

OUR LADY OF THE BLESSED SACRAMENT CATHOLIC CHURCH

3570 KING WILLIAM AVENUE, WEST POINT VA 23181

MASS SCHEDULE

WEEKENDS: SATURDAY 5:30 P.M.

SUNDAY 9:00 A.M.

11:30 A.M. (SPANISH MASS)

WEEKDAYS: 8:30 A.M. Tuesday - Friday

HOLYDAYS: 8:30 A.M. & 7:00 P.M.



PARISH OFFICES at the MERCY CENTER

207 W. Euclid Blvd., West Point, VA 23181

Phone: 843-3125

Fax: 843-9158

Office Hours: T W Th 9:00 a.m. - 4:30 p.m.

Parish e-mail : olbs@olbs-catholic.org

Parish Web address: www.olbs-catholic.org

PASTOR

Rev. Oscar Paraiso

757-778-5118

Rectory

843-4231

Office

843-3125 ext 102

Email: oparaiso@richmonddiocese.org

ADMINISTRATIVE ASSISTANT

Pam Watkins

843-3125 ext 101

Hours: T-W-Th 9:00 a.m. - 4:30 p.m.

Email: adminassistant@olbs-catholic.org

BUSINESS MANAGER

843-3125 ext 104

Bob Ryalls

757 207-0125

E-mail: businessmgr@olbs-catholic.org

COORDINATOR of CHRISTIAN FORMATION

Erin Hayden

843-3125 ext 103

Email: DRE@olbs-catholic.org

MUSIC DIRECTOR

Leda Zaginaylo

757 870-2516

Email: music@olbs-catholic.org

PRESCHOOL TEACHER/DIRECTOR

Vangy Lawson

843-4177

Email: preschool@olbs-catholic.org

GOOD NEIGHBOR CENTER

Frances Thornton

843-4339

Hours: M 10 am - 2 pm

W 12:30 pm - 2:30 p.m.

van den BOOGAARD HALL RENTALS

Janice McGowan

843-2870

Email: hallrentals@olbs-catholic.org

SACRAMENT of RECONCILIATION

Saturday 5:00 p.m.

Also by appointment

EUCCHARISTIC ADORATION

Monday and Tuesday

Mercy Center Chapel

First Friday Adoration in the church

6:00 p.m. - 9:00 p.m.

RECITATION of the MOST HOLY ROSARY

6:30 p.m. Every Friday in the church

OUTREACH

A food basket and donation box are in the church entry. Your donations provide the means to give direct help to the needy. We collect food on the first weekend of the month.

INFANT BAPTISM

Parent preparation classes are required for each couple planning to have their baby baptized. To schedule a preparation session, please call the church office.

MARRIAGE

OLBS sponsors a preparation program for couples who intend to marry. The Pastor must be contacted at least six months prior to the date of the wedding.

RECEPTION into the CHURCH

Those inquiring into the Catholic Faith or seeking communion with the Church are invited to contact the Parish Office. Rite of Christian Initiation of Adults (RCIA) is offered.

The mission of Our Lady of the Blessed Sacrament Catholic Church, centered in the Eucharist, is to love God and His people and to extend His love to others through service and prayer.

SEVENTEENTH SUNDAY IN ORDINARY TIME

July 24th – July 25th, 2021



Sat	7/24 – Art West (RIP) Requested by Knights of Columbus Father Jakubowski Council #8116	Fr. Oscar
Sun	7/25 – Joseph Gawlik (RIP) Anniversary of Death on July 23 rd Requested by Arlene Lasch	Fr. Oscar
Mon	7/26 – No Mass	
Tue	7/27 – Katherine Crump (RIP) Requested by Donna Geron	Fr. Oscar
Wed	7/28 – Scotty Watkins In Honor of Birthday Requested by the Watkins Family	Fr. Oscar
Thurs	7/29 – Donald Hite (RIP) Anniversary of Birthday Requested by Mildred Hite	Fr. Oscar
Fri	7/30 – Healing for Eric Ellingson Requested by The Hayden Family	Fr. Oscar
Sat	7/31 – Richard & Anna Kozlowski (RIP) Requested by Linda & Joe Drexler	Fr. Oscar
Sun	8/1 – Billy McGowan (RIP) Anniversary of Birthday Requested by Janice McGowan & Family	Fr. Oscar

Collections for July 17th & 18th, 2021

Parish Operations	\$2593.00
Supplemental Collection	324.00
Online Giving as of 7/15/2021	175.00
Total	\$3,092.00
Amount needed weekly for Parish Operations is	\$3,940
Restricted, Special Use or Sent out of Parish	
Facilities Repairs & Maintenance Fund	\$35.00
Haiti Ministry	\$100.00

***Thank you for supporting our parish! To mail your donations, send to: Our Lady of the Blessed Sacrament Catholic Church, 207 West Euclid Blvd., West Point, VA 23181. Or, you can drop your offertory in the white box marked 'Boogaard Hall' located on the back porch of the Mercy Center.

