# OUR LADY OF THE BLESSED SACRAMENT CATHOLIC CHURCH

3570 KING WILLIAM AVENUE, WEST POINT VA 23181



11:30 A.M. (SPANISH MASS)

WEEKDAYS: 8:30 A.M. Tuesday - Friday

HOLYDAYS: 8:30 A.M. & 7:00 P.M.

PARISH OFFICES at the MERCY CENTER 207 W. Euclid Blvd., West Point, VA 23181 Phone: 843-3125 Fax: 843-9158

Office Hours: TWTh 9:00 a.m. - 4:30 p.m.

Parish e-mail : <u>olbs@olbs-catholic.org</u>
Parish Web address: <u>www.olbs-catholic.org</u>

The second washing to commission

**PASTOR** 

Rev. Oscar Paraiso 757-778-5118
Rectory 843-4231
Office 843-3125 ext 102

Email: oparaiso@richmonddiocese.org

ADMINISTRATIVE ASSISTANT

Pam Watkins 843-3125 ext 101

Hours: T-W-Th 9:00 a.m. - 4:30 p.m. Email: <u>adminassistant@olbs-catholic.org</u>

BUSINESS MANAGER 843-3125 ext 104 Bob Ryalls 757 207-0125

E-mail: <u>businessmgr@olbs-catholic.org</u>

COORDINATOR of CHRISTIAN FORMATION Erin Havden 843-3125 ext 103

Email: DRE@olbs-catholic.org

MUSIC DIRECTOR

**Leda Zaginaylo** 757 870-2516

Email: music@olbs-catholic.org

PRESCHOOL TEACHER/DIRECTOR

Vangy Lawson 843-4177

Email: <u>preschool@olbs-catholic.org</u>

**GOOD NEIGHBOR CENTER** 

Frances Thornton 843-4339

Hours: M 10 am - 2 pm

W 12:30 pm - 2:30 p.m.

van den BOOGAARD HALL RENTALS

Janice McGowan 843-2870

Email: <u>hallrentals@olbs-catholic.org</u>

**SACRAMENT of RECONCILIATION** 

Saturday 5:00 p.m. Also by appointment

EUCHARISTIC ADORATION Monday and Tuesday

Monday and Tuesday Mercy Center Chapel

First Friday Adoration in the church

6:00 p.m. - 9:00 p.m.

**RECITATION of the MOST HOLY ROSARY** 

6:30 p.m. Every Friday in the church

**OUTREACH** 

A food basket and donation box are in the church entry. Your donations provide the means to give direct help to the needy. We collect food on the first weekend of the month.

**INFANT BAPTISM** 

Parent preparation classes are required for each couple planning to have their baby baptized. To schedule a preparation session, please call the church office.

**MARRIAGE** 

OLBS sponsors a preparation program for couples who intend to marry. The Pastor must be contacted at least six months prior to the date of the wedding.

**RECEPTION** into the CHURCH

Those inquiring into the Catholic Faith or seeking communion with the Church are invited to contact the Parish Office. Rite of Christian Initiation of Adults (RCIA) is offered.

The mission of Our Lady of the Blessed Sacrament Catholic Church, centered in the Eucharist, is to love God and His people and to extend His love to others through service and prayer.

### FIRST SUNDAY OF ADVENT November 27<sup>th</sup> & 28<sup>th</sup>, 2021



Sat	11/27 – Thomas Sturtz, Sr. (RIP)	Fr. Oscar			
	Requested by Marguerite Sturtz				
Sun	11/28 – Rev. John Brieffies (RIP)	Fr. Oscar			

Requested by The Bui Family Mon 11/29 – No Mass

Tue 11/30 – Joseph Fostek, Jr. (RIP) Fr. Oscar Requested by Meredith Crowe & Family

Wed 12/1 – Ricky Sturtz (RIP) Fr. Oscar Requested by Marguerite Sturtz

Thurs 12/2 – Joe Sr, Elsie & Johnnie Drexler (RIP)

Requested by joe & Linda Drexler Fr. Oscar

Fri 12/3 – Joseph Fostek, Jr. (RIP) Fr. Oscar Requested by Bob & Lorraine Ryalls

Sat 12/4 – Richard & Anna Kozlowski (RIP)Fr. Oscar Requested by Linda & Joe Drexler

Sun 12/5 – Henry J. Kopacki, Jr. (RIP) Fr. Oscar Anniversary of Death Requested by Marian Kopacki & Family

