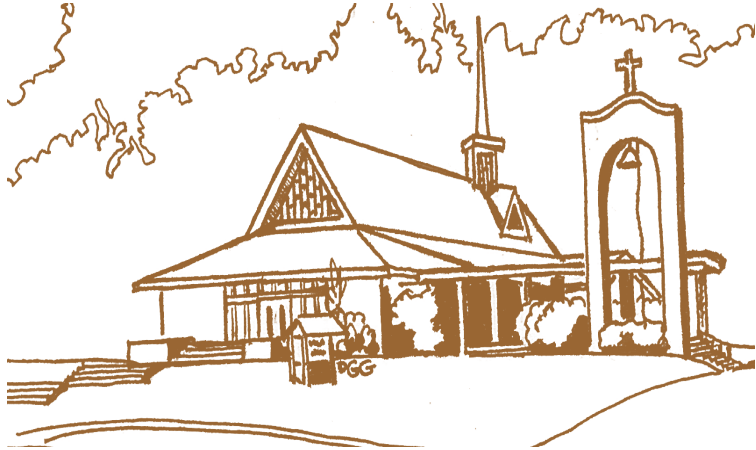


# OUR LADY OF THE BLESSED SACRAMENT CATHOLIC CHURCH

3570 KING WILLIAM AVENUE, WEST POINT VA 23181



## MASS SCHEDULE

**WEEKENDS: SATURDAY 5:30 P.M.**

**SUNDAY 9:00 A.M.**

**WEEKDAYS: 9:30 A.M. Tuesday - Friday**

**HOLYDAYS: 9:30 A.M. & 7:00 P.M.**

## PARISH OFFICES at the MERCY CENTER

207 W. Euclid Blvd., West Point, VA 23181

Phone: (804) 843-3125 Fax: (804) 843-9158

Office Hours: T W Th 9:00 A.M. - 4:30 P.M.

Parish e-mail : [olbs@olbs-catholic.org](mailto:olbs@olbs-catholic.org)

Parish Web address: [www.olbs-catholic.org](http://www.olbs-catholic.org)

### PASTOR

Rev. Oscar Paraiso (757) 778-5118

Rectory (804) 843-4231

Office (804) 843-3125 ext 102

Email: [oparaiso@richmonddiocese.org](mailto:oparaiso@richmonddiocese.org)

### PERMANENT DEACON

Rev. Dr. Kevin McKeever (973) 983-0511

Email: [conorlew56@gmail.com](mailto:conorlew56@gmail.com)

### ADMINISTRATIVE ASSISTANT

Pam Watkins (804) 843-3125 ext 101

Hours: T-W-Th 9:00 a.m.- 4:30 p.m.

Email: [adminassistant@olbs-catholic.org](mailto:adminassistant@olbs-catholic.org)

**BUSINESS MANAGER** (804) 843-3125 ext 104

Bob Ryalls (757) 207-0215

E-mail: [businessmgr@olbs-catholic.org](mailto:businessmgr@olbs-catholic.org)

### COORDINATOR of CHRISTIAN FORMATION

Erin Hayden (804) 843-3125 ext 103

Email: [DRE@olbs-catholic.org](mailto:DRE@olbs-catholic.org)

### MUSIC DIRECTOR

Lyn LaPaglia (804) 690-9942

Email: [music@olbs-catholic.org](mailto:music@olbs-catholic.org)

### PRESCHOOL TEACHER/DIRECTOR

Vangy Lawson (804) 843-4177

Email: [preschool@olbs-catholic.org](mailto:preschool@olbs-catholic.org)

### van den BOOGAARD HALL RENTALS

Janice McGowan (804) 843-2870

Email: [hallrentals@olbs-catholic.org](mailto:hallrentals@olbs-catholic.org)

**GOOD NEIGHBOR CENTER** (757) 585-8227

By Appointment

### SACRAMENT of RECONCILIATION

Saturday 5:00 p.m.

