

OUR LADY OF THE BLESSED SACRAMENT CATHOLIC CHURCH

3570 KING WILLIAM AVENUE, WEST POINT VA 23181

MASS SCHEDULE

WEEKENDS: SATURDAY 5:30 P.M.

SUNDAY 9:00 A.M.

11:30 A.M. (SPANISH MASS)

WEEKDAYS: 8:30 A.M. Tuesday - Friday

HOLIDAYS: 8:30 A.M. & 7:00 P.M.



PARISH OFFICES at the MERCY CENTER

207 W. Euclid Blvd., West Point, VA 23181

Phone: 843-3125

Fax: 843-9158

Office Hours: T W Th 9:00 a.m. - 4:30 p.m.

Parish e-mail : olbs@olbs-catholic.org

Parish Web address: www.olbs-catholic.org

PASTOR

Rev. Oscar Paraiso

757-778-5118

Rectory

843-4231

Office

843-3125 ext 102

Email: oparaiso@richmonddiocese.org

ADMINISTRATIVE ASSISTANT

Pam Watkins

843-3125 ext 101

Hours: T-W-Th 9:00 a.m. - 4:30 p.m.

Email: adminassistant@olbs-catholic.org

BUSINESS MANAGER

843-3125 ext 104

Bob Ryalls

757 207-0215

E-mail: businessmgr@olbs-catholic.org

COORDINATOR of CHRISTIAN FORMATION

Erin Hayden

843-3125 ext 103

Email: DRE@olbs-catholic.org

MUSIC DIRECTOR

Leda Zaginaylo

757 870-2516

Email: music@olbs-catholic.org

PRESCHOOL TEACHER/DIRECTOR

Vangy Lawson

843-4177

Email: preschool@olbs-catholic.org

GOOD NEIGHBOR CENTER

Frances Thornton

843-4339

Hours: M 10 am - 2 pm

W 12:30 pm - 2:30 p.m.

van den BOOGAARD HALL RENTALS

Janice McGowan

843-2870

Email: hallrentals@olbs-catholic.org

SACRAMENT of RECONCILIATION

Saturday 5:00 p.m.

Also by appointment

EUCCHARISTIC ADORATION

Monday and Tuesday

Mercy Center Chapel

First Friday Adoration in the church

6:00 p.m. - 9:00 p.m.

RECITATION of the MOST HOLY ROSARY

6:30 p.m. Every Friday in the church

OUTREACH

A food basket and donation box are in the church entry. Your donations provide the means to give direct help to the needy. We collect food on the first weekend of the month.

INFANT BAPTISM

Parent preparation classes are required for each couple planning to have their baby baptized. To schedule a preparation session, please call the church office.

MARRIAGE

OLBS sponsors a preparation program for couples who intend to marry. The Pastor must be contacted at least six months prior to the date of the wedding.

RECEPTION into the CHURCH

Those inquiring into the Catholic Faith or seeking communion with the Church are invited to contact the Parish Office. Rite of Christian Initiation of Adults (RCIA) is offered.

The mission of Our Lady of the Blessed Sacrament Catholic Church, centered in the Eucharist, is to love God and His people and to extend His love to others through service and prayer.

THE FIFTH SUNDAY IN ORDINARY TIME

February 4th & 5th, 2023

Saturday, February 4th

- 5:00 pm Sacrament of Reconciliation
5:30 pm Mass Offered for Tommy Sturtz, Jr. (RIP)
Anniversary of Death Feb. 5th
Requested by Marguerite Sturtz &
Family

Sunday, February 5th

- 9:00 am Mass Offered for Carol Houser and
Jose Castaneda for Their Healing
Requested by Arlene Lasch
10:15 am Religious education classes for
Children & Adult faith formation
11:30 am Spanish Mass
6:30 pm Youth Group at the VDB Hall

Monday, February 6th

- No Mass
12pm-10pm Adoration in Chapel
7:00 pm Knights of Columbus (Knights Hall)

Tuesday, February 7th

- 8:30 am Mass Offered for Joseph Pausic (RIP)
Anniversary of Death
Requested by Mike & Nancy Pausic
4:30 pm Adult Faith Formation (Mercy Center)
12pm-10pm Adoration in Chapel

Wednesday, February 8th

- 8:30 am Mass Offered for Richard & Anna
Kozlowski (RIP)
Requested by Linda & Joe Drexler

Thursday, February 9th

- 8:30 am Mass – No Mass Intention

Friday, February 10th

- 8:30 am Mass – No Mass Intention
6:30 pm Most Holy Rosary

Saturday, February 11th

- 5:00 pm Sacrament of Reconciliation
5:30 pm Mass Offered for Marguerite Sturtz
For Birthday Blessings!
Requested by Marguerite's Family

Sunday, February 12th

- 9:00 am Mass – No Mass Intention
10:15 am Religious education classes for
Children & Adult faith formation

you
are the
LIGHT
of the
WORLD.
-MATTHEW 5:14

Feast of Saint Blaise

The Feast of St. Blaise is on February 3rd this year. Father Oscar will be Blessing throats after each of the Masses on the weekend of February 4th & 5th.