### Collections for November 20th & 21st, 2021

Parish Operations	<b>\$5,306.00</b>			
Supplemental Collection	261.00			
Christmas Flowers	645.00			
Thanksgiving	95.00			
Online Giving as of 11/15/2021	75.00			
Total	\$6,382.00			
Amount needed weekly for Parish Operations is \$3,940				

Restricted, Special Use or Sent out of Parish
Capital Campaign \$2,215.00
Cemetery Fund \$65.00

Facilities Repairs & Maintenance Fund \$25.00 Archdiocese of the Military \$25.00

\*\*\*Thank you for supporting our parish!\*\*\*

\*\*\*Did you know that if you are 72 or older, you can make your Required Minimum Distribution from your IRA straight to our parish and most times it is excluded from your gross taxable income. To find out more, contact your financial advisor or Maggie Keenan at the Catholic Community Foundation - 804-622-5221 or mkeenan@richmonddiocese.org.

The Little Blue Advent/Christmas Books are available at the Back of the Church, along with some Free Advent Books – "The Word Among Us". Please take one and add some devotion to your Advent!

### **Mass Updates**

\*\*\* Mass is being live streamed for use on various Diocesan digital media accounts of the Catholic Diocese of Richmond, including, but not limited to, the websites of the Catholic Diocese of Richmond and the Catholic Virginian, and social media platforms of the Catholic Diocese of Richmond. Photography and/or screenshot images from the livestream may be used for the Catholic Virginian print edition. If you do not wish to be captured by live streaming, please refrain from attending the 9am Sunday Mass.

### Per the Virginia Department of Health:

- Unvaccinated or not fully vaccinated individuals should wear masks in public indoor settings.
- Fully vaccinated individuals do not need to wear a mask; however, masks should be worn in indoor settings in areas of substantial and high transmission.
- Any person not wearing a mask shall not be required to produce documentation that they are vaccinated or that they have an underlying medical condition.

Schedule Week of Nov. 29<sup>th</sup> – Dec. 5<sup>th</sup> Monday, November 29th - No Daily Mass Adoration Mercy Center Chapel 12pm - 10pm Tuesday, November 30<sup>th</sup> 8:30am Mass (Livestreamed) Adoration Mercy Center Chapel 12pm - 10pm \*Adult Faith Formation – Mercy Center – 4:30pm \*Finance Council - Mercy Center - 6:30pm Wednesday, Dec. 1st - 8:30am Mass (Livestreamed) Thursday, Dec. 2<sup>nd</sup> - 8:30am Mass (Livestreamed) Friday, Dec. 3rd – 8:30am Mass (Livestreamed) Our Lady of Guadalupe Novena Begins 6:00pm Most Holy Rosary 6:30pm Church (Livestreamed) Saturday, December 4th - Mass - 5:30pm \*Giving Tree Gifts Due Back Under the Tree Sunday, Dec. 5<sup>th</sup> - Mass at 9:00am (Livestreamed) 10:15am - Children's Faith Formation - Hall First Penance – Parents Meet in Hall

10:15am – Adult Faith Formation in MC – Coffee Spanish Mass – 11:30am Youth Group – 6:30pm

Attendance November 20<sup>th</sup> & 21<sup>st</sup>, 2021 Saturday, November 20<sup>th</sup> 5:30pm = 49 Sunday, November 21<sup>st</sup> 9:00am = 122 Spanish Mass, Nov. 21<sup>st</sup> 11:30am = 39



Congratulations to Shawn and Bernardo Sprouse and family on the Baptism of Liam Marcos, which was held on November 21<sup>st</sup>. Welcome to the Christian Community!



To our couples with anniversaries in November: Paul & Erin Borszich – 11/3/2007; Richard & Margaret Mountcastle – 11/6/1971; Shane & Donna Donahue – 11/10/2001; Jody & Bobbi Drexler – 11/15/2003; Stanley & Geraldine Thomas – 11/22/1959; Joe & Linda Drexler – 11/23/1968.