Also by appointment

### EUCCHARISTIC ADORATION

Monday and Tuesday

Mercy Center Chapel

First Friday Adoration in the church - 6:00 p.m.  
followed by the Most Holy Rosary - 6:30 p.m.

### RECITATION of the MOST HOLY ROSARY

6:30 p.m. Every Friday in the church

### INFANT BAPTISM

Parent preparation classes are required for each couple planning to have their baby baptized. To schedule a preparation session, please call the church office.

### MARRIAGE

OLBS sponsors a preparation program for couples who intend to marry. The Pastor must be contacted at least six months prior to the date of the wedding.

### RECEPTION into the CHURCH

Those inquiring into the Catholic Faith or seeking communion with the Church are invited to contact the Parish Office. Rite of Christian Initiation of Adults (RCIA) is offered.

## TWENTY-EIGHTH SUNDAY OF ORDINARY TIME

October 14<sup>th</sup> & 15<sup>th</sup>, 2023



### Saturday, October 14<sup>th</sup> TWENTY-EIGHTH SUNDAY OF ORDINARY TIME\*

5:00 pm Sacrament of Reconciliation  
5:30 pm Mass offered for Frank Watkins (RIP)  
Requested by Joe & Linda Drexler

### Sunday, October 15<sup>th</sup> TWENTY-EIGHTH SUNDAY OF ORDINARY TIME\*

9:00 am Mass offered for a Special Intention  
Requested by Janice McGowan  
10:15 am Adult Bible Study  
10:15 am Religious Education Sunday School  
Followed by "Paint & Pizza Party"  
6:30 pm Youth Group

### Monday, October 16<sup>th</sup> *Saint Hedwig, Religious* *Saint Margaret Mary Alacoque, Virgin\** No Mass

12 pm-10 pm Adoration in Chapel  
6:30 pm Knights of Columbus Social Mtg. at Nick's  
Restaurant, Rt. 33, King & Queen

### Tuesday, October 17<sup>th</sup> *Saint Ignatius of Antioch, Bishop, Martyr\**

9:30 am Mass offered for John Bonatti (RIP)  
Requested by Pattie & Jim Vadas  
12pm-10pm Adoration in Chapel  
4:30 pm Adult Bible Study (Mercy Center)

### Wednesday, October 18<sup>th</sup> *SAINT LUKE, EVANGELIST\**

11:00 am Mass offered for David Seckora (RIP)  
Requested by Joe & Linda Drexler  
11:45 am Senior luncheon at Anna's Pizza  
6:30 pm Choir Practice

### Thursday, October 19<sup>th</sup> *Saints John de Brebeuf and* *Isaac Jogues, Priests & Companions, Martyrs (USA)\**

9:30 am Mass offered for Paul McDonald (RIP)  
Requested by Jim & Pattie Vadas

### Friday, October 20<sup>th</sup> *Saint Paul of the Cross, Priest (USA)\**

9:30 am Mass offered for Don Dzula (RIP)  
Requested by Jim & Pattie Vadas  
6:30 pm Most Holy Rosary

### Saturday, October 21<sup>st</sup> TWENTY-SEVENTH SUNDAY OF ORDINARY TIME\*

9:00 am VIRTUS Training "Empowering God's  
Children" at VDB Hall  
5:00 pm Sacrament of Reconciliation  
5:30 pm Mass offered for Paul McDonald (RIP)  
Requested by Jim & Pattie Vadas

### Sunday, October 22<sup>nd</sup> TWENTY-SEVENTH SUNDAY OF ORDINARY TIME\*

9:00 am Mass offered for Roger Staskiel (RIP)  
Requested by Linda & Joe Drexler  
10:15 am Adult Bible Study  
10:15 am Religious Education Sunday School

*\*Color of letters indicates vestment colors for that Sunday or Saint's feast day. If no color, vestments are white.*

