

OUR LADY OF THE BLESSED SACRAMENT CATHOLIC CHURCH

3570 KING WILLIAM AVENUE, WEST POINT VA 23181

MASS SCHEDULE

WEEKENDS: SATURDAY 5:30 P.M.

SUNDAY 9:00 A.M.

11:30 A.M. (SPANISH MASS)

WEEKDAYS: 8:30 A.M. Tuesday - Friday

HOLIDAYS: 8:30 A.M. & 7:00 P.M.



PARISH OFFICES at the MERCY CENTER

207 W. Euclid Blvd., West Point, VA 23181

Phone: 843-3125

Fax: 843-9158

Office Hours: T W Th 9:00 a.m. - 4:30 p.m.

Parish e-mail : olbs@olbs-catholic.org

Parish Web address: www.olbs-catholic.org

PASTOR

Rev. Oscar Paraiso

757-778-5118

Rectory

843-4231

Office

843-3125 ext 102

Email: oparaiso@richmonddiocese.org

ADMINISTRATIVE ASSISTANT

Pam Watkins

843-3125 ext 101

Hours: T-W-Th 9:00 a.m. - 4:30 p.m.

Email: adminassistant@olbs-catholic.org

BUSINESS MANAGER

843-3125 ext 104

Bob Ryalls

757 207-0215

E-mail: businessmgr@olbs-catholic.org

COORDINATOR of CHRISTIAN FORMATION

Erin Hayden

843-3125 ext 103

Email: DRE@olbs-catholic.org

MUSIC DIRECTOR

Leda Zaginaylo

757 870-2516

Email: music@olbs-catholic.org

PRESCHOOL TEACHER/DIRECTOR

Vangy Lawson

843-4177

Email: preschool@olbs-catholic.org

GOOD NEIGHBOR CENTER

Frances Thornton

843-4339

Hours: M 10 am - 2 pm

W 12:30 pm - 2:30 p.m.

van den BOOGAARD HALL RENTALS

Janice McGowan

843-2870

Email: hallrentals@olbs-catholic.org

SACRAMENT of RECONCILIATION

Saturday 5:00 p.m.

Also by appointment

EUCCHARISTIC ADORATION

Monday and Tuesday

Mercy Center Chapel

First Friday Adoration in the church

6:00 p.m. - 9:00 p.m.

RECITATION of the MOST HOLY ROSARY

6:30 p.m. Every Friday in the church

OUTREACH

A food basket and donation box are in the church entry. Your donations provide the means to give direct help to the needy. We collect food on the first weekend of the month.

INFANT BAPTISM

Parent preparation classes are required for each couple planning to have their baby baptized. To schedule a preparation session, please call the church office.

MARRIAGE

OLBS sponsors a preparation program for couples who intend to marry. The Pastor must be contacted at least six months prior to the date of the wedding.

RECEPTION into the CHURCH

Those inquiring into the Catholic Faith or seeking communion with the Church are invited to contact the Parish Office. Rite of Christian Initiation of Adults (RCIA) is offered.

The mission of Our Lady of the Blessed Sacrament Catholic Church, centered in the Eucharist, is to love God and His people and to extend His love to others through service and prayer.

THE SIXTH SUNDAY IN ORDINARY TIME

February 11th & 12th, 2023

Saturday, February 11th

5:00 pm Sacrament of Reconciliation
5:30 pm Mass Offered for Marguerite Sturtz
For Birthday Blessings!
Requested by Marguerite's Family

Sunday, February 12th

9:00 am Mass – No Mass Intention
10:15 am Religious education classes for
Children & Adult faith formation

Monday, February 13th

No Mass
12pm-10pm Adoration in Chapel

Tuesday, February 14th

8:30 am Mass Offered for Dr. & Mrs. Eugene
Trudeau (RIP)
Requested by Edna Trudeau
4:30 pm Adult Faith Formation (Mercy Center)
12pm-10pm Adoration in Chapel

Wednesday, February 15th

11:00 am Mass – No Mass Intention
12:00 pm Senior Luncheon at Anna's Italian
Restaurant in West Point

Thursday, February 16th

8:30 am Mass – No Mass Intention
11:00-3:00 Deanery 5 Plenary Meeting
Church of the Visitation, Topping, VA