### PRAYERS FOR HEALING AND GOOD HEALTH

·				
Emily Adams	Elizabeth Alley	Camb Ashley		
Candace Barefoot	Virginia Becker	Paulette Berberich		
Linda Blevins	Ron Blevins	Linda Burch		
William Bush	Kathryn Carson	<b>Kevin Carson</b>		
Lucy Carson	Tim Collier	Meredith Crowe		
Eric Crump	Vincent D'elia	Denise DePompeo		
Dale Dippre	Dexter Dix	Larry Dzula, Jr.		
Michelle Eshelman	Amanda Fincher	<b>Maria Fredericks</b>		
Cris Gay	Kelli Gaeta	<b>Margaret Geron</b>		
Jim Gregory	Pat Hinkle	Kelly Hipple		
Laurie Hite	Mary Ann Hooper	Ellen Horseman		
John Jones	Gail Justin	Bob Kay		
John Kellam	Bill Kessler	Gloria Kojcsich		
Bonnie Kopacki	Joyce Kostrzewa	<b>Gordon Langston</b>		
Patricia Lanuza	Ashley Larson	Melissa Leger		
Philip Liberato	Denise Mason	Matt Matula		
Lanci McCloud	<b>Kenny McGinley</b>	<b>Beverly McGowan</b>		
Patrick McGowan	William Madigan III	l Ron Martz		
Jackie Mierle	Clara Morrow	Randy Morrow		
Specialist Mullins	Larry Newtzie	Andrea Payton		
Ka'varus Penticolas	<b>Brett Pickens</b>	Patricia Pilong		
Pam Rigsby	Mark A. Roane	Vickie Roane		
<b>Leonard Romano</b>	<b>Debbie Royals</b>	Jack Scaife		
Barbara Schafer	Kay Shaw	James Simmons		
The Solak Family	Levi Sturtz	Jim Tokarz		
Mae Touray	Taylor Trimbath	Gloria Wajciechowski		
Francis Watkins	<b>Emmett White</b>	James Wills		
Andrea Berberich Wilson Lois Wilson Robert 'Bobby' Wilso				
	Jody Zogran			

### PRAYERS FOR THOSE IN THE MILITARY

Major Jonathan Culberson Staff Sargent Steven Bullis Wood

### **Church Cleaning Schedule**

11/22 thru 11/28 – Teresa Nguyen & Nguyen Sisters 11/29 thru 12/5 – Gary & Jackie Silvia 12/6 thru 12/12 – Our Hispanic Community



11/27 – Bob Ryalls & Dan Gibbs 11/28 – Jim Milby & Craig Smith 12/4 – Bob Ryalls & Dan Gibbs 12/5 – Daniel Duke & Philip Henley



11/27 – Jackie Silvia & Tom Fauber 11/28 – Kay Shaw & Joe Pincus 12/4 – David Seckora & Jim Vadas 12/5 – Susan Thompson & Bill Madigan



11/27 – Joe Drexler 12/4 – Gary Silvia 11/28 – Susan Thompson 12/5 – Jim Pyne

# MEDITATION ON THE HOLY SOULS IN PURGATORY

# WAYS TO PRAY FOR THE HOLY SOULS IN PURGATORY

- Pray the <u>Divine Mercy Chaplet</u> for the intention of the Holy Souls.
- Sprinkle <u>Holy Water</u> on the ground:
   St. John Macias, a great friend of
   those in purgatory, would often
   sprinkle holy water on the ground for
   the spiritual benefit of the suffering
   souls.
- When passing by a cemetery, pray the short Eternal Rest prayer. This prayer carries a partial indulgence applicable to the poor souls.
- Eucharistic Adoration: visit the Blessed Sacrament to make acts of reparation to the Sacred Heart of Jesus on behalf of those in purgatory.
- Sacrifices: practice small acts of self-denial throughout your day and offer these penances up for the poor souls.
- Repent of your offenses against God and go to Confession: Confessing your own sins makes your prayers for the souls of others more effective.
- Spread devotion to the Holy Souls:
   Make others aware of the great need these suffering souls have for our prayers.

Eternal Rest grant unto them, oh Lord, and let your perpetual light shine upon them. May the souls of all the faithfully departed, through the mercy of God, rest in peace. Amen.



ARE YOU IN NEED OF PRAYER? DO YOU KNOW SOMEONE IN NEED OF PRAYER? Please contact the prayer chain to request any prayers needed. Anonymous Prayer Requests accepted. Contact: On Tuesdays, Wednesdays & Thursdays, Pam Watkins at the Church office at 804-843-3125 from 9:00am through 4:30pm. Any other times, please contact Pam Watkins at 919-820-1986 (cell phone).

### SAINT OF THE WEEK

St. Andrew, Apostle - November 30<sup>th</sup>
Born at Bethsaida (Galilee), Andrew was a
fisherman and perhaps a disciple of John
the Baptist. He introduced his brother,
Simon Peter, to Jesus and became one of
the first to follow Christ. He was
mentioned a number of times in the Gospels,
for example, in introducing some Gentiles to
Jesus (John 12:20off.) He has been widely
venerated since ancient times and is
remembered as one of the twelve who bore
witness to the life, death, and resurrection
of Jesus.