***If you are having difficulty hearing the Mass in Church, please arrive a few minutes early and speak with one of the ushers, as the parish has purchased hearing assistance devices for our parishioners.

Attendance – July 17th & 18th, 2021

Saturday, July 17th – 5:30pm = 46
Sunday, July 18th – 9:00am = 109
Spanish Mass, July 18th – 11:30am = 35

***The Parish Office is now open from 9:00am until 4:30pm Tuesdays, Wednesdays, and Thursdays.

Mass Updates

*** Mass is being live streamed for use on various Diocesan digital media accounts of the Catholic Diocese of Richmond including, but not limited to, the websites of the Catholic Diocese of Richmond and the Catholic Virginian, and social media platforms of the Catholic Diocese of Richmond. Photography and/or screenshot images from the livestream may be used for the Catholic Virginian print edition. If you do not wish to be captured by live streaming, please refrain from attending the 9am Sunday Mass.

There will be some mandated changes to how we practice our Mass. Effective immediately:

1. Everyone who is fully vaccinated may attend Mass without wearing a mask.
2. Everyone 5 years and older who has not been fully vaccinated should wear a mask.
3. Continue to refrain from physical contact, such as holding hands during the Our Father and shaking hands during the Sign of Peace.
4. Bulletins will be available at Masses. We have discontinued mailing our bulletins. If you need us to continue to mail a bulletin, we will be happy to do so. Please call the parish office at 804-843-3125 to be added to our list to be mailed a bulletin.

Schedule - Week of July 26th – August 1st

Monday, July 26th – No Daily Mass Adoration

Mercy Center Chapel 12noon - 10pm

Tuesday, July 27th – Mass 8:30am Adoration

Mercy Center Chapel 12noon - 10pm

Finance Council Meeting – 6:30pm – MC

Wednesday, July 28th – Mass 8:30am

Thursday, July 29th – Mass 8:30am

Friday, July 30th – Mass 8:30am

Most Holy Rosary – 6:30pm in Church
(Livestreamed)

Saturday, July 31st – Mass – 5:30pm

Sunday, August 1st – Mass – 9:00am

(Livestreamed)

Spanish Mass – 11:30am

Our Hope, Our Home, Our Lady OLBS Capital Campaign

Beginning with our August envelopes, the monthly yellow envelopes will revert back to Capital Campaign envelopes and the Facilities Repairs & Maintenance envelopes will be blue and will only be included in our mailings once a quarter. Our Capital Campaign has been approved by Bishop Knestout for 5 years and any funds received designated for our "Capital Campaign" is not subject to the Diocesan Cathedralium "tax"! That means all of those funds stay with our parish. Thank you for your generosity!!!

***If you have any questions about the Capital Campaign or the repairs needed on the parish grounds, please contact Bob Ryalls at businessmgr@olbs-catholic.org or call him at 757-207-0125. You can also contact Jim Pyne at facilitieschair@olbs-catholic.org.



PRAYERS FOR HEALING AND GOOD HEALTH

Emily Adams	Elizabeth Alley	Camb Ashley
Candace Barefoot	Virginia Becker	Paulette Berberich
Linda Blevins	Ron Blevins	Joan Buehler
Linda Burch	William Bush	Kathryn Carson
Kevin Carson	Lucy Carson	Tim Collier
Meredith Crowe	Eric Crump	Vincent D'elia
Denise DePompeo	Dale Dippre	Dexter Dix
Larry Dzula, Jr.	Michelle Eshelman	Amanda Fincher
Natalee Franzyshe	Maria Fredericks	Kelli Gaeta
Margaret Geron	Jim Gregory	Pat Hinkle
Kelly Hipple	Laurie Hite	Tom Hollowak
Mary Ann Hooper	Ellen Horseman	Gail Justin
Bob Kay	John Kellam	Bill Kessler
Gloria Kojcsich	Bonnie Kopacki	Joyce Kostrzewa
Gordon Langston	Patricia Lanuza	Ashley Larson
Melissa Leger	Philip Liberato	Lanci McCloud
Kenny McGinley	Beverly McGowan	Patrick McGowan
William Madigan III	Diane Agnes Martin	Ron Martz
Jackie Mierle	Clara Morrow	Randy Morrow
Specialist Mullins	Larry Nowtzie	Desiree Page
Ka'varus Penticolas	Brett Pickens	Pam Rigby
Mark A. Roane	Vickie Roane	Leonard Romano
Debbie Royals	Jack Scaife	Barbara Schafer
James Simmons	Allen Smith	The Solak Family
Levi Sturtz	Jim Tokarz	Mae Touray
Taylor Trimbath	Gloria Wajciechowski	Emmett White
James Wills	Andrea Berberich Wilson	Lois Wilson
Robert 'Bobby' Wilson		Jody Zogran

