

OUR LADY OF THE BLESSED SACRAMENT CATHOLIC CHURCH

3570 KING WILLIAM AVENUE, WEST POINT VA 23181



MASS SCHEDULE

WEEKENDS: SATURDAY 5:30 P.M.

SUNDAY 9:00 A.M.

11:30 A.M. (SPANISH MASS)

WEEKDAYS: 8:30 A.M. Tuesday - Friday

HOLYDAYS: 8:30 A.M. & 7:00 P.M.

PARISH OFFICES at the MERCY CENTER

207 W. Euclid Blvd., West Point, VA 23181

Phone: 843-3125

Fax: 843-9158

Office Hours: T W Th 9:00 a.m. - 4:30 p.m.

Parish e-mail : olbs@olbs-catholic.org

Parish Web address: www.olbs-catholic.org

PASTOR

Rev. Oscar Paraiso

757-778-5118

Rectory

843-4231

Office

843-3125 ext 102

Email: oparaiso@richmonddiocese.org

ADMINISTRATIVE ASSISTANT

Pam Watkins

843-3125 ext 101

Hours: T-W-Th 9:00 a.m. - 4:30 p.m.

Email: adminassistant@olbs-catholic.org

BUSINESS MANAGER

843-3125 ext 104

Bob Ryalls

757 207-0125

E-mail: businessmgr@olbs-catholic.org

COORDINATOR of CHRISTIAN FORMATION

Erin Hayden

843-3125 ext 103

Email: DRE@olbs-catholic.org

MUSIC DIRECTOR

Leda Zaginaylo

757 870-2516

Email: music@olbs-catholic.org

PRESCHOOL TEACHER/DIRECTOR

Vangy Lawson

843-4177

Email: preschool@olbs-catholic.org

GOOD NEIGHBOR CENTER

Frances Thornton

843-4339

Hours: M 10 am - 2 pm

W 12:30 pm - 2:30 p.m.

van den BOOGAARD HALL RENTALS

Janice McGowan

843-2870

Email: hallrentals@olbs-catholic.org

SACRAMENT of RECONCILIATION

Saturday 5:00 p.m.

Also by appointment

EUCCHARISTIC ADORATION

Monday and Tuesday

Mercy Center Chapel

First Friday Adoration in the church

6:00 p.m. - 9:00 p.m.

RECITATION of the MOST HOLY ROSARY

6:30 p.m. Every Friday in the church

OUTREACH

A food basket and donation box are in the church entry. Your donations provide the means to give direct help to the needy. We collect food on the first weekend of the month.

INFANT BAPTISM

Parent preparation classes are required for each couple planning to have their baby baptized. To schedule a preparation session, please call the church office.

MARRIAGE

OLBS sponsors a preparation program for couples who intend to marry. The Pastor must be contacted at least six months prior to the date of the wedding.

RECEPTION into the CHURCH

Those inquiring into the Catholic Faith or seeking communion with the Church are invited to contact the Parish Office. Rite of Christian Initiation of Adults (RCIA) is offered.

The mission of Our Lady of the Blessed Sacrament Catholic Church, centered in the Eucharist, is to love God and His people and to extend His love to others through service and prayer.

THIRD SUNDAY OF ADVENT December 11th & 12th, 2021



Sat	12/11 – Jim Leister (RIP)	Fr. Oscar
	Requested by David Seckora	
Sun	12/12 – Henry J. Kopacki, Jr. & Billy McGowan	
	Requested by Marian Kopacki & Janice McGowan & Families	
		Fr. Oscar
Mon	12/13 – No Mass	
Tue	12/14 – Richard Sturtz III (RIP)	Fr. Oscar
	Requested by Cathy Fudella	
Wed	12/15 – Special Intention	Fr. Oscar
	Requested by Bob & Lorraine Ryalls	
Thurs	12/16 – Joe Sr, Elsie & Johnnie Drexler (RIP)	
	Requested by Joe & Linda Drexler	
		Fr. Oscar
Fri	12/17 – Natalee Spiro Franzyszen (RIP)	
	Requested by David Seckora	
		Fr. Oscar
Sat	12/18 – Richard & Anna Kozlowski (RIP)	
	Requested by Linda & Joe Drexler	
		Fr. Oscar
Sun	12/19 – Natalee Franzyszen (RIP)	Fr. Oscar
	Requested by Linda & Joe Drexler	

Collections for December 4th & 5th, 2021

Parish Operations	\$5,713.00
Supplemental Collection	100.00
Christmas Flowers	30.00
Votive Candles	9.00
Poor Box	20.00
Religious Education	25.00
All Saints Day	10.00
Thanksgiving	5.00
Online Giving as of 11/30/2021	100.00
Total	\$6,012.00
Amount needed weekly for Parish Operations is \$3,940	
Restricted, Special Use or Sent out of Parish	
Capital Campaign	\$3,415.00
Cemetery Fund	\$35.00
Maintenance Fund	\$60.00
Haiti Fund	\$160.00
Catholic Charities	\$100.00

Thank you for supporting our parish!

