

OUR LADY OF THE BLESSED SACRAMENT CATHOLIC CHURCH

3570 KING WILLIAM AVENUE, WEST POINT VA 23181



MASS SCHEDULE

WEEKENDS: SATURDAY 5:30 P.M.

SUNDAY 9:00 A.M.

2:30 P.M. (SPANISH MASS)

WEEKDAYS: 8:30 A.M. Tuesday - Friday

HOLIDAYS: 8:30 A.M. & 7:00 P.M.

PARISH OFFICES at the MERCY CENTER

207 W. Euclid Blvd., West Point, VA 23181

Phone: 843-3125

Fax: 843-9158

Office Hours: T W Th 10 - 4:30

Parish e-mail : olbs@olbs-catholic.org

Parish Web address: www.olbs-catholic.org

PASTOR

Rev. Oscar Paraiso

757-778-5118

Rectory

843-4231

Office

843-3125 ext 102

Email: oparaiso@richmonddiocese.org

ADMINISTRATIVE ASSISTANT

Pam Watkins

843-3125 ext 101

Hours: T-W-Th 10 - 4:30

Email: adminassistant@olbs-catholic.org

BUSINESS MANAGER

843-3125 ext 104

Bob Ryalls

757 207-0125

E-mail: businessmgr@olbs-catholic.org

COORDINATOR of CHRISTIAN FORMATION

Lorraine Ryalls

843-3125 ext 103

Email: DRE@olbs-catholic.org

MUSIC DIRECTOR

Leda Zaginaylo

757 870-2516

Email: music@olbs-catholic.org

PRESCHOOL TEACHER/DIRECTOR

Vangy Lawson

843-4177

Email: preschool@olbs-catholic.org

GOOD NEIGHBOR CENTER

Frances Thornton

843-4339

Hours: M 10 am - 2 pm

W 12:30 pm - 2:30 p.m.

van den BOOGAARD HALL RENTALS

Janice McGowan

843-2870

Email: hallrentals@olbs-catholic.org

SACRAMENT of RECONCILIATION

Saturday 5:00 p.m.

Also by appointment

EUCCHARISTIC ADORATION

Monday and Tuesday

Mercy Center Chapel

First Friday at the Mercy Center Chapel

6:00 p.m. - 9:00 p.m.

OUTREACH

A food basket and donation box are in the church entry. Your donations provide the means to give direct help to the needy. We collect food on the first weekend of the month.

INFANT BAPTISM

Parent preparation classes are required for each couple planning to have their baby baptized. To schedule a preparation session, please call the church office.

MARRIAGE

OLBS sponsors a preparation program for couples who intend to marry. The Pastor must be contacted at least six months prior to the date of the wedding.

RECEPTION into the CHURCH

Those inquiring into the Catholic Faith or seeking communion with the Church are invited to contact the Parish Office. Rite of Christian Initiation of Adults (RCIA) is offered.

The mission of Our Lady of the Blessed Sacrament Catholic Church, centered in the Eucharist, is to love God and His people and to extend His love to others through service and prayer.

SOLEMNITY OF THE MOST HOLY BODY & BLOOD OF OUR LORD JESUS CHRIST

June 5th – June 13th, 2021



Sat	6/5 – Tony Gintout (RIP) On Anniversary of Death Requested David Seckora	Fr. Oscar
Sun	6/6 – Healing for Philip Liberato Requested by the Watkins Family	Fr. Oscar
Mon	6/7 – No Mass	
Tue	6/8 – No Mass Intention	
Wed	6/9 – Joe Sr., Elsie & Johnnie Drexler (RIP) Requested by Joe & Linda Drexler	Fr. Oscar
Thurs	6/10 – No Mass Intention	
Fri	6/11 – Robin Seeterlin (RIP) Requested by Linda & Joe Drexler	Fr. Oscar
Sat	6/12 – Richard & Anna Kozlowski (RIP) Requested Linda & Joe Drexler	Fr. Oscar
Sun	6/13 – No Mass Intention	

Collections for May 29th & 30th, 2021

Parish Operations	\$3,231.00
Supplemental Collection	3.00
Online Giving as of 5/18/2021	175.00
Total	\$3,409.00
Amount needed weekly for Parish Operations is	\$3,940
Restricted, Special Use or Sent out of Parish	
OLBS Scholarship Fund	\$20.00
Facilities Repairs & Maintenance Fund	\$120.00
Maintenance Savings Account	\$155.00
Diocesan Home Missions	\$50.00

***Thank you for supporting our parish! To mail your donations, send to: Our Lady of the Blessed Sacrament Catholic Church, 207 West Euclid Blvd., West Point, VA 23181. Or, you can drop your offertory in the white box marked 'Boogaard Hall' located on the back porch of the Mercy Center.

