OUR LADY OF THE BLESSED SACRAMENT CATHOLIC CHURCH

3570 KING WILLIAM AVENUE, WEST POINT VA 23181



MASS SCHEDULE WEEKENDS: SATURDAY 5:30 P.M. SUNDAY 9:00 A.M. 11:30 A.M. (SPANISH MASS) WEEKDAYS: 8:30 A.M. Tuesday - Friday HOLYDAYS: 8:30 A.M. & 7:00 P.M.

PARISH OFFICES at the MERCY CENTER 207 W. Euclid Blvd., West Point, VA 23181 Phone: 843-3125 Fax: 843-9158

Office Hours: T W Th 9:00 a.m. - 4:30 p.m.

Parish e-mail : <u>olbs@olbs-catholic.org</u> Parish Web address: <u>www.olbs-catholic.org</u>

PASTOR Rev. Oscar Paraiso 757-778-5118 Rectory 843-4231 Office 843-3125 ext 102 Email: <u>oparaiso@richmonddiocese.org</u>

ADMINISTRATIVE ASSISTANT Pam Watkins 843-3125 ext 101 Hours: T-W-Th 9:00 a.m. - 4:30 p.m. Email: <u>adminassistant@olbs-catholic.org</u>

BUSINESS MANAGER 843-3125 ext 104 Bob Ryalls 757 207-0125 E-mail: <u>businessmgr@olbs-catholic.org</u>

COORDINATOR of CHRISTIAN FORMATION Erin Hayden 843-3125 ext 103 Email: <u>DRE@olbs-catholic.org</u>

MUSIC DIRECTOR Leda Zaginaylo 757 870-2516 Email: <u>music@olbs-catholic.org</u>

PRESCHOOL TEACHER/DIRECTOR Vangy Lawson 843-4177 Email: <u>preschool@olbs-catholic.org</u>

GOOD NEIGHBOR CENTER

 Frances Thornton
 843-4339

 Hours:
 M
 10 am - 2 pm

 W
 12:30 pm - 2:30 p.m.

van den BOOGAARD HALL RENTALS Janice McGowan 843-2870 Email: <u>hallrentals@olbs-catholic.org</u>

SACRAMENT of RECONCILIATION Saturday 5:00 p.m. Also by appointment

EUCHARISTIC ADORATION Monday and Tuesday Mercy Center Chapel

First Friday Adoration in the church 6:00 p.m. - 9:00 p.m.

RECITATION of the MOST HOLY ROSARY 6:30 p.m. Every Friday in the church

OUTREACH

A food basket and donation box are in the church entry. Your donations provide the means to give direct help to the needy. We collect food on the first weekend of the month.

INFANT BAPTISM

Parent preparation classes are required for each couple planning to have their baby baptized. To schedule a preparation session, please call the church office.

MARRIAGE

OLBS sponsors a preparation program for couples who intend to marry. The Pastor must be contacted at least six months prior to the date of the wedding.

RECEPTION into the CHURCH

Those inquiring into the Catholic Faith or seeking communion with the Church are invited to contact the Parish Office. Rite of Christian Initiation of Adults (RCIA) is offered.

The mission of Our Lady of the Blessed Sacrament Catholic Church, centered in the Eucharist, is to love God and His people and to extend His love to others through service and prayer.

FIRST SUNDAY OF LENT March 5th & 6th, 2022



Sat	3/5 – Joe Seckora (RIP) Requested by David Seckora	Fr. Oscar
	Requested by David Sectora	
Sun	3/6 – Mary Ann Hooper (RIP)	Fr. Oscar
	Requested by Frank & Mary Ann Fet	terolf
Mon	3/7 – No Mass	
Tue	3/8 – Joe Sr, Elsie & Johnnie Drexler (I	RIP)
	Requested by Joe & Linda Drexler	Fr. Oscar
Wed	3/9 – Mildred Hite (RIP)	Fr. Oscar
	Requested by Janice McGowa	n
Thurs	3/10 – Richard & Anna Kozlowski (RIP)Fr. Oscar Requested by Linda & Joe Drexler	
Fri	3/11 – Special Intention	Fr. Oscar
	Requested by Edna Trudeau	
Sat	3/12 – Mary JoAn Klisiewecz (RIP)	Fr. Oscar

