

# OUR LADY OF THE BLESSED SACRAMENT CATHOLIC CHURCH

3570 KING WILLIAM AVENUE, WEST POINT VA 23181

## MASS SCHEDULE

WEEKENDS: SATURDAY 5:30 P.M.

SUNDAY 9:00 A.M.

11:30 A.M. (SPANISH MASS)

WEEKDAYS: 8:30 A.M. Tuesday - Friday

HOLIDAYS: 8:30 A.M. & 7:00 P.M.



## PARISH OFFICES at the MERCY CENTER

207 W. Euclid Blvd., West Point, VA 23181

Phone: 843-3125

Fax: 843-9158

Office Hours: T W Th 9:00 a.m. - 4:30 p.m.

Parish e-mail : [olbs@olbs-catholic.org](mailto:olbs@olbs-catholic.org)

Parish Web address: [www.olbs-catholic.org](http://www.olbs-catholic.org)

### PASTOR

Rev. Oscar Paraiso

757-778-5118

Rectory

843-4231

Office

843-3125 ext 102

Email: [oparaiso@richmonddiocese.org](mailto:oparaiso@richmonddiocese.org)

### ADMINISTRATIVE ASSISTANT

Pam Watkins

843-3125 ext 101

Hours: T-W-Th 9:00 a.m. - 4:30 p.m.

Email: [adminassistant@olbs-catholic.org](mailto:adminassistant@olbs-catholic.org)

### BUSINESS MANAGER

843-3125 ext 104

Bob Ryalls

757 207-0215

E-mail: [businessmgr@olbs-catholic.org](mailto:businessmgr@olbs-catholic.org)

### COORDINATOR of CHRISTIAN FORMATION

Erin Hayden

843-3125 ext 103

Email: [DRE@olbs-catholic.org](mailto:DRE@olbs-catholic.org)

### MUSIC DIRECTOR

Leda Zaginaylo

757 870-2516

Email: [music@olbs-catholic.org](mailto:music@olbs-catholic.org)

### PRESCHOOL TEACHER/DIRECTOR

Vangy Lawson

843-4177

Email: [preschool@olbs-catholic.org](mailto:preschool@olbs-catholic.org)

### GOOD NEIGHBOR CENTER

Frances Thornton

843-4339

Hours: M 10 am - 2 pm

W 12:30 pm - 2:30 p.m.

### van den BOOGAARD HALL RENTALS

Janice McGowan

843-2870

Email: [hallrentals@olbs-catholic.org](mailto:hallrentals@olbs-catholic.org)

### SACRAMENT of RECONCILIATION

Saturday 5:00 p.m.

Also by appointment

### EUCCHARISTIC ADORATION

Monday and Tuesday

Mercy Center Chapel

First Friday Adoration in the church

6:00 p.m. - 9:00 p.m.

### RECITATION of the MOST HOLY ROSARY

6:30 p.m. Every Friday in the church

### OUTREACH

A food basket and donation box are in the church entry. Your donations provide the means to give direct help to the needy. We collect food on the first weekend of the month.

### INFANT BAPTISM

Parent preparation classes are required for each couple planning to have their baby baptized. To schedule a preparation session, please call the church office.

### MARRIAGE

OLBS sponsors a preparation program for couples who intend to marry. The Pastor must be contacted at least six months prior to the date of the wedding.

### RECEPTION into the CHURCH

Those inquiring into the Catholic Faith or seeking communion with the Church are invited to contact the Parish Office. Rite of Christian Initiation of Adults (RCIA) is offered.