Friday, February 17th

8:30 am Mass – No Mass Intention
6:30 pm Most Holy Rosary

Saturday, February 18th

5:00 pm Sacrament of Reconciliation
5:30 pm Mass Offered for Lillian Laverne Tucker
(RIP)
Requested by The Watkins Family

Sunday, February 19th

9:00 am Mass – No Mass Intention
10:15 am Religious education classes for
Children & Adult faith formation
11:30 am Spanish Mass
6:30 pm Youth Group at the VDB Hall

Ash Wednesday Observance

Ash Wednesday is on Wednesday, February 22nd. Two Masses will be offered – one in the morning at 8:30am and one in the evening at 7:00pm. Prepare yourself for a meaningful Lenten journey with our Ash Wednesday Mass.

Lenten Reconciliation Service

Please mark your calendars for Tuesday, March 7th for our Lenten Reconciliation Service at 7:00pm. Father Oscar will have two other priests to help him hear our confessions. Please plan to attend and prepare yourself for the Resurrection of our Lord.

OLBS Friday Lenten Services

On each Friday during Lent in the Church, we will have the Holy Rosary at 6:30pm followed by the Stations of the Cross at 7:00pm. The following Groups are asked to host/lead the Stations of the Cross on their given date. Please let Father Oscar & Joe Drexler know if you are able to help on the date your group is scheduled.

February 24th – The Liturgy Committee

March 3rd – The Knights of Columbus

March 10th – Parish Council

March 17th – Hispanic Community

March 24th – Finance Council

March 31st – Cemetery Committee

April 7th – 3:00 pm Stations – Father Oscar

Ministerial Association Lenten Soup & Sermon

The West Point Ministerial Assoc. has announced the return of its annual Lenten Soup & Sermon Schedule which will be held at St. John's Episcopal Church, on Main Street, each Wednesday of Lent at 11:00am with meal & fellowship to follow. OLBS will share the responsibility of providing soup/desserts on March 22nd. A volunteer to help coordinate our support for this session is needed. If you can assist in this effort, please contact the office as soon as possible. Thank you.

FAITH FORMATION

Religious Education

Religious Education & Adult Bible Study

Start your year with a new good habit! Join us for Bible Study at 10:15 am at the hall on Sundays or Tuesday afternoon at 4:30 pm. in the Mercy Center conference room. Bible study group is a great way to learn and grow in your faith. It also builds a great bond with parish family.

Youth Group

Any middle school and high school student from 6th- 12th grade are invited to attend!
Our next Youth Group meeting will be Sunday February 19th at the Boogaard Hall at 6:30 pm.

Divine Mercy Retreat

What's the big deal about Divine Mercy Sunday? What does this mean for us? St. Faustina's mission was to share His message of Mercy and it is one to listen to.

Mark your calendar off for Saturday, March 11th, 9 am. to 12:00 noon. Please sign up on the table in the back or by calling the office. Our day of retreat will be a wonderful and spiritual learning experience for us all! Brunch will be served. This day will have you well prepared for receiving the gift of Divine Mercy and the power of praying the Divine Mercy for others.

"Before I come as the Just Judge, I am coming first as the King of Mercy." St. Faustina's (Diary, 83)

Lenten Bible Study Retreat

Join us every Wednesday, beginning March 1st to March 29th, 6:00 pm.- 8:00 pm. for a Lenten Bible study and reflection on the most Blessed Sacrament. The study is "Lectio: Eucharist," with Dr. Brant Pitre. We will learn, discuss and break bread together! (A small fasting meal).

Please Sign up, we want to make sure we have your spot prepared. Sign up is on the \$5 book table or you may call the office: 804-843-3125.



Save the Dates-

Every Wednesday of March:

March 1st to March 29th @ 6:00 pm.

A Lenten Bible Retreat on the Eucharist.
We will share a Lenten meal of bread and broth.

March 11th: Saturday Retreat on Divine Mercy (Know the gift and be ready to receive it on Divine Mercy Sunday).

May 27th: Tea with the Blessed Mother (Interested in Hosting? Call Erin @ the office)



FORMED Is Still Free to Parishioners

Focus your camera on the QR Code on one of the cards from the table from the back of the church and scan the Code to get to the sign-up page for FORMED, enter our parish zip code or name. You'll find a wealth of Catholic movies, programs, and even many of Bishop Fulton J. Sheen's television programs which captured a national audience of Catholics and non-Catholics in his day!

