

OUR LADY OF THE BLESSED SACRAMENT CATHOLIC CHURCH

3570 KING WILLIAM AVENUE, WEST POINT VA 23181

MASS SCHEDULE

WEEKENDS: SATURDAY 5:30 P.M.

SUNDAY 9:00 A.M.

11:30 A.M. (SPANISH MASS)

WEEKDAYS: 8:30 A.M. Tuesday - Friday

HOLIDAYS: 8:30 A.M. & 7:00 P.M.



PARISH OFFICES at the MERCY CENTER

207 W. Euclid Blvd., West Point, VA 23181

Phone: 843-3125

Fax: 843-9158

Office Hours: T W Th 9:00 a.m. - 4:30 p.m.

Parish e-mail : olbs@olbs-catholic.org

Parish Web address: www.olbs-catholic.org

PASTOR

Rev. Oscar Paraiso

757-778-5118

Rectory

843-4231

Office

843-3125 ext 102

Email: oparaiso@richmonddiocese.org

ADMINISTRATIVE ASSISTANT

Pam Watkins

843-3125 ext 101

Hours: T-W-Th 9:00 a.m. - 4:30 p.m.

Email: adminassistant@olbs-catholic.org

BUSINESS MANAGER

843-3125 ext 104

Bob Ryalls

757 207-0125

E-mail: businessmgr@olbs-catholic.org

COORDINATOR of CHRISTIAN FORMATION

Erin Hayden

843-3125 ext 103

Email: DRE@olbs-catholic.org

MUSIC DIRECTOR

Leda Zaginaylo

757 870-2516

Email: music@olbs-catholic.org

PRESCHOOL TEACHER/DIRECTOR

Vangy Lawson

843-4177

Email: preschool@olbs-catholic.org

GOOD NEIGHBOR CENTER

Frances Thornton

843-4339

Hours: M 10 am - 2 pm

W 12:30 pm - 2:30 p.m.

van den BOOGAARD HALL RENTALS

Janice McGowan

843-2870

Email: hallrentals@olbs-catholic.org

SACRAMENT of RECONCILIATION

Saturday 5:00 p.m.

Also by appointment

EUCCHARISTIC ADORATION

Monday and Tuesday

Mercy Center Chapel

First Friday Adoration in the church

6:00 p.m. - 9:00 p.m.

RECITATION of the MOST HOLY ROSARY

6:30 p.m. Every Friday in the church

OUTREACH

A food basket and donation box are in the church entry. Your donations provide the means to give direct help to the needy. We collect food on the first weekend of the month.

INFANT BAPTISM

Parent preparation classes are required for each couple planning to have their baby baptized. To schedule a preparation session, please call the church office.

MARRIAGE

OLBS sponsors a preparation program for couples who intend to marry. The Pastor must be contacted at least six months prior to the date of the wedding.

RECEPTION into the CHURCH

Those inquiring into the Catholic Faith or seeking communion with the Church are invited to contact the Parish Office. Rite of Christian Initiation of Adults (RCIA) is offered.

The mission of Our Lady of the Blessed Sacrament Catholic Church, centered in the Eucharist, is to love God and His people and to extend His love to others through service and prayer.

FIFTH SUNDAY IN ORDINARY TIME

February 5th & 6th, 2022



Sat	2/5 – Tommy Sturtz, Jr. (RIP) Anniversary of Death Requested by Marguerite Sturtz	Fr. Oscar
Sun	2/6 – Genevieve Beatrix Racioppi (RIP) Requested by Mary & Jim Horton	Fr. Oscar
Mon	2/7 – No Mass	
Tue	2/8 – Richard & Anna Kozlowski (RIP) Requested by Linda & Joe Drexler	Fr. Oscar
Wed	2/9 – Joe, Sr, Elsie & Johnnie Drexler (RIP) Requested by Linda & Joe Drexler	Fr. Oscar
Thurs	2/10 – Mildred Hite (RIP) Requested by David Seckora	Fr. Oscar
Fri	2/11 – Mary Ann Hooper (RIP) Requested by David Seckora	Fr. Oscar
Sat	2/12 – Richard & Anna Kozlowski (RIP) Requested by Linda & Joe Drexler	Fr. Oscar
Sun	2/13 – Mildred Hite (RIP) Requested by Rose Marie Condon	Fr. Oscar

Collections for January 29th & 30th, 2022

Parish Operations	\$2,403.00
Supplemental Collection	15.00
Online Giving as of 1/18/2022	75.00
Votive Stand	21.50
Total	\$2,514.50
Amount needed weekly for Parish Operations is \$3,940	
Restricted, Special Use or Sent out of Parish	
Capital Campaign	\$1,161.00
Respect Life	\$70.00

Thank you for supporting our parish!

