

OUR LADY OF THE BLESSED SACRAMENT CATHOLIC CHURCH

3570 KING WILLIAM AVENUE, WEST POINT VA 23181

MASS SCHEDULE

WEEKENDS: SATURDAY 5:30 P.M.

SUNDAY 9:00 A.M.

11:30 A.M. (SPANISH MASS)

WEEKDAYS: 8:30 A.M. Tuesday - Friday

HOLIDAYS: 8:30 A.M. & 7:00 P.M.



PARISH OFFICES at the MERCY CENTER

207 W. Euclid Blvd., West Point, VA 23181

Phone: 843-3125

Fax: 843-9158

Office Hours: T W Th 9:00 a.m. - 4:30 p.m.

Parish e-mail : olbs@olbs-catholic.org

Parish Web address: www.olbs-catholic.org

PASTOR

Rev. Oscar Paraiso

757-778-5118

Rectory

843-4231

Office

843-3125 ext 102

Email: oparaiso@richmonddiocese.org

ADMINISTRATIVE ASSISTANT

Pam Watkins

843-3125 ext 101

Hours: T-W-Th 9:00 a.m. - 4:30 p.m.

Email: adminassistant@olbs-catholic.org

BUSINESS MANAGER

843-3125 ext 104

Bob Ryalls

757 207-0125

E-mail: businessmgr@olbs-catholic.org

COORDINATOR of CHRISTIAN FORMATION

Erin Hayden

843-3125 ext 103

Email: DRE@olbs-catholic.org

MUSIC DIRECTOR

Leda Zaginaylo

757 870-2516

Email: music@olbs-catholic.org

PRESCHOOL TEACHER/DIRECTOR

Vangy Lawson

843-4177

Email: preschool@olbs-catholic.org

GOOD NEIGHBOR CENTER

Frances Thornton

843-4339

Hours: M 10 am - 2 pm

W 12:30 pm - 2:30 p.m.

van den BOOGAARD HALL RENTALS

Janice McGowan

843-2870

Email: hallrentals@olbs-catholic.org

SACRAMENT of RECONCILIATION

Saturday 5:00 p.m.

Also by appointment

EUCCHARISTIC ADORATION

Monday and Tuesday

Mercy Center Chapel

First Friday Adoration in the church

6:00 p.m. - 9:00 p.m.

RECITATION of the MOST HOLY ROSARY

6:30 p.m. Every Friday in the church

OUTREACH

A food basket and donation box are in the church entry. Your donations provide the means to give direct help to the needy. We collect food on the first weekend of the month.

INFANT BAPTISM

Parent preparation classes are required for each couple planning to have their baby baptized. To schedule a preparation session, please call the church office.

MARRIAGE

OLBS sponsors a preparation program for couples who intend to marry. The Pastor must be contacted at least six months prior to the date of the wedding.

RECEPTION into the CHURCH

Those inquiring into the Catholic Faith or seeking communion with the Church are invited to contact the Parish Office. Rite of Christian Initiation of Adults (RCIA) is offered.

The mission of Our Lady of the Blessed Sacrament Catholic Church, centered in the Eucharist, is to love God and His people and to extend His love to others through service and prayer.

