

OUR LADY OF THE BLESSED SACRAMENT CATHOLIC CHURCH

3570 KING WILLIAM AVENUE, WEST POINT VA 23181

MASS SCHEDULE

WEEKENDS: SATURDAY 5:30 P.M.

SUNDAY 9:00 A.M.

11:30 A.M. (SPANISH MASS)

WEEKDAYS: 8:30 A.M. Tuesday - Friday

HOLIDAYS: 8:30 A.M. & 7:00 P.M.



PARISH OFFICES at the MERCY CENTER

207 W. Euclid Blvd., West Point, VA 23181

Phone: 843-3125

Fax: 843-9158

Office Hours: T W Th 9:00 a.m. - 4:30 p.m.

Parish e-mail : olbs@olbs-catholic.org

Parish Web address: www.olbs-catholic.org

PASTOR

Rev. Oscar Paraiso

757-778-5118

Rectory

843-4231

Office

843-3125 ext 102

Email: oparaiso@richmonddiocese.org

ADMINISTRATIVE ASSISTANT

Pam Watkins

843-3125 ext 101

Hours: T-W-Th 9:00 a.m. - 4:30 p.m.

Email: adminassistant@olbs-catholic.org

BUSINESS MANAGER

843-3125 ext 104

Bob Ryalls

757 207-0125

E-mail: businessmgr@olbs-catholic.org

COORDINATOR of CHRISTIAN FORMATION

Erin Hayden

843-3125 ext 103

Email: DRE@olbs-catholic.org

MUSIC DIRECTOR

Leda Zaginaylo

757 870-2516

Email: music@olbs-catholic.org

PRESCHOOL TEACHER/DIRECTOR

Vangy Lawson

843-4177

Email: preschool@olbs-catholic.org

GOOD NEIGHBOR CENTER

Frances Thornton

843-4339

Hours: M 10 am - 2 pm

W 12:30 pm - 2:30 p.m.

van den BOOGAARD HALL RENTALS

Janice McGowan

843-2870

Email: hallrentals@olbs-catholic.org

SACRAMENT of RECONCILIATION

Saturday 5:00 p.m.

Also by appointment

EUCCHARISTIC ADORATION

Monday and Tuesday

Mercy Center Chapel

First Friday Adoration in the church

6:00 p.m. - 9:00 p.m.

RECITATION of the MOST HOLY ROSARY

6:30 p.m. Every Friday in the church

OUTREACH

A food basket and donation box are in the church entry. Your donations provide the means to give direct help to the needy. We collect food on the first weekend of the month.

INFANT BAPTISM

Parent preparation classes are required for each couple planning to have their baby baptized. To schedule a preparation session, please call the church office.

MARRIAGE

OLBS sponsors a preparation program for couples who intend to marry. The Pastor must be contacted at least six months prior to the date of the wedding.

RECEPTION into the CHURCH

Those inquiring into the Catholic Faith or seeking communion with the Church are invited to contact the Parish Office. Rite of Christian Initiation of Adults (RCIA) is offered.

The mission of Our Lady of the Blessed Sacrament Catholic Church, centered in the Eucharist, is to love God and His people and to extend His love to others through service and prayer.

THIRD SUNDAY OF LENT
March 19th & 20th, 2022



- Sat 3/19 – Esther Seckora (RIP) Fr. Oscar
Anniversary of Birthday
Requested by Paul & Valeria Seckora & Family
Josefina Peña Price (RIP) Fr. Oscar
Anniversary of 100th Birthday
Requested by Pam Dix
- Sun 3/20 – Waseta Maria Fredericks (RIP) Fr. Oscar
Requested by Knights of Columbus Council #8116
- Mon 3/21 – No Mass
- Tue 3/22 – Richard & Anna Kozlowski (RIP) Fr. Oscar
Requested by Linda & Joe Drexler
Roland Klisiewicz III Fr. Oscar
Anniversary of Birthday & For Healing
Requested by the Watkins Family
- Wed 3/23 – Mildred Hite (RIP) Fr. Oscar
Requested by Knights of Columbus Council #8116
- Thurs 3/24 – Joe Sr, Elsie & Johnnie Drexler (RIP)
Requested by Joe & Linda Drexler Fr. Oscar
- Fri 3/25 – Waseta Maria Fredericks (RIP) Fr. Oscar
Requested by Knights of Columbus Council #8116
- Sat 3/26 – Richard & Anna Kozlowski (RIP) Fr. Oscar
Requested by Linda & Joe Drexler
Phil Liberato for Healing Fr. Oscar
Requested by Marian Kopacki
- Sun 3/27 – Mildred Hite (RIP) Fr. Oscar
Requested by Knights of Columbus Council #8116
David Seckora (RIP) Fr. Oscar
Requested by Marguerite Sturtz