*The mission of Our Lady of the Blessed Sacrament Catholic Church, centered in the Eucharist, is to love God and His people and to extend His love to others through service and prayer.*

## THE ASCENSION OF THE LORD

May 20<sup>th</sup> & 21<sup>st</sup>, 2023

Saturday, May 20<sup>th</sup> **THE ASCENSION OF THE LORD**

- 5:00 pm Sacrament of Reconciliation  
5:30 pm Mass Offered for Isa Ve Hoang Thi Tin (RIP)  
100<sup>th</sup> Day Anniversary of Death  
Requested by Quan & Sandy Dinh

Sunday, May 21<sup>st</sup> **THE ASCENSION OF THE LORD**

- 9:00 am Mass Offered In Loving Memory of Natalee  
Franzyshen (RIP)  
Anniversary of Birthday  
Requested by Henry Franzyshen  
10:15 am Bible Study (Mercy Center)  
10:15 am Parish Council Meeting  
6:30 pm Youth Group (M. Center Conference Room)

Monday, May 22<sup>nd</sup> *St. Rita of Cascia, Religious*

- No Mass  
12pm-10pm Adoration in Chapel

Tuesday, May 23<sup>rd</sup>

- 9:30 am Mass Offered for Cornell Adams (RIP)  
Requested by a Friend  
12pm-10pm Adoration in Chapel  
4:30 pm Adult Bible Study (Mercy Center)  
6:30 pm Finance Council Meeting (MC)

Wednesday, May 24<sup>th</sup>

- 9:30 am Mass – No Mass Intention  
6:30 pm Choir Practice

Thursday, May 25<sup>th</sup> *St. Bede the Venerable, Priest,*  
*Doctor of the Church*

- Saint Gregory VII, Pope*  
*Saint Mary Magdalene di Pazzi*  
9:20 am Preschool Graduation in church  
11:00 am Mass – No Mass Intention

Friday, May 26<sup>th</sup> *St. Philip Neri, Priest*

- 9:30 am Mass Offered Gloria Bonatti (RIP)  
Anniversary of Death  
Requested by Pattie & Jim Vadas  
6:30 pm Holy Rosary (Fr. Oscar)

Saturday, May 27<sup>th</sup> **PENTECOST SUNDAY**

- 11:30-2:00 pm Tea with the Blessed Mother  
5:00 pm Sacrament of Reconciliation  
5:30 pm Mass Offered for Gladys Laura Watkins  
(RIP)  
Requested by The Watkins Family

Sunday, May 28<sup>th</sup> **PENTECOST SUNDAY**

- 9:00 am Mass Offered for IMO WW II Vets



### Return to Communion Under Both Species

Bishop Knestout sent a letter to pastors of the Diocese saying that parishes may again offer Holy Communion under both “species,” bread and wine. Our Parish will plan on doing this in the very near future.

In preparation for this change, we are in need of additional Eucharistic Ministers. It has been three years since the sacrament has been celebrated under both kinds due to health concerns. We have lost many former ministers due to health or moving out of our parish. A training session will be planned to show new volunteers the procedures. Please let Fr. Oscar, Pam, or Joe Drexler know of your interest in a training session.

### Notice: Good Neighbor Center

The Good Neighbor Center is unable to accept donations of any kind, food or other items, due to a structural problem with the storage area floor. As of May 25<sup>th</sup>, the GNC will be closed and no longer housed in the Preschool Building. The West Point Ministerial Association is looking for another location.



**Matthew 28:19**

## FAITH FORMATION

### Religious Education & Adult Bible Study

Bible Study will move to the Mercy Center "foyer" after the Sunday, 9 am Mass and starting on May 21. The Study will be on the **Book of Revelation**. We hope you can join us in learning the faith!

Our Tuesday Afternoon Bible study is at 4:30 pm. @ the Mercy Center Conference room. We are in the Book of Revelation. All are welcome!

Thank you so much to all our catechists for a great year in religious education! Your gift of time and sharing the faith is one of the most important things we can do for our parish kids and the future of our church. May God Bless You!



May 27<sup>th</sup>: Tea with the Blessed Mother  
11:30 am – 2:00 pm  
Sign up is on the table in the back of the church!  
You can call at Erin (804-366-4435)

June 17<sup>th</sup>: Reconciliation  
June 18<sup>th</sup> : First Holy Communion



Our next Youth Group will meet on **May 21<sup>st</sup>, 6:30 pm.** at the Mercy Center Conference room.



### Congratulations!!

Congratulations to Connor Gates, on receiving the Sacraments of Reconciliation and First Holy Communion! May God's grace and mercy always turn you to His gifts of the Holy Sacraments that unite you most closely with Christ.