NINETEENTH SUNDAY IN ORDINARY TIME

August 7th & 8th, 2021



Sat	8/7 – Joe, Sr, Elsie & Johnnie Drexler (RIP)	Fr. Oscar
	Requested by Joe & Linda Drexler	
Sun	8/8 – Marian Kopacki	Fr. Oscar
	In Honor of Her Birthday 8/6	
	Requested by Children & Grandchildren & Families	
Mon	8/9 – No Mass	
Tue	8/10 – Joe, Sr, Elsie & Johnnie Drexler (RIP)	Fr. Oscar
	Requested by Joe & Linda Drexler	
Wed	8/11 – Joseph & Florence Naggy (RIP)	Fr. Oscar
	In Memorial of their Wedding Anniversary	
	Requested by Mildred Hite	
Thurs	8/12 – Matt A. Rogers (RIP)	Fr. Oscar
	In Memorial of Birthday	
	Requested by Edna Trudeau	
Fri	8/13 – Richard & Anna Kozlowski (RIP)	Fr. Oscar
	Requested by Linda & Joe Drexler	
Sat	8/14 – Joe Buffa (RIP)	Fr. Oscar
	Requested by Knights of Columbus	
	Father Jakubowski Council #8116	
Sun	8/15 – Gaetano Buffa (RIP)	Fr. Oscar
	Requested by Knights of Columbus	
	Father Jakubowski Council #8116	

Collections for July 31st & August 1st, 2021

Parish Operations	\$3,277.00
Supplemental Collection	3.00
Online Giving as of 7/27/2021	150.00
The Assumption	30.00
Poor Box	8.00
Votive Candles	24.00
Religious Education	5.00
Total	\$3,497.00
Amount needed weekly for Parish Operations is	\$3,940
Restricted, Special Use or Sent out of Parish	
Facilities Repairs & Maintenance Fund	\$315.00
Cemetery Fund	\$186.00
Haitian Ministry	\$160.00
Maintenance Fund	\$60.00
Capital Campaign	\$1,259.00

Thank you for supporting our parish!

***If you are having difficulty hearing the Mass in Church, please arrive a few minutes early and speak with one of the ushers, as the parish has purchased hearing assistance devices for our parishioners.

Attendance – July 31st & August 1st, 2021

Saturday, July 31st – 5:30pm = 60

Sunday, July 31st – 9:00am = 114

Spanish Mass, August 1st – 11:30am = 24



The flowers in front of the altar this weekend are in Honor of Miss Marian Kopacki's Birthday and were donated by her children & grandchildren & families.

Mass Updates

*** Mass is being live streamed for use on various Diocesan digital media accounts of the Catholic Diocese of Richmond, including, but not limited to, the websites of the Catholic Diocese of Richmond and the Catholic Virginian, and social media platforms of the Catholic Diocese of Richmond. Photography and/or screenshot images from the livestream may be used for the Catholic Virginian print edition. If you do not wish to be captured by live streaming, please refrain from attending the 9am Sunday Mass.

There will be some mandated changes to how we practice our Mass. Effective immediately:

1. Everyone who is fully vaccinated may attend Mass without wearing a mask.
2. Everyone 5 years and older who has not been fully vaccinated should wear a mask.
3. Continue to refrain from physical contact, such as holding hands during the Our Father and shaking hands during the Sign of Peace.
4. Bulletins will be available at Masses. We have discontinued mailing our bulletins. If you need us to continue to mail a bulletin, we will be happy to do so. Please call the parish office at 804-843-3125 to be added to our list to be mailed a bulletin.

Schedule - Week of August 9th - 15th

Monday, August 9th – No Daily Mass

Adoration Mercy Center Chapel 12pm - 10pm

Tuesday, August 10th – Mass 8:30am

Adoration Mercy Center Chapel 12pm - 10pm

Wednesday, August 11th – Mass 8:30am

Thursday, August 12th – Mass 8:30am

Friday, August 13th – Mass 8:30am

Most Holy Rosary – 6:30pm in Church
(Livestreamed)

Saturday, August 14th – Mass – 5:30pm

Sunday, August 15th – The Solemnity of the Assumption of the Blessed Virgin Mary

Mass – 9:00am (Livestreamed)

Spanish Mass – 11:30am

Our Hope, Our Home, Our Lady OLBS Capital Campaign

Our Capital Campaign has been approved by Bishop Knestout for 5 years and any funds received designated for our "Capital Campaign" is not subject to the Diocesan Cathedralium "tax"! That means all of those funds stay with our parish. Thank you for your generosity!!!