Mass Updates

***** Mass is being live streamed for use on various Diocesan digital media accounts of the Catholic Diocese of Richmond, including, but not limited to, the websites of the Catholic Diocese of Richmond and the Catholic Virginian, and social media platforms of the Catholic Diocese of Richmond. Photography and/or screenshot images from the livestream may be used for the Catholic Virginian print edition. If you do not wish to be captured by live streaming, please refrain from attending the 9am Sunday Mass.**

Per the Virginia Department of Health:

1. Unvaccinated or not fully vaccinated individuals should wear masks in public indoor settings.
2. Fully vaccinated individuals do not need to wear a mask; however, masks should be worn in indoor settings in areas of substantial and high transmission.
3. Any person not wearing a mask shall not be required to produce documentation that they are vaccinated or that they have an underlying medical condition.

***If you are having difficulty hearing the Mass in Church, please arrive a few minutes early and speak with one of the ushers, as the parish has purchased hearing assistance devices for our parishioners. Just ask one of our ushers how it works. You can even use your own earphones to plug into the device.

Week of March 21st – March 27th

- Monday, March 21st – No Daily Mass**
Adoration Mercy Center Chapel 12pm - 10pm
**Knights of Columbus – 7pm – Knights Hall*
- Tuesday, March 22nd – 8:30am Mass** (Livestreamed)
Adoration Mercy Center Chapel 12pm - 10pm
**Finance Council – 6:30pm Mercy Center*
*****Confirmation – St. Bede – 7:00pm – Please Pray for our Confirmation Candidates**
- Wednesday, March 23rd – 8:30am Mass** (Livestreamed)
- Thursday, March 24th – 8:30am Mass** (Livestreamed)
- Friday, March 25th – Day of the Unborn Child**
8:30am Mass (Livestreamed)
Most Holy Rosary – 6:30pm in Church (Livestreamed)
7:00pm - Stations of the Cross
Led by Knights of Columbus
- Saturday, March 26th**
The Power of Prayer! 9am – 12pm in Hall
Please Sign up at Back of Church
5:30pm Mass
- Sunday, March 27th**
9:00am Mass (Livestreamed)
10:15am Children's Faith Formation - Hall
10:15am Adult Faith Formation – Mercy Center
10:15am – Parish Council – Mercy Center
No Spanish Mass

VACATION BIBLE SCHOOL

The date is set, and it will be here before we know it. We will hold VBS July 25th – July 29th. Many volunteers are Needed! Please consider giving of your time and talents to help promote the faith to our parish children and community.
Contact: Erin Hayden at 804-843-3125 or 804-366-4435

From the Cemetery Committee

Just a quick note to remind everyone that with Holy Week fast approaching, the Cemetery Committee has a Cemetery Clean-up the week prior to Holy Week. If there are items that anyone would like to keep that are left over from the Holidays, please try to get them prior to our clean-up. As always, if there are any questions, please feel free to contact any member of the committee.

Parish Directories are available at the Parish Office. Please come by Tuesdays, Wednesdays, or Thursdays between 9:00am and 4:30pm or call Pam at 804-843-3125 to get your directory.



