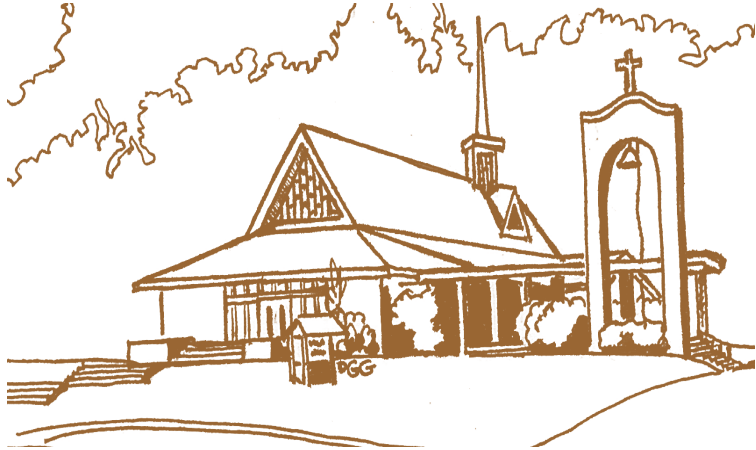


# OUR LADY OF THE BLESSED SACRAMENT CATHOLIC CHURCH

3570 KING WILLIAM AVENUE, WEST POINT VA 23181



## MASS SCHEDULE

**WEEKENDS: SATURDAY 5:30 P.M.**

**SUNDAY 9:00 A.M.**

**WEEKDAYS: 9:30 A.M. Tuesday - Friday**

**HOLYDAYS: 9:30 A.M. & 7:00 P.M.**

## PARISH OFFICES at the MERCY CENTER

207 W. Euclid Blvd., West Point, VA 23181

Phone: (804) 843-3125 Fax: (804) 843-9158

Office Hours: T W Th 9:00 A.M. - 4:30 P.M.

Parish e-mail : [olbs@olbs-catholic.org](mailto:olbs@olbs-catholic.org)

Parish Web address: [www.olbs-catholic.org](http://www.olbs-catholic.org)

### PASTOR

Rev. Oscar Paraiso (757) 778-5118

Rectory (804) 843-4231

Office (804) 843-3125 ext 102

Email: [oparaiso@richmonddiocese.org](mailto:oparaiso@richmonddiocese.org)

### PERMANENT DEACON

Rev. Dr. Kevin McKeever (973) 983-0511

Email: [conorlew56@gmail.com](mailto:conorlew56@gmail.com)

### ADMINISTRATIVE ASSISTANT

Pam Watkins (804) 843-3125 ext 101

Hours: T-W-Th 9:00 a.m.- 4:30 p.m.

Email: [adminassistant@olbs-catholic.org](mailto:adminassistant@olbs-catholic.org)

**BUSINESS MANAGER** (804) 843-3125 ext 104

Bob Ryalls (757) 207-0215

E-mail: [businessmgr@olbs-catholic.org](mailto:businessmgr@olbs-catholic.org)

### COORDINATOR of CHRISTIAN FORMATION

Erin Hayden (804) 843-3125 ext 103

Email: [DRE@olbs-catholic.org](mailto:DRE@olbs-catholic.org)

### MUSIC DIRECTOR

Lyn LaPaglia (804) 690-9942

Email: [music@olbs-catholic.org](mailto:music@olbs-catholic.org)

### PRESCHOOL TEACHER/DIRECTOR

Vangy Lawson (804) 843-4177

Email: [preschool@olbs-catholic.org](mailto:preschool@olbs-catholic.org)

### van den BOOGAARD HALL RENTALS

Janice McGowan (804) 843-2870

Email: [hallrentals@olbs-catholic.org](mailto:hallrentals@olbs-catholic.org)

**GOOD NEIGHBOR CENTER** (757) 585-8227

By Appointment

### SACRAMENT of RECONCILIATION

Saturday 5:00 p.m.

Also by appointment

### EUCCHARISTIC ADORATION

Monday and Tuesday

Mercy Center Chapel

First Friday Adoration in the church - 6:00 p.m.  
followed by the Most Holy Rosary - 6:30 p.m.