While Conner could not attend with others in June, other First Communicants will receive the Sacrament on June 18<sup>th</sup>.

### Looking for help!

Vacation Bible School is set for the week of **July 23<sup>rd</sup> to the 28<sup>th</sup>**. We need many volunteers for: Decorating, setting up, teaching, art, crafts, bible stories, music, games and snacks. Please consider sharing your time and talents. If everyone could commit to 1 day, we will be covered. There is still time, but it comes up so quickly, the date needs to be saved. 😊





### Summer Food Baskets for Young Students

School is out at the end of May! This means children will be out for the summer.

The current state of our economy will leave even more children without enough food and nourishment for the summer. We would like to offset that as much as possible for struggling families.

We will be shopping for and putting together Food Baskets on Saturday, June 3<sup>rd</sup>. We are accepting donations for Food Baskets. You can place your donation in an envelope with "Food Baskets" written on it and your envelope number so you can get credit for your donation.

You can place it in the offertory or give it to Sandy Lam, Deidra Kopacki, Erin Hayden, or Pam Watkins.

We always shop at Aldi so that we can get the most for the money we collect and stretch those dollars as far as possible. Anyone is welcome to come along and help! Please just let us know by May 30<sup>th</sup> so that we can plan accordingly for lunch. Thank you so much for your support over the years. As a parish we have fed many struggling families over the years and have spread God's love to some of those who need it most!



## Preschool Graduation

Our Preschool Butterflies will be graduating on Thursday, May 25<sup>th</sup>. We will have a celebration in the Church beginning about 9:20am, followed by light refreshments on the veranda. Come on out and support our Butterflies as they get ready to fly to kindergarten this coming Fall School Year! A special thank you to Vangy Lawson (Director of our Preschool and Before/After School Care Programs), Laurie Hite, Deidra Kopacki, Michelle Haden, Ashleigh Hudson Kohler for helping all of our preschool children prepare for kindergarten and grow closer to God in the process!



Because our Butterflies will be graduating on Thursday, May 25<sup>th</sup> about 9:20am, Father Oscar has moved the daily Mass to 11:00am just for May 25<sup>th</sup>. Daily Masses will remain at 9:30am other than the Senior Mass and Luncheon. Thank you for your understanding.

### Openings on Parish Council



Several parishioners will be going off Parish Council in June after serving several years. Elections will be held in a few months. If you have an interest in guiding and advising on the direction of the Parish and its activities, please consider a seat on the Council. Let Father Oscar or any Parish Council member know of your interest.



### Hall Rental Coordinator

We are seeking someone who is willing to take on the responsibility of handling rentals for our parish hall (van den Boogaard Center), which involves meeting potential renters, showing the hall, and help renters fill out the rental paper work. Please contact the parish office if interested in this ministry. Rentals are an important financial benefit to the Parish.

### Healing Service

On Thursday, June 1<sup>st</sup>, 7:00 pm. to 9:00 pm. at Saint Bede's Catholic Church on Ironbound Road in Williamsburg there will be a Healing Service.

Anyone can come.

We are boldly believing in miracles, signs and wonders! Expect the Holy Spirit to show up in power!



### May Crowns for Mother Mary Statues

#### Annual Diocesan Appeal

- >Your gift to the Annual Diocesan Appeal Strengthens Catholic Communities
- >Your gift to the Annual Diocesan Appeal Empowers the Next Generation
- >Your gift to the Annual Diocesan Appeal Provides for those in Need

#### • **May Crowns and Flower Donations for this Weekend of May 20<sup>th</sup> & May 21<sup>st</sup>**

- 3" Crown was Donated by Donna Geron in Loving Memory of Mildred Hite
- 6 ¼" Crown was Donated by The Liberato Family in Honor of Theresa Sferra (Karen Liberato's Beloved Mother)
- 6 ¼" Crown was Donated by Arlene Lasch & Richard Perry in Loving Memory of Their Mothers
- Flowers beside the Tabernacle were donated by Henry Franzyszen in Loving Memory of Natalee Franzyszen on the Anniversary of her Birthday.
- Flowers In Front of the Altar were donated by the Parish in Honor of Our Blessed Mother Mary.