Requesting Old Palms

Please bring any old palms you might have and put in the basket at the back of the Church. Each year, these palms are burned to create our ashes for Ash Wednesday. Please bring them in by the weekend of February 11th & 12th.

Notice: Good Neighbor Center

The Good Neighbor Center is unable to accept donations of Food at this time. Please hold all donations for now. They will resume accepting donations again as soon as possible. Thank you for your cooperation and generosity.

Altar Flowers

If you are interested in ordering flowers for the altar, please call the parish office to let Pam know what weekend and whether or not you will be bringing the flowers in or need her to order for you.

You can do either the flowers on both sides of the Tabernacle or those in front of the Altar or both.

The Parish office is open Tuesdays, Wednesdays, and Thursdays from 9:00am until 4:30pm.

Hearing Assistance

If you are having difficulty hearing the Mass in Church, speak with one of the ushers, as the parish has purchased hearing assistance devices for our parishioners.

FAITH FORMATION

Religious Education

Religious Education & Adult Bible Study

Start your year with a new good habit! Join us for Bible Study @ 10:15 am at the hall on Sundays or Tuesday nights, 4:30 pm. @ the Mercy Center conference room. Bible study group is a great way to learn and grow in your faith. It also builds a great bond with parish family.



Youth Ministry: Welcome Back!

Youth Group

Our next Youth Group will meet @ the hall on February 5th @ 6:30 pm.

Any middle school and high school student from 6th- 12th grade are invited to attend!

Divine Mercy Retreat

What's the big deal about Divine Mercy Sunday? What does this mean for us? St. Faustina's mission was to share His message of Mercy and it is one to listen to.

Mark your calendar off for Saturday, March 11th, 9 am. to 12:00 noon. Please sign up on the table in the back or by calling the office. Our day of retreat will be a wonderful and spiritual learning experience for us all! Brunch will be served. This day will have you well prepared for receiving the gift of Divine Mercy and the power of praying the Divine Mercy for others.

"Before I come as the Just Judge, I am coming first as the King of Mercy." St. Faustina's (Diary, 83)

Lenten Bible Study Retreat

Join us every Wednesday, beginning March 1st to March 29th, 6:00 pm.- 8:00 pm. for a Lenten Bible study and reflection on the most Blessed Sacrament. The study is "Lectio: Eucharist," with Dr. Brant Pitre. We will learn, discuss and break bread together! (A small fasting meal).

Please Sign up, we want to make sure we have your spot prepared. Sign up is on the \$5 book table or you may call the office: 804-843-3125.



Save the Dates-

Every Wednesday of March:

March 1st to March 29th @ 6:00 pm.

A Lenten Bible Retreat on the Eucharist. We will share a Lenten meal of bread and broth.

March 11th: Saturday Retreat on Divine Mercy (Know the gift and be ready to receive it on Divine Mercy Sunday).

May 27th: Tea with the Blessed Mother (Interested in Hosting? Call Erin @ the office)

From OLBS Preschool:

Hello Church family! The preschool is experiencing a wonderful year so far. Fall enrollment for next school year will be opening to the Church on February 14th. Please reach out to the preschool for a registration form. Our 3-year-old and 4-year-old programs are wonderful. The preschool number is 804-843-4177 or you can call the Church office for more information.

preschool registration





Knights of Columbus

(Jerry) & Debbie Johnson January 4, 1972
 Quan & Sandy Dinh January 18, 2020
 Bill & Edwina Madigan January 28, 1967

(James) & Donna Geron February 7, 1970
 (Robert) & Cheryl Servonsky February 10, 1973
 Sol & Annabelle Vidal February 10, 2001
 (Henry J, Jr.) & Marian Kopacki February 13, 1949
 (Charles) & Margaret Varboncoeur February 23, 1957
 (Ed) & Virginia Kopacki February 24, 1952

The Year of Grace, with Divine Mercy
 From the Diary of St. Faustina

Pray for Your Enemies

Meditation:

My daughter, in this meditation, consider the love of neighbor. Is your love for your neighbor guided by My love? Do you pray for your enemies? Do you wish well to those who have, in one way or another, caused you sorrow or offended you? Know that whatever good you do to any soul, I accept it as if you had done it to Me (Diary, 1768).