***If you are having difficulty hearing the Mass in Church, please arrive a few minutes early and speak with one of the ushers, as the parish has purchased hearing assistance devices for our parishioners.

Attendance – May 29th & 30th, 2021

Saturday, May 29th – 5:30pm = 56

Sunday, May 30th – 9:00am = 109

No Spanish Mass, May 30th – 2:30pm

Mass Updates

*** Mass is being live streamed for use on various Diocesan digital media accounts of the Catholic Diocese of Richmond, including, but not limited to, the websites of the Catholic Diocese of Richmond and the Catholic Virginian, and social media platforms of the Catholic Diocese of Richmond. Photography and/or screenshot images from the livestream may be used for the Catholic Virginian print edition. If you do not wish to be captured by live streaming, please refrain from attending the 9am Sunday Mass.

There will be some mandated changes to how we practice our Mass. Effective immediately:

1. For those who continue to feel uncomfortable returning to Mass, Bishop Knestout has dispensed all Catholics in the Diocese from their Sunday Mass obligation until the weekend of June 26th & 27th.
2. Everyone who is fully vaccinated may attend Mass without wearing a mask.
3. Everyone 5 years and older who has not been fully vaccinated should wear a mask when attending Mass.
4. Continue to refrain from physical contact, such as holding hands during the Our Father and shaking hands during the Sign of Peace.
5. Bulletins will be available at Masses.

***We will continue to make the bulletins available online and mail bulletins to those without Internet access. Please help us to be able to continue to offer this service to our shut-ins and homebound parishioners. If you are attending Mass and can pick up your bulletin, please let us know so we can discontinue mailing bulletins to you and save postage.

Schedule - Week of June 7th – June 13th

Monday, June 7th – No Daily Mass – Adoration
Mercy Center Chapel 12noon - 10pm

Tuesday, June 8th – Mass 8:30am – Adoration
Mercy Center Chapel 12noon - 10pm

Wednesday, June 9th – Mass 8:30am

Thursday, June 10th – Mass 8:30am

Friday, June 11th – Mass 8:30am

Most Holy Rosary – 6:30pm in Church
(Livestreamed)

Saturday, June 12th – Mass – 5:30pm

Sunday, June 13th – Ordinary Time

Mass – 9:00am (Livestreamed)

Spanish Mass – 2:30pm

Last Youth Group – 6:30pm – Hall

***Diocesan Bicentennial Books are still available and can be purchased for a donation amount of your choice. Please call the Parish Office at 804-843-3125 to reserve one, today!



PRAYERS FOR HEALING AND GOOD HEALTH

Emily Adams	Elizabeth Alley	Camb Ashley
Candace Barefoot	Virginia Becker	Paulette Berberich
Linda Blevins	Ron Blevins	Joan Buehler
Linda Burch	William Bush	Kathryn Carson
Kevin Carson	Lucy Carson	Tim Collier
Meredith Crowe	Eric Crump	Vincent D'elia
Denise DePompeo	Dale Dippre	Dexter Dix
Larry Dzula, Jr.	Michelle Eshelman	Amanda Fincher
Natalee Franzyshe	Maria Fredericks	Kelli Gaeta
Margaret Geron	Jim Gregory	Pat Hinkle
Kelly Hipple	Laurie Hite	Tom Hollowak
Mary Ann Hooper	Ellen Horseman	Gail Justin
Bob Kay	John Kellam	Bill Kessler
Gloria Kojcsich	Bonnie Kopacki	Joyce Kostrzewa
Gordon Langston	Patricia Lanuza	Ashley Larson
Melissa Leger	Philip Liberato	Lanci McCloud
Kenny McGinley	Beverly McGowan	Patrick McGowan
William Madigan III	Diane Agnes Martin	Ron Martz
Clara Morrow	Randy Morrow	Specialist Mullins
Larry Newtzie	Desiree Page	Ka'varus Penticolas
Brett Pickens	Pam Rigsby	Mark A. Roane
Vickie Roane	Leonard Romano	Debbie Royals
Joanna Ryalls	Jack Scaife	Barbara Schafer
James Simmons	Allen Smith	The Solak Family
Levi Sturtz	Jim Tokarz	Mae Touray
Taylor Trimbath	Gloria Wajciechowski	Emmett White
James Wills	Andrea Berberich Wilson	Lois Wilson
Robert 'Bobby' Wilson		Jody Zogran