***Did you know that if you are 72 or older, you can make your Required Minimum Distribution from your IRA straight to our parish and most times it is excluded from your gross taxable income. To find out more, contact your financial advisor or Maggie Keenan at the Catholic Community Foundation – 804-622-5221 or mkeen@richmonddiocese.org.

***There are free Advent Books at the back of the Church. Please take one and make this Advent Season special with the reflections inside!!!

Mass Updates

*** Mass is being live streamed for use on various Diocesan digital media accounts of the Catholic Diocese of Richmond, including, but not limited to, the websites of the Catholic Diocese of Richmond and the Catholic Virginian, and social media platforms of the Catholic Diocese of Richmond. Photography and/or screenshot images from the livestream may be used for the Catholic Virginian print edition. If you do not wish to be captured by live streaming, please refrain from attending the 9am Sunday Mass.

Per the Virginia Department of Health:

1. Unvaccinated or not fully vaccinated individuals should wear masks in public indoor settings.
2. Fully vaccinated individuals do not need to wear a mask; however, masks should be worn in indoor settings in areas of substantial and high transmission.
3. Any person not wearing a mask shall not be required to produce documentation that they are vaccinated or that they have an underlying medical condition.

Week of December 13th – 19th

Monday, December 13th – No Daily Mass

Adoration Mercy Center Chapel 12pm - 10pm

Tuesday, December 14th 8:30am Mass (Livestreamed)

Adoration Mercy Center Chapel 12pm - 10pm

**Adult Faith Formation – Mercy Center – 4:30pm*

Wednesday, Dec. 15th – 8:30am Mass (Livestreamed)

OLBS Advent Penance Service 7:00pm

Thursday, December 16th

**Preschool Christmas Program 9:20am Church*

Mass 11:00am – Senior Luncheon Immediately

Following at Nick's Restaurant

Friday, December 17th – 8:30am Mass (Livestreamed)

Most Holy Rosary 6:30pm in Church (Livestreamed)

Saturday, December 18th – The Preacher to the

Popes Showing at St. Patrick's Theatre in Norfolk

Must RSVP – See the Bulletin

Mass – 5:30pm

Sunday, December 19th – Mass at 9:00am

(Livestreamed)

10:15am – Children's Faith Formation – Hall

10:15am – Adult Faith Formation in MC – Coffee

10:15am – Parish Council Meeting

No Spanish Mass

*****Christmas Potluck & Play 5:30pm in Hall**

Attendance December 4th & 5th, 2021

Saturday, December 4th 5:30pm = 63

Sunday, December 5th 9:00am = 103

Spanish Mass, December 5th 11:30am = 40



To our couples with anniversaries in
December: Glenn & Kay Shaw – 12/1/1972;
Craig & Danielle Smith – 12/1/2007; (Francis)
& Cathy Fudella – 12/13/1971; Michael & Jan
Bellanca – 12/29/1963; Chris & Paula Polcyn –
12/30/1988



PRAYERS FOR HEALING AND GOOD HEALTH

Emily Adams	Elizabeth Alley	Camb Ashley
Candace Barefoot	Virginia Becker	Paulette Berberich
Linda Blevins	Ron Blevins	Linda Burch
William Bush	Kathryn Carson	Kevin Carson
Lucy Carson	Tim Collier	Meredith Crowe
Eric Crump	Vincent D'elia	Denise DePompeo
Dale Dippre	Dexter Dix	Larry Dzula, Jr.
Michelle Eshelman	Amanda Fincher	Maria Fredericks
Cris Gay	Kelli Gaeta	Margaret Geron
Jim Gregory	Pat Hinkle	Kelly Hipple
Laurie Hite	Mary Ann Hooper	Ellen Horseman
John Jones	Gail Justin	Bob Kay
John Kellam	Bill Kessler	Gloria Kojcsich
Bonnie Kopacki	Joyce Kostrzewa	Gordon Langston
Patricia Lanuza	Ashley Larson	Melissa Leger
Philip Liberato	Denise Mason	Matt Matula
Lanci McCloud	Kenny McGinley	Beverly McGowan
Patrick McGowan	William Madigan III	Ron Martz
Jackie Mierle	Clara Morrow	Randy Morrow
Specialist Mullins	Larry Newtzie	Andrea Payton
Ka'varus Penticolas	Brett Pickens	Patricia Pilog
Pam Rigsby	Mark A. Roane	Vickie Roane
Leonard Romano	Debbie Royals	Jack Scaife
Barbara Schafer	Kay Shaw	James Simmons
The Solak Family	Levi Sturtz	Stanley Thomas
Jim Tokarz	Mae Touray	Taylor Trimbath
Gloria Wajciechowski	Francis Watkins	Emmett White
James Wills	Andrea Berberich Wilson	Lois Wilson
Robert 'Bobby' Wilson		Jody Zogran