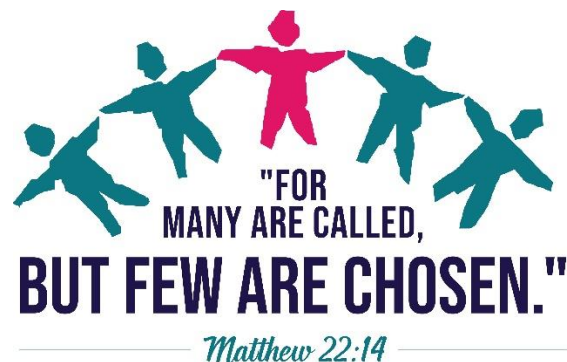
### Senior Mass & Luncheon

Wednesday, October 18<sup>th</sup> is the monthly senior mass at 11:00 am followed by a luncheon at 11:45 am at Anna's Pizza at 3040 King William Ave. in West Point. Please call or text Jeanie Sturtz at 804-370-5821 by noon Monday.

### Holy Hour Starts in November

Beginning on the First Friday in November, November 3, from 6 pm to 7 pm, we will have a Holy Hour devotion in the church. This will include Benediction and the recitation of the Most Holy Rosary. There will then be a Holy Hour on every First Friday of every month.

A holy hour is a period of devotion in which we spend time with Jesus before the Blessed Sacrament. We praise Him; we thank Him for all He has done for us; we tell Him what is on our minds. It is a time to draw closer to Jesus who gave His life for us.



## Religious Education & Adult Bible Study



**\*\* Religious education classes began on September 24<sup>th</sup> at 10:15 am. Registration is still available. \*\***

**Tuesday night Bible Study** meets at 4:30 pm. in the Mercy Center. Studies from the Augustine Institute: Eternal Rest-The Art of Dying Well. You will find answers to questions like: What happens when we die? What does scripture teach? How do we prepare for the life to come? If you are interested in joining or have questions, please call the office, so we can have your materials.

**We are looking for a part time 5<sup>th</sup> grade Sunday school teacher** to share responsibilities teaching, every other week. Lesson materials are provided...it just needs a willing heart. Please prayerfully consider.

**Sunday Adult Bible Study** will be during Religious Education time, at the VDB hall. The Book of Matthew! We hope you will join us!

The Youth Group will next meet on Sunday, October 15<sup>th</sup> at 6:30 pm at the Boogaard Center!



### Altar Flower Donations

October is the month of Mary! We will have flowers the entire month in loving honor of our Blessed Mother Mary. You can donate flowers for beside the Tabernacle and/ or in front of the Altar in honor of or in loving



## VIRTUS Training for All Grade Levels

**On Saturday, October 21<sup>st</sup>**, classes will be offered for all grade levels through VIRTUS, "Protecting God's children." This program is a part of Safe Environments and offered to all grade levels K-12 grade. It provides safety lessons to children, helping to equip your child to recognize boundaries and to empower them to protect themselves when safe adults are not immediately available.

The classes will show a short video and have an activity, discussions and role play. A sign up and parent consent form can be found at the hall during religious ed classes. **This is the last week to sign up!**

For more information, call the parish office.

### October 29<sup>th</sup>- ALL SOULS / ALL SAINTS DAY!

Our religious ed. classes will participate in an All Saints and All Souls day event. Parish council and religious ed are inviting parishioners to participate and help. **Sign ups will be in the back of church on October 7<sup>th</sup>.**

We will have many fun learning activities planned from 10:30 am. to 12:30 pm.

We will be looking for help with stations, setting up, Saints Trunk or Treat and Parish fellowship time!

The Knights of Columbus will have Hot dogs, fries and sides for all.

Saint dress ups are encouraged for all kids and anyone wanting to participate. Please mark your calendar and get your treats together 😊 If anyone has extra egg cartons to donate, please contact the office: 804-843-3125

### Respect Life Month

In honor of Respect Life month, we have set up a display in the back of church to help the unborn and the elderly.

Please consider taking a tag and shopping for that item, returning it to the back of the church **by October 29<sup>th</sup>.**

The items will be distributed to the House of Mercy and 3 Rivers Health & Rehab.