PRAYERS FOR THOSE IN THE MILITARY

Major Jonathan Culberson (Afghanistan)

Church Cleaning Schedule

- 5/31 thru 6/6 – Tom & Rowena Fauber
- 6/7 thru 6/13 – Gary & Jackie Silvia
- 6/14 thru 6/20 – Our Hispanic Community



- 6/5 – Bob Ryalls, Joe Drexler & Dan Gibbs
- 6/6 – Jim Milby, Dave Haviland & Dawson Haviland
- 6/12 – David Seckora, Shawn Lazar & Abby Lazar
- 6/13 – Tuan Nguyen, Jim Pyne & Craig Smith



- 6/5 – David Seckora & Lorraine Ryalls
- 6/6 – Joe Pincus & Bill Madigan
- 6/12 – Tom Fauber & Jackie Silvia
- 6/13 – Pat Barron & Kay Shaw



- 6/5 – Tom Fauber
- 6/6 – Susan Thompson
- 6/12 – Gary Silvia
- 6/13 – Bill Madigan

QUESTION OF THE WEEK

On this solemn feast we are called above all to faith in the fact, as revealed by the Lord Himself, that the Eucharist, the Holy Communion we partake of, is in fact, a reception of the very Body, Blood, Soul and Divinity of Jesus Christ, whole and entire, in His glorified state. We do not partake of a symbol, the Eucharist is not a metaphor, it is truly the Lord. Neither is it a "piece" of His flesh, but is Christ, whole and entire. Adults: Do you see the Eucharist as an encounter with the Living God? Children: What are some ways that you can prepare to receive Holy Communion so that it doesn't become just a habit?

SAINT OF THE WEEK

Saint Norbert founded a religious order known as the Praemonstratensians or the Norbertines. His founding of the order was a monumental task: combating rampant heresies - particularly regarding the Blessed Sacrament, revitalizing many of the faithful who had grown indifferent and dissolute, plus effecting peace and reconciliation among enemies. Norbert realized that nothing could be effectively done without God's power. Finding this help especially in devotion to the Blessed Sacrament, he and his Norbertines praised God for success in conversions and revitalizing the faith. Reluctantly, Norbert became archbishop of Magdeburg in central Germany, a territory half pagan and half Christian. In this position he zealously and courageously continued his work for the Church until his death on June 6, 1134. His intercession is invoked during childbirth for safe delivery and he is the patron of Magdeburg.

DO YOU KNOW?

Today's celebration of the Body and Blood of the Lord originated in the Diocese of Liege in 1246 as the feast of Corpus Christi. In the reforms of Vatican II, Corpus Christi was joined with the feast of the Precious Blood (July 1) to become the Solemnity of the Body and Blood of the Lord. We celebrate today Christ's gift to us of the Eucharist, the source and summit of our life together as the Church. The Council of Trent (1545 to 1563), declared that we must honor our Lord Jesus Christ in the Holy Eucharist publicly so that those who observed the faith of Catholics in the Most Holy Eucharist might be attracted to the Eucharistic Lord and believe in the Divinity of our Lord Jesus Christ, Present in this great Sacrament.



Youth Group for those in 6th grade through High School will meet this weekend, June 6th and June 13th at 6:30pm in Boogaard Hall. Hope to see you there!



ARE YOU IN NEED OF PRAYER? DO YOU KNOW SOMEONE IN NEED OF PRAYER? Please contact the prayer chain to request any prayers needed. Anonymous Prayer Requests accepted. Contact: On Tuesdays, Wednesdays & Thursdays, please contact Pam Watkins at the Church office at 804-843-3125 from 10:15am through 4:30pm. Any other times, please contact Pam Watkins at 919-820-1986 (cell phone).