PRAYERS FOR THOSE IN THE MILITARY

Major Jonathan Culberson
Staff Sargent Steven Bullis Wood

Church Cleaning Schedule

12/6 thru 12/12 – Our Hispanic Community
12/13 thru 12/19 – Dan Gibbs Family
12/20 thru 12/26 – Teresa Nguyen & Nguyen Sisters



12/11 – Kevin Kopacki & Kody Kopacki
12/12 – Craig Smith & Tuan Nguyen
12/18 – Shawn Lazar & Joe Drexler
12/19 – Philip Henley & Jim Milby



12/11 – Jim Vadas & Pattie Vadas
12/12 – Danielle Smith & Pat Barron
12/18 – Lorraine Ryalls & David Seckora
12/19 – Scott Rae & Colleen Rae



12/11 – Tom Fauber
12/18 – Erin Lazar
12/12 – Bill Madigan
12/19 – Sarah Rae

ADVENT/CHRISTMAS

The manger, a feeding trough for animals, is highly symbolic and foreshadows the Eucharist.

One of the most profound symbols associated with the birth of Jesus is the manger. The Virgin Mary, "Wrapped him in swaddling clothes and laid him in a manger, because there was no room for them in the inn" (Luke 2:7). A manger is a feeding trough for animals and was likely the cleanest place in the stable where the Virgin Mary could place the baby Jesus. Christians would later reflect on this profoundly symbolic action and find a connection to the Holy Eucharist, where Jesus himself becomes food for humanity. St. Cyril of Alexandria in the 5th century explains, "The setting of Christ's birth points us to the Eucharist. Since through sin man becomes like the beasts, Christ lies in the trough where animals feed, offering them, not hay, but his own body of life-giving bread." As we kneel before the altar with the view of the nativity scene this Christmas, dwell upon the beautiful gift of the Eucharist and how we can prepare to receive Jesus into our hearts.

SAINT OF THE WEEK

December 13th – St. Lucy, Virgin and Martyr

Lucy Died at Syracuse in Sicily, probably in the persecution of the emperor Diocletian in 304. Widely venerated from the earliest times, her memorial has long been kept on this day. Probably because her name is suggestive of light, her intercession has been sought for eyesight problems. She is named in Eucharistic Prayer I (The Roman Canon) and remembered as a youth, radiant with Christian faith and courage.

THE YEAR OF GRACE WITH ST. JOSEPH

St. Joseph Mirror of Patience

Life was not easy for St. Joseph. His mission required a lot of waiting. If St. Joseph did not accompany Mary on her journey to Elizabeth's house, he had to wait three long months to see his wife again. When St. Joseph observed that his wife was pregnant, he had to wait for the Lord to reveal what He wanted him to do in response to the wondrous pregnancy.

Such trials of patience must have been extremely challenging to St. Joseph. Saint Joseph used them as an opportunity to grow in patience and holiness.

Exercising patience does not mean that a person will be free of the anxieties of life. When Mary and Joseph lost Jesus for three days in Jerusalem, we are told that they searched for their beloved Son with great anxiety (Lk 2:48). They were greatly concerned but had boundless confidence in Divine Providence. When God allows trials of our Patience, it is so we can grow in that virtue.

(Pray the Litany of St. Joseph)



ARE YOU IN NEED OF PRAYER? DO YOU KNOW SOMEONE IN NEED OF PRAYER? Please contact the prayer chain to request any prayers needed. Anonymous Prayer Requests accepted. Contact: On Tuesdays, Wednesdays & Thursdays, Pam Watkins at the Church office at 804-843-3125 from 9:00am through 4:30pm. Any other times, please contact Pam Watkins at 919-820-1986 (cell phone).