My Prayer Response: Lord Jesus, help me to pray for my enemies and for those who have caused me sorrows. Teach me to live Your word: "Whatever you did for one of these least brothers of Mine, you did for Me" (Mt. 25:40)

(Want to learn more about the Feast of Divine Mercy? Join the Retreat on March 11th from 9 am.- 12 pm. @ our VDB hall. More information to come)

Annual Diocesan Appeal Begins

Your gift to the Annual Diocesan Appeal Strengthens
 Catholic Communities

Your gift to the Annual Diocesan Appeal Empowers the Next
 Generation

Your gift to the Annual Diocesan Appeal Provides for those
 in Need

The parish sharing formula for the 2023 Appeal is as follows:
 Non-mission parishes receive 20% for anything collected up to each parish's target and 50% for anything collected over target.

Knights' Friday Lenten Dinners

The Knights' have scheduled three Friday Lenten dinners:

Friday, February 24 th	Fish Dinner
Friday, March 17 th	Shrimp Dinner
Friday, March 31 st	Crab Cake Dinner

Please mark your calendars!

Becoming a Knight

Father Jakubowski Council 8116 always welcomes practicing Catholic men (18 and older) to join. You can either talk to one of the Knights or simply complete an online application. Go to www.kofc.org/secure/en/join/join-kofc.html.

Knights of Columbus Insurance

Do you have life insurance, long-term care insurance, an annuity, or other retirement needs? Knights of Columbus had their origins in 1882 to help those in need, especially to for working class families if something happened to the family provider. Knights' members can get a free consultation with our local insurance agent, Todd Curtis, by contacting him at 866-868-1492.

Collections for January 28th & 29th, 2023

Week's Amount

Parish Operations	\$ 3,418
Votive candles	\$ 23
Total	\$ 3,441
Budgeted weekly average parish need	\$ 4,596
Restricted, Special Use, or Sent Out of Parish:	
Capital Campaign	\$ 1,665
Respect Life Diocesan Collection	\$ 80
Poor Box	\$ 91

Thank You for Supporting our Parish

Attendance

January 28 th	Saturday	5:30 pm Mass	62
January 29 th	Sunday	9:00 am Mass	118

No Spanish Mass

Priests for Life

Abortion Survivors

Child psychiatrist Philip Ney relates, "A woman reported telling her nine-year old son about her abortion, which had taken place years before he was born. He said, 'I knew, Mom, that there was something wrong. I always have nightmares about knives and my mother killing me. I have an imaginary brother who wants to kill me. If you had not aborted the other, would you have aborted me?'" (Abortion Survivors, p.36).

This is a story repeated more times than most people realize, and representing a societal and pastoral problem whose proportions are greater today than at any previous time in history: the phenomenon of tens of millions of abortion survivors.

It is clear that abortion's primary victim is the child who is killed. It has also become increasingly clear that to kill the child is to harm the mother and father as well. What is not always so well known, however, is that abortion makes its impact felt on those who have had a sibling aborted, and that this impact is felt in surprising and astonishing ways, which also have wider implications for the whole of society.

Saint of the Week

St. Scholastica

Feast Day February 10

St. Scholastica, sister of St. Benedict, consecrated her life to God from her earliest youth.

After her brother went to Monte Cassino, where he established his famous monastery, she took up her abode in the neighborhood at Plombariola, where she founded and governed a monastery of nuns, about five miles from that of St. Benedict, who, it appears, also directed his sister and her nuns.

She visited her brother once a year. She was not allowed to enter his monastery, so he went in company with some of his brethren to meet her at a house some distance away. These visits were spent in conferring together on spiritual matters. On one occasion they had passed the time as usual in prayer and pious conversation and in the evening they sat down to take their reflection. St. Scholastica begged her brother to remain until the next day. St. Benedict refused to spend the night outside his monastery. She had recourse to prayer and a furious thunderstorm burst so that neither St. Benedict nor any of his companions could return home. They spent the night in spiritual conferences. The next morning, they parted to meet no more on earth.

Three days later St. Scholastica died, and her holy brother beheld her soul in a vision as it ascended into heaven. He sent his brethren to bring her body to his monastery and laid it in the tomb he had prepared for himself. She died about the year 543, and St. Benedict followed her soon after.