***Did you know that if you are 72 or older, you can make your Required Minimum Distribution from your IRA straight to our parish and most times it is excluded from your gross taxable income. To find out more, contact your financial advisor or Maggie Keenan at the Catholic Community Foundation - 804-622-5221 or mkeen@richmonddiocese.org.

Parish Directories are available at the Parish Office. Please come by Tuesdays, Wednesdays, or Thursdays between 10:00am and 4:30pm or call Pam at 804-843-3125 to get your directory.

***If you are having difficulty hearing the Mass in Church, please arrive a few minutes early and speak with one of the ushers, as the parish has purchased hearing assistance devices for our parishioners. Just ask one of our ushers how it works. You can even use your own earphones to plug into the device.

Mass Updates

*** Mass is being live streamed for use on various Diocesan digital media accounts of the Catholic Diocese of Richmond, including, but not limited to, the websites of the Catholic Diocese of Richmond and the Catholic Virginian, and social media platforms of the Catholic Diocese of Richmond. Photography and/or screenshot images from the livestream may be used for the Catholic Virginian print edition. If you do not wish to be captured by live streaming, please refrain from attending the 9am Sunday Mass.

Per the Virginia Department of Health:

1. Unvaccinated or not fully vaccinated individuals should wear masks in public indoor settings.
2. Fully vaccinated individuals do not need to wear a mask; however, masks should be worn in indoor settings in areas of substantial and high transmission.
3. Any person not wearing a mask shall not be required to produce documentation that they are vaccinated or that they have an underlying medical condition.

Week of February 7th – 13th

Monday, February 7th – No Daily Mass

Adoration Mercy Center Chapel 12pm - 10pm

Knights of Columbus – 7pm – Knights Hall

Tuesday, February 8th – 8:30am Mass (Livestreamed)

Adoration Mercy Center Chapel 12pm - 10pm

Adult Faith Formation – 4:30pm – Mercy Center

Wednesday, February 9th – 8:30am Mass (Livestreamed)

Thursday, February 10th – 8:30am Mass (Livestreamed)

Staff at Deanery Mtg – PARISH OFFICES CLOSED

Friday, February 11th – Special Mass for

the Sick – 11:00am *Anointing of the Sick

Most Holy Rosary – 6:30pm in Church (Livestreamed)

Saturday, February 12th – 5:30pm Mass

Sunday, February 13th

9:00am Mass (Livestreamed)

10:15am – Children's Faith Formation in Hall

10:15am – Adult Faith Formation in Mercy Center

11:30am Spanish Mass

6:30pm – Confirmation

Attendance January 29th & 30th, 2022

Saturday, January 29th 5:30pm = 74

Sunday, January 30th 9:00am = 92

No Spanish Mass, January 30th 11:30am



To our couples with anniversaries in February:
(James) & Donna Geron – 2/7/1970; (Robert) & Cheryl Servonsky – 2/10/1973; Sol & Annabelle Vidal – 2/10/2001; (Henry J.) & Marian Kopacki – 2/13/1949; (Charles) & Margaret Varboncoeur – 2/23/1957; (Ed) & Virginia Kopacki – 2/24/1952

VACATION BIBLE SCHOOL

The date is set, and it will be here before we know it. We will hold VBS June 27th to July 1st. Many volunteers are Needed! Please consider giving of your time and talents to help promote the faith to our parish children and community.