Our Hope, Our Home, Our Lady OLBS Capital Campaign Our Capital Campaign has been approved by Bishop Knestout for 5 years and any funds received designated for our "Capital Campaign" is not subject to the Diocesan Cathedraticum "tax" - all of those funds stay with our parish. If you have any questions about the Capital Campaign or the repairs needed on the parish grounds, please contact Bob Ryalls at businessmgr@olbs-catholic.org or call him at 757-207-0125. You can also contact Jim Pyne at facilitieschair@olbs-catholic.org.



When the year 1000 was about to dawn, people fled to mountains, expecting the return of Christ. When 2000 came, people feared major computer -- and hence societal -- breakdowns. Neither happened. Yet both moments in history remind us of something deeper, the lesson of Advent. Advent means "coming." The Lord wants us to anticipate and prepare for His coming, not as something that we hinge on a particular date or identify with a particular calamity, but as an ordinary aspect of our daily Christian living. On the one hand, we know He is coming; on the other, we don't know when. Yet every moment is an opportunity to make that coming more central to our lives. Lord, may we welcome you daily in your Word, your Sacraments, and in all our brothers and sisters! _Help is available: Call 1-800-712-HELP. (Priests for Life)

Prayer of the Unborn

Heavenly Father, I thank You for the gift of life. Grant that the dear mother who gives me birth may welcome me with love. But if she cannot love me, Lord, grant that she may at least feel compassion, that the life You have given me may not be taken away from me even before I am born. I beg this in Jesus' name. Amen.

Adult Bible Study

Looking for Faith Formation? Join us every Sunday after the 9:00am Mass at the Mercy Center Office, in the front room. We are learning about the book of ACTS (The Spread of the Kingdom) with Jeff Cavins.

Does a week day formation work better for you? You can join us on Tuesdays in the Mercy Center front room at 4:30pm.

The Oplatki

Father Oscar will be Blessing the Oplatki this weekend on December 11th & 12th. Be sure to take one to share with your family, carrying on an old tradition or starting a new one!

Seniors Christmas Tea & Luncheon – December 21st

The Seniors Tea & Luncheon will be sponsored by the Youth Group on Tuesday, December 21st following the 11:00am Mass. We want you to come, so please RSVP by calling the parish office at 804-843-3125 or sign up in the back of the Church by December 17th.

Mass Readings: Third Sunday of Advent

1st Reading: Zep 3:14-18a

Responsorial Psalm: Is 12:2-3, 4, 5-6

2nd Reading: Phil 4:4-7

Alleluia Acclamation: Is 61:1 (Lk 4:18)

Gospel Reading: Lk 3:10-18

Spiritual Communion Prayer

My Jesus, I believe that You are present in the Most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.

From the Missionaries of the Holy Family

Vocations are growing in Indonesia, Poland, and Madagascar, and our missionaries are eager to fulfill your Mass Requests. Many of them depend on Mass Offerings for food and clothing. Gregorian Masses can be requested for a minimum of \$200.00. We also accept donations for our Food Packets for the Poor program, as well as unrestricted gifts for areas of specific need, such as medicine and immunizations for mission children. Each \$21.00 provides cheese, powdered milk, meat products, flour, rice, and canned foods for a family of four for 2 weeks. Send all correspondence to Missionaries of the Holy Family, Provincial Office, 3014 Oregon Avenue, Saint Louis, MO 63118-1412 or call 1-888-484-9945.



Pray for Vocations

Do you rejoice in the Lord? Is He asking you to consider a vocation a vocation as a priest?

Call the Vocations Office at 804-359-5661 to speak with Fr. Brian Capuano, or write to vocations@richmonddiocese.org.

***If you are having difficulty hearing the Mass in Church, please arrive a few minutes early and speak with one of the ushers, as the parish has purchased hearing assistance devices for our parishioners. Just ask one of our ushers how it works. You can even use your own earphones to plug into the device.

The Preacher to the Popes: Raniero Cantalamessa feature film premiere:

You are invited to join his Excellency Bishop Barry Knestout, the filmmakers, and guests from around the globe for the worldwide premiere of the first feature film about Cardinal Cantalamessa. The filmmakers are from Virginia! Did you know that the Pope has an official preacher who leads retreats for the papal household twice a year? Did you know that the Capuchin friar currently in the position has been serving for the longest time in history? Learn about the Cardinal and his mission to spread the authentic joy and truth of the Gospel. The premiere is free both in person and online thanks to generous sponsors. Join us from anywhere online or see the film on the big screen and enjoy the reception after at St. Patrick's School Theatre in Norfolk, VA on Saturday, December 18th at 10:00am. RSVP via <https://cantalamessamovie.com>.

Events to Which We Can Look Forward!