PRAYERS FOR HEALING AND GOOD HEALTH

Emily Adams	Sharon Adams	Elizabeth Alley
Camb Ashley	Candace Barefoot	Virginia Becker
Paulette Berberich	Tom Berberich	Linda Blevins
Ron Blevins	Linda Burch	William Bush
Kathryn Carson	Kevin Carson	Lucy Carson
Tim Collier	Meredith Crowe	Eric Crump
Vincent D'elia	Denise DePompeo	Dale Dippre
Dexter Dix	Larry Dzula, Jr.	Andy Eshelman
Michelle Eshelman	Amanda Fincher	Don Fitzgerald
Cris Gay	Kelli Gaeta	Margaret Geron
Jim Gregory	Pat Hinkle	Kelly Hipple
Laurie Hite	Ellen Horseman	John Jones
Gail Justin	Bob Kay	Bill Kessler
Roland Klisiewicz III	Gloria Kojcsich	Bonnie Kopacki
Joyce Kostrzewa	Gordon Langston	Helene Lawrence
Richard Lawrence	Patricia Lanuza	Ashley Larson
Melissa Leger	Philip Liberato	Denise Mason
Matt Matula	Lanci McCloud	Mary Leigh McDonald
Kenny McGinley	Beverly McGowan	Patrick McGowan
William Madigan III	Ron Martz	Jackie Mierle
Clara Morrow	Randy Morrow	Specialist Mullins
Larry Newtzie	Andrea Payton	Ka'varus Penticolas
Brett Pickens	Patricia Pilog	Pam Rigsby
Mark A. Roane	Vickie Roane	Leonard Romano
Debbie Royals	Jack Scaife	Barbara Schafer
Kay Shaw	James Simmons	The Solak Family
Levi Sturtz	Jim Tokarz	Mae Touray
Taylor Trimbath	Gloria Wajciechowski	Francis Watkins
Emmett White	James Wills	Bill Webster
Andrea Berberich Wilson	Mary Wilson	Lois Wilson
Robert 'Bobby' Wilson		Jody Zogran

PRAYERS FOR THOSE IN THE MILITARY

Major Jonathan Culberson
Specialist Sydney Gay

Church Cleaning Schedule

3/14 thru 3/20 – Our Hispanic Community
3/21 thru 3/27 – Teresa Nguyen & Nguyen Sisters
3/28 thru 4/3 – Gary & Jackie Silvia



3/19 – Volunteers Needed
3/20 – Jim Pyne & Daniel Duke
3/26 – Kevin Kopacki & Kody Kopacki
3/27 – Philip Henley & Craig Smith



3/19 – Tom Fauber & Pattie Vadas
3/20 – Pat Barron & Susan Thompson
3/26 – Lorraine Ryalls & Jackie Silvia
3/27 – Joe Pincus & Tiffany Smith



3/19 – Jim Vadas
3/26 – Tom Fauber
3/20 – Bill Madigan
3/27 – Susan Thompson

The Year of Grace with St. Joseph
Consecration to St. Joseph

Congratulations! You have followed the reflections of St. Joseph and are ready to entrust yourself fully in prayer and petition, that this great Saint will help you, protect and lead you to Jesus.

Consecration Prayer

**O Glorious Patriarch and Patron of the Church! O Virgin Spouse of the Virgin Mother of God! O Guardian Virginal Father of the Word Incarnate! In the presence of Jesus and Mary, I choose you this day to be my father, my guardian, and my protector. O great St. Joseph, whom God has made Head of the Holy Family, accept me, I beseech you, though utterly unworthy, to be a member of your "Holy House." Present me to your Immaculate Spouse; ask her also to adopt me as her child. With her, pray that I may constantly think of Jesus, and serve Him faithfully to the end of my life. O Terror of Demons, increase in me virtue, protect me from the evil one, and help me not to offend God in any way. O my Spiritual Father, I (Your Name), hereby consecrate myself to you. In faithful imitation of Jesus and Mary, I place myself and all my concerns under your care and protection. To you, after Jesus and Mary, I consecrate my body and soul, with all the faculties, my spiritual growth, my home, and all my affairs and undertakings. Forsake me not, but adopt me as a servant and child of the Holy Family. Watch over me at all times, but especially at the hour of my death. Console and Strengthen me with the presence of Jesus and Mary so that with you, I may praise and adore the Holy Trinity for all eternity. Amen.
(Pray the Litany of St. Joseph)**

The Season of Lent

Ash Wednesday and Good Friday are obligatory days of Fasting and Abstinence for Catholics. In addition, Fridays during Lent are obligatory days of Abstinence.