From OLBS Preschool:

Hello Church family! The preschool is experiencing a wonderful year so far. Fall enrollment for next school year will be opening to the Church on February 14th. Please reach out to the preschool for a registration form. Our 3-year-old and 4-year-old programs are wonderful. The preschool number is 804-843-4177 or you can call the Church office for more information.

preschool registration



Reminder to Those Attending Annual Deanery 5 Meeting

Attending the Deanery 5 Plenary Session (7 parishes) from our Parish are Pat Barron, Jim Vadas, Jim Pyne, Bob Ryalls, Joe Pincus, Joe Drexler, Linda Drexler, Lyn LaPaglia (Music Director), Erin Hayden, Salvatore Inga, and Fr Oscar Paraiso.

What: Deanery 5 Plenary Sessions

When: Thursday, February 16th (Thursday) 11am-3pm

Where: Church of the Visitation, 8462 General Puller Highway, Topping, VA (Middlesex County)

Attendees represent the different parish committees. We plan to meet at 10:15 am at the church parking lot to car pool.

Requesting Old Palms

Please bring any old palms you might have and put in the basket at the back of the Church. Each year, these palms are burned to create our ashes for Ash Wednesday. Please bring them in by the weekend of February 11th & 12th.

Notice: Good Neighbor Center

The Good Neighbor Center is unable to accept donations of Food at this time. Please hold all donations for now. They will resume accepting donations again as soon as possible. Thank you for your cooperation and generosity.

A Message to All the Fine Parishioners of OLBS:

As we approach the season of Lent followed by a joyous Easter celebration, I welcome singers and/or cantors, instrumentalists, and bell ringers of all ages; experience is not a requirement. Families and individuals are invited to "make a joyful noise to the Lord"!

Many thanks,

Lyn LaPaglia, Director of Music

music@olbs-catholic.org

(804) 690-9942

Welcome Our New Director of Music

It is a pleasure to introduce our new director of music, Lyn LaPaglia. Lyn has enjoyed an active career in music, teaching students of all ages in piano, violin, viola, cello, string bass, voice, and organ. In addition, she continues to train string ensembles and orchestras and church choirs.

She received her baccalaureate and graduate level training at Westminster Choir College, Princeton, New Jersey, with intensive studies in voice, organ, strings, and conducting. While at Westminster, she performed in the symphonic choir with the New York Philharmonic Orchestra, the Philadelphia Orchestra, American Symphony Orchestra, National Symphony Orchestra, and the Pittsburgh Symphony Orchestra, then under the direction of conductors Leopold Stokowski, Leonard Bernstein, Eugene Ormandy, and others. Previous to her experience at the Academy of Music, Ms. LaPaglia taught strings/orchestra in Richmond Public Schools. She has also been a member of the Petersburg Symphony.

She has been a soprano section leader in the Cathedral Choir of the Sacred Heart, performing regularly with the Richmond Symphony. She has also been Director of Music and organist in several Richmond churches.



(James) & Donna Geron	February 7, 1970
(Robert) & Cheryl Servonsky	February 10, 1973
Sol & Annabelle Vidal	February 10, 2001
(Henry J, Jr.) & Marian Kopacki	February 13, 1949
(Charles) & Margaret Varboncoeur	February 23, 1957
(Ed) & Virginia Kopacki	February 24, 1952

Annual Diocesan Appeal Begins

The official start of this year's Diocesan Annual Appeal will be at the Announcement Weekend on February 18-19.

Your gift to the Annual Diocesan Appeal Strengthens Catholic Communities

Your gift to the Annual Diocesan Appeal Empowers the Next Generation

Your gift to the Annual Diocesan Appeal Provides for those in Need

The parish sharing formula for the 2023 Appeal is as follows:
Non-mission parishes, such as OLBS, receive 20% for anything collected up to each parish's target and 50% for anything collected over target.



Knights of Columbus

Knights' Friday Lenten Dinners

The Knights' have scheduled three Friday Lenten dinners:

- Friday, February 24th Fish Dinner
- Friday, March 17th Shrimp Dinner
- Friday, March 31st Crab Cake Dinner

Please mark your calendars!
Call 804-512-9701 for tickets.