### RECITATION of the MOST HOLY ROSARY

6:30 p.m. Every Friday in the church

### INFANT BAPTISM

Parent preparation classes are required for each couple planning to have their baby baptized. To schedule a preparation session, please call the church office.

### MARRIAGE

OLBS sponsors a preparation program for couples who intend to marry. The Pastor must be contacted at least six months prior to the date of the wedding.

### RECEPTION into the CHURCH

Those inquiring into the Catholic Faith or seeking communion with the Church are invited to contact the Parish Office. Rite of Christian Initiation of Adults (RCIA) is offered.

## TWENTY-THIRD SUNDAY OF ORDINARY TIME

September 9<sup>th</sup> & 10<sup>th</sup>, 2023

Saturday, September 9<sup>th</sup> **TWENTY-THIRD SUNDAY OF ORDINARY TIME\***

5:00 pm Sacrament of Reconciliation  
5:30 pm Mass – No Mass Intention

Sunday, September 10<sup>th</sup> **TWENTY-THIRD SUNDAY OF ORDINARY TIME\***

9:00 am Mass – No Mass Intention  
10:15 am Bible Study (Mercy Center)

Monday, September 11<sup>th</sup>

No Mass

12 pm-10 pm Adoration in Chapel

Tuesday, September 12<sup>th</sup>

No Mass

12pm-10pm Adoration in Chapel

4:30 pm Adult Bible Study (Mercy Center)

Wednesday, September 13<sup>th</sup>

No Mass

6:30 pm Choir Practice

Thursday, September 14<sup>th</sup>

No Mass

Friday, September 15<sup>th</sup>

No Mass

Saturday, September 16<sup>th</sup> **TWENTY-FOURTH SUNDAY OF ORDINARY TIME\***

5:00 pm Sacrament of Reconciliation  
5:30 pm Mass – No Mass Intention

Sunday, September 17<sup>th</sup> **TWENTY-FOURTH SUNDAY OF ORDINARY TIME\***

9:00 am Mass – No Mass Intention  
10:15 am Adult Bible Study (Mercy Center)

*\*Color of letters indicates vestment colors for that Sunday or Saint's feast day. If no color, vestments are white.*



### Your Parish Needs Your Help

Help on the Committee for the Poor within our Parish.

Volunteer to serve on the Cemetery Committee.

Consider reading as a Lector at Mass or serving as a Eucharistic Minister.

\*\*Please welcome this weekend, Father Peter Creed, who will be celebrating Mass with us this Saturday and Sunday while Father Oscar is away on vacation to the Philippines.\*\*

### Altar Flower Donations

You can donate flowers for beside the Tabernacle and/ or in front of the Altar in honor of or in loving memory of a loved one.

### A Fall Morning Cleanup/ Workday Planned

On the morning of **Saturday, September 16<sup>th</sup>**, at 9:00 am, a **cleanup/ workday is being planned**. Pieces of construction debris, branches, tree trimmings need picked up and hauled away. A lunch will be planned to end the morning's work. Please come out and lend a hand!

### Hearing Assistance

If you are having difficulty hearing the Mass in Church, please arrive a few minutes early and speak with one of the ushers, as the parish has purchased hearing assistance devices for our parishioners. Just ask one of our ushers how it works. You can even use your own earphones to plug into the device.



Romans 13:8, NRSV

### Religious Education & Adult Bible Study

Catechetical Sunday is September 17<sup>th</sup>.  
Breakfast and a meeting will be held at the hall, following the 9 am. Mass.

**\*\* Religious education classes will begin on September 24<sup>th</sup> at 10:15 am. Registration forms and letters have been sent home. Extra forms can be found on the hospitality table in the back of the church. \*\***

Information will be coming available soon on VIRTUS "Protecting God's children." This program is a part of Safe Environments and offered to all grade levels K-12 grade. It provides safety lessons to children, helping to equip your child to recognize boundaries and to empower them to protect themselves when safe adults are not immediately available. The classes will show a short video, have an activity, discussions and role play. A sign up and parent consent form will be placed at the back of church if you would like your child to attend the session.

For more information, call: Erin Hayden.