December 15th – OLBS Advent

Penance Service at 7:00pm in the Church
We will have 4 priests. Father Oscar Paraiso, Father Gerald Kaggwa, Father Bob Brownell, and Father Joseph Lehman will all be here to hear confessions. Come and experience the forgiveness and peace that can only come from God, our loving and merciful Father.

December 16th – Preschool Christmas

Program – 9:20am in Church – Come see our Preschool children growing in their faith in Jesus as they celebrate this Joyful Season!

December 19th – Our Christmas Pot

Luck Dinner and Virtual Christmas Play at 5:30pm in the Hall. Bring your favorite dish and share in the Joy of the Season, celebrating the message of Jesus' birth!

***If you have any old palms at home, please bring them to the Church and place in the basket at the back of the Church so they can be properly disposed of by being burned for the ashes we will use on Ash Wednesday.

From the IT Department at the Diocese

With the Holiday Season underway, we want to offer a reminder to all staff and volunteers to be vigilant against online scams. Scammers are out in full force during the holidays and we've gotten a few reports from the field already. Don't be taken by those out to use the busyness and good will of the season to do harm. A few things to look out for, as always:

- Calls, Emails, Texts, Instant Messages, Etc. asking for gift cards, funds, cash apps or money wires on behalf of the Bishop, pastors, church staff, other parishioners, etc.
- Calls, Emails, Texts, Instant Messages, Etc. indicating that your account or purchase shipment has been compromised or that you need to "*Click This Link*" to confirm your account or order.
- Calls, Emails, Texts, Instant Messages, Etc. from an unknown person asking for your password, social security number or access to your computer.

What to do if you receive a suspicious communication:

- Delete it. Don't engage with the person on the other end.
- Try to reach your contact via a different (previously used or independently verified) method of communication. **Examples Below:**
 - If someone says they are with the Diocese, call the main number of the Pastoral Center and ask for the person or their office to confirm.
 - If you get an email saying that your bank needs to confirm your account, "*please click here*". Close that email without clicking and go to your bank's website as you normally would or call the 800 number associated with your bank found on your card or their official website to confirm.

We pray that you and your families are safe and continue to have a blessed and peace filled Advent Season.

Your Friends in I.T.



Catholic Diocese of Richmond | Office of Information Technology
7800 Carousel Lane | Richmond, VA 23294-4201
Office: 804-359-5661 | Direct: 804-622-5132



WELCOME NEW PARISHIONERS

New members are asked to register at the Parish Office in the Mercy Center.

We invite all parishioners to join a ministry.
Contact the Chairperson of the ministry or call the Parish Office at
804.843.3125

ALTAR LINENS
Linda Drexler 843-2541
vintagenotes@verizon.net

ALTAR SERVERS
Joe Drexler 843-2541
liturgychair@olbs-catholic.org

ARTS & ENVIRONMENT
Rowena & Tom Fauber 725-6110
artsenvironment@olbs-catholic.org

BELL CHOIR

CANTORS/CHOIR
Leda Zaginaylo 757 870-2516
music@olbs-catholic.org

CEMETERY COMMITTEE
Gary Silvia 757-303-8576
cemeterychair@olbs-catholic.org

CHURCH HISTORIAN
Linda Drexler 843-2541
historian@olbs-catholic.org

CLEANING COORDINATOR

FACILITIES COMMITTEE
Jim Pyne
facilitieschair@olbs-catholic.org

FINANCE COMMITTEE
Richard Duke 843-3125
financechair@olbs-catholic.org

HISPANIC MINISTRY
Nanci Hernandez
Jose Velasquez
hispanicministry@olbs-catholic.org

HOSPITALITY
Glenn & Kay Shaw 843-3476

JUSTICE & PEACE

KNIT, PURL & PRAY

LAWN MOWING COMMITTEE
Eric Ellingson 843-2184
ericellingson@verizon.net

LIBRARY
Linda Drexler 843-2541
vintagenotes@verizon.net

LITURGY COMMITTEE
Joe Drexler 843-2541
liturgychair@olbs-catholic.org

MINISTRY SCHEDULING
Pattie Vadas 843-4082
pbv0806@yahoo.com

OFFICE VOLUNTEERS
Margaret Varboncoeur 843-2867

PARISH COUNCIL
Phil Liberato 512-9701
parishchair@olbs-catholic.org

SACRISTAN
Joe Drexler 843-2541
David Seckora 843-2969
Marguerite Sturtz, Sacristan Emeritus

YOUTH MINISTRY

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PROVIDENCE FORGE, VA 23140
(804)966-1600

Father Jakubowski Council #8116



*New Members
Welcomed

*Hall Rental Available

Contact
Janice McGowan
(804) 366-4124