For members of the Latin Catholic Church, the norms on Fasting are obligatory from age 18 until age 59. When Fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. *The norms concerning Abstinence from meat are binding upon members of the Latin Catholic Church from age 14 and up.* Note that when health or ability to work would be seriously affected, the law does not oblige. If possible, the Fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. (*Code of Canon*

Law - 1249-1253)



"I AM sent me to you.." Could the Lord be calling you to proclaim His name as a priest? Call the Vocations Office at 804-359-5661 to speak with Fr. Brian Capuano, or write to vocations@richmonddiocese.org.

A Peek at Upcoming Events

May 21st – *Tea & Coffee with the Blessed Mother.* Mark your Calendars and look for more details to come!

May 28th – *Rise Against Hunger* – This is a Food Packaging Event that will take place in the Church Hall. Call Erin at 804-843-3125 to volunteer. You can also help raise money for this event by taking the Miles for Meals Family Challenge.



A Woman's Decision?: "We often hear that the government nor anyone else should tell a woman what to do with her body. However, our government routinely enacts laws which prevent people from doing certain actions both to their own bodies and other peoples' bodies. Abortion is not about a woman making a decision about her own body. The child in the mother's womb is a separate, human being with its own heartbeat, DNA, blood type and fingerprints. Sadly, the vast majority of abortions are done as a form of birth control because the precious tiny child is "inconvenient, too expensive or a burden" - Pastoral Statement of Bishop Michael Pfeifer, OMI, May 2021 (Priests for Life)

***Help is available: Call 1-800-712-HELP.**

***The "Day of the Unborn Child" is celebrated around the world each year on March 25th, exactly nine months before Christmas. This is the day that many Christians observe the Annunciation when Mary said Yes to God's plan and God became an unborn child. The day also marks the anniversary of Pope John Paul II's 1995 encyclical "The Gospel of Life," giving pro-lifers and all people of faith an opportunity every year to read the inspiring words and renew their commitment to finding an end to abortion. See more at www.GospelOfLife.org. Also, visit www.EndAbortion.TV for special broadcasts that day.

Mass Readings: Third Sunday of Lent

1st Reading: Ex 3:1-8a, 13-15

Responsorial Psalm: Ps103:1-2, 3-4, 6-7, 8, 11.

2nd Reading: 1 Cor 10:1-6, 10-12

Alleluia Acclamation: Mt 4:17

Gospel Reading: Lk 13:1-9

Spiritual Communion Prayer

My Jesus, I believe that You are present in the Most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.

***Diocesan Bicentennial Books are still available and can be purchased for a donation amount of your choice. Please call the Parish Office at 804-843-3125 to reserve one, today or pick one up at the back of the Church and leave your donation! These are beautiful books with the stories of our parishes in the Richmond Diocese.



Please remember that Good Friday is a Day of Fast and Abstinence and that ALL Fridays during Lent are Days of Abstinence.

We will have the Holy Rosary and Stations of the Cross every Friday of Lent. The Holy Rosary will be led by Father Oscar and begin at 6:30pm. The Stations of the Cross will begin at 7:00pm and will be led by members of the following committees:

March 25 Knights of Columbus
 April 1 Hispanic Community
 April 8 Facilities Committee

Opportunities to Give during Lent

Lent Challenge – Want to do something as a family for Lent? Choose a challenge! “Miles for Meals” Rise Against Hunger or “Walk for Water” Rice Bowl. Pray for others that go without these necessities, locally and around the world. You can pick up your challenge at the back of the Church. One per household, please. Directions are included. ☺ Saturday, May 28th has been set for a meal packaging event here, to Rise Against Hunger.

Easter Food Baskets for the Needy – We will be putting together some Easter Food Baskets for the needy in our community on April 9th in the Hall. We are in need of volunteers to help shop for and pack the baskets. We also need donations so we can purchase the food. You can put your donation in a plain envelope marked “Food Baskets” in the Offertory or give your donation to Pam Watkins, Erin Hayden, Deidra Kopacki, or Sandy Lam after Masses. Please include your envelope number so that you can get credit on your offertory statement for your donation. We also want to hear from you if you know of anyone who may need a Food Basket this Easter. Please call the Parish Office at 804-843-3125.