Thank you to all who bought BBQ dinners and helped cook and package the dinners on Saturday, January 28th at the Knights of Columbus Fund Raiser!

Becoming a Knight

Father Jakubowski Council 8116 always welcomes practicing Catholic men (18 and older) to join. You can either talk to one of the Knights or simply complete an online application. Go to www.kofc.org/secure/en/join/join-kofc.html.

Knights of Columbus Insurance

Do you have life insurance, long-term care insurance, an annuity, or other retirement needs? Knights of Columbus had their origins in 1882 to help those in need, especially to for working class families if something happened to the family provider. Knights' members can get a free consultation with our local insurance agent, Todd Curtis, by contacting him at 866-868-1492.

Collections for February 4th & 5th, 2023

Week's Amount

Parish Operations	\$ 4,120
Supplemental Collection	\$ 60
Ash Wednesday	<u>\$ 25</u>
Total	<u>\$ 4,205</u>
Budgeted weekly average parish need	\$ 4,596
Restricted, Special Use, or Sent Out of Parish:	
Capital Campaign	\$ 9,200
Preschool Assistance	\$ 50
Facilities Repairs & Maintenance Fund	\$ 291

Thank You for Supporting our Parish

Attendance

February 4 th	Saturday	5:30 pm Mass	76
February 5 th	Sunday	9:00 am Mass	104
		Spanish Mass 11:30 am	42

Priests for Life

Pope Benedict's Encyclical - "God is Love"

Pope Benedict XVI said the following words in his first encyclical letter "God is Love": In sacramental communion I become one with the Lord, like all the other communicants. As Saint Paul says, "Because there is one bread, we who are many are one body, for we all partake of the one bread" (1 Cor 10:17). "Union with Christ is also union with all those to whom he gives himself. I cannot possess Christ just for myself; I can belong to him only in union with all those who have become, or who will become, his own. ... Love of God and love of neighbor are now truly united: God incarnate draws us all to himself. ... Here the usual contraposition between worship and ethics simply falls apart. 'Worship' itself, Eucharistic communion, includes the reality both of being loved and of loving others in turn. A Eucharist which does not pass over into the concrete practice of love is intrinsically fragmented" (n. 14).

These words remind us of our calling to love all our neighbors, born and unborn.

Saint of the Week

St. Gilbert of Sempringham
Feast Day February 16

Gilbert was born in Sempringham, England, into a wealthy family, but he followed a path quite different from that expected of him as the son of a Norman knight. Sent to France for his higher education, he decided to pursue seminary studies. He returned to England not yet ordained a priest, and inherited several estates from his father. But Gilbert avoided the easy life he could have led under the circumstances. Instead, he lived a simple life at a parish, sharing as much as possible with the poor. Following his ordination to the priesthood he served as parish priest at Sempringham.

Among the congregation were seven young women who had expressed to him their desire to live in religious life. In response, Gilbert had a house built for them adjacent to the Church. There they lived an austere life, but one which attracted ever more numbers; eventually lay sisters and lay brothers were added to work the land. The religious order formed eventually became known as the Gilbertines, though Gilbert had hoped the Cistercians or some other existing order would take on the responsibility of establishing a rule of life for the new order. The Gilbertines, the only religious order of English origin founded during the Middle Ages, continued to thrive. But the order came to an end when King Henry VIII suppressed all Catholic monasteries.

Over the years a special custom grew up in the houses of the order called "the plate of the Lord Jesus." The best portions of the dinner were put on a special plate and shared with the poor, reflecting Gilbert's lifelong concern for less fortunate people. Throughout his life, Gilbert lived simply, consumed little food, and spent a good portion of many nights in prayer. Despite the rigors of such a life he died at well over age 100.