- Sat 3/12 Mary JoAn Klisiewecz (RIP) Fr. Oscar Requested by Janice McGowan
- Sun 3/13 Natalee Franzyshen (RIP) Fr. Oscar Requested by Janice McGowan

Mass Updates

*** Mass is being live streamed for use on various Diocesan digital media accounts of the Catholic Diocese of Richmond, including, but not limited to, the websites of the Catholic Diocese of Richmond and the Catholic Virginian, and social media platforms of the Catholic Diocese of Richmond. Photography and/or screenshot images from the livestream may be used for the Catholic Virginian print edition. If you do not wish to be captured by live streaming, please refrain from attending the 9am Sunday Mass.

Per the Virginia Department of Health:

- 1. Unvaccinated or not fully vaccinated individuals should wear masks in public indoor settings.
- Fully vaccinated individuals do not need to wear a mask; however, masks should be worn in indoor settings in areas of substantial and high transmission.
- Any person not wearing a mask shall not be required to produce documentation that they are vaccinated or that they have an underlying medical condition.

Parish Directories are available at the Parish Office. Please come by Tuesdays, Wednesdays, or Thursdays between 10:00am and 4:30pm or call Pam at 804-843-3125 to get your directory.

***If you are having difficulty hearing the Mass in Church, please arrive a few minutes early and speak with one of the ushers, as the parish has purchased hearing assistance devices for our parishioners. Just ask one of our ushers how it works. You can even use your own earphones to plug into the device.

<u>***Diocesan Bicentennial Books are still available</u> and can be purchased for a donation amount of your choice. Please call the Parish Office at 804-843-3125 to

reserve one, today or pick one up at the back of the Church and leave your donation! These are beautiful books with the stories of our parishes in the Richmond Diocese.

Week of March 7th – March 13th

<u>Monday, March 7th</u> – No Daily Mass Adoration Mercy Center Chapel 12pm - 10pm *Knight*s of Columbus 7:00pm – Knights Hall

<u>Tuesday, March 8th –</u> 8:30am Mass _(Livestreamed) Adoration Mercy Center Chapel 12pm - 10pm Adult Faith Formation – 4:30pm – Boogaard Hall

Cemetery Committee – 6:30pm – Mercy Center

Wednesday, March 9th - 8:30am Mass (Livestreamed)

Thursday, March 10th- 8:30am Mass (Livestreamed)

<u>Friday, March 11th</u>– 8:30am Mass (Livestreamed) Most Holy Rosary – 6:30pm in Church (Livestreamed) 7:00pm - Stations of the Cross Led by Finance

Saturday, March 12th – 5:30pm Mass

Sunday, March 13th

9:00am Mass (Livestreamed)

10:15am Children's Faith Formation - Hall 10:15am Adult Faith Formation – Mercy Center

11:30am Spanish Mass

6:30pm Confirmation



To our couples with anniversaries in March: Shawn & Erin Lazar – 3/6/2004 and David & Donna Haviland – 3/7/1998

VACATION BIBLE SCHOOL

The date is set, and it will be here before we know it. We will hold VBS July 25th – July 29th. Many volunteers are Needed! Please consider giving of your time and talents to help promote the faith to our parish children and community. <u>Contact:</u> Erin Hayden at 804-843-3125 or 804-366-4435

CHURCH ATTENDANCE

Saturday, February 26th – 66 Sunday, February 27th - 104 No Spanish Mass, February 27th

From the Cemetery Committee

Just a quick note to remind everyone that with Holy Week fast approaching, the Cemetery Committee has a Cemetery Clean-up the week prior to Holy Week. If there are items that anyone would like to keep that are left over from the Holidays, please try to get them prior to our clean-up. As always, if there are any questions, please feel free to contact any member of the committee.