Diocesan Annual Appeal

Jesus asks us to produce good fruit. One concrete opportunity to do so is to support our Annual Diocesan Appeal. Consider giving to this important cause as part of your Lenten almsgiving. Our parish’s goal this year is \$12,370.00.

Check out our \$5 Book Table and Give yourself something worth reading!

There is a variety of books to choose from. Make Lent the time to feed your soul with good things!

Collections for March 12th & 13th, 2022

Parish Operations	\$4,417.00
Supplemental Collection	125.00
Ash Wednesday	50.00
Online Giving as of 3/1/2022	50.00
Easter Flowers	410.00
Total	\$5,052.00
Amount needed weekly for Parish Operations is	\$3,940
Restricted, Special Use or Sent out of Parish	
Capital Campaign	\$773.00
Cemetery Account	\$110.00
Catholic Relief Services	\$50.00

Thank you for supporting our parish!

***Did you know that if you are 72 or older, you can make your Required Minimum Distribution from your IRA straight to our parish and most times it is excluded from your gross taxable income. To find out more, contact your financial advisor or Maggie Keenan at the Catholic Community Foundation – 804-622-5221 or mkeenan@richmonddiocese.org.

Want to Know More About Prayer?

Let’s “Plug into the Power of Prayer!”

Mark Your Calendar

Join us at the hall on Saturday, March 26th, from 9:00am – 12pm. This retreat will give us the “Key” to open the door to the foundation of a relationship with the Lord, while allowing us to have open conversation and share with each other. *Food will be served! Retreat is Free!!! Sign up at the back of the Church or call the Parish Office at 804-843-3125.*



To our couples with anniversaries in March:
 Shawn & Erin Lazar – 3/6/2004 and David & Donna Haviland – 3/7/1998



Thank you to everyone for the thoughts and prayers during our family’s difficult time of David’s passing. His presence will most definitely be missed by so many people. Thank you to Father Oscar, Father Bob, and Father Jules and all those that helped out during the reception. It helped to make a very difficult day much easier.

The Family of David Seckora

WELCOME NEW PARISHIONERS

New members are asked to register at the Parish Office in the Mercy Center.

We invite all parishioners to join a ministry.
Contact the Chairperson of the ministry or call the Parish Office at
804.843.3125

ALTAR LINENS Linda Drexler vintagenotes@verizon.net	843-2541
ALTAR SERVERS Joe Drexler liturgychair@olbs-catholic.org	843-2541
ARTS & ENVIRONMENT Rowena & Tom Fauber artsenvironment@olbs-catholic.org	725-6110
BELL CHOIR	
CANTORS/CHOIR Leda Zaginaylo music@olbs-catholic.org	757 870-2516
CEMETERY COMMITTEE Gary Silvia cemeterychair@olbs-catholic.org	757-303-8576
CHURCH HISTORIAN Linda Drexler historian@olbs-catholic.org	843-2541

CLEANING COORDINATOR	
FACILITIES COMMITTEE Jim Pyne facilitieschair@olbs-catholic.org	
FINANCE COMMITTEE Richard Duke financechair@olbs-catholic.org	843-3125
HISPANIC MINISTRY Nanci Hernandez Jose Velasquez hispanicministry@olbs-catholic.org	
HOSPITALITY Glenn & Kay Shaw	843-3476
JUSTICE & PEACE	
KNIT, PURL & PRAY	
LAWN MOWING COMMITTEE Eric Ellingson ericellingson@verizon.net	843-2184

LIBRARY Linda Drexler vintagenotes@verizon.net	843-2541
LITURGY COMMITTEE Joe Drexler liturgychair@olbs-catholic.org	843-2541
MINISTRY SCHEDULING Pattie Vadas pbv0806@yahoo.com	843-4082
OFFICE VOLUNTEERS Margaret Varboncoeur	843-2867
PARISH COUNCIL Phil Liberato parishchair@olbs-catholic.org	512-9701
SACRISTAN Joe Drexler David Seckora Marguerite Sturtz, Sacristan Emeritus	843-2541 843-2969
YOUTH MINISTRY	

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Father Jakubowski Council #8116



*New Members Welcomed

*Hall Rental Available

Contact
Janice McGowan
(804) 366-4124