Bible Study is in the Mercy Center, front Parlor room **after the Sunday, 9 am Mass.**

Tuesday night Bible study is at 4:30 pm. in the Mercy Center

### Vacation Bible School Fundraiser

Our fundraiser for Special Love (Organization helping kids with Childhood cancer): Our fundraiser total was \$999.20. A check has been sent to Camp Fantastic. God Bless you all for your generosity! These funds will help cover the cost for kids to attend Camp Fantastic.



Little Sprouts OLBS Preschool

We are very excited here at the preschool. The staff has been busy. Our Before & After School Program is up and running beautifully already. We have 18 to 21 students in the afternoons and up to 13 getting on the bus in the mornings. Lots of emotions and energy for sure! Each week for these first 9 weeks we are focusing on a fruit of the Holy Spirit. This week is LOVE! Please continue to pray for both our school program and our preschool programs. We appreciate all of your support. We are so grateful for all the church volunteers who keep our grass cut and looking beautiful. We are thankful for all the volunteers, young and older, over the years who have supported these programs. We want to shine the love and light of Jesus Christ in this community! We are so thankful for this opportunity, especially in these years where that is not always celebrated. God bless each of you.

### Eucharistic Revival

This year is a National Eucharistic Revival movement for all parishes. This is a movement to restore understanding and devotion to this great mystery by helping us renew our worship of Jesus Christ in the Eucharist, the Most Blessed Sacrament.

**Fact on the Eucharist- Gives life:** According to the Catechism, the Eucharist "preserves, increases, and renews the life of grace received at Baptism" (CCC 1392). In other words, reception of the Eucharist increases the life of grace already present within us. Sounds even better than a trip to a spa!



### September Wedding Anniversaries

(Paul) & Gaye Tamulynas	September 13, 1986
(Billy) & Janice McGowan	September 14, 1974
Gary & Jackie Silvia	September 17, 1988
Philip & Cydney Henley	September 21, 2013

### Attendance

September 2 <sup>nd</sup>	Saturday	5:30 pm Mass	99
September 3 <sup>rd</sup>	Sunday	9:00 am Mass	102

### Year of Grace and Divine Mercy (From The Diary of St. Faustina)

#### Meditation:

Know that as often as you come to Me, humbling yourself and asking My forgiveness, I pour out a superabundance of graces on your soul, and your imperfection vanishes before My eyes, and I see only your love and your humility. You lose nothing but gain much. (Diary, 1293)

#### My Prayer Response:

Lord Jesus, I want to receive and abundance of Your graces in Confession as I humble myself and ask for forgiveness. Thank You, Jesus, for seeing only my love and humility.

Collections for September 2<sup>nd</sup> & 3<sup>rd</sup>, 2023

Week's Amount

Total Offertory	\$ 3,846
Supplemental Collection	\$ 25
Total	\$ 3,871
Budgeted weekly average parish need	\$ 4,596
Restricted, Special Use, or Sent Out of Parish:	
Capital Campaign	\$ 1,836
Maintenance Savings Fund	\$ 50
Facilities Repairs & Maintenance	\$ 100
Haitian Ministry	\$ 120
Diocesan Retired Religious Fund	\$ 25

\*\*\*Thank You for Supporting our Parish\*\*\*

Update on our Capital Campaign:

To date we have raised a total of \$459,939.41 which includes Pledges in the amount of \$381,250.00 and One-Time Gifts in the amount of \$78,689.41. We have collected \$255,188.16 in payments on pledges leaving \$126,061.84 to receive. The generosity of our parish always astounds me! Thank you for supporting our parish and helping to keep our campus in good repair!

