# OUR LADY OF THE BLESSED SACRAMENT CATHOLIC CHURCH

3570 KING WILLIAM AVENUE, WEST POINT VA 23181



11:30 A.M. (SPANISH MASS)

WEEKDAYS: 8:30 A.M. Tuesday - Friday

HOLYDAYS: 8:30 A.M. & 7:00 P.M.

PARISH OFFICES at the MERCY CENTER 207 W. Euclid Blvd., West Point, VA 23181 Phone: 843-3125 Fax: 843-9158

Office Hours: TWTh 9:00 a.m. - 4:30 p.m.

Parish e-mail : <u>olbs@olbs-catholic.org</u>
Parish Web address: <u>www.olbs-catholic.org</u>

The second washing to commission

**PASTOR** 

Rev. Oscar Paraiso 757-778-5118
Rectory 843-4231
Office 843-3125 ext 102

Email: oparaiso@richmonddiocese.org

ADMINISTRATIVE ASSISTANT

Pam Watkins 843-3125 ext 101

Hours: T-W-Th 9:00 a.m. - 4:30 p.m. Email: <u>adminassistant@olbs-catholic.org</u>

BUSINESS MANAGER 843-3125 ext 104 Bob Ryalls 757 207-0125

E-mail: <u>businessmgr@olbs-catholic.org</u>

COORDINATOR of CHRISTIAN FORMATION Erin Havden 843-3125 ext 103

Email: DRE@olbs-catholic.org

MUSIC DIRECTOR

**Leda Zaginaylo** 757 870-2516

Email: music@olbs-catholic.org

PRESCHOOL TEACHER/DIRECTOR

Vangy Lawson 843-4177

Email: <u>preschool@olbs-catholic.org</u>

**GOOD NEIGHBOR CENTER** 

Frances Thornton 843-4339

Hours: M 10 am - 2 pm

W 12:30 pm - 2:30 p.m.

van den BOOGAARD HALL RENTALS

Janice McGowan 843-2870

Email: <u>hallrentals@olbs-catholic.org</u>

**SACRAMENT of RECONCILIATION** 

Saturday 5:00 p.m. Also by appointment

EUCHARISTIC ADORATION Monday and Tuesday

Monday and Tuesday Mercy Center Chapel

First Friday Adoration in the church

6:00 p.m. - 9:00 p.m.

**RECITATION of the MOST HOLY ROSARY** 

6:30 p.m. Every Friday in the church

**OUTREACH** 

A food basket and donation box are in the church entry. Your donations provide the means to give direct help to the needy. We collect food on the first weekend of the month.

**INFANT BAPTISM** 

Parent preparation classes are required for each couple planning to have their baby baptized. To schedule a preparation session, please call the church office.

**MARRIAGE** 

OLBS sponsors a preparation program for couples who intend to marry. The Pastor must be contacted at least six months prior to the date of the wedding.

**RECEPTION** into the CHURCH

Those inquiring into the Catholic Faith or seeking communion with the Church are invited to contact the Parish Office. Rite of Christian Initiation of Adults (RCIA) is offered.

The mission of Our Lady of the Blessed Sacrament Catholic Church, centered in the Eucharist, is to love God and His people and to extend His love to others through service and prayer.

#### **EIGHTEENTH SUNDAY IN ORDINARY TIME**

July 31st & August 1st, 2021



Sat 7/31 – Richard & Anna Kozlowski (RIP) Fr. Oscar Requested by Linda & Joe Drexler

Sun 8/1 – Billy McGowan (RIP) Fr. Oscar

**Anniversary of Birthday** 

Requested by Janice McGowan & Family

Mon 8/2 – No Mass

Tue 8/3 – No Mass Intention

Wed 8/4 – No Mass

Thurs 8/5 – No Mass Intention

Fri 8/6 – Allen (A.J.) Smith (RIP) Fr. Oscar Requested by Frank & Mary Ann Fetterolf