### THE YEAR OF ST. JOSEPH

St. Joseph Most Obedient

Obedience requires trust. Lack of trust on the part of our first parents (Adam and Eve) is what caused all mankind to fall into sin. In the Garden of Eden, our fist parents were tricked into disobeying God by the serpent. The devil instilled in their minds doubts regarding God's trustworthiness. "Did God really say you would die?" (Gen 3:1). Our new parents, Mary and St. Joseph, trusted God and were willing to suffer for their obedience to God. Mary and Joseph were certain that God had their best interests in mind. Natural law and divine law are not inhibitors to freedom. In God's plan, the purpose of these laws is to help us reach our ultimate destination: heaven.

(Pray the Litany of St. Joseph)

Our Hope, Our Home, Our Lady OLBS Capital
Campaign Our Capital Campaign has been approved by Bishop Knestout for 5 years and any funds received designated for our "Capital Campaign" is not subject to the Diocesan Cathedraticum "tax" - all of those funds stay with our parish. If you have any questions about the Capital Campaign or the repairs needed on the parish grounds, please contact Bob Ryalls at <a href="mailto:businessmgr@olbs-catholic.org">businessmgr@olbs-catholic.org</a> or call him at 757-207-0125. You can also contact Jim Pyne at <a href="mailto:facilitieschair@olbs-catholic.org">facilitieschair@olbs-catholic.org</a>.



From someone who had an abortion...: "[The abortion] gave me grief and sorrow beyond expression. I was petrified to tell anyone. I have committed the most heinous of all crimes. Yet, the Lord forgave me, just as he forgave Paul. Yet I will always regret what I did and will probably always feel grief. But I pray that my experience can somehow prevent other women from making the same fatal mistake. I'm a nurse now, so I wear my uniform to all the pro-life things I do! It helps." Forgiveness and healing are available. Visit <a href="https://www.RachelsVineyard.org">www.RachelsVineyard.org</a>. (Priests for Life)

### **Prayer of the Unborn**

Heavenly Father, I thank You for the gift of life. Grant that the dear mother who gives me birth may welcome me with love. But if she cannot love me, Lord, grant that she may at least feel compassion, that the life You have given me may not be taken away from me even before I am born. I beg this in Jesus' name. Amen.

### **Adoration to Defeat Abortion**

In one week, the Supreme Court will debate abortion. Many of you are asking: What can I do? The CatholicVote Website has just launched a new resource page. The page has information about the pro-life Mississippi law at the heart of the upcoming Supreme Court case, and answers to some of the questions CatholicVote members have been asking. Right now, we need prayer. Join us in Adoration to End Abortion at https://catholicvote.org/dobbs. We have fought very hard to rally support around sound constitutional judges for the Supreme Court. But while the current makeup of justices looks very promising, we know from history that we can't take anything for granted. We are calling on Catholics across the country to join together in Eucharistic Adoration on the eve of December 1st - the day when the Supreme Court hears the landmark pro-life case Dobbs vs. Jackson Women's Health. Visit our Adoration to Defeat Abortion page now, https://catholicvote.org/dobbs to find out more about what you can do as a parish.

# Mass Readings: First Sunday of Advent

1st Reading: Jer 33:14-16

Responsorial Psalm: Ps 25:4-5, 8-9, 10, 14

2<sup>nd</sup> Reading: 1 Thes 3:12-4:2 Alleluia Acclamation: Ps 85:8

Gospel Reading: Lk 21:25-28, 34-36

### **Spiritual Communion Prayer**

My Jesus, I believe that You are present in the Most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.

### Opportunities to Give This Season

### of Love!

Our <u>Giving Tree</u> gifts should be back under the tree by Sunday, December 5<sup>th</sup>. All gifts need to be in black trash bags with a list of the items enclosed attached to the outside of the bag, along with your tag from the tree. If you have any questions or need help in any way, please don't hesitate to call the Church office at 804-843-3125 or look for Deidra Kopacki, Sandy Lam-Dinh, Tiffany Smith, or Pam Watkins after one of the Masses to help.

\*\*\*If you have taken a tag but have forgotten to sign it out, please call the parish office at 804-843-3125 to let us know your tag number/numbers. Or, you can sign them out on the sheet in the back of the Church.\*\*

\*\*\*We are also taking donations for the Christmas Food Baskets. Please place in an envelope and drop into the offertory - clearly marked - Food Baskets - or see Deidra Kopacki, Sandy Lam-Dinh, Tiffany Smith or Pam Watkins after one of the Masses. Thank you so much for all you do for others less fortunate! We will be shopping for and packing the Food Baskets on Saturday, December 11th. We will meet at the Hall at 10:00am to go and shop. We will return and pack the Food Baskets for recipients. Anyone can help, we just ask that children not yet in high school be accompanied by a parent. Please let us know as soon as possible if you would like to help, as lunch will be provided but we need a good count of who will be helping. Any questions, please call parish office at 804-843-3125 or see one of the ladies mentioned above after one of the Masses.