The Year of Grace, with Divine Mercy From the Diary of St. Faustina

Pray for Your Enemies

Meditation:

That evening, I remained in the chapel a little longer. I talked to the Lord about a certain soul. Encouraged by His goodness, I said, "Jesus, You gave me this Father who understands my inspirations, and now You are taking him away from me again. What am I going to do in this Vilnius? I don't know anyone there, and even the dialect of the people there is foreign to me." And the Lord said to me, **Do not fear; I will not leave you to yourself.** My soul drowned itself in a prayer of thanksgiving for all the graces that the Lord had granted me through the meditation of Father Andrasz. Suddenly, I remembered the vision in which I had seen that priest

between the confessional and the altar, trusting that I would meet him (Fr. Sopocko) some day. And the words I had heard came back vividly: **He will help you to fulfill My will here on earth** (Diary, 258).

My Prayer Response:

Lord Jesus, that You for providing two holy and knowledgeable priests as spiritual directors to St. Faustina.

(Want to learn more about the Feast of Divine Mercy? Join the Retreat on March 11th from 9 am.- 12 pm. @ our VDB hall. More information to come)

Gender Identity Training

Over the past several years, the amount of question relating Gender identity has steadily increased. People often don't know where to turn for answers and don't know how to respond when faced with sensitive situation in their families or faith communities. Mary Rice Hasson is a leading Catholic speaker on the topic of Gender identity. She has served as a keynote speaker around the country and at the Vatican. Mary is also a co-founder of the Person and Identity Project, which aims to promote an authentic vision of the human person to counter gender ideology. The Office of Evangelization is excited to provide several opportunities for people to hear from Mary in March of 2023. Staff and parent sessions are offered separately.

Parent sessions-

Our parent session will be specifically for parents and guardians of teens and children. We ask that people refrain from bringing their teens and children to the session. We strongly recommend that you register for the parent session, however we will accept walk-ins. By registering in advance, you allow us to ensure we have the proper amount of handouts, chairs, and refreshments.

Parent Sessions will be at the following locations:

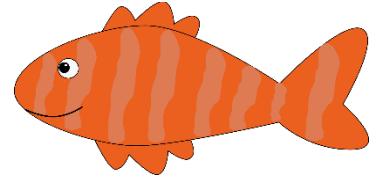
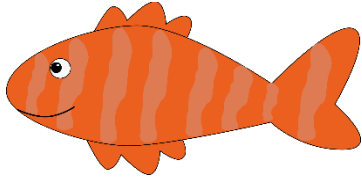
Sunday, March 5th (6:30-8:00 pm.) at Saint Michael Catholic Church, Glen Allen

Tuesday, March 7th (7:00-8:30 pm.) at the Church of the Incarnation, Charlottesville

Wednesday, March 8th (7:00-8:30 pm.) at Our Lady of Mount Carmel, Newport News

Register at: Office of Evangelization Catholic Diocese of Richmond





**West Point Knights of Columbus
Fish Dinner**

Fried Flounder and 3 sides, dessert & drink

OLBS Catholic Church Boogaard Hall

3150 King William Ave.

Friday, February 24, 2023

4:00 pm – 8:00 pm

Tickets: Adults \$12.50

Children under 10 Years \$6.00

Eat in or Take Out

For Tickets Call: (804) 512-9701

WELCOME NEW PARISHIONERS

New members are asked to register at the Parish Office in the Mercy Center.

We invite all parishioners to join a ministry.
Contact the Chairperson of the ministry or call the Parish Office at
804.843.3125

ALTAR LINENS
Linda Drexler 843-2541
vintagenotes@verizon.net

ALTAR SERVERS
Joe Drexler 843-2541
liturgychair@olbs-catholic.org

ARTS & ENVIRONMENT
Rowena & Tom Fauber 725-6110
artsenvironment@olbs-catholic.org

BELL CHOIR

CANTORS/CHOIR
Leda Zaginaylo 757 870-2516
music@olbs-catholic.org

CEMETERY COMMITTEE
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cemeterychair@olbs-catholic.org

CHURCH HISTORIAN
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historian@olbs-catholic.org

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HOSPITALITY
Glenn & Kay Shaw 843-3476

JUSTICE & PEACE

KNIT, PURL & PRAY

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vintagenotes@verizon.net

LITURGY COMMITTEE
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David Seckora, Sacristan Emeritus
Marguerite Sturtz, Sacristan Emerita

YOUTH MINISTRY
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(804)966-1600

Father Jakubowski Council #8116



*New Members
Welcomed

*Hall Rental Available

Contact
Janice McGowan
(804) 366-4124