#### Collections for May 13<sup>th</sup> & 14<sup>th</sup>, 2023

##### Week's Amount

Total Offertory	\$ 3,571
Votive Stand	\$ 59
<b>Total</b>	<b>\$ 3,630</b>

Budgeted weekly average parish need \$ 4,596

Restricted, Special Use, or Sent Out of Parish:

Capital Campaign	\$ 586
Facilities Repairs & Maintenance	\$ 200
OLBS Scholarship Fund	\$ 351
Poor Box	\$ 50

\*\*\*Thank You for Supporting our Parish\*\*\*

While May Crowns have all been taken by parishioners, you can still sponsor flowers for beside the Tabernacle and in front of the Altar. Please call the parish office at 804-843-3125, Tuesdays-Thursdays from 9:00am until 4:30pm. Or email Pam at [adminassistant@olbs-catholic.org](mailto:adminassistant@olbs-catholic.org).

#### Year of Grace and Divine Mercy

(From The Diary of St. Faustina)

##### Meditation:

When the confessor started talking to me, I did not understand a single word. Then I saw Jesus Crucified and He said to me, **It is in My Passion that you must seek light and strength** (Diary, 654).

##### My Prayer Response:

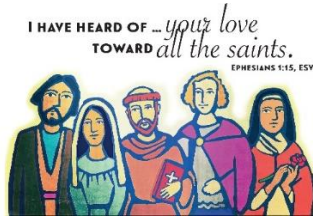
After the confession, I meditated on Jesus' terrible Passion, and I understood that what I was suffering was nothing compared to the Savior's Passion, and that even the smallest imperfection was cause of this terrible suffering. Then my soul was filled with very great contrition, and only then I sensed that I as in the sea of the unfathomable mercy of God. Oh, how few words I have to express what I am experiencing! I feel I am like a drop of dew engulfed in the depths of the bottomless ocean of divine mercy (Diary, 654).



Greg & Denise DePompeo	May 2, 1981
Pat & Wini Barron	May 14, 1966
Chris & Barbara Hite	May 15, 1982
Joe & Mary Pincus	May 15, 1993
Brian (BJ) & Hope Kopacki	May 17, 2008
Dexter & Pam Dix	May 24, 1992
Jim & Pattie Vadas	May 27, 1972



Our sincerest condolences to the Shaw family at the loss of Glenn's aunt, Linda Ridenhour. His smile will definitely be missed! Eternal rest grant unto her, O Lord, and let the perpetual light shine upon her.



**Saint of the Day**

Saint Rita of Cascia  
Feast day- May 22nd

Like Elizabeth Ann Seton, Rita of Cascia was a wife, mother, widow, and member of a religious community. Her holiness was reflected in each phase of her life. Born at Roccaporena in central Italy, Rita wanted to become a nun but was pressured at a young age into marrying a harsh and cruel man. During her 18-year marriage, she bore and raised two sons. After her husband was killed in a brawl and her sons had died, Rita tried to join the Augustinian nuns in Cascia. Unsuccessful at first because she was a widow, Rita eventually succeeded. Over the years, her austerity, prayerfulness, and charity became legendary. When she developed wounds on her forehead, people quickly associated them with the wounds from Christ's crown of thorns. She meditated frequently on Christ's passion. Her care for the sick nuns was especially loving. She also counseled lay people who came to her monastery. Beatified in 1626, Rita was not canonized until 1900. She has acquired the reputation, together with Saint Jude, as a saint of impossible cases. Many people visit her tomb each year.

**Attendance**

May 13 <sup>th</sup>	Saturday	5:30 pm Mass	97
May 14 <sup>th</sup>	Sunday	9:00 am Mass	154

**Priests for Life**

**Human Life Exalted**

Jesus prayed on the night before he died, "Father, give me the glory I had with you before the world began."

How is the glory he has in the Ascension different from the glory he had "before the world began?"

It differs only in that now, he has it in a human nature. Our humanity has been taken to the heights of heaven, fulfilling the destiny God intended for human life from the beginning.

Revelation 3:21 declares, "To the one who gains the victory, I will give the right to sit with me on my throne." God's plan for us is not just that we will gather around the throne or fall down before the throne, but that we will sit with him on the throne!