Sat 8/7 – Joe, Sr, Elsie & Johnnie Drexler (RIP) Fr. Oscar

Requested by Joe & Linda Drexler

Sun 8/8 – Marian Kopacki Fr. Oscar

In Honor of Her Birthday 8/6

Requested by Children & Grandchildren & Families

#### Collections for July 24th & 25th, 2021

Parish Operations	\$4,008.00
Supplemental Collection	85.00
Online Giving as of 7/20/2021	150.00
Total	\$4,243.00
Amount needed weekly for Parish Operations is	\$3,940
Restricted, Special Use or Sent out of Parish	
Facilities Repairs & Maintenance Fund	\$250.00
Cemetery Fund	\$100.00
Capital Campaign	\$875.00

#### \*\*\*Thank you for supporting our parish!\*\*\*

\*\*\*If you are having difficulty hearing the Mass in Church, please arrive a few minutes early and speak with one of the ushers, as the parish has purchased hearing assistance devices for our parishioners.

Attendance – July 24<sup>th</sup> & 25<sup>th</sup>, 2021
Saturday, July 24<sup>th</sup> – 5:30pm = 72
Sunday, July 25<sup>th</sup> – 9:00am = 122
No Spanish Mass, July 25<sup>th</sup>

\*\*\*The Parish Office is now open from 9:00am until 4:30pm Tuesdays, Wednesdays, and Thursdays.\*\*\*



The flowers in front of the altar this weekend were donated by Janice McGowan in loving memory of Billy McGowan on the Anniversary of his Birthday.

#### **Mass Updates**

\*\*\* Mass is being live streamed for use on various Diocesan digital media accounts of the Catholic Diocese of Richmond, including, but not limited to, the websites of the Catholic Diocese of Richmond and the Catholic Virginian, and social media platforms of the Catholic Diocese of Richmond.

Photography and/or screenshot images from the livestream may be used for the Catholic Virginian print edition. If you do not wish to be captured by live streaming, please refrain from attending the 9am Sunday Mass.

There will be some mandated changes to how we practice our Mass. Effective immediately:

- Everyone who is fully vaccinated may attend Mass without wearing a mask.
- Everyone 5 years and older who has not been fully vaccinated should wear a mask.
- Continue to refrain from physical contact, such as holding hands during the Our Father and shaking hands during the Sign of Peace.
- 4. Bulletins will be available at Masses. We have discontinued mailing our bulletins. If you need us to continue to mail a bulletin, we will be happy to do so. Please call the parish office at 804-843-3125 to be added to our list to be mailed a bulletin.

Schedule - Week of August 2<sup>nd</sup> - August 8<sup>th</sup>
Monday, August 2<sup>nd</sup> - No Daily Mass
Adoration Mercy Center Chapel 12pm - 10pm
Tuesday, August 3<sup>rd</sup> - Mass 8:30am
Adoration Mercy Center Chapel 12pm - 10pm
Wednesday, August 4<sup>th</sup> - No Daily Mass
Thursday, August 5<sup>th</sup> - Mass 8:30am
Friday, August 6<sup>th</sup> - Mass 8:30am
Most Holy Rosary - 6:30pm in Church

<u>Saturday, August 7<sup>th</sup></u> - Mass - 5:30pm <u>Sunday, August 8<sup>th</sup></u> - Mass - 9:00am (Livestreamed)

Spanish Mass - 11:30am

# Our Hope, Our Home, Our Lady OLBS Capital Campaign

(Livestreamed)

Beginning with our August envelopes, the monthly yellow envelopes will revert back to Capital Campaign envelopes and the Facilities Repairs & Maintenance envelopes will be blue and will only be included in our mailings once a quarter. Our Capital Campaign has been approved by Bishop Knestout for 5 years and any funds received designated for our "Capital Campaign" is not subject to the Diocesan Cathedraticum "tax"! That means all of those funds stay with our parish. Thank you for your generosity!!!