### **Adult Bible Study**

Looking for Faith Formation? Join us every Sunday after the 9:00am Mass at the Mercy Center Office, in the front room. We are learning about the book of ACTS (The Spread of the Kingdom) with Jeff Cavins.

Does a week day formation work better for you? You can join us on Tuesdays in the Mercy Center front room at 4:30pm.

Due to the Thanksgiving Holiday, there will be no Bible Study on Sunday, November 28<sup>th</sup>. We will resume Bible Study on December 5<sup>th</sup>. Hope to see you there!

### The Oplatki

Father Oscar will be Blessing the Oplatki the weekend on December 11<sup>th</sup> & 12<sup>th</sup>. Be sure to take one to share with your family, carrying on an old tradition or starting a new one!

From the Missionaries of the Holy Family Vocations are growing in Indonesia, Poland, and Madagascar, and our missionaries are eager to fulfill your Mass Requests. Many of them depend on Mass Offerings for food and clothing. Gregorian Masses can be requested for a minimum of \$200.00. We also accept donations for our Food Packets for the Poor program, as well as unrestricted gifts for areas of specific need, such as medicine and immunizations for mission children. Each \$21.00 provides cheese, powdered milk, meat products, flour, rice, and canned foods for a family of four for 2 weeks. Send all correspondence to Missionaries of the Holy Family, Provincial Office, 3014 Oregon Avenue, Saint Louis, MO 63118-1412 or call 1-888-484-9945.

The Preacher to the Popes: Raniero Cantalamessa feature film premiere: You are invited to join his Excellency Bishop Barry Knestout, the filmmakers, and guests from around the globe for the worldwide premiere of the first feature film about Cardinal Cantalamessa. The filmmakers are from Virginia! Did you know that the Pope has an official preacher who leads retreats for the papal household twice a year? Did you know that the Capuchin friar currently in the position has been serving for the longest time in history? Learn about the Cardinal and his mission to spread the authentic joy and truth of the Gospel. The premiere is free both in person and online thanks to generous sponsors. Join us from anywhere online or see the film on the big screen and enjoy the reception after at St. Patrick's School Theatre in Norfolk, VA on Saturday, December 18th at 10:00am. RSVP via

https://cantalamessamovie.com.

### WELCOME NEW PARISHIONERS

New members are asked to register at the Parish Office in the Mercy Center.

We invite all parishioners to join a ministry.
Contact the Chairperson of the ministry or call the Parish Office at 804.843.3125

ALTAR LINENS
Linda Drexler 843-2541
vintagenotes@verizon.net

ALTAR SERVERS

Joe Drexler 843-2541 liturgychair@olbs-catholic.org

ARTS & ENVIRONMENT
Rowena & Tom Fauber

Rowena & Tom Fauber 725-6110 artsenvironment@olbs-catholic.org

**BELL CHOIR** 

**CANTORS/CHOIR** 

Leda Zaginaylo 757 870-2516 music@olbs-catholic.org

CEMETERY COMMITTEE

Gary Silvia 757-303-8576 cemeterychair@olbs-catholic.org

CHURCH HISTORIAN
Linda Drexler

843-2541

historian@olbs-catholic.org

**CLEANING COORDINATOR** 

**FACILITIES COMMITTEE** 

Jim Pyne

facilitieschair@olbs-catholic.org

FINANCE COMMITTEE

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HISPANIC MINISTRY

Nanci Hernandez Jose Velasquez

hispanicministry@olbs-catholic.org

**HOSPITALITY** 

Glenn & Kay Shaw 843-3476

**JUSTICE & PEACE** 

KNIT, PURL & PRAY

LAWN MOWING COMMITTEE

Eric Ellingson 843-2184

ericellingson@verizon.net

LIBRARY

Linda Drexler 843-2541

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LITURGY COMMITTEE

Joe Drexler 843-2541 liturgychair@olbs-catholic.org

MINISTRY SCHEDULING

Pattie Vadas 843-4082

pbv0806@yahoo.com

OFFICE VOLUNTEERS

Margaret Varboncoeur 843-2867

**PARISH COUNCIL** 

Phil Liberato 512-9701

parishchair@olbs-catholic.org

SACRISTAN

Joe Drexler 843-2541
David Seckora 843-2969
Marguerite Sturtz, Sacristan Emeritus

YOUTH MINISTRY

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\*Hall Rental Available

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