

OUR LADY OF THE BLESSED SACRAMENT CATHOLIC CHURCH

3570 KING WILLIAM AVENUE, WEST POINT VA 23181



MASS SCHEDULE

WEEKENDS: SATURDAY 5:30 P.M.

SUNDAY 9:00 A.M.

2:30 P.M. (SPANISH MASS)

WEEKDAYS: 8:30 A.M. Tuesday - Friday

HOLIDAYS: 8:30 A.M. & 7:00 P.M.

PARISH OFFICES at the MERCY CENTER

207 W. Euclid Blvd., West Point, VA 23181

Phone: 843-3125

Fax: 843-9158

Office Hours: T W Th 10 - 4:30

Parish e-mail : olbs@olbs-catholic.org

Parish Web address: www.olbs-catholic.org

PASTOR

Rev. Oscar Paraiso 757-778-5118
Rectory 843-4231
Office 843-3125 ext 102

Email: oparaiso@richmonddiocese.org

ADMINISTRATIVE ASSISTANT

Pam Watkins 843-3125 ext 101
Hours: T-W-Th 10 - 4:30

Email: adminassistant@olbs-catholic.org

BUSINESS MANAGER 843-3125 ext 104
Bob Ryalls 757 207-0125

E-mail: businessmgr@olbs-catholic.org

COORDINATOR of CHRISTIAN FORMATION

Lorraine Ryalls 843-3125 ext 103

Email: DRE@olbs-catholic.org

MUSIC DIRECTOR

Leda Zaginaylo 757 870-2516

Email: music@olbs-catholic.org

PRESCHOOL TEACHER/DIRECTOR

Vangy Lawson 843-4177

Email: preschool@olbs-catholic.org

GOOD NEIGHBOR CENTER

Frances Thornton 843-4339

Hours: M 10 am - 2 pm
W 12:30 pm - 2:30 p.m.

van den BOOGAARD HALL RENTALS

Janice McGowan 843-2870

Email: hallrentals@olbs-catholic.org

SACRAMENT of RECONCILIATION

Saturday 5:00 p.m.
Also by appointment

EUCCHARISTIC ADORATION

Monday and Tuesday
Mercy Center Chapel

First Friday at the Mercy Center Chapel
6:00 p.m. - 9:00 p.m.

OUTREACH

A food basket and donation box are in the church entry. Your donations provide the means to give direct help to the needy. We collect food on the first weekend of the month.

INFANT BAPTISM

Parent preparation classes are required for each couple planning to have their baby baptized. To schedule a preparation session, please call the church office.

MARRIAGE

OLBS sponsors a preparation program for couples who intend to marry. The Pastor must be contacted at least six months prior to the date of the wedding.

RECEPTION into the CHURCH

Those inquiring into the Catholic Faith or seeking communion with the Church are invited to contact the Parish Office. Rite of Christian Initiation of Adults (RCIA) is offered.

The mission of Our Lady of the Blessed Sacrament Catholic Church, centered in the Eucharist, is to love God and His people and to extend His love to others through service and prayer.

SEVENTH SUNDAY OF EASTER
The Solemnity of the Ascension of the Lord
May 15th & 16th, 2021



Sat	5/15 -	Patricia Arsenault (RIP)	Fr. Oscar
		Requested by The Liberato Family	
Sun	5/16 -	Art West (RIP)	Fr. Oscar
		Requested by Knights of Columbus Father Jakubowski Council #8116	
Mon	5/17 -	No Mass	
Tue	5/18 -	Anthony Gintout (RIP)	Fr. Oscar
		Requested by Joe & Linda Drexler	
Wed	5/19 -	Joe Sr, Elsie, & Johnnie Drexler (RIP)	Fr. Oscar
		Requested by Joe & Linda Drexler	
Thurs	5/20 -	Richard & Anna Kozlowski (RIP)	Fr. Oscar
		Requested by Linda & Joe Drexler	
Fri	5/21 -	Natalee Franzyszen	Fr. Oscar
		In Honor of Birthday Requested by Philip & Karen Liberato	
Sat	5/22 -	Gaetano Buffa (RIP)	Fr. Oscar
		Requested by The Knights of Columbus Father Jakubowski Council #8116	
Sun	5/23 -	Joe Buffa (RIP)	Fr. Oscar
		Requested by Knights of Columbus Father Jakubowski Council #8116	

Collections for May 8th & 9th, 2021

Parish Operations	\$3,290.00
Supplemental Collection	5.00
Online Giving as of 4/27/2021	150.00
All Saints Day	2.00
Total	\$3,447.00
Amount needed weekly for Parish Operations is	\$3,940
Restricted, Special Use or Sent out of Parish	
OLBS Scholarship Fund	\$401.02
Diocesan Home Missions	\$5.00

***Thank you to all the parishioners who have brought into the office, mailed, or given their weekly contributions at one of the Masses allowing us to continue critical operations. Our parish office remains open for you to be able to bring or mail your weekly donations. To mail your donations, send to: Our Lady of the Blessed Sacrament Catholic Church, 207 West Euclid Blvd., West Point, VA 23181. Or, you can drop your offertory in the white box marked 'Boogaard Hall' located on the back porch of the Mercy Center. You can also give at one of the Masses or temporarily give online at <https://offertory.richmonddiocese.org/>. Choose our Parish through the Drop-Down - OLBS #623. This will ensure the proceeds go only to our parish. Thank you.