To our couples with anniversaries in June: Jeffrey & Melissa Pitts – 6/1/1985; Terry & Brenda Frederick – 6/16/1973; Vincent & (Marina) D'elia – 6/24/1963; John & Victoria Kurdziel Roane – 6/26/1960; Paul & Mary Leigh McDonald – 6/30/1973.



The Eucharist and Unity: Imagine a person who receives Communion, accepts the Host when the priest says, "The Body of Christ," says "Amen," and then breaks off a piece, hands it back, and says, "Except this piece, Father!" This is what the person who rejects other people may as well do. In receiving Christ, we are to receive the whole Christ, in all his members, our brothers and sisters, whether convenient or inconvenient, wanted or unwanted, born or unborn. As St. John remarks, Christ was to die "to gather into one all the scattered children of God." Sin scatters. Christ unites. The word "diabolical" means "to split asunder." Christ came "to destroy the works of the devil" (1Jn.3:8). The Eucharist builds up the human family in Christ who says, "Come to me, feed on My Body, become My Body." Abortion, in a reverse dynamic, says, "Go away! We have no room for you, no time for you, no desire for you, no responsibility for you. Get out of our way!" Abortion attacks the unity of the human family by splitting asunder the most fundamental relationship between any two persons: mother and child. The Eucharist, as a Sacrament of Unity, reverses the dynamic of abortion. (Priests for Life)

*****TRAINING OFFERED:** Father Oscar has requested that we have an altar server training session to review procedures and to train anyone who is interested in becoming an altar server. To be an altar server, you must have received your First Communion. Training sessions will be held on Saturday, June 12th after the 5:30pm Mass and on Sunday, June 13th after the 9:00am Mass. Server vestments will be checked for proper sizes. These training sessions are for ALL altar servers. You may attend the one most convenient for your family. If you have any questions or need more information, please contact Joe Drexler (804-366-7563) or at jdrexler1@verizon.net.

Help Needed!

Please see below and call the parish office at 804-843-3125 if you are interested:

Ushers – Father would like to use 4 ushers for the Collection.

Altar Servers – You must have received your First Holy Communion to be eligible to serve.

Lectors – You must have been Confirmed in the Catholic Faith and a practicing Catholic to be able to Lector.

Eucharistic Ministers – You must have been Confirmed in the Catholic Faith and a practicing Catholic to be a Eucharistic Minister.

Mass Readings: Solemnity of the Most Holy Body & Blood of Jesus Christ

A reading from the Book of Exodus

When Moses came to the people and related all the words and ordinances of the LORD, they all answered with one voice, "We will do everything that the LORD has told us." Moses then wrote down all the words of the LORD and, rising early the next day, he erected at the foot of the mountain an altar and twelve pillars for the twelve tribes of Israel. Then, having sent certain young men of the Israelites to offer holocausts and sacrifice young bulls as peace offerings to the LORD, Moses took half of the blood and put it in large bowls; the other half he splashed on the altar. Taking the book of the covenant, he read it aloud to the people, who answered, "All that the LORD has said, we will heed and do." Then he took the blood and sprinkled it on the people, saying, "This is the blood of the covenant that the LORD has made with you in accordance with all these words of his."

The Word of the Lord

Responsorial Psalm

R. I will take the cup of salvation, and call on the name of the Lord. or: R. Alleluia.

How shall I make a return to the LORD for all the good he has done for me? The cup of salvation I will take up, and I will call upon the name of the LORD.

R. I will take the cup of salvation, and call on the name of the Lord. or: R. Alleluia.

Precious in the eyes of the LORD is the death of his faithful ones. I am your servant, the son of your handmaid; you have loosed my bonds.

R. I will take the cup of salvation, and call on the name of the Lord. or: R. Alleluia.

To you will I offer sacrifice of thanksgiving, and I will call upon the name of the LORD. My vows to the LORD I will pay in the presence of all his people.