Priests for Life

Come to the Church

"On what reasonable grounds and with what imaginable right can anyone suggest that any human life since that time of Abram, is less precious or valuable than that of Isaac? Or has less potential in the plan of our Creator? What a savage, unconscionable, heinous act it would have been to have put this special gift of God, Isaac, to death in his mother's womb. And to how many potential Isaacs has that happened and is still happening.....The right to life is the greatest civil rights issue of our time. This is the issue that will determine whether America remains a hospitable society, committed to caring for women in crisis and their unborn children, -- or whether America betrays our heritage and the truths on which the founders staked their claims to independence...No one has to have an abortion. To all those in crisis pregnancies, I pledge our support and our financial help. Come to the Catholic Church. Let us walk with you through your time of trouble. Let us help you affirm life. Abortion need not be an answer ..."  
---Archbishop Edwin O'Brien Maryland March for Life St. Mary's, Annapolis, March 13, 2008



Knights of  
Columbus

Calling all Knights! Help is needed for the upcoming **West Point Crab Carnival** with our annual Crab Cake booth on **October 6<sup>th</sup> & 7<sup>th</sup>**. This is our big fundraiser and much of the proceeds go to the Parish and other charities. Sign up to help whatever time you can!

Saint of the Week

Saint Cornelius  
September 16th

There was no pope for 14 months after the martyrdom of Saint Fabian because of the intensity of the persecution of the Church. During the interval, the Church was governed by a college of priests. Saint Cyprian, a friend of Cornelius, writes that Cornelius was elected pope "by the judgment of God and of Christ, by the testimony of most of the clergy, by the vote of the people, with the consent of aged priests and of good men."

The greatest problem of Cornelius's two-year term as pope had to do with the Sacrament of Penance and centered on the readmission of Christians who had denied their faith during the time of persecution. Two extremes were finally both condemned. Cyprian, primate of North Africa, appealed to the pope to confirm his stand that the relapsed could be reconciled only by the decision of the bishop.

In Rome, however, Cornelius met with the opposite view. After his election, a priest named Novatian (one of those who had governed the Church) had himself consecrated a rival bishop of Rome—one of the first antipopes. He denied that the Church had any power to reconcile not only the apostates, but also those guilty of murder, adultery, fornication, or second marriage! Cornelius had the support of most of the Church (especially of Cyprian of Africa) in condemning Novatianism, though the sect persisted for several centuries. Cornelius held a synod at Rome in 251 and ordered the "relapsed" to be restored to the Church with the usual "medicines of repentance."

The friendship of Cornelius and Cyprian was strained for a time when one of Cyprian's rivals made accusations about him. But the problem was cleared up.

A document from Cornelius shows the extent of organization in the Church of Rome in the mid-third century: 46 priests, seven deacons, seven sub-deacons. It is estimated that the number of Christians totaled about 50,000. He died as a result of the hardships of his exile in what is now Civitavecchia.

Greetings from ASSE International Student Exchange Programs,

We would like to extend an invitation to you and your family to consider hosting one of our remaining exchange students for this coming school year or semester. Additionally, if you know of any outstanding families in your Congregation who would make great host families, we would greatly appreciate any referrals. Perhaps you would be willing to share the opportunity during church services?

Whether you are a young family, retired, a single parent, or empty nesters, hosting one of our students from countries like France, Italy, Ukraine, Denmark, and many others presents an extraordinary opportunity to personally experience their cultures and values while simultaneously sharing your own knowledge about the United States.

ASSE is fully committed to turning their dreams into reality, and we hope that you or someone in your Congregation would be interested in opening your/their home to a new family member this year.

Warm Regards,

Alina Clements, ASSE Eastern Regional Director

Tel.: (800) 733 2772 - Email: [host@asse.com](mailto:host@asse.com)  
website <https://host.asse.com>

**Our Lady of Fatima and the Fall of Communism**  
Thursday, Sept. 21, 7:00 pm, St. Olaf Parish Hall

This multimedia presentation by Steve Hemler and Craig Turner of the Catholic Apologetics Institute of North America (CAINA) provides a fascinating look at the events that led to the fall of communism in Russia and Eastern Europe and their links to Our Lady of Fatima, including the key role of Pope St. John Paul II.

In 1917, the Virgin Mary appeared in Fatima, Portugal, with a message of peace for the world. However, she also predicted the coming of a terrifying and bloody political movement--communism. The Bolshevik Revolution shortly after her final apparition ushered in an unprecedented age of political turmoil as Russia sought to spread communism throughout the world. Humanity lived in fear during most of the 20th century until the historic consecration of Russia was made by Pope John Paul II in 1984. This presentation provides a fascinating look at the amazing events that led to the fall of communism in Russia and Eastern Europe and their links to Our Lady of Fatima.