***If you are having difficulty hearing the Mass in Church, please arrive a few minutes early and speak with one of the ushers, as the parish has purchased hearing assistance devices for our parishioners.

Masses Continue to be Offered!

*****Due to COVID-19, Mass is being live streamed for use on various Diocesan digital media accounts of the Catholic Diocese of Richmond, including, but not limited to, the websites of the Catholic Diocese of Richmond and the Catholic Virginian, and social media platforms of the Catholic Diocese of Richmond. Photography and/or screenshot images from the livestream may be used for the Catholic Virginian print edition. If you do not wish to be captured by live streaming, please refrain from attending that particular Mass time.**

There will be some mandated changes to how we practice our Mass. Effective immediately:

- For those who have not received a vaccine and continue to feel uncomfortable returning to Mass, Bishop Knestout has dispensed all Catholics in the Diocese from their Sunday Mass obligation.
- If you have a fever or symptoms of Covid-19, you will not be permitted to enter the building.
- You should arrive early for Mass to allow time for temperature testing and being seated by the ushers. The ushers will let each pew know the staggered process for exiting the Church once Mass is over.
- Everyone shall maintain six feet of social distance from others who are not from the same household at all times while in Church or on Church property.
- Everyone 5 years and older attending Mass shall wear a Cloth Face Mask. Those who cannot wear a cloth mask may wear a face shield. Be sure the mask covers your nose and mouth. (Face mask should be removed only for Receiving Holy Communion.)
*****Anyone who comes to any Mass (including daily Mass) without a face covering, will not be admitted to Mass.**
- Look for direction from the ushers when going up to receive Holy Communion. Holy Communion should be received in the hand until further notice. There will be no distribution of the Blood of Christ until further notice.
- Refrain from physical contact, such as holding hands during the Our Father and shaking hands during the Sign of Peace.
- Singing by the congregation is discouraged.
- Sanitize hands when entering & leaving Church.

10. Bulletins will be available at Masses.
***We will continue to make the bulletins available online and mail bulletins to those without Internet access. Please let us know if we can discontinue mailing bulletins to you.**

Schedule - Week of May 17th - May 23rd

- Monday, May 17th** - No Daily Mass - Adoration
 Mercy Center Chapel 12noon until 10pm
- Tuesday, May 18th** - Mass 8:30am - Adoration in
 Mercy Center Chapel 12noon until 10pm
- Wednesday, May 19th** - Mass 8:30am
- Thursday, May 20th** - Mass 8:30am
- Friday, May 21st** - Mass 8:30am
- Most Holy Rosary - 6:30pm in Church
 (Livestreamed)**
- Saturday, May 22nd** - Mass - 5:30pm
- Sunday, May 23rd** - Pentecost
- Mass - 9:00am (Livestreamed)
 Parish Council - 10:15am - Hall
 Spanish Mass - 2:30pm**



PRAYERS FOR HEALING AND GOOD HEALTH

Emily Adams	Elizabeth Alley	Camb Ashley
Candace Barefoot	Virginia Becker	Paulette Berberich
Linda Blevins	Ron Blevins	Joan Buehler
Linda Burch	William Bush	Kathryn Carson
Kevin Carson	Lucy Carson	Tim Collier
Meredith Crowe	Eric Crump	Vincent D'elia
Denise DePompeo	Dale Dippre	Dexter Dix
Larry Dzula, Jr.	Michelle Eshelman	Amanda Fincher
Natalee Franzysheh	Kelli Gaeta	Margaret Geron
Earl Gravatt	Jim Gregory	Pat Hinkle
Kelly Hipple	Laurie Hite	Tom Hollowak
Mary Ann Hooper	Ellen Horseman	Gail Justin
Bob Kay	John Kellam	Bill Kessler
Gloria Kojcsich	Bonnie Kopacki	Joyce Kostrzewa
Gordon Langston	Patricia Lanuza	Ashley Larson
Melissa Leger	Lanci McCloud	Kenny McGinley
Beverly McGowan	Patrick McGowan	William Madigan III
Diane Agnes Martin	Ron Martz	Clara Morrow
Randy Morrow	Specialist Mullins	Larry Newtzie
Desiree Page	Ka'varus Penticolas	Brett Pickens
Pam Rigsby	Mark A. Roane	Vickie Roane
Leonard Romano	Debbie Royalls	Joanna Ryalls
Jack Scaife	Barbara Schafer	James Simmons
Allen Smith	The Solak Family	Levi Sturtz
Jim Tokarz	Mae Touray	Taylor Trimbath
Gloria Wajciechowski	Emmett White	James Wills
Andrea Berberich Wilson	Lois Wilson	Robert 'Bobby' Wilson
Jody Zogran		