### Vietnamese Mass and Celebration

On Sunday afternoon, October 8<sup>th</sup>, a Mass was concelebrated by Father Tuan Tran, OFM and Father Oscar at Our Lady of the Blessed Sacrament Church, followed by a reception and celebration at the van den Boogaard Hall. Father Tuan is a Franciscan and visited with us from Chicago.



Fr. Tuan Tran, OFM and Father Oscar



### Knights of Columbus

#### Crab Carnival a Success

Thanks to so many Knights who turned out to help at the crab cake sandwich booth during both days of the Carnival. And thanks to parishioners who supported us by sampling our delicacies, which included shrimp, fries, and shrimp egg rolls. This was the Knights' big fundraiser and will give us the opportunity to support Parish projects and charitable causes.

**\*\*\*We do have shrimp egg rolls for sale at \$12/dozen\*\*\***

➤ Call Phil Liberato at 804-512-9701



#### Successful K of C Blood Drive

A total of 23 units of blood were collected at the October 5<sup>th</sup> Red Cross Blood Drive sponsored by the local Knights council. The turnout was good and the Red Cross crew of nurses did a wonderful job. Thanks all who donated and the Knights that helped that afternoon.

**Collections for October 7<sup>th</sup> & October 8<sup>th</sup>, 2023**

**Week's Amount**

Total Offertory	\$ 13,039
Parish Heating	\$ 440
Total	\$ 13,479
Budgeted weekly average parish need	\$ 4,596
Restricted, Special Use, or Sent Out of Parish:	
Capital Campaign	\$ 854
Retired Religious	\$ 50

\*\*\*Thank You for Supporting our Parish\*\*\*

**Attendance**

October 7 <sup>th</sup>	Saturday	5:30 pm Mass	39
October 8 <sup>th</sup>	Sunday	9:00 am Mass	119
		2:00 pm Vietnamese Mass	150



**October Wedding Anniversaries**

Brandon & Gigi Jordan	October 3, 2009
Albert & Gloria Wajciechowski	October 10, 1970
(David "Charlie") & Jeanie Sturtz	October 11, 1968
Frank & Mary Ann Fetterolf	October 19, 1963
Kevin & Deidra Kopacki	October 20, 2001
Mike & Nancy Pausic	October 29, 1960

**Your Parish Needs Your Help**

Help on the Committee for the Poor within our Parish.

Volunteer to serve on the Cemetery Committee.

Consider reading as a Lector at Mass or serving as a Eucharistic Minister.

**October: Month of the Most Holy Rosary**

Praying for the Dead

**The Reality of Purgatory**

The custom of praying for the dead is rooted in the very nature of heaven. The Bible indicates that there can be nothing imperfect in heaven. When describing the vision of the New Jerusalem, God's eternal kingdom, Revelation 21:27 states, "nothing unclean will enter it." Unfortunately, many people who die have not lived as perfect humans, and do not die in a state of perfection. They are not yet prepared to enter heaven and behold God's face. At the same time, they have not made the choice to totally separate themselves from God. They may have expressed regret for their sins and been forgiven, but their love of God at the time of their death may not have been as profound and perfect as it should have been. The Catechism of the Catholic Church states:

*All who die in God's grace and friendship, but still imperfectly purified, are indeed assured of their eternal salvation; but after death they undergo purification, so as to achieve the holiness necessary to enter the joy of heaven. (CCC 1030)*

The souls of these individuals have not yet been completely purified of their sins. They must undergo purification after death, a fact which demonstrates that God's mercy does not stop at the moment of death. Instead, divine mercy continues even after that moment to prepare a soul to receive God's loving embrace in heaven.

**Eucharistic Revival**

This year is a National Eucharistic Revival movement for all parishes. This is a movement to restore understanding and devotion to this great mystery by helping us renew our worship of Jesus Christ in the Eucharist, the Most Blessed Sacrament.