Contact: Erin Hayden at 804-843-3125 or 804-366-4435



PRAYERS FOR HEALING AND GOOD HEALTH

Emily Adams	Elizabeth Alley	Camb Ashley
Candace Barefoot	Virginia Becker	Paulette Berberich
Tom Berberich	Linda Blevins	Ron Blevins
Linda Burch	William Bush	Kathryn Carson
Kevin Carson	Lucy Carson	Tim Collier
Meredith Crowe	Eric Crump	Vincent D'elia
Denise DePompeo	Dale Dippre	Dexter Dix
Larry Dzula, Jr.	Michelle Eshelman	Amanda Fincher
Cris Gay	Kelli Gaeta	Margaret Geron
Jim Gregory	Pat Hinkle	Kelly Hipple
Laurie Hite	Ellen Horseman	John Jones
Gail Justin	Bob Kay	Bill Kessler
Gloria Kojcsich	Bonnie Kopacki	Joyce Kostrzewa
Gordon Langston	Patricia Lanuza	Ashley Larson
Melissa Leger	Philip Liberato	Denise Mason
Matt Matula	Lanci McCloud	Mary Leigh McDonald
Kenny McGinley	Beverly McGowan	Patrick McGowan
William Madigan III	Ron Martz	Jackie Mierle
Clara Morrow	Randy Morrow	Specialist Mullins
Larry Newtzie	Andrea Payton	Ka'varus Penticolas
Brett Pickens	Patricia Pilonig	Pam Rigsby
Mark A. Roane	Vickie Roane	Leonard Romano
Debbie Royals	Jack Scaife	Barbara Schafer
Kay Shaw	James Simmons	The Solak Family
Levi Sturtz	Jim Tokarz	Mae Touray
Taylor Trimbath	Gloria Wajciechowski	Francis Watkins
Emmett White	James Wills	Andrea Berberich Wilson
Mary Wilson	Lois Wilson	Robert 'Bobby' Wilson
	Jody Zogran	

PRAYERS FOR THOSE IN THE MILITARY

Major Jonathan Culberson

Church Cleaning Schedule

- 1/31 thru 2/6 – Our Hispanic Community
- 2/7 thru 2/13 – Teresa Nguyen & Nguyen Sisters
- 2/14 thru 2/20 – Gary & Jackie Silvia



- 2/5 – Bob Ryalls & Joe Drexler
- 2/6 – Jim Milby & Tuan Nguyen
- 2/12 – Bob Ryalls & Dan Gibbs
- 2/13 – Craig Smith & Philip Henley



- 2/5 – Jackie Silvia & Tom Fauber
- 2/6 – Joe Pincus & Pat Barron
- 2/12 – David Seckora & Lorraine Ryalls
- 2/13 – Bill Madigan & Danielle Smith



- 2/5 – Gary Silvia
- 2/12 – Joe Drexler
- 2/6 – Jim Pyne
- 2/13 – Susan Thompson

Month of the Passion of Our Lord

As Lent approaches, it's good to set our thoughts, prayers and hearts more firmly on our Lord's Passion. Take time this month to meditate on Our Lord's Passion.

It will prepare you for Lent itself by instilling the proper inner atmosphere of acknowledgement, sorrow, and gratitude for this great gift. Really consider what our Lord went through for you before you decide what type of prayer, penance, and almsgiving you will practice this Lent.

Pray to Jesus, Mary and Joseph for guidance in that. Then, in just a few short weeks when Lent arrives, walk into it not in a scramble for "what to give up" or depression for the sadness of the season, but with the firm intention to grow closer to our lord who created and redeemed us. *"For the sake of His sorrowful Passion, have mercy on us and on the whole world."*

The Year of Grace with St. Joseph

St. Joseph, Comfort of the Afflicted
Life is filled with many sorrows. Loved ones will die, children sometimes rebel, and gravity will eventually take away your youthfulness, making you old and immobile. No matter what life brings, however, St.

Joseph will always be your consolation, comfort and solace. He knows well the hardships of life. He is a kind and loving father. He comforts everyone who comes to him in times of affliction. His

fatherhood is unlike any other. *Let us commend ourselves to our good father, St. Joseph, who is the Patriarch of troubled people, since he himself went through so much trouble. - St.*

Joseph Marcello

(Pray the Litany of St. Joseph)

Saint of the Week



February 10th - St. Scholastica, Virgin

St. Scholastica, twin sister of St. Benedict, consecrated her life to God in her youth. After her brother went to Monte Cassino, where he established his famous monastery, she took up her abode in the neighborhood at Plombariola, where she founded a monastery of nuns, about five miles from that of St. Benedict, who, it appears, also directed his sister and her nuns. She visited her brother once a year, and as she was not allowed to enter his monastery, he went in company with some of his brethren to meet her at a house some distance away. These visits were spent in conferring together on spiritual matters. On one occasion they had passed the time as usual in prayer and pious conversation and in the evening they sat down to take their reflection. St. Scholastica begged her brother to remain until the next day. St. Benedict refused to spend the night outside his monastery. She bowed her head to pray and when she lifted her head a furious thunderstorm burst so that neither St. Benedict nor any of his companions could return home. They spent the night in spiritual conferences. The next morning they left. Three days later St. Scholastica died, and her holy brother beheld her soul in a vision as it ascended into heaven. He sent his brethren to bring her body to his monastery and laid it in the tomb he had prepared for himself. She died about the year 543, and St. Benedict followed her soon after.