\*\*\*If you have any questions about the Capital Campaign or the repairs needed on the parish grounds, please contact Bob Ryalls at <a href="mailto:businessmgr@olbs-catholic.org">businessmgr@olbs-catholic.org</a> or call him at 757-207-0125. You can also contact Jim Pyne at facilitieschair@olbs-catholic.org.



#### **PRAYERS FOR HEALING AND GOOD HEALTH**

**Emily Adams Elizabeth Alley Camb Ashlev Candace Barefoot** Virginia Becker **Paulette Berberich Linda Blevins Ron Blevins** Joan Buehler Linda Burch William Bush **Kathryn Carson Kevin Carson Lucy Carson** Tim Collier **Meredith Crowe Eric Crump** Vincent D'elia **Dexter Dix** Denise DePompeo **Dale Dippre** Michelle Eshelman **Amanda Fincher** Larry Dzula, Jr. **Maria Fredericks** Kelli Gaeta **Natalee Franzyshen Margaret Geron** Jim Gregory Pat Hinkle **Kelly Hipple Laurie Hite Tom Hollowak Gail Justin** Mary Ann Hooper **Ellen Horseman Bob Kay** John Kellam **Bill Kessler** Gloria Kojcsich **Bonnie Kopacki** Joyce Kostrzewa **Gordon Langston** Patricia Lanuza **Ashley Larson** Melissa Leger Lanci McCloud **Philip Liberato Kenny McGinley Beverly McGowan** Patrick McGowan William Madigan III **Diane Agnes Martin Ron Martz** Jackie Mierle **Clara Morrow Randy Morrow Specialist Mullins Larry Newtzie Desiree Page** Ka'varus Penticolas **Brett Pickens** Pam Rigsby **Leonard Romano** Mark A. Roane Vickie Roane **Debbie Royals Jack Scaife Barbara Schafer James Simmons** The Solak Family **Levi Sturtz** Jim Tokarz **Mae Touray Taylor Trimbath** Gloria Wajciechowski **Emmett White James Wills** Andrea Berberich Wilson Lois Wilson Robert 'Bobby' Wilson Jody Zogran

### PRAYERS FOR THOSE IN THE MILITARY Major Jonathan Culberson (Afghanistan)

#### **Church Cleaning Schedule**

7/26 thru 8/1 – Dan Gibbs Family 8/2 thru 8/8 – Teresa Nguyen & Nguyen Sisters 8/9 thru 8/15 – Gary & Jackie Silvia



7/31 – Bob Ryalls & Dan Gibbs 8/1 – Jim Milby & Tuan Nguyen 8/7 – Shawn Lazar & Abby Lazar 8/8 – Craig Smith & Jim Pyne



7/31 – Jackie Silvia & Lorraine Ryalls 8/1 – Bill Madigan & Kay Shaw 8/7 – David Seckora & Tom Fauber 8/8 – Colleen Rae & Scott Rae



7/31 – Tom Fauber 8/7 – Erin Lazar 8/1 – Susan Thompson 8/8 – Sarah Rae

#### MEDITATION OF THE WEEK

"Amen, amen, I say to you, you are looking for me not because you saw signs, but because you ate the loaves and were filled." The people, like us, believe in God because of physical evidence in our lives; being full is being happy. Having faith in God is knowing that even when times are trying or difficult that God is not just feeding our bellies, He is feeding our very souls. It's in our trials that we come to know Jesus: He is the Bread sent down from Heaven. Humbling Himself from Creator, to become the created human, in order to show us how to live for eternal life. If we pray, believe and trust, there is no physical sign needed, we will know He is present without a sign. We will accept everything that comes to us in good times and in bad, knowing that Jesus knows the path to life, and we will follow.