***If you have any questions about the Capital Campaign or the repairs needed on the parish grounds, please contact Bob Ryalls at businessmgr@olbs-catholic.org or call him at 757-207-0125. You can also contact Jim Pyne at facilitieschair@olbs-catholic.org.



PRAYERS FOR HEALING AND GOOD HEALTH

Emily Adams	Elizabeth Alley	Camb Ashley
Candace Barefoot	Virginia Becker	Paulette Berberich
Linda Blevins	Ron Blevins	Joan Buehler
Linda Burch	William Bush	Kathryn Carson
Kevin Carson	Lucy Carson	Tim Collier
Meredith Crowe	Eric Crump	Vincent D'elia
Denise DePompeo	Dale Dippre	Dexter Dix
Larry Dzula, Jr.	Michelle Eshelman	Amanda Fincher
Natalee Franzyshe	Maria Fredericks	Kelli Gaeta
Margaret Geron	Jim Gregory	Pat Hinkle
Kelly Hipple	Laurie Hite	Tom Hollowak
Mary Ann Hooper	Ellen Horseman	Gail Justin
Bob Kay	John Kellam	Bill Kessler
Gloria Kojcsich	Bonnie Kopacki	Joyce Kostrzewa
Gordon Langston	Patricia Lanuza	Ashley Larson
Melissa Leger	Philip Liberato	Lanci McCloud
Kenny McGinley	Beverly McGowan	Patrick McGowan
William Madigan III	Diane Agnes Martin	Ron Martz
Jackie Mierle	Clara Morrow	Randy Morrow
Specialist Mullins	Larry Nowtzie	Desiree Page
Ka'varus Penticolas	Brett Pickens	Ray Rackley
Pam Rigsby	Mark A. Roane	Vickie Roane
Leonard Romano	Debbie Royals	Jack Scaife
Barbara Schafer	James Simmons	The Solak Family
Levi Sturtz	Jim Tokarz	Mae Touray
Taylor Trimbath	Gloria Wajciechowski	Emmett White
James Wills	Andrea Berberich Wilson	Lois Wilson
Robert 'Bobby' Wilson		Jody Zogran

PRAYERS FOR THOSE IN THE MILITARY

Major Jonathan Culberson (Afghanistan)

Church Cleaning Schedule

- 8/2 thru 8/8 – Teresa Nguyen & Nguyen Sisters
- 8/9 thru 8/15 – Gary & Jackie Silvia
- 8/16 thru 8/22 – Our Hispanic Community



- 8/7 – Shawn Lazar & Abby Lazar
- 8/8 – Craig Smith & Jim Pyne
- 8/14 – David Seckora & Joe Drexler
- 8/15 – Jim Milby & Tuan Nguyen



- 8/7 – David Seckora & Tom Fauber
- 8/8 – Colleen Rae & Scott Rae
- 8/14 – Pattie Vadas & Jim Vadas
- 8/15 – Joe Pincus & Pat Barron



- 8/7 – Erin Lazar
- 8/14 – Tom Fauber
- 8/8 – Sarah Rae
- 8/15 – Bill Madigan

MEDITATION OF THE WEEK

It is written in the prophets: *They shall be taught by God.* Everyone who listens to my Father and learns from Him comes to me. If we seek to know who God is, we will know He has so much love for us that He sent His only begotten son, Jesus, to show us who He is. A beautiful connection of God's created word of life put into action, teaching us to be love and mercy to our neighbor and ourselves and showing us how to live a Christian life. Jesus gives His life, His flesh on the cross for all. When we sin, we put Him to death, that death was ours, but He willingly offers Himself in our place to redeem us. When we believe, we admit wrongs and turn to Him for forgiveness so that He may strengthen us against sin and temptation. And when we are strong enough to turn from temptation and sin, we become Christ like, offering up our own life to follow.

SAINT OF THE WEEK

Feast of St. Lawrence, Deacon and Martyr
 St. Lawrence was chief among the seven deacons who served the Roman Church during the mid-third century. The young cleric held a position of great trust, caring for the goods of the Church and distributing its alms among the poor. He was arrested under the Emperor Valerian in 258, laid upon a gridiron and slowly roasted to death. Lawrence rejoiced in his awful martyrdom and died praying for the conversion of the city of Rome, in the hope that from it the faith of Christ might spread throughout the world. From that time idolatry began to decline in Rome.



ARE YOU IN NEED OF PRAYER? DO YOU KNOW SOMEONE IN NEED OF PRAYER? Please contact the prayer chain to request any prayers needed. Anonymous Prayer Requests accepted. Contact: On Tuesdays, Wednesdays & Thursdays, please contact Pam Watkins at the Church office at 804-843-3125 from 9:00am through 4:30pm. Any other times, please contact Pam Watkins at 919-820-1986 (cell phone).

THE YEAR OF ST. JOSEPH

In our day, marriage and family are under attack. Jesus and Mary want you to be consecrated to St. Joseph because there is no father or husband who knows more about sacredness of marriage and the family or the self-sacrificing love required of fathers and husbands than St. Joseph. The entire life and mission of St. Joseph points to Jesus. St. Joseph never points to himself. His role is to lead everyone to Jesus, just as Mary does. Mary was predestined to be the Immaculate Mother of the Savior; St. Joseph was predestined to be the earthly father of the Savior and your spiritual father. Your spiritual father has been given all the graces necessary to complete his mission, a mission that includes increasing your relationship with Jesus. Pray the Litany of St. Joseph.



To our couples with anniversaries in August: Eric & Joanna Ellingson – 8/1/1992; Bob & Lorraine Ryalls – 8/5/1978; Camb & Wilma Ashley – 8/6/1977; Larry & Janie Dzula – 8/11/1973; Jim & Anne Duke – 8/12/1967; Philip & Karen Liberato – 8/16/1986; Greg & Erin Hayden – 8/21/1993; Gene & Bonnie Kopacki – 8/23/1975; Henry & Natalie Franzyshe – 8/26/1972

Help Needed!!!

We are seeking Religious Education Teachers for the Fall year. Please Pray, and consider giving your time and talents for a most important ministry. Teacher guides and help will be provided. For more information or questions, please contact Erin Hayden at 804-843-3125, Ext. 103.

Our Lady of the Blessed Sacrament Preschool Program will be expanding with a Before School (7:00am - 8:30am) and After School Program (3:15pm – 5:30pm). We need people to staff this program. If anyone is interested in working 10-15 hours a week at \$10.50/hour, please contact Vangy Lawson at 757-876-3697 for more information.



Sanctuary of Life: "From within the heart of the world, the family has a decisive and determinative relationship with life. As a Sanctuary of life, the family must welcome it, defend it, accompany it during its development, especially during the whole process of its education....The family lovingly bears witness to the uniqueness of new life....The instruction of the Didache, "Thou shalt not kill the child in its mother's womb" (2, 1), incorporated into the living tradition of the Church, must resound even today from the heart of every household. Only God is the Lord of life!" (Cardinal Alfonso Lopez Trujillo, President, Pontifical Council for the Family, Homily to Pontifical Academy for Life, February, 1997). (Priests for Life)

From Father Bernard in Haiti to David

Hello brother, how are you doing? I'm very happy to write you in the name of the faithful of St. Peter and St. Paul of Marmont. In spite of everything difficult, we are well grace to God. Let us continue to pray together for the Mission of the Christ. Yes! I received the confirmation for the money of \$4,975 on the account. Thank you again and may God bless you! Union of Prayers! Sincerely yours, Fr. Bernard.

Young Adult Fall Retreat 2021

October 22-24, 2021, Kill Devil Hills, NC
Ramada Plaza Nags Head Oceanfront

We all need to take time to rest, retreat, from the world, and recharge. Join us for this spiritual weekend retreat in an idyllic, relaxing environment. Join us for our Young Adult Retreat where we will RECHARGE & BREATHE together. This retreat is intended for young adults ages 18-39. All attendees should be out of high school. Cost is \$125 per person. Registration closes on Sunday, September 19, 2021 at midnight. The fee includes two nights lodging at the hotel, all meals on Saturday and breakfast on Sunday in addition to retreat programming. For more information, call Erin Hayden (804-843-3125) ext. 103.

Congratulations to Kody Kopacki on earning and completing his Eagle Scout.

Among many other projects, Kody graciously worked with his family, his pack, our Knights of Columbus and other parishioners to restore the St. John of Kanti Cemetery down Polish Town Road, which was rededicated on October 24th, 2020. May your dedication to God and perseverance in completing difficult tasks take you far in life!!!

*****Since our parishioners have their own Bibles or Missals, beginning in September, we will list the Sunday Readings, but will not print them out.**

Mass Readings: Nineteenth Sunday in Ordinary Time

A reading from the First Book of Kings

Elijah went a day's journey into the desert, until he came to a broom tree and sat beneath it. He prayed for death saying: "This is enough, O LORD! Take my life, for I am no better than my fathers." He lay down and fell asleep under the broom tree, but then an angel touched him and ordered him to get up and eat. Elijah looked and there at his head was a hearth cake and a jug of water. After he ate and drank, he lay down again, but the angel of the LORD came back a second time, touched him, and ordered, "Get up and eat, else the journey will be too long for you!" He got up, ate, and drank; then strengthened by that food, he walked forty days and forty nights to the mountain of God, Horeb.

The Word of the Lord

Responsorial Psalm

R. Taste and see the goodness of the Lord.

I will bless the LORD at all times; his praise shall be ever in my mouth. Let my soul glory in the LORD; the lowly will hear me and be glad.

R. Taste and see the goodness of the Lord.

Glorify the LORD with me, Let us together extol his name. I sought the LORD, and he answered me and delivered me from all my fears.

R. Taste and see the goodness of the Lord.

Look to him that you may be radiant with joy, and your faces may not blush with shame. When the afflicted man called out, the LORD heard, and from all his distress he saved him.

R. Taste and see the goodness of the Lord.

The angel of the LORD encamps around those who fear him and delivers them. Taste and see how good the LORD is; blessed the man who takes refuge in him.

R. Taste and see the goodness of the Lord.

A Reading from the Letter of Saint Paul to the Ephesians

Brothers and sisters: Do not grieve the Holy Spirit of God, with which you were sealed for the day of redemption. All bitterness, fury, anger, shouting, and reviling must be removed from you, along with all malice. And be kind to one another, compassionate, forgiving one another as God has forgiven you in Christ. So be imitators of God, as beloved children, and live in love, as Christ loved us and handed himself over for us as a sacrificial offering to God for a fragrant aroma.

The Word of the Lord

R. Alleluia, alleluia.

I am the living bread that came down from heaven, says the Lord; whoever eats this bread will live forever.

R. Alleluia, alleluia.

The Holy Gospel According to John

The Jews murmured about Jesus because he said, "I am the bread that came down from heaven," and they said, "Is this not Jesus, the son of Joseph? Do we not know his father and mother? Then how can he say, 'I have come down from heaven'?" Jesus answered and said to them, "Stop murmuring among yourselves. No one can come to me unless the Father who sent me draw him, and I will raise him on the last day. It is written in the prophets: *They shall all be taught by God.* Everyone who listens to my Father and learns from him comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Amen, amen, I say to you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the desert, but they died; this is the bread that comes down from heaven so that one may eat it and not die. I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world."

The Gospel of the Lord

Spiritual Communion Prayer

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.

Come Help Father Oscar Celebrate 40 Years of Service to the Lord and His people!!!

On August 16th, Father Oscar will have served the Lord as one of His priests for 40 years! We will help Father Oscar celebrate over at the Hall on Sunday, August 22nd immediately following the 9:00am Mass with a Pot Luck Dinner. Please bring your favorite dish (or Father's) and come gather with our parish family to celebrate his 40 years of service!!! If you have any questions, please call the parish office at 804-843-3125.



Our sincerest condolences to the family of Charles Adams. Eternal rest grant unto him, O Lord, and let the perpetual light shine upon him.

LITANY OF ST. JOSEPH

Lord, have mercy.
Christ, have mercy.
Lord, have mercy.
Christ, hear us.

*Lord, have mercy.
Christ, have mercy.
Lord, have mercy.
Christ, graciously hear us.*

God, the Father of Heaven,
God the Son, Redeemer of the world,
God the Holy Spirit,
Holy Trinity, One God,

*have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.*

Holy Mary,
Saint Joseph,
Noble Offspring of David,
Light of Patriarchs,
Spouse of the Mother of God,
Chaste Guardian of the Virgin,
Foster-Father of the Son of God,
Zealous Defender of Christ,
Head of the Holy Family,

*pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.*

Joseph Most Just,
Joseph Most Chaste,
Joseph Most Prudent,
Joseph Most Courageous,
Joseph Most Obedient,
Joseph Most Faithful,

*pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.*

Mirror of Patience,
Lover of Poverty,
Model of Workmen,
Glory of Domestic Life,
Guardian of Virgins,
Pillar of Families,
Comfort of the Afflicted,
Hope of the Sick,
Patron of the Dying,
Terror of Demons,
Protector of the Holy Church,

*pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.*

Lamb of God, who takes away the sins of the world,
Spare us, O Lord.

Lamb of God, who takes away the sins of the world,
Graciously hear us, O Lord.

Lamb of God, who takes away the sins of the world,
Have mercy on us.

V. He has made him lord of his household,

R. And prince over all his possessions.

WELCOME NEW PARISHIONERS

New members are asked to register at the Parish Office in the Mercy Center.

We invite all parishioners to join a ministry.
Contact the Chairperson of the ministry or call the Parish Office at
804.843.3125

ALTAR LINENS Kim diLandro	814-8148
ALTAR SERVERS Joe Drexler	843-2541
liturgychair@olbs-catholic.org	
ARTS & ENVIRONMENT Rowena & Tom Fauber	725-6110
artsenvironment@olbs-catholic.org	
BELL CHOIR	
CANTORS/CHOIR Leda Zaginaylo	757 870-2516
music@olbs-catholic.org	
CEMETERY COMMITTEE Gary Silvia	757-303-8576
cemeterychair@olbs-catholic.org	
CHURCH HISTORIAN Linda Drexler	843-2541
historian@olbs-catholic.org	
CLEANING COORDINATOR	

FACILITIES COMMITTEE Jim Pyne	
facilitieschair@olbs-catholic.org	
FINANCE COMMITTEE Richard Duke	
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HISPANIC MINISTRY Nanci Hernandez	
Jose Velasquez	
hispanicministry@olbs-catholic.org	
HOSPITALITY Glenn & Kay Shaw	
	843-3476
JUSTICE & PEACE	
KNIT, PURL & PRAY	
LAWN MOWING COMMITTEE Eric Ellingson	
	843-2184
ericellingson@verizon.net	

LIBRARY Linda Drexler	
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LITURGY COMMITTEE Joe Drexler	
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liturgychair@olbs-catholic.org	
MINISTRY SCHEDULING Pattie Vadas	
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pbv0806@yahoo.com	
OFFICE VOLUNTEERS Margaret Varboncoeur	
	843-2867
PARISH COUNCIL Phil Liberato	
	512-9701
parishchair@olbs-catholic.org	
SACRISTAN Joe Drexler	
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David Seckora	
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Contact
Pat Hite
(804) 366-2026