There is a Cemetery Meeting Tuesday, March 8th at 6:30pm in Mercy Center. We will be looking at the upcoming spring and summer season, finances, pending projects, lawn care and any other area that will need to be addressed.



PRAYERS FOR HEALING AND GOOD HEALTH

Emily Adams	Sharon Adams	Elizabeth Alley
Camb Ashley	Candace Barefoot	Virginia Becker
Paulette Berberich	Tom Berberich	Linda Blevins
Ron Blevins	Linda Burch	William Bush
Kathryn Carson	Kevin Carson	Lucy Carson
Tim Collier	Meredith Crowe	Eric Crump
Vincent D'elia	Denise DePompeo	Dale Dippre
Dexter Dix	Larry Dzula, Jr.	Michelle Eshelm
Amanda Fincher	Cris Gay	Kelli Gaeta
Margaret Geron	Jim Gregory	Pat Hinkle
Kelly Hipple	Laurie Hite	Ellen Horseman
John Jones	Gail Justin	Bob Kay
Bill Kessler	Gloria Kojcsich	Bonnie Kopacki
Joyce Kostrzewa	Gordon Langston	Patricia Lanuza
Ashley Larson	Melissa Leger	Philip Liberato
Denise Mason	Matt Matula	Lanci McCloud
Mary Leigh McDona	ld Kenny McGinley	Beverly McGow
Patrick McGowan	William Madigan III	Ron Martz
Jackie Mierle	Clara Morrow	Randy Morrow
Specialist Mullins	Larry Newtzie	Andrea Payton
Ka'varus Penticolas	Brett Pickens	Patricia Pilong
Pam Rigsby	Mark A. Roane	Vickie Roane
Leonard Romano	Debbie Royals	Jack Scaife
Barbara Schafer	Kay Shaw	James Simmons
The Solak Family	Levi Sturtz	Jim Tokarz
Mae Touray	Taylor Trimbath (Gloria Wajciechows
Francis Watkins	Emmett White	James Wills
Andrea Berberich W	ilson Mary Wilson	Lois Wilson
Robert 'Bobby' Wils	on	Jody Zogran

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PRAYERS FOR THOSE IN THE MILITARY **Major Jonathan Culberson**

Church Cleaning Schedule 2/28 thru 3/6 - Teresa Nguyen & Nguyen Sisters 3/7 thru 3/13 – Gary & Jackie Silvia 3/14 thru 3/20 – Our Hispanic Community

3/5 – Dan Gibbs & Sean Lazar 3/6 – Tuan Nguyen & Craig Smith 3/12 – Kevin Kopacki & Kody Kopacki 3/13 – Philip Henley & Jim Milby

3/5 – Pattie Vadas & Jim Vadas 3/6 – Cydney Henley & Bill Madigan 3/12 – Jackie Silvia & David Seckora 3/13 – Colleen Rae & Scott Rae



3/5 – Erin Lazar 3/12 – Gary Silvia 3/6 – Jim Pvne 3/13 - Sarah Rae

The Year of Grace with St. Joseph St. Joseph, Protector of the Holy

Church

The Church needs the protection of St. Joseph. According to the designs of Providence, the Church has always needed his protection, but today it needs it more than ever. The Church is being assaulted by those outside it (Satan and the world) and by those inside it (many of her own children). Sadly, the Church also has to be protected from heterodox and spiritually weak priests and bishops. Jesus never promised that everyone in the Church would be holy. The weeds and the wheat grow together. The Church in her essence is holy because she is the bride of Christ, but there are individual members of the Church who are not holy, marring the beauty of the bride of Christ by their sinful and criminal actions. In God's time the weeds and the wheat will be separated. Our role is to stay close to St. Joseph. In this way, we will be wheat, not weeds. God will never abandon us. St. Joseph will never abandon

us either.