# THE YEAR OF ST. JOSEPH Consecration to St. Joseph will increase the

presence of the Father in your life. The Fatherhood of St. Joseph increased the presence of the Heavenly Father in the life of Jesus. Now, to be clear, St. Joseph is not God. He cannot add anything to the divine and eternal communion existing between God the Father and God the Son. Nor can St. Joseph improve the ability of Jesus, as a Divine person, to perpetually behold the presence of His Heavenly Father. Rather, St. Joseph was chosen to stand in the place of the Heavenly Father according to the demands of Jesus' human nature. God the Father doesn't have a human nature. Every time Jesus saw St. Joseph, heard him speak, watched him work, or witnessed his chaste love for Mary, the humanity of Jesus witnessed a perfect reflection of the Heavenly Father. Pray the Litany of St. Joseph.

#### SAINT OF THE WEEK

Alphonsus Liquori was Bishop, Doctor of the Church, and the founder of the Redemptorist Congregation. Raised in a pious home, Alphonsus was the oldest of seven children. Educated at the University of Naples, Alphonsus received his doctorate at the age of sixteen. By age nineteen he was practicing law. Visiting the local Hospital for Incurables on August 28, 1723, he had a vision and was told to consecrate his life solely to God. In response, Alphonsus dedicated himself to the religious life. For thirteen years Alphonsus fed the poor, instructed families, reorganized the seminary and religious houses, taught theology, and wrote. His austerities were rigorous, and he suffered daily the pain from rheumatism that was beginning to deform his body. He spent several years having to drink from tubes because his head was so bent forward. An attack of rheumatic fever, from May 1768 to June 1769, left him paralyzed. He experienced visions, performed miracles, and gave prophecies. He died peacefully on August 1, 1787, at Nocera di Pagani, near Naples as the Angelus was ringing. He was beatified in 1816 and canonized in 1839.



To our couples with anniversaries in August: Eric & Joanna Ellingson – 8/1/1992; Bob & Lorraine Ryalls – 8/5/1978; Camb & Wilma Ashley – 8/6/1977; Larry & Janie Dzula – 8/11/1973; Jim & Anne Duke – 8/12/1967; Philip & Karen Liberato – 8/16/1986; Greg & Erin Hayden – 8/21/1993; Gene & Bonnie Kopacki – 8/23/1975; Henry & Natalie Franzyshen – 8/26/1972



ARE YOU IN NEED OF PRAYER? DO YOU KNOW SOMEONE IN NEED OF PRAYER? Please contact the prayer chain to request any prayers needed. Anonymous Prayer Requests accepted. Contact: On Tuesdays, Wednesdays & Thursdays, please contact Pam Watkins at the Church office at 804-843-3125 from 9:00am through 4:30pm. Any other times, please contact Pam Watkins at 919-820-1986 (cell phone).

\*\*\*Since our parishioners have their own Bibles or Missals, beginning in September, we will list the Sunday Readings, but will not print them out.

# Ministry to the Poor Clares Bethlehem Monastery in Barhamsville

If parishioners/Knights have a talent for carpentry, painting, plumbing, outdoor work, or just want to lend a hand, please contact Jim Vadas at 804-370-5341 or any other Knight.

Come Help Father Oscar Celebrate 40 Years of Service to the Lord and His people!!!
On August 16<sup>th</sup>, Father Oscar will have served the Lord as one of His priests for 40 years! We will help Father Oscar celebrate over at the Hall on Sunday, August 22<sup>nd</sup> immediately following the 9:00am Mass with a Pot Luck Dinner. Please bring your favorite dish (or Father's) and come gather with our parish family to celebrate his 40 years of service!!! If you have any questions, please call the parish office at 804-843-3125.



We are seeking Religious Education
Techers for the Fall year. Please Pray, and consider giving your time and talents for a most important ministry. Teacher guides and help will be provided. For more information or questions, please contact Erin Hayden at 804-843-3125, Ext. 103.

Our Lady of the Blessed Sacrament
Preschool Program will be expanding with a
Before School (7:00am - 8:30am) and After
School Program (3:15pm - 5:30pm). We
need people to staff this program. If
anyone is interested in working 10-15 hours
a week at \$10.50/hour, please contact Vangy
Lawson at 757-876-3697 for more
information.