PRAYERS FOR THOSE IN THE MILITARY

Major Jonathan Culberson (Afghanistan)

Church Cleaning Schedule

- 5/10 thru 5/16 – Our Hispanic Community
- 5/17 thru 5/23 – Dan Gibbs Family
- 5/24 thru 5/30 – Teresa Nguyen & Nguyen Sisters



- 5/15 – Joe Drexler, Bob Ryalls & Dan Gibbs
- 5/16 – Jim Milby, Jim Pyne & Jim Vadas
- 5/22 – David Seckora, Jim Vadas & Bob Ryalls
- 5/23 – Jim Milby, Dave Haviland & Dawson Haviland



- 5/15 – David Seckora & Lorraine Ryalls
- 5/16 – Kim DiLandro & Joe Pincus
- 5/22 – Jackie Silvia & Pattie Vadas
- 5/23 – Pat Barron & Susan Thompson



- 5/16 – Jim Vadas
- 5/23 – Jim Pyne

Special Blessings

Beginning in June, Father's special blessings will resume. He will bless all birthdays on the first weekend of each month and bless all anniversaries on the second weekend of each month.

QUESTION OF THE WEEK

Today's Gospel reminds us of the mandate of our Christian calling: "Go out into the whole world and proclaim the Good News to all creation..." Christ Himself evangelized through His words, works, sufferings, and complete offering of Himself. Now He calls us to do the same because the same spirit that sustained and resurrected Him is with us. We need the Holy Spirit within us so that we can truly spread the Good News of Jesus' love and mercy and not our own agenda of condemnation of those who do not live their life in Christ. Indeed, we cannot afford to fail Christ in this call. So, as we rejoice today that Christ has ascended into Heaven, we must work hard to fulfill His mandate to us in the hope of His second coming to take us with Him. This is what will merit us to be eternally with Him. Adults: What is most difficult about continuing with the mission of Jesus in today's world? Children: What are some ways that you can share the Good News of Jesus' love and mercy with others?

DO YOU KNOW?

Nuns are women who devote their lives to the service of their religion. Nuns in the United States are typically practitioners of the Catholic faith, but other faiths, such as Buddhism and Orthodox Christianity accept and support nuns as well. A nun's duties depend on her religion as well as the order she joins. Nuns take vows that vary by faith and order, but often involve dedicating themselves to a life of poverty and chastity. Some nuns devote themselves to prayer, while others, known as religious sisters, serve their community by helping the poor, teaching in schools, or providing health care. Nuns of each faith may identify themselves with a specific type of dress, and often live together with other monastics or religious in a monastery, abbey, or convent.

SAINT OF THE WEEK

Rita of Cascia was born in Italy and was a wife, mother, widow, and member of a religious community. Her holiness was reflected in each phase of her life. Rita became holy because she made choices that reflected her Baptism and her growth as a disciple of Jesus. Her overarching, lifelong choice was to cooperate generously with God's grace, but many small choices were needed to make that happen. Over the years, her austerity, prayerfulness, and charity became legendary. When she developed wounds on her forehead, people quickly associated them with the wounds from Christ's crown of thorns. She meditated frequently on Christ's Passion. Her care for the sick nuns was especially loving. She also counseled lay people who came to her monastery. Rita died on May 22, 1457. Along with St. Jude, St. Rita is the patron of impossible causes. Other patronage is difficult marriages, infertility and parenthood.



ARE YOU IN NEED OF PRAYER? DO YOU KNOW SOMEONE IN NEED OF PRAYER? Please contact the prayer chain to request any prayers needed. Anonymous Prayer Requests accepted. Contact: On Tuesdays, Wednesdays & Thursdays, please contact Pam Watkins at the Church office at 804-843-3125 from 10:15am through 4:30pm. Any other times, please contact Pam Watkins at 919-820-1986 (cell phone).



To our couples with anniversaries in May: Pat & Wini Barron – 5/4/1966; Jim & Pattie Vadas – 5/27/1972; Greg & Denise DePompeo – 5/2/1981; Chris & Barbara Hite – 5/15/1982; Brian & Hope Kopacki – 5/17/2008

Attendance – May 8th & 9th, 2021

Saturday, May 8th – 5:30pm = 48

Sunday, May 9th – 9:00am = 86

Spanish Mass, May 9th – 2:30pm = 33

***Diocesan