(Pray the Litany of St. Joseph)

The Season of Lent

Lent is a 40 Day season of prayer, fasting, and almsgiving that begins on Ash Wednesday and ends at sundown on Holy Thursday. It's a period of preparation to celebrate the Lord's Resurrection at Easter. During Lent, we seek the Lord in prayer by reading Sacred Scripture; we serve by giving alms; and we practice self-control through fasting. We are called not only to abstain from luxuries during Lent, but to a true inner conversion of heart as we seek to

follow Christ's will more faithfully. We recall the waters of baptism in which we were also baptized into Christ's death, died to sin and evil, and began new life in Christ.

Saint of the Week

March 8th - St. John of God When St. John got an idea in his head, he acted on it in a big way. John stopped practicing his Christian faith during a stint with the military. Once he realized the sinfulness of his ways, he dedicated his life to serving God and traveled to Africa to free Christian captives and possibly become a martyr. When he was advised that his motives for martyrdom weren't spiritually sound, John returned to Spain. He felt unsettled until he heard Saint John of Avila preach. John of God was so moved by the sermon that he ran through the streets beating himself and fervently begging for God's mercy. John's wild display worried the townspeople and they admitted him into a mental institution. After he was released and reprimanded by John of Avila, John of

God began to channel his zeal and enthusiasm into ministering to the poor. He cared and provided for the poor through begging on the streets. Many people were inspired by John's great compassion for the

less fortunate and began to provide monetary donations and supplies to his cause. Eventually, John gained a number of

followers who formed the Brothers Hospitals after his death. Saint John of God is the patron of many things, including hospitals, sick people, and firefighters.



"The priest shall receive the basket from you and shall set it in front of the altar of the Lord, your God." Are you considering a call from the Holy Spirit to become a priest in front of the altar of our Lord? Call the Vocations Office at 804-359-5661 to speak with Fr. Brian Capuano, or write to vocations@richmonddiocese.org.

Parish Synod Questionnaire Questionnaires need to be returned by Saturday and Sunday Masses on March 5th & 6th.



Lent and Life: "By our gracious gift each year, your faithful await the sacred paschal feasts with the joy of minds made pure" (Preface of Lent 1). The purpose of Lent is succinctly expressed by this preface. Catechumens prepare for baptism into the paschal mystery. The faithful are reminded of their baptism, and will renew their baptismal vows at the Easter liturgy. Baptism initiates us into the eternal life Christ gives us. The baptized are sons and daughters of God and are members of the Church, the People of Life. The choices of the baptized are therefore to be shaped by their new identity (see Rom 6:6; Eph. 4:17-24). Christ calls the Samaritan woman to repent as she accepts the waters of new life (see John 4:15-24). Lenten repentance is necessary so that God's people may more deeply become who they are. They are called to see their sins more clearly. Hence baptism is known as "illumination." Anyone who makes the Lenten journey is called to be more alert to the attacks on human life and dignity around them. The people of life are called to reject sin and all the devil's works and empty promises (Renewal of Baptismal Promises, Easter Liturgy). The "pro-choice" and "right to die" mentalities are two of those "empty promises" which are firmly rejected by the baptized. A firm rejection of these positions is integral to repentance. Lent is the perfect time for us to call our congregations to a clearer understanding of why this is true, and to lead them to a deeper affirmation of life, both natural and eternal, in the celebration of the Paschal Mystery. (Priests for Life)

Mass Readings: First Sunday of Lent

1st Reading: Dt 26:4-10 Responsorial Psalm: Ps 91:1-2, 10-11, 12-13, 14-15. 2nd Reading: Rom 10:8-13 Alleluia Acclamation: Mt 4:4b Gospel Reading: Lk 4:1-13

Spiritual Communion Prayer

My Jesus, I believe that You are present in the Most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.