Congratulations to the Henley Family on the Baptism of Warren Joseph, July 24<sup>th</sup> and the Hackenburg Family on the Baptism of Patience Anne, July 25<sup>th</sup>. We welcome you into the Body of Christ!

## <u>Mass Readings: Eighteenth Sunday in Ordinary Time</u>

#### A reading from the Book of Exodus

The whole Israelite community grumbled against Moses and Aaron. The Israelites said to them, "Would that we had died at the LORD's hand in the land of Egypt, as we sat by our fleshpots and ate our fill of bread! But you had to lead us into this desert to make the whole community die of famine!" Then the LORD said to Moses, "I will now rain down bread from heaven for you. Each day the people are to go out and gather their daily portion; thus will I test them, to see whether they follow my instructions or not. "I have heard the grumbling of the Israelites. Tell them: In the evening twilight you shall eat flesh, and in the morning you shall have your fill of bread, so that you may know that I, the LORD, am your God." In the evening quail came up and covered the camp. In the morning a dew lay all about the camp, and when the dew evaporated, there on the surface of the desert were fine flakes like hoarfrost on the ground. On seeing it, the Israelites asked one another, "What is this?" for they did not know what it was. But Moses told them, "This is the bread that the LORD has given you to eat."

#### The Word of the Lord

#### **Responsorial Psalm**

R. The Lord gave them bread from heaven.

What we have heard and know, and what our fathers have declared to us, we will declare to the generation to come the glorious deeds of the LORD and his strength and the wonders that he wrought.

R. The Lord gave them bread from heaven.
He commanded the skies above and opened the

doors of heaven; he rained manna upon them for food

and gave them heavenly bread.

**R.** The Lord gave them bread from heaven. Man ate the bread of angels, food he sent them in abundance. And he brought them to his holy land, to the mountains his right hand had won.

R. The Lord gave them bread from heaven.

### A Reading from the Letter of Saint Paul to the Ephesians

Brothers and sisters: I declare and testify in the Lord that you must no longer live as the Gentiles do, in the futility of their minds; that is not how you learned Christ, assuming that you have heard of him and were taught in him, as truth is in Jesus, that you should put away the old self of your former way of life, corrupted through deceitful desires, and be renewed in the spirit of your minds, and put on the new self, created in God's way in righteousness and holiness of truth.

The Word of the Lord

#### R. Alleluia, alleluia.

One does not live on bread alone, but by every word that comes forth from the mouth of God.

R. Alleluia, alleluia.

#### The Holy Gospel According to John

When the crowd saw that neither Jesus nor his disciples were there, they themselves got into boats and came to Capernaum looking for Jesus. And when they found him across the sea they said to him, "Rabbi, when did you get here?" Jesus answered them and said, "Amen, amen, I say to you, you are looking for me not because you saw signs but because you ate the loaves and were filled. Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you. For on him the Father, God, has set his seal." So they said to him, "What can we do to accomplish the works of God?" Jesus answered and said to them, "This is the work of God, that you believe in the one he sent." So they said to him, "What sign can you do, that we may see and believe in you? What can you do? Our ancestors ate manna in the desert, as it is written: He gave them bread from heaven to eat." So Jesus said to them, "Amen, amen, I say to you, it was not Moses who gave the bread from heaven; my Father gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." So they said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst."

The Gospel of the Lord

#### **Spiritual Communion Prayer**

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.



Hearing the Knock: In his June 2009 encyclical Caritas in Veritate, Pope Benedict XVI reminds the world that poverty will not be eradicated unless we rediscover and protect the sanctity of life at every level. Dismissing the unborn as less than human and allowing abortion impedes the work of social justice. He points out with urgency, "While the poor of the world continue knocking on the doors of the rich, the world of affluence runs the risk of no longer hearing those knocks, on account of a conscience that can no longer distinguish what is human" (n. 75). (Priests for Life)



Our sincerest condolences to Hilda Smith and her family at the loss of her beloved husband, Allen (A.J.) Smith. Eternal rest grant unto him, O Lord, and let the perpetual light shine upon him.