R. I will take the cup of salvation, and call on the name of the Lord. or: R. Alleluia.

A Reading from the Letter to the Hebrews

Brothers and sisters: When Christ came as high priest of the good things that have come to be, passing through the greater and more perfect tabernacle not made by hands, that is, not belonging to this creation, he entered once for all into the sanctuary, not with the blood of goats and calves but with his own blood, thus obtaining eternal redemption. For if the blood of goats and bulls and the sprinkling of a heifer's ashes can sanctify those who are defiled so that their flesh is cleansed, how much more will the blood of Christ, who through the eternal Spirit offered himself unblemished to God, cleanse our consciences from dead works to worship the living God. For this reason he is mediator of a new covenant: since a death has taken place for deliverance from transgressions under the first covenant, those who are called may receive the promised eternal inheritance.

The Word of the Lord

Sequence

Lo! the angel's food is given To the pilgrim who has striven; see the children's bread from heaven, which on dogs may not be spent. Truth the ancient types fulfilling, Isaac bound, a victim willing, Paschal lamb, its lifeblood spilling, manna to the fathers sent. Very bread, good shepherd, tend us, Jesu, of your love befriend us, You refresh us, you defend us, Your eternal goodness send us In the land of life to see. You who all things can and know, Who on earth such food bestow, Grant us with your saints, though lowest, Where the heav'nly feast you show, Fellow heirs and guests to be. Amen. Alleluia.

R. Alleluia, alleluia.

I am the living bread that came down from heaven, says the Lord; whoever eats this bread will live forever.

R. Alleluia, alleluia.

The Holy Gospel According to Mark

On the first day of the Feast of Unleavened Bread, when they sacrificed the Passover lamb, Jesus' disciples said to him, "Where do you want us to go and prepare for you to eat the Passover?" He sent two of his disciples and said to them, "Go into the city and a man will meet you, carrying a jar of water. Follow him. Wherever he enters, say to the master of the house, 'The Teacher says, "Where is my guest room where I may eat the Passover with my disciples?'" Then he will show you a large upper room furnished and ready. Make the preparations for us there." The disciples then went off, entered the city, and found it just as he had told them; and they prepared the Passover. While they were eating, he took bread, said the blessing, broke it, gave it to them, and said, "Take it; this is my body." Then he took a cup, gave thanks, and gave it to them, and they all drank from it. He said to them, "This is my blood of the covenant, which will be shed for many. Amen, I say to you, I shall not drink again the fruit of the vine until the day when I drink it new in the kingdom of God." Then, after singing a hymn, they went out to the Mount of Olives.

The Gospel of the Lord

Spiritual Communion Prayer

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.



WELCOME NEW PARISHIONERS

New members are asked to register at the Parish Office in the Mercy Center.

We invite all parishioners to join a ministry.
Contact the Chairperson of the ministry or call the Parish Office at
804.843.3125

ALTAR LINENS Kim diLandro	814-8148
ALTAR SERVERS Joe Drexler	843-2541
<i>liturgychair@olbs-catholic.org</i>	
ARTS & ENVIRONMENT Rowena & Tom Fauber	725-6110
<i>artsenvironment@olbs-catholic.org</i>	
BELL CHOIR	
CANTORS/CHOIR Leda Zaginaylo	757 870-2516
<i>music@olbs-catholic.org</i>	
CEMETERY COMMITTEE Gary Silvia	757-303-8576
<i>cemetarychair@olbs-catholic.org</i>	
CHURCH HISTORIAN Linda Drexler	843-2451
<i>historian@olbs-catholic.org</i>	
CLEANING COORDINATOR	

FACILITIES COMMITTEE Jim Pyne	
<i>facilitieschair@olbs-catholic.org</i>	
FINANCE COMMITTEE Richard Duke	843-3125
<i>financechair@olbs-catholic.org</i>	
HISPANIC MINISTRY Nanci Hernandez Jose Velasquez	
<i>hispanicministry@olbs-catholic.org</i>	
HOSPITALITY Glenn & Kay Shaw	843-3476
JUSTICE & PEACE	
KNIT, PURL & PRAY	
LAWN MOWING COMMITTEE Eric Ellingson	843-2184
<i>ericellingson@verizon.net</i>	

LIBRARY Linda Drexler	843-2541
<i>vintagenotes@verizon.net</i>	
LITURGY COMMITTEE Joe Drexler	843-2541
<i>liturgychair@olbs-catholic.org</i>	
MINISTRY SCHEDULING Pattie Vadas	843-4082
<i>pbv0806@yahoo.com</i>	
OFFICE VOLUNTEERS Margaret Varboncoeur	843-2867
PARISH COUNCIL Phil Liberato	512-9701
<i>parishchair@olbs-catholic.org</i>	
SACRISTAN Marguerite Sturtz	843-2175
YOUTH MINISTRY Lorraine Ryalls	843-3125 ext 103
<i>dre@olbs-catholic.org</i>	