From Sinners to Apostles: Saint John Paul II wrote the following words to all women who have had abortions: "The Father of mercies is ready to give you his forgiveness and his peace in the Sacrament of Reconciliation. To the same Father and to his mercy you can with sure hope entrust your child. With the friendly and expert help and advice of other people, and as a result of your own painful experience, you can be among the most eloquent defenders of everyone's right to life. Through your commitment to life, whether by accepting the birth of other children or by welcoming and caring for those most in need of someone to be close to them, you will become promoters of a new way of looking at human life." (The Gospel of Life, n.99) (Priests for Life)

***Help is available: Call 1-800-712-HELP.**

The Prayer Chain

Please consider joining the prayer chain. It involves no physical activity and has been known to help many people along the way. Prayer is the most powerful tool given to us by Jesus. If you are interested in helping others through prayer, please call Pam Watkins at 919-820-1986 to learn more about the prayer chain.

From Haiti

Dear brother, How are you doing? You are very well grace to God! I received yesterday the confirmation of money at the bank on account of the Parish. The funds is \$4,971.00 the December 20, 2021. Thank you so much in the name of the Parish St. Peter and St. Paul. I'm going to celebrate Christmas with the people today and the kids tomorrow. If you can send to me a telephone number who use Watts App, I will send you the pictures and video of the feast. May God bless you all the time but particular during the Christmas season! Love and Peace in the name of Jesus our Savior and Lord. Union of Prayers!
From: Raphael Bernadin Desras

Mass Readings: Fifth Sunday in Ordinary Time

1st Reading: Is 6:1-2a, 3-8

Responsorial Psalm: Ps 138:1-2, 2-3, 4-5, 7-8

2nd Reading: 1 Cor 15:1-11

Alleluia Acclamation: Mt 4:19

Gospel Reading: Lk 5:1-11

Spiritual Communion Prayer

My Jesus, I believe that You are present in the Most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.



Pray for Vocations

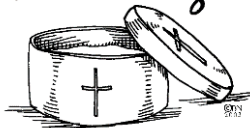
Then I heard the voice of the lord saying, "Whom shall I send?" Do you think that the Lord wants to send you as a priest? Call the Vocations Office at 804-359-5661 to speak with Fr. Brian Capuano, or write to vocations@richmonddiocese.org.

Adult Bible Study

Looking for Faith Formation? Join us every Sunday after the 9:00am Mass at the Mercy Center Office, in the front room. We are learning about the book of ACTS (The Spread of the Kingdom) with Jeff Cavins.

Does a week day formation work better for you? You can join us on Tuesdays in the Mercy Center conference room at 4:30pm.

Anointing



There will be a Special Mass for the Sick on Friday, February 11th at 11:00am. (There will be no Daily Mass at 8:30am.) Father Oscar will be Anointing the Sick at this Mass. If you are physically ill or spiritually ill, please plan to attend for God's Healing Love.

***If you have any old palms at home, please bring them to the Church and place in the basket at the back of the Church so they can be properly disposed of by being burned for the ashes we will use on Ash Wednesday.

Would you like to register in the Parish?

Registration forms can be found in the Welcome Center of the Church located in the Narthex, next to the Little Religious Shop. You may fill out the form and hand it to an usher, place it in the collection basket, or mail the registration form to the Parish Office at 207 West Euclid Blvd, West Point, VA 23181. You may also visit our parish office and fill out the registration while you are there. The parish offices are open Tuesdays, Wednesdays, and Thursdays from 9:00am until 4:30pm. No matter how you choose to register, we welcome you to Our Lady of the Blessed Sacrament Catholic Church and look forward to getting to know you!

***If you would like to put something in the bulletin, please email to olbs@olbs-catholic.org no later than noon each Wednesday or call the parish office at 804-843-3125.

***Diocesan Bicentennial Books are still available and can be purchased for a donation amount of your choice. Please call the Parish Office at 804-843-3125 to reserve one, today or pick one up at the back of the Church and leave your donation! These are beautiful books with the stories of our parishes in the Richmond Diocese.

Lent begins Ash Wednesday, March 2nd. Masses on that day will be 8:30am and 7:00pm. While it is not a Holy Day of Obligation, many see Ash Wednesday as the beginning of their personal Lenten journey to strengthen their relationship with Jesus.

We will also have the Holy Rosary and Stations of the Cross every Friday of Lent. The Holy Rosary will be led by Father Oscar and begin at 6:30pm. The Stations of the Cross will begin at 7:00pm and will be led by members of the following committees:

March 4	Liturgy Committee
March 11	Finance Committee
March 18	Parish Council
March 25	Knights of Columbus
April 1	Hispanic Community
April 8	Facilities Committee

Committee heads, please be sure to let Father Oscar know who will be leading the Stations when it is your committee's turn to lead the Stations.