Please remember that Good Friday is a Day of Fast and Abstinence and that ALL Fridays during Lent are Days of Abstinence. We will have the Holy Rosary and Stations of the Cross every Friday of Lent. The Holy Rosary will be led by Father Oscar and begin at 6:30pm. The Stations of the Cross will begin at 7:00pm and will be led by members of the following committees: March 11 Finance Committee

March 18Parish CouncilMarch 25Knights of ColumbusApril 1Hispanic CommunityApril 8Facilities Committee

Please note that our Lenten Penance

Service will be on Tuesday, March 15th at 7:00pm, another way during Lent to prepare ourselves to receive the Risen Lord at Easter.

Opportunities to Give during Lent

Lent Challenge – Want to do something as a family for Lent? Choose a challenge! "Miles for Meals" Rise Against Hunger or "Walk for Water" Rice Bowl. Pray for others that go without these necessities, locally and around the world. You can pick up your challenge at the back of the Church. One per household, please. Directions are included. ⁽²⁾ Saturday, May 28th has been set for a meal packaging event here, to Rise Against Hunger.

Knights of Columbus Blood Drive – Our Knights will be sponsoring another Red Cross Blood Drive on Thursday, March 17, 2022 from 1:00pm until 6:00pm in the Boogaard Hall. Please call 1-800-REDCROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: knightswestpoint to schedule an appointment.

Easter Food Baskets for the Needy – We will putting together some Easter Food Baskets for the needy in our community on April 9th in the Hall. We are in need of volunteers to help shop for and pack the baskets. We also need donations so we can purchase the food. You can put your donation in a plain envelope marked "Food Baskets" in the Offertory or give your donation to Pam Watkins, Erin Hayden, Deidra Kopacki, or Sandy Lam after Masses. Please include your envelope number so that you can get credit on your offertory statement for your donation. We also want to hear from you if you know of anyone who may need a Food Basket this Easter. Please call the Parish Office at 804-843-3125.

Collections for February 26 th & 27 th	<u>, 2022</u>	
Parish Operations	\$3,477.00	
Supplemental Collection	50.00	
Online Giving as of 2/22/2022	50.00	
Parish Heating	360.00	
Poor Box	12.30	
Votive Candles	35.00	
Religious Education	25.00	
Total	\$3,984.30	
Amount needed weekly for Parish Operations i	s \$3,940	
Restricted, Special Use or Sent out of Parish		
Capital Campaign	\$1,460.00	
Maintenance Savings Account	\$80.00	
Religious Education	\$25.00	

Thank you for supporting our parish!

***Did you know that if you are 72 or older, you can make your Required Minimum Distribution from your IRA straight to our parish and most times it is excluded from your gross taxable income. To find out more, contact your financial advisor or Maggie Keenan at the Catholic Community Foundation – 804-622-5221 or mkeenan@richmonddiocese.org.

Diocesan Annual Appeal

Almsgiving is a staple of our Lenten disciplines as Catholics. As we begin this Lenten season, please consider supporting our Annual Diocesan Appeal as an opportunity for almsgiving, and as a way to deepen your trust and dependency upon God the Father. Our parish's goal this year is \$12,370.00.

<u>Want to Know More About Prayer?</u> Let's "Plug into the Power of Prayer!" "Mark Your Calendar* Join us at the hall on Saturday, March 26th, from 9:00am – 12pm. This retreat will give us the "Key" to open the door to the foundation of a relationship with the Lord, while allowing us to have open conversation and share with each other. Food will be served! More details to come!!

<u>Check out our \$5 Book Table and Give yourself</u> <u>something worth reading!</u> There is a variety of books to choose from. Make

Lent the time to feed your soul with good things!

Camp St. Charles – Boys and Girls Catholic Overnight Summer Camp – Newburg, MD

OPEN HOUSE – March 12th, 11:00am to 3:00pm Join us for a lunch, a tour, and an opportunity to meet the staff of Camp St. Charles. Make friends, learn to work together, and develop an appreciation for Creation while camping out, riding horses, working your way through a challenge course, trying archery, paddling on the river, making art projects and lots of other activities in beautiful southern Maryland. Fully accredited with the American Camp Association and certified by the State of Maryland, Camp St. Charles has been run by the Salvatorian Fathers and Brothers and Lay Salvatorians for 70 years. For more information, directions and to sign up for an open house tour, see our web site:

www.campstcharles.org or call us at 301-934-8799 or email director@campstcharleas.org.