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Pat Hite
(804) 366-2026

For Immediate Release June 2, 2021

STATEMENT OF THE BISHOPS OF THE PROVINCE OF BALTIMORE AND THE ARCHDIOCESE OF WASHINGTON

Lifting the General Dispensation from the Obligation to Attend Mass

We, the Catholic Bishops of the Province of Baltimore and the Archdiocese of Washington, give thanks to Almighty God for the progress our country has made in curbing the coronavirus pandemic. The average number of new cases of COVID-19 continues to decline due to the observance of safety protocols and the increase of the availability of the vaccine. At this time, many places in our region are enjoying a return to some sense of normalcy.

Therefore, we are lifting the dispensation of the Sunday and Holy Days Mass obligation in the Archdiocese of Baltimore, the Archdiocese of Washington, and the Dioceses of Arlington, Richmond, Wheeling-Charleston, and Wilmington and reinstating that obligation beginning on Saturday, June 26, 2021 and Sunday, June 27, 2021. We welcome and encourage the Faithful to return to full in-person participation of the Sunday Eucharist, the source and summit of our Catholic faith (cf. Code of Canon Law, canon 1246-1247 and Catechism of the Catholic Church, n. 2180).

This obligation does not apply to those who are ill; those who have reason to believe that they were recently exposed to the coronavirus, another serious or contagious illness; those who are confined to their home, a hospital, or nursing facility; or those with serious underlying health conditions. One should consult his or her local pastor if questions arise about the obligation to attend Mass (Canon 1245 and the Catechism of the Catholic Church n. 2181).

Safety protocols and other liturgical directives in each diocese remain in effect until modified or revoked by the respective Diocesan Bishop.

Let us continue to be united in prayer for one another and for an end to the global pandemic.

Given on June 2, 2021

Cardinal Wilton D. Gregory

Archbishop, Archdiocese of Washington

Most Reverend William E. Lori

Archbishop, Archdiocese of Baltimore

Most Reverend Michael F. Burbidge

Bishop, Diocese of Arlington

Most Reverend Barry C. Knestout

Bishop, Diocese of Richmond

Most Reverend Mark E. Brennan

Bishop, Diocese of Wheeling-Charleston

Most Reverend William Francis Malooly

Apostolic Administrator, Diocese of Wilmington

Media Contact Christian Kendzierski ck@archbalt.org 410-547-5378 (office) 917-882-1358 (cell)



Office of the Bishop

Diocese of Richmond

June 2, 2021

Dear Brothers Priests,

I am grateful that I had the opportunity to speak with you and members of your parish staff on Wednesday, May 26th to offer updates for lifting Mass restrictions put into place last year due to COVID-19.

In a special way, I am most thankful for the hard work and attentiveness of all our pastors, parochial vicars, chaplains, and staff who worked long hours to fulfil our liturgical, catechetical, and workplace policies over the last year. Indeed, your caring approach to parishioners, personal sacrifice in pastoral ministry, and leadership among your staff and volunteers has been remarkable.

As Catholics, we have a significant appreciation for the importance of the physical presence of the community. From its earliest days, the Church gathered and “devoted themselves to the teaching of the apostles and to the communal life, to the breaking of the bread,” (Acts 2:42). As the Body of Christ, the Church, we encounter the living God most fully in the Sacraments which appeal to our whole being, through outward signs. Therefore, it is important that we continue to encourage the presence of the Catholic faithful at Mass and at the other sacraments.

As expressed in the Statement of the Bishops of the Province of Baltimore and the Archdiocese of Washington’s *Lifting of the General Dispensation from the Obligation to attend Mass*, this lifting of the dispensation is a hope-filled sign that we can gradually return to a normal and full experience of the celebration of the sacraments.

I am grateful to each priest for sharing the attached statement with his parishioners this week. With gratitude and prayers, I remain

Sincerely in Christ,

Most Reverend Barry C. Knestout
Bishop of Richmond