**Fact on the Eucharist-** *Provides a focal point for our lives:* If we really understood the profound nature of the Eucharist, we would begin to center our lives around Holy Communion. There is nothing more important that can happen in our lives. Not football games, or get-togethers or picnics. There is nothing more important than our weekly appointment to receive the medicine of the Doctor of souls, Jesus.

Your disposition when receiving the Eucharist can determine how open you are to the powerful effects. So, be reverent, focused and beg God to give you, through the power of the Eucharist, all the graces that you need in your life right now. Like a good Father, he will listen.

**Year of Grace and Divine Mercy  
(From The Diary of St. Faustina)**

**Meditation:**

Today toward evening, the Lord said to me: **Entrust yourself completely to Me at the hour of death, and I will present you to My Father as My bride. And now I recommend that you unite, in a special way, even your smallest deeds to My merits, and then My Father will look upon them with love as if they were My own** (Diary, 1543).

**My Prayer Response:**

Lord Jesus, I entrust myself to You at the hour of my death. May I be completely united to You in love at that hour. Present me to the Father with love as You own.

**Priests for Life**

**Life is Primary**

A major Vatican document reminds us that the right to life is primary: "The teachings of Pope John XXIII, the Second Vatican Council, and Pope Paul VI have given abundant indication of the concept of human rights as articulated by the Magisterium. Pope John Paul II has drawn up a list of them in the Encyclical Centesimus Annus...The first right presented in this list is the right to life, from conception to its natural end, which is the condition for the exercise of all other rights and, in particular, implies the illicitness of every form of procured abortion and euthanasia" (Compendium of the Social Doctrine of the Church, Pontifical Council for Justice and Peace, Vatican City, 2004).



**Join us at St. Joseph Church in Hampton for 6 weeks, starting**

**November 8, for a series on Healing Prayer!**

**Healing Prayer**

Join Us for Six Powerful Sessions!  
**Saint Joseph Catholic Church**  
512 Buckroe Avenue  
Hampton VA

Session No. 1 – Fearless Documentary (Nov. 8)  
Session No. 2 – Power & Authority to Heal (Nov. 15)  
Session No. 3 – The Healing Prayer Process (Nov 29)  
Session No. 4 – Faith in Healing (Dec. 6)  
Session No. 5 – Hope in Healing (Dec. 13)  
Session No. 6 – Love in Healing- Eucharist (Dec. 20)

The Power of Prayer  
Encountering Jesus!

Adoration 5-6  
Mass 6-630  
Program 630-8

PENINSULA CLUSTER  
PARISHES

**Saint Clare  
of Assisi**

**RETREAT  
CENTER**

620 BUCKROE AVENUE

**Spiritual Mentor Program**

A new class of the Spiritual Mentor Program will begin at the Saint Clare of Assisi Retreat Center in January! Google us and watch the video for all the details!

There will be an online inquiry meeting at 7pm on October 18, 2023.



IN OUR



*Thoughts and Prayers*

**October 2023 Prayers for Healing & Good Health**

Cheryl Antal  
Jerry Armstead  
Paulette Berberich  
Jean Berkey  
Beatrice Blacher  
Linda Blevins  
Todd Brown  
Vuong Bui  
Linda Burch  
Robert Burch  
Katherine Carson  
Kevin Carson  
Lucy Carson  
Jose Castaneda  
Meredith Crowe  
Lydia Dehn

Vincent D'elia  
Denise DePompeo  
Dexter Dix  
Joyce Drexler  
Paul Garman  
Laurie Hite  
Tom Hollowack  
Kendra Hunter  
Gloria Kojcsich  
Bonnie Kopacki  
Arlene Lasch  
Melissa Leger  
Karen Liberato  
Philip Liberato  
Holly McGowan

Patrick McGowan – an  
Addition  
Lenny Ramlano  
Joe Ripchick  
John Ross  
Barbara Schaffer  
Margaret Silvia  
Edmund Staskiel  
Gloria Wajciechowski  
Bill Webster  
Steve Weems  
James Wills  
Andrea Berberich Wilson  
Leda Zaginaylo  
Abby Zwerner

**For Those in the Military**

**Master Sergeant Tracie B. Gates**

If you wish to put someone on the list, for the year 2023, please call the parish office (804) 843-3125 to have that person's name put on the prayer list.