#### LITANY OF ST. JOSEPH

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

Christ, hear us.

Christ, graciously hear us.

God, the Father of Heaven,
God the Son, Redeemer of the world,
God the Holy Spirit,
Holy Trinity, One God,
have mercy on us.
have mercy on us.
have mercy on us.

Holy Mary, pray for us. Saint Joseph, pray for us. Noble Offspring of David, pray for us. Light of Patriarchs, pray for us. Spouse of the Mother of God, pray for us. Chaste Guardian of the Virgin, pray for us. Foster-Father of the Son of God, pray for us. Zealous Defender of Christ, pray for us. Head of the Holy Family, pray for us.

Joseph Most Just, pray for us.
Joseph Most Chaste, pray for us.
Joseph Most Prudent, pray for us.
Joseph Most Courageous, pray for us.
Joseph Most Obedient, pray for us.
Joseph Most Faithful, pray for us.

Mirror of Patience, pray for us. Lover of Poverty, pray for us. Model of Workmen, pray for us. Glory of Domestic Life, pray for us. Guardian of Virgins, pray for us. Pillar of Families, pray for us. Comfort of the Afflicted, pray for us. Hope of the Sick, pray for us. Patron of the Dying, pray for us. Terror of Demons, pray for us. Protector of the Holy Church, pray for us.

Lamb of God, who takes away the sins of the world, Spare us, O Lord.

Lamb of God, who takes away the sins of the world,

Graciously hear us, O Lord.

Lamb of God, who takes away the sins of the world,

Have mercy on us.

V. He has made him lord of his household,

R. And prince over all his possessions.

#### WELCOME NEW PARISHIONERS

New members are asked to register at the Parish Office in the Mercy Center.

We invite all parishioners to join a ministry. Contact the Chairperson of the ministry or call the Parish Office at 804.843.3125

**ALTAR LINENS** 814-8148 Kim diLandro

**ALTAR SERVERS** 

843-2541 Joe Drexler

liturgychair@olbs-catholic.org

**ARTS & ENVIRONMENT** 

Rowena & Tom Fauber 725-6110 artsenvironment@olbs-catholic.org

**BELL CHOIR** 

**CANTORS/CHOIR** 

Leda Zaginaylo 757 870-2516 music@olbs-catholic.org

**CEMETERY COMMITTEE Gary Silvia** 

757-303-8576

cemeterychair@olbs-catholic.org

CHURCH HISTORIAN

843-2541 **Linda Drexler** 

historian@olbs-catholic.org

**CLEANING COORDINATOR** 

**FACILITIES COMMITTEE** 

Jim Pyne

facilitieschair@olbs-catholic.org

FINANCE COMMITTEE

843-3125 Richard Duke

financechair@olbs-catholic.org

HISPANIC MINISTRY

**Nanci Hernandez** 

Jose Velasquez

hispanicministry@olbs-catholic.org

HOSPITALITY

Glenn & Kay Shaw 843-3476

**JUSTICE & PEACE** 

KNIT, PURL & PRAY

**LAWN MOWING COMMITTEE** 

843-2184 **Eric Ellingson** 

ericellingson@verizon.net

**LIBRARY** 

**Linda Drexler** 843-2541

vintagenotes@verizon.net

**LITURGY COMMITTEE** 

Joe Drexler 843-2541 liturgychair@olbs-catholic.org

MINISTRY SCHEDULING

**Pattie Vadas** 843-4082

pbv0806@yahoo.com

OFFICE VOLUNTEERS Margaret Varboncoeur 843-2867

**PARISH COUNCIL** 

Phil Liberato 512-9701

parishchair@olbs-catholic.org

SACRISTAN

843-2541 Joe Drexler David Seckora 843-2969

Marguerite Sturtz, Sacristan Emeritus

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**Email:** hallrentals@olbs-catholic.org





**New Members** Welcomed

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Contact **Pat Hite** (804) 366-2026