Gender Identity Trainings

Over the past several years, the amount of question relating Gender identity has steadily increased. People often don't know where to turn for answers and don't know how to respond when faced with sensitive situation in their families or faith communities. Mary Rice Hasson is a leading Catholic speaker on the topic of Gender identity. She has served as a keynote speaker around the country and at the Vatican. Mary is also a co-founder of the Person and Identity Project, which aims to promote an authentic vision of the human person to counter gender ideology. The Office of Evangelization is excited to provide several opportunities for people to hear from Mary in March of 2023. Staff and parent sessions are offered separately.

Parent sessions-

Our parent session will be specifically for parents and guardians of teens and children. We ask that people refrain from bringing their teens and children to the session. We strongly recommend that you register for the parent session, however we will accept walk-ins. By registering in advance, you allow us to ensure we have the proper amount of handouts, chairs, and refreshments.

Parent Sessions will be at the following locations:

Sunday, March 5th (6:30-8:00 pm.) at Saint Michael Catholic Church, Glen Allen

Tuesday, March 7th (7:00-8:30 pm.) at the Church of the Incarnation, Charlottesville

Wednesday, March 8th (7:00-8:30 pm.) at Our Lady of Mount Carmel, Newport News

Register at: Office of Evangelization Catholic Diocese of Richmond



ISAIAH 58:10, NRSV



IN OUR
Thoughts and Prayers

February 2023 Prayers for Healing & Good Health

Cheryl Antal
Jerry Armstead
Linda Blevins
Vuong Bui
Linda Burch
Katherine Carson
Jose Castaneda
Meredith Crowe
Lydia Dehn
Vincent D'elia
Denise DePompeo

Dexter Dix
Laurie Hite
Tom Hollowack
Carol Houser
Kendra Hunter
Gloria Kojcsich
Bonnie Kopacki
Melissa Leger
Philip Liberato
Lenny Ramlano
John Ross

Barbara Schaffer
Gloria Wajciechowski
Frank & Beverly Watkins
Bill Webster
Steve Weems
James Wills
Andrea Berberich Wilson
Leda Zaginaylo
Abby Zwerner

Prayers for Those in the Military

Please note that in January, the prayer list began anew. If you wish to put someone on the list, for the year 2023, you will need to call the parish office (804) 843-3125 to have that person's name put on the prayer list.

WELCOME NEW PARISHIONERS

New members are asked to register at the Parish Office in the Mercy Center.

We invite all parishioners to join a ministry.
Contact the Chairperson of the ministry or call the Parish Office at
804.843.3125

ALTAR LINENS
Linda Drexler 843-2541
vintagenotes@verizon.net

ALTAR SERVERS
Joe Drexler 843-2541
liturgychair@olbs-catholic.org

ARTS & ENVIRONMENT
Rowena & Tom Fauber 725-6110
artsenvironment@olbs-catholic.org

BELL CHOIR

CANTORS/CHOIR
Leda Zaginaylo 757 870-2516
music@olbs-catholic.org

CEMETERY COMMITTEE
Gary Silvia 757-303-8576
cemeterychair@olbs-catholic.org

CHURCH HISTORIAN
Linda Drexler 843-2541
historian@olbs-catholic.org

CLEANING COORDINATOR

FACILITIES COMMITTEE
Jim Pyne
facilitieschair@olbs-catholic.org

FINANCE COMMITTEE
Richard Duke 843-3125
financechair@olbs-catholic.org

HISPANIC MINISTRY
Nanci Hernandez
Jose Velasquez
hispanicministry@olbs-catholic.org

HOSPITALITY
Glenn & Kay Shaw 843-3476

JUSTICE & PEACE

KNIT, PURL & PRAY

LAWN MOWING COMMITTEE
Eric Ellingson 843-2184
ericellingson@verizon.net

LIBRARY
Linda Drexler 843-2541
vintagenotes@verizon.net

LITURGY COMMITTEE
Joe Drexler 843-2541
liturgychair@olbs-catholic.org

MINISTRY SCHEDULING
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PARISH COUNCIL
Tiffany Smith 840-7984
parishchair@olbs-catholic.org

SACRISTAN
Joe Drexler 843-2541
David Seckora, Sacristan Emeritus
Marguerite Sturtz, Sacristan Emerita

YOUTH MINISTRY
Erin Hayden
DRE@olbs-catholic.org

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3531 N. COURTHOUSE RD
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(804)966-1600

Father Jakubowski Council #8116



*New Members Welcomed
*Hall Rental Available

Contact
Janice McGowan
(804) 366-4124