### Follow Your Vocation to Serve: Become A Deacon

Do you think you may be called to serve the Church in a new role? The Office of the Permanent Diaconate is hosting three informational sessions this fall for men who might have a calling to ordained service to the Church and to the bishop as a permanent deacon, and are interested in discerning their calling while learning about the commitment it involves.

Qualifications for formation to the permanent diaconate include, but are not limited to the following:

- A Roman Catholic for a minimum of five years at time of application.
- Registered parishioner within the Diocese of Richmond for five years at the time of application, and active in the parish community.
- Between the ages of 30 and 59 at the time of application.
- Committed to and living out values of justice, charity and service.
- Demonstrates grateful fidelity to all that the Church teaches, openness to formation and has demonstrated leadership.

Following these sessions, a new cohort of permanent deacons will be formed in 2024. Our permanent deacons are assigned to a parish where they exercise liturgical and catechetical ministries within their parish communities. Deacons hold roles both in their church and in a variety of secular professions, showing how unique this vocation is. Please prayerfully discern whether you may be called to join a thriving and essential vocation to serve the Church in a new way. For those interested, visit the Permanent Diaconate page on [richmonddiocese.org](http://richmonddiocese.org) or email [gmanuso@richmonddiocese.org](mailto:gmanuso@richmonddiocese.org). If you feel the call, talk to your pastor!

### St. Therese, Gloucester, to Hold Presentation on Saint Mother Teresa !

Pope John Paul II said, "In Mother Teresa's smile, words, and deeds, Jesus again walked the streets of the world as the Good Samaritan." JIM TOWEY was a trusted advisor and personal friend of Mother Teresa of Calcutta for 12 years. On WEDNESDAY, SEPTEMBER 27, at 7 PM, he will be speaking at the **Church of Saint Therese in Gloucester**. All are welcome. His talk will be followed by a reception and copies of his book *To Love and Be Loved: A Personal Portrait of Mother Teresa* will be available for purchase.

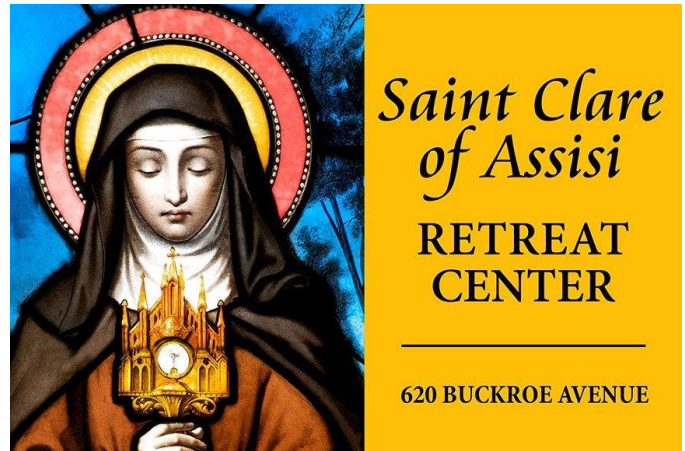
## Join the Dominican Rosary Pilgrimage!

Saturday, September 30, 2023

at the Basilica of the National Shrine of the Immaculate Conception in Washington, D.C.

Pray the Rosary together with the Dominican Friars and thousands of Catholics! **Join us in seeking the intercession of Our Lady. Sign up today to receive updates!**

**The Dominican Rosary Pilgrimage is a full-day, national event celebrating Our Lady and the Rosary in Washington, D.C. on Saturday, Sept. 30, led by the Dominican Friars of the Province of St. Joseph.**



### Spiritual Mentor Program

A new class of the Spiritual Mentor Program will begin at the Saint Clare of Assisi Retreat Center in January! Google us and watch the video for all the details!

There will be an online inquiry meeting at 7pm on October 18, 2023.

Join us at St. Joseph Church in Hampton for 6 weeks, starting November 8, for a series on Healing Prayer!