WELCOME NEW PARISHIONERS

New members are asked to register at the Parish Office in the Mercy Center.

We invite all parishioners to join a ministry.
Contact the Chairperson of the ministry or call the Parish Office at
804.843.3125

ALTAR LINENS Linda Drexler vintagenotes@verizon.net	843-2541
ALTAR SERVERS Joe Drexler liturgychair@olbs-catholic.org	843-2541
ARTS & ENVIRONMENT Rowena & Tom Fauber artsenvironment@olbs-catholic.org	725-6110
BELL CHOIR	
CANTORS/CHOIR Leda Zaginaylo music@olbs-catholic.org	757 870-2516
CEMETERY COMMITTEE Gary Silvia cemeterychair@olbs-catholic.org	757-303-8576
CHURCH HISTORIAN Linda Drexler historian@olbs-catholic.org	843-2541

CLEANING COORDINATOR	
FACILITIES COMMITTEE Jim Pyne facilitieschair@olbs-catholic.org	
FINANCE COMMITTEE Richard Duke financechair@olbs-catholic.org	843-3125
HISPANIC MINISTRY Nanci Hernandez Jose Velasquez hispanicministry@olbs-catholic.org	
HOSPITALITY Glenn & Kay Shaw	843-3476
JUSTICE & PEACE	
KNIT, PURL & PRAY	
LAWN MOWING COMMITTEE Eric Ellingson ericellingson@verizon.net	843-2184

LIBRARY Linda Drexler vintagenotes@verizon.net	843-2541
LITURGY COMMITTEE Joe Drexler liturgychair@olbs-catholic.org	843-2541
MINISTRY SCHEDULING Pattie Vadas pbv0806@yahoo.com	843-4082
OFFICE VOLUNTEERS Margaret Varboncoeur	843-2867
PARISH COUNCIL Phil Liberato parishchair@olbs-catholic.org	512-9701
SACRISTAN Joe Drexler David Seckora Marguerite Sturtz, Sacristan Emeritus	843-2541 843-2969
YOUTH MINISTRY	

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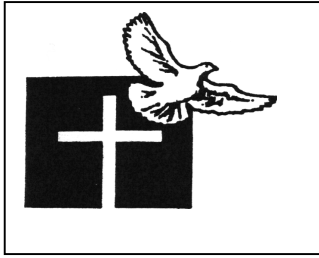
Father Jakubowski Council #8116



*New Members Welcomed

*Hall Rental Available

Contact
Janice McGowan
(804) 366-4124



Rachel's Vineyard™ Weekend Retreat for Healing after Abortion March 25-27, 2022

*"Let us confidently approach the throne of grace to receive mercy
and to find grace for timely help." - Hebrews 4:16.*

Come to a retreat for healing...if you have had one or more abortions...if you are responsible for the abortions of others...or if you've suffered from an abortion choice of another person. If you've felt regret, grief, guilt, or anger; unforgivable, afraid, ashamed, defensive, unworthy, numb, or isolated...there is hope for healing, to accept God's mercy, and to find peace.



Inquiries, registration, and participation are strictly confidential.

For information & registration, contact:

Marty Montgomery-Jennings @ 804-704-0429

or Maggie Carlson @ 804-432-2589

Email: RV4hope@gmail.com

Church of the Epiphany

Post-Abortion Healing Ministry

11000 Smoketree Drive, North Chesterfield, Virginia 23236

Website about retreats: www.rachelsvineyard.org



Women and men who participate in Rachel's Vineyard Retreats are gently led through the critical steps of healing after abortion – spiritual exercises of God's compassion and mercy, the process of grief, memorializing their children, accepting God's forgiveness, and forgiving themselves and others who were involved. The retreat setting is a comfortable and safe place to explore their experiences of abortion by talking through unresolved feelings and conflicts. During this healing process, people uncover deep wounds buried in secrecy and shame, and allow Jesus, the Divine Physician, to restore spiritual health that is life giving!

Endorsement of Rachel's Vineyard

"I came that you might have life and have it to the full."

– John 10:10

"Jesus Himself said that He came to call sinners and not the self-righteous. I pray that *Rachel's Vineyard* may bring God's tender love and compassion to those who need His Peace so much. I pray that all those who come to *Rachel's Vineyard*, seeking His peace, may open their hearts and allow God to restore them to wholeness and happiness. God Bless You."

- Saint Teresa of Calcutta