WELCOME NEW PARISHIONERS

. . . .

New members are asked to register at the Parish Office in the Mercy Center.

vintagenotes@verizon.netALTAR SERVERS Joe DrexlerB43-2541Iturgychair@olbs-catholic.orgFACILITIES COMMITTEE Jim Pyne facilitieschair@olbs-catholic.orgARTS & ENVIRONMENT Rowena & Tom FauberFINANCE COMMITTEE Richard Duke843-3125 financechair@olbs-catholic.orgBELL CHOIR CANTORS/CHOIR Leda ZaginayloF57 870-2516 Glenn & Kay ShawHISPANIC MINISTRY Nanci Hernandez Jose Velasquez hispanicministry@olbs-catholic.orgMINISTRY SCHEDULING Pattie VadasCANTORS/CHOIR Leda Zaginaylo757 870-2516 glenn & Kay ShawOFFICE VOLUNTEERS Margaret VarboncoeurOFFICE VOLUNTEERS Margaret VarboncoeurCEMETERY COMMITTEE Gary Silvia Livid DurenterJUSTICE & PEACE KNIT, PURL & PRAY LAWN MOWING COMMITTEE Eric EllingsonSACRISTAN Joe DrexlerSACRISTAN Joe DrexlerCHURCH HISTORIAN Livid Durenter843-2541Eric Ellingson843-2184	We i Contact the Cha	nvite all parishioners to join a ministry. airperson of the ministry or call the Parish 804.843.3125	Office at
historian@olbs-catholic.org ericellingson@verizon.net YOUTH MINISTRY	Linda Drexler 843-2541 vintagenotes@verizon.net ALTAR SERVERS Joe Drexler 843-2541 liturgychair@olbs-catholic.org ARTS & ENVIRONMENT Rowena & Tom Fauber 725-6110 artsenvironment@olbs-catholic.org BELL CHOIR CANTORS/CHOIR Leda Zaginaylo 757 870-2516 music@olbs-catholic.org CEMETERY COMMITTEE Gary Silvia 757-303-8576 cemeterychair@olbs-catholic.org CHURCH HISTORIAN Linda Drexler 843-2541	FACILITIES COMMITTEE Jim Pyne <u>facilitieschair@olbs-catholic.org</u> FINANCE COMMITTEE Richard Duke 843-3125 <u>financechair@olbs-catholic.org</u> HISPANIC MINISTRY Nanci Hernandez Jose Velasquez <u>hispanicministry@olbs-catholic.org</u> HOSPITALITY Glenn & Kay Shaw 843-3476 JUSTICE & PEACE KNIT, PURL & PRAY LAWN MOWING COMMITTEE Eric Ellingson 843-2184	Linda Drexler 843-2541 <u>vintagenotes@verizon.net</u> LITURGY COMMITTEE Joe Drexler 843-2541 <u>liturgychair@olbs-catholic.org</u> MINISTRY SCHEDULING Pattie Vadas 843-4082 <u>pbv0806@yahoo.com</u> OFFICE VOLUNTEERS Margaret Varboncoeur 843-2867 PARISH COUNCIL Phil Liberato 512-9701 <u>parishchair@olbs-catholic.org</u> SACRISTAN Joe Drexler 843-2541

Please support our sponsors. They support our bulletin!









Blood Drive Knights of Columbus—West Point

Boogaard Hall 3510 King William Ave West Point, VA 23181

Thursday, March 17, 2022 1:00 pm to 6:00 pm

For an appointment, please visit redcrossblood.org Or call 1-800-RED CROSS (1-800-733-2767).

1-800-RED CROSS | 1-800-733-2767 | RedCrossBlood.org | Download the Blood Donor App ©2019 The American National Red Cross