**Healing Prayer**

Join Us for Six Powerful Sessions!  
Saint Joseph Catholic Church  
512 Buckroe Avenue  
Hampton VA

Session No. 1 – Fearless Documentary (Nov. 8)  
Session No. 2 – Power & Authority to Heal (Nov. 15)  
Session No. 3 – The Healing Prayer Process (Nov 29)  
Session No. 4 – Faith in Healing (Dec. 6)  
Session No. 5 – Hope in Healing (Dec. 13)  
Session No. 6 – Love in Healing- Eucharist (Dec. 20)

The Power of Prayer  
Encountering Jesus!

Adoration 5-6  
Mass 6-630  
Program 630-8

PENINSULA CLUSTER  
PARISHES

# Cursillo

## Greater Hampton Roads

**Cursillo:** Want to Be a Friend, Make a Friend or Bring a Friend to Christ, but don't know what to do or where to start? Consider participating on a Cursillo weekend. Cursillo is a three-day weekend that is fully sanctioned by the Catholic Church and Diocese of Richmond. The weekends are sponsored by lay Catholics with the assistance of ordained priest and deacons.

The next Cursillo Women's weekend is scheduled for September 21 – 24, 2023 and the next Cursillo Men's weekend is scheduled for October 12 – 15, 2023 at the Saint Clare of Assisi Retreat Center.

***Mission:*** Led by the Holy Spirit, we grow the Body of Christ to be disciples through Piety, Study and Action.

# WELCOME NEW PARISHIONERS

New members are asked to register at the Parish Office in the Mercy Center.

We invite all parishioners to join a ministry.  
Contact the Chairperson of the ministry or call the Parish Office at 804.843.3125

**ALTAR LINENS**  
Linda Drexler (804) 241-4073  
[vintagenotes@verizon.net](mailto:vintagenotes@verizon.net)

**ALTAR SERVERS**  
Joe Drexler (804) 366-7563  
[liturgychair@olbs-catholic.org](mailto:liturgychair@olbs-catholic.org)

**ARTS & ENVIRONMENT**  
[artsenvironment@olbs-catholic.org](mailto:artsenvironment@olbs-catholic.org)

**BELL CHOIR**

**CANTORS/CHOIR**  
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[music@olbs-catholic.org](mailto:music@olbs-catholic.org)

**CEMETERY COMMITTEE**  
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**CHURCH HISTORIAN**  
Linda Drexler (804)241-4073  
[historian@olbs-catholic.org](mailto:historian@olbs-catholic.org)

**CLEANING COORDINATOR**

**COMMUNITY LIFE**

**FACILITIES COMMITTEE**  
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**FINANCE COMMITTEE**  
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**HISPANIC MINISTRY**  
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Jose Velasquez  
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**HOSPITALITY**  
Glenn & Kay Shaw (804) 843-3476

**JUSTICE & PEACE**

**KNIT, PURL & PRAY**

**LAWN MOWING COMMITTEE**  
Eric Ellingson (804) 843-2184  
[ericellingson@verizon.net](mailto:ericellingson@verizon.net)

**LIBRARY**

Linda Drexler (804) 241-4073  
[vintagenotes@verizon.net](mailto:vintagenotes@verizon.net)

**LITURGY COMMITTEE**  
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[liturgychair@olbs-catholic.org](mailto:liturgychair@olbs-catholic.org)

**MINISTRY SCHEDULING**  
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[pbv0806@yahoo.com](mailto:pbv0806@yahoo.com)

**OFFICE VOLUNTEERS**  
Margaret Varboncoeur (804) 843-2867

**PARISH COUNCIL**  
Tiffany Smith (804) 840-7984  
[parishchair@olbs-catholic.org](mailto:parishchair@olbs-catholic.org)

**SACRISTAN**  
Joe Drexler (804)366-7563  
Marguerite Sturtz, Sacristan Emerita

**YOUTH MINISTRY**  
Erin Hayden (804) 843-3125 ext 103  
[DRE@olbs-catholic.org](mailto:DRE@olbs-catholic.org)

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**Father Jakubowski Council #8116**



\*New Members  
Welcomed  
\*Hall Rental Available

Contact  
Jim Vadas  
804.370.5341