This hope extended to the human family by the Gospel is directly contradicted when the same human beings destined for the heights of heaven are attacked by violence, degraded in their dignity, or put to death by things like abortion.

The human nature Jesus brings to glory in the Ascension is the same human nature you and I share, and the same human nature that the babies in the womb share. Celebrating the Ascension in daily life means treating each human life as one destined to sit with Christ on his throne.



"I have set before you  
LIFE and DEATH ....  
CHOOSE LIFE so that  
you and your descendants may live."

Deuteronomy 30:19, NRSV

# WELCOME NEW PARISHIONERS

New members are asked to register at the Parish Office in the Mercy Center.

We invite all parishioners to join a ministry.  
Contact the Chairperson of the ministry or call the Parish Office at  
804.843.3125

<b>ALTAR LINENS</b> Linda Drexler <a href="mailto:vintagenotes@verizon.net">vintagenotes@verizon.net</a>	843-2541
<b>ALTAR SERVERS</b> Joe Drexler <a href="mailto:liturgychair@olbs-catholic.org">liturgychair@olbs-catholic.org</a>	843-2541
<b>ARTS &amp; ENVIRONMENT</b> Rowena & Tom Fauber <a href="mailto:artsenvironment@olbs-catholic.org">artsenvironment@olbs-catholic.org</a>	725-6110
<b>BELL CHOIR</b>	
<b>CANTORS/CHOIR</b> Leda Zaginaylo <a href="mailto:music@olbs-catholic.org">music@olbs-catholic.org</a>	757 870-2516
<b>CEMETERY COMMITTEE</b> Gary Silvia <a href="mailto:cemeterychair@olbs-catholic.org">cemeterychair@olbs-catholic.org</a>	757-303-8576
<b>CHURCH HISTORIAN</b> Linda Drexler <a href="mailto:historian@olbs-catholic.org">historian@olbs-catholic.org</a>	843-2541

<b>CLEANING COORDINATOR</b>	
<b>FACILITIES COMMITTEE</b> Jim Pyne <a href="mailto:facilitieschair@olbs-catholic.org">facilitieschair@olbs-catholic.org</a>	
<b>FINANCE COMMITTEE</b> Richard Duke <a href="mailto:financechair@olbs-catholic.org">financechair@olbs-catholic.org</a>	843-3125
<b>HISPANIC MINISTRY</b> Nanci Hernandez Jose Velasquez <a href="mailto:hispanicministry@olbs-catholic.org">hispanicministry@olbs-catholic.org</a>	
<b>HOSPITALITY</b> Glenn & Kay Shaw	843-3476
<b>JUSTICE &amp; PEACE</b>	
<b>KNIT, PURL &amp; PRAY</b>	
<b>LAWN MOWING COMMITTEE</b> Eric Ellingson <a href="mailto:ericellingson@verizon.net">ericellingson@verizon.net</a>	843-2184

<b>LIBRARY</b> Linda Drexler <a href="mailto:vintagenotes@verizon.net">vintagenotes@verizon.net</a>	843-2541
<b>LITURGY COMMITTEE</b> Joe Drexler <a href="mailto:liturgychair@olbs-catholic.org">liturgychair@olbs-catholic.org</a>	843-2541
<b>MINISTRY SCHEDULING</b> Pattie Vadas <a href="mailto:pbv0806@yahoo.com">pbv0806@yahoo.com</a>	843-4082
<b>OFFICE VOLUNTEERS</b> Margaret Varboncoeur	843-2867
<b>PARISH COUNCIL</b> Tiffany Smith <a href="mailto:parishchair@olbs-catholic.org">parishchair@olbs-catholic.org</a>	840-7984
<b>SACRISTAN</b> Joe Drexler David Seckora, <i>Sacristan Emeritus</i> Marguerite Sturtz, <i>Sacristan Emerita</i>	843-2541
<b>YOUTH MINISTRY</b> Erin Hayden <a href="mailto:DRE@olbs-catholic.org">DRE@olbs-catholic.org</a>	

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(804) 366-4124