# WELCOME NEW PARISHIONERS

New members are asked to register at the Parish Office in the Mercy Center.

We invite all parishioners to join a ministry.  
Contact the Chairperson of the ministry or call the Parish Office at 804.843.3125

**ALTAR LINENS**  
Linda Drexler (804) 241-4073  
[vintagenotes@verizon.net](mailto:vintagenotes@verizon.net)

**ALTAR SERVERS**  
Joe Drexler (804) 366-7563  
[liturgychair@olbs-catholic.org](mailto:liturgychair@olbs-catholic.org)

**ARTS & ENVIRONMENT**  
[artsenvironment@olbs-catholic.org](mailto:artsenvironment@olbs-catholic.org)

**BELL CHOIR**

**CANTORS/CHOIR**  
Lyn LaPaglia (804) 690-9942  
[music@olbs-catholic.org](mailto:music@olbs-catholic.org)

**CEMETERY COMMITTEE**  
[ceemeterychair@olbs-catholic.org](mailto:ceemeterychair@olbs-catholic.org)

**CHURCH HISTORIAN**  
Linda Drexler (804)241-4073  
[historian@olbs-catholic.org](mailto:historian@olbs-catholic.org)

**CLEANING COORDINATOR**

**COMMUNITY LIFE**

**FACILITIES COMMITTEE**  
Jim Pyne  
[facilitieschair@olbs-catholic.org](mailto:facilitieschair@olbs-catholic.org)

**FINANCE COMMITTEE**  
Richard Duke (804) 843-3125  
[financechair@olbs-catholic.org](mailto:financechair@olbs-catholic.org)

**HISPANIC MINISTRY**  
Nanci Hernandez  
Jose Velasquez  
[hispanicministry@olbs-catholic.org](mailto:hispanicministry@olbs-catholic.org)

**HOSPITALITY**  
Glenn & Kay Shaw (804) 843-3476

**JUSTICE & PEACE**

**KNIT, PURL & PRAY**

**LAWN MOWING COMMITTEE**  
Eric Ellingson (804) 843-2184  
[ericellingson@verizon.net](mailto:ericellingson@verizon.net)

**LIBRARY**

Linda Drexler (804) 241-4073  
[vintagenotes@verizon.net](mailto:vintagenotes@verizon.net)

**LITURGY COMMITTEE**  
Joe Drexler (804) 366-7563  
[liturgychair@olbs-catholic.org](mailto:liturgychair@olbs-catholic.org)

**MINISTRY SCHEDULING**  
Pattie Vadas (804) 241-5009  
[pbv0806@yahoo.com](mailto:pbv0806@yahoo.com)

**OFFICE VOLUNTEERS**  
Margaret Varboncoeur (804) 843-2867

**PARISH COUNCIL**  
Tiffany Smith (804) 840-7984  
[parishchair@olbs-catholic.org](mailto:parishchair@olbs-catholic.org)

**SACRISTAN**  
Joe Drexler (804)366-7563  
Marguerite Sturtz, Sacristan Emerita

**YOUTH MINISTRY**  
Erin Hayden (804) 843-3125 ext 103  
[DRE@olbs-catholic.org](mailto:DRE@olbs-catholic.org)

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9923 Pocahontas Trail  
Providence Forge VA 23140  
(804) 966-7075

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(804) 843-3125 ext 111

Email: [hallrentals@olbs-catholic.org](mailto:hallrentals@olbs-catholic.org)

**Father Jakubowski Council #8116**



**\*New Members  
Welcomed  
\*Hall Rental Available**

Contact  
Jim Vadas  
804.370.5341