PRAYERS FOR THOSE IN THE MILITARY

Major Jonathan Culberson (Afghanistan)

Church Cleaning Schedule

- 7/19 thru 7/25 – Our Hispanic Community
- 7/26 thru 8/1 – Dan Gibbs Family
- 8/2 thru 8/8 – Teresa Nguyen & Nguyen Sisters



- 7/24 – Joe Drexler & David Seckora
- 7/25 – Craig Smith & Jim Pyne
- 7/31 – Bob Ryalls & Dan Gibbs
- 8/1 – Jim Milby & Tuan Nguyen



- 7/24 – Tom Fauber & David Seckora
- 7/25 – Danielle Smith & Joe Pincus
- 7/31 – Jackie Silvia & Lorraine Ryalls
- 8/1 – Bill Madigan & Kay Shaw



- 7/24 – Jim Vadas
- 7/31 – Tom Fauber
- 7/25 – Bill Madigan
- 8/1 – Susan Thompson

MEDITATION OF THE WEEK

The Jewish feast of the Passover was near, and the large crowds reclined, about five thousand in number. Jesus took the loaves, gave thanks, and distributed them to those who were present. Our priests, fulfill this scripture passage at every Mass, during the Consecration of the Eucharist. Instead of performing the miracle of multiplying the loaves of bread and fish, the miracle is even greater! He multiplies Himself; giving Himself in the form of bread and wine for all ages. We are the crowds that recline to listen and follow; it is Jesus who feeds us. Let's not take this miracle in our celebration for granted. Instead, let us see the miracle of the five thousand with faith, where we are partakers at the great feast of Heaven on earth. Christ truly present in body, blood, soul, and divinity, and given to us. Adults: Take a few moments to contemplate this great mystery before receiving at the celebration of Mass. Children: Can you sit really quietly? Can you feel Jesus in your heart?



To our couples with anniversaries in July: Dan & Amber Gibbs – 7/1/2006; Bob & Mary Cox – 7/5/1980; Bill & (Kathy) Webster – 7/14/1956; Tripp & Roberta Racioppi – 7/28/1973.



ARE YOU IN NEED OF PRAYER? DO YOU KNOW SOMEONE IN NEED OF PRAYER? Please contact the prayer chain to request any prayers needed. Anonymous Prayer Requests accepted. Contact: On Tuesdays, Wednesdays & Thursdays, please contact Pam Watkins at the Church office at 804-843-3125 from 9:00am through 4:30pm. Any other times, please contact Pam Watkins at 919-820-1986 (cell phone).

*****Diocesan Bicentennial Books are still available and can be purchased for a donation amount of your choice. Please call the Parish Office at 804-843-3125 to reserve one, today!**

2021 Annual Appeal Update

We have raised 6.34% of our \$10,410.00 goal for this year. Please don't forget that we still have to give to the Annual Appeal so that the Diocese can operate.

THE YEAR OF ST. JOSEPH

The Litany of St. Joseph will prepare you for total Consecration to your spiritual father and teach you how to resemble his virtues. The Litany dates back to at least the 16th century and has been prayed by countless saints. The version you will pray was approved and indulged by St. Pope Pius X in 1909. Through the Litany of St. Joseph, you will learn the virtues and the wonders of your spiritual father and become an "apparition of St. Joseph" in the world. The Litany of St. Joseph can be found this week as an insert in the bulletin.

"Knowing by experience St. Joseph's astonishing influence with God, I would persuade everyone to honor him with particular devotion. I have always seen those who honored him in a special manner make progress in virtue, for this heavenly protector favors in a striking manner the spiritual advancement of souls who commend themselves to him." St. Teresa of Avila

Ministry to the Poor Clares Bethlehem Monastery in Barhamsville

If parishioners/Knights have a talent for carpentry, painting, plumbing, outdoor work, or just want to lend a hand, please contact Jim Vadas at 804-370-5341 or any other Knight.

***Thrifty Sisters, the store that helped support the ministry of the Little Sisters of the Poor in Richmond, is now supporting the mission of Saint Francis Home – a facility that cares for the elderly poor in Richmond. For more information about the store visit <https://thrifysistersrva.org> or call 804-658-4153.

***Since our parishioners have their own Bibles or Missals, beginning in September, we will list the Sunday Readings, but will not print them out.



We are seeking Religious Education Teachers for the Fall year. Please Pray, and consider giving your time and talents for a most important ministry. Teacher guides and help will be provided. For more information or questions, please contact Erin Hayden at 804-843-3125, Ext. 103.

SAINT OF THE WEEK

Memorial Celebrated July 26th

Saint's Joachim and Anne were the parents of the Blessed Virgin. St. Joachim was a native of Nazareth, a little town in Galilee.

Joachim's parents, occupying a humble position in the world, were descendants of the holy king David. It was not without inspiration that, at this circumcision, the

Joachim was given him; it means "Preparation for the Lord". He married Anna, a virtuous and chaste maiden of Bethlehem, whom, without doubt, God had gifted with special graces, as she was chosen by Him to be the mother of the Queen of Heaven. Joachim and Anna continued, after their union, to serve God with the greatest fidelity. The most perfect charity and harmony reigned in their dwelling. They had divided their possessions into three parts. The first they devoted exclusively to the honor of God and to the adornment of the temple; the second, to the poor; and the third they kept for themselves. We honor Mary's parents, Joachim and Anne, as saints. We celebrate their joint feast day on July 26th. Their love for one another and for Mary is an example to us of how God calls us to live. They also remind us to honor our own grandparents and to thank them for the blessings they have passed down to us in love.

Come Help Father Oscar Celebrate 40 Years of Service to the Lord and His people!!!

On August 16th, Father Oscar will have served the Lord as one of His priests for 40 years! We will help Father Oscar celebrate over at the Hall on Sunday, August 22nd immediately following the 9:00am Mass with a Pot Luck Dinner. Please bring your favorite dish (or Father's) and come gather with our parish family to celebrate his 40 years of service!!! If you have any questions, please call the parish office at 804-843-3125.

Mass Readings: Seventeenth Sunday in Ordinary Time

A reading from the Second book of Kings

A man came from Baal-shalishah bringing to Elisha, the man of God, twenty barley loaves made from the firstfruits, and fresh grain in the ear. Elisha said, "Give it to the people to eat." But his servant objected, "How can I set this before a hundred people?" Elisha insisted, "Give it to the people to eat." "For thus says the LORD, 'They shall eat and there shall be some left over.'" And when they had eaten, there was some left over, as the LORD had said.

The Word of the Lord

Responsorial Psalm

R. The hand of the Lord feeds us; he answers all our needs.

Let all your works give you thanks, O LORD, and let your faithful ones bless you. Let them discourse of the glory of your kingdom and speak of your might.

R. The hand of the Lord feeds us; he answers all our needs.

The eyes of all look hopefully to you, and you give them their food in due season; you open your hand and satisfy the desire of every living thing.

R. The hand of the Lord feeds us; he answers all our needs.

The LORD is just in all his ways and holy in all his works. The LORD is near to all who call upon him, to all who call upon him in truth.

R. The hand of the Lord feeds us; he answers all our needs.

A Reading from the Letter of Saint Paul to the Ephesians

Brothers and sisters: I, a prisoner for the Lord, urge you to live in a manner worthy of the call you have received, with all humility and gentleness, with patience, bearing with one another through love, striving to preserve the unity of the spirit through the bond of peace: one body and one Spirit, as you were also called to the one hope of your call; one Lord, one faith, one baptism; one God and Father of all, who is over all and through all and in all.

The Word of the Lord

R. Alleluia, alleluia.

A great prophet has risen in our midst.
God has visited his people.

R. Alleluia, alleluia.

The Holy Gospel According to John

Jesus went across the Sea of Galilee. A large crowd followed him, because they saw the signs he was performing on the sick. Jesus went up on the mountain, and there he sat down with his disciples. The Jewish feast of Passover was near. When Jesus raised his eyes and saw that a large crowd was coming to him, he said to Philip, "Where can we buy enough food for them to eat?" He said this to test him, because he himself knew what he was going to do. Philip answered him, "Two hundred days' wages worth of food would not be enough for each of them to have a little." One of his disciples,

Andrew, the brother of Simon Peter, said to him, "There is a boy here who has five barley loaves and two fish; but what good are these for so many?" Jesus said, "Have the people recline." Now there was a great deal of grass in that place. So the men reclined, about five thousand in number. Then Jesus took the loaves, gave thanks, and distributed them to those who were reclining, and also as much of the fish as they wanted. When they had had their fill, he said to his disciples, "Gather the fragments left over, so that nothing will be wasted." So they collected them, and filled twelve wicker baskets with fragments from the five barley loaves that had been more than they could eat. When the people saw the sign he had done, they said, "This is truly the Prophet, the one who is to come into the world." Since Jesus knew that they were going to come and carry him off to make him king, he withdrew again to the mountain alone.

The Gospel of the Lord

Spiritual Communion Prayer

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.



Abortion and Contraception: "It is noteworthy that as acceptance and use of contraception have increased in our society, so have acceptance and use of abortion. Couples who unintentionally conceive a child while using contraception are far more likely to resort to abortion than others. Tragically, our society has fallen into a mentality that views children as a burden and invites many to consider abortion as a "backup" to contraceptive failure. This is most obvious in efforts to promote as "emergency contraception" drugs that really act as early abortifacients. "With Pope John Paul II we affirm that contraception and abortion are "specifically different evils," because only "the latter destroys the life of a human being," but that they are also related (The Gospel of Life, no. 13). It is important to remember that means that are referred to as "contraceptive" are, in reality, sometimes also abortifacient. An end to abortion will not come from contraceptive campaigns but from a deeper understanding of our human sexuality, and of human life, as sacred gifts deserving our careful stewardship" (2001: US Bishops' Pastoral Plan for Pro-life Activities: A Campaign in Support of Life). (Priests for Life)

LITANY OF ST. JOSEPH

Lord, have mercy.
Christ, have mercy.
Lord, have mercy.
Christ, hear us.

*Lord, have mercy.
Christ, have mercy.
Lord, have mercy.
Christ, graciously hear us.*

God, the Father of Heaven,
God the Son, Redeemer of the world,
God the Holy Spirit,
Holy Trinity, One God,

*have mercy on us.
have mercy on us.
have mercy on us.
have mercy on us.*

Holy Mary,
Saint Joseph,
Noble Offspring of David,
Light of Patriarchs,
Spouse of the Mother of God,
Chaste Guardian of the Virgin,
Foster-Father of the Son of God,
Zealous Defender of Christ,
Head of the Holy Family,

*pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.*

Joseph Most Just,
Joseph Most Chaste,
Joseph Most Prudent,
Joseph Most Courageous,
Joseph Most Obedient,
Joseph Most Faithful,

*pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.*

Mirror of Patience,
Lover of Poverty,
Model of Workmen,
Glory of Domestic Life,
Guardian of Virgins,
Pillar of Families,
Comfort of the Afflicted,
Hope of the Sick,
Patron of the Dying,
Terror of Demons,
Protector of the Holy Church,

*pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.
pray for us.*

Lamb of God, who takes away the sins of the world,
Spare us, O Lord.

Lamb of God, who takes away the sins of the world,
Graciously hear us, O Lord.

Lamb of God, who takes away the sins of the world,
Have mercy on us.

V. He has made him lord of his household,

R. And prince over all his possessions.

WELCOME NEW PARISHIONERS

New members are asked to register at the Parish Office in the Mercy Center.

We invite all parishioners to join a ministry.
Contact the Chairperson of the ministry or call the Parish Office at
804.843.3125

ALTAR LINENS Kim diLandro	814-8148
ALTAR SERVERS Joe Drexler	843-2541
liturgychair@olbs-catholic.org	
ARTS & ENVIRONMENT Rowena & Tom Fauber	725-6110
artsenvironment@olbs-catholic.org	
BELL CHOIR	
CANTORS/CHOIR Leda Zaginaylo	757 870-2516
music@olbs-catholic.org	
CEMETERY COMMITTEE Gary Silvia	757-303-8576
cemeterychair@olbs-catholic.org	
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historian@olbs-catholic.org	
CLEANING COORDINATOR	

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FINANCE COMMITTEE Richard Duke	
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HISPANIC MINISTRY Nanci Hernandez	
Jose Velasquez	
hispanicministry@olbs-catholic.org	
HOSPITALITY Glenn & Kay Shaw	
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JUSTICE & PEACE	
KNIT, PURL & PRAY	
LAWN MOWING COMMITTEE Eric Ellingson	
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LIBRARY Linda Drexler	
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LITURGY COMMITTEE Joe Drexler	
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pbv0806@yahoo.com	
OFFICE VOLUNTEERS Margaret Varboncoeur	
	843-2867
PARISH COUNCIL Phil Liberato	
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parishchair@olbs-catholic.org	
SACRISTAN Joe Drexler	
	843-2541
David Seckora	
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Marguerite Sturtz, Sacristan Emeritus	
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Pat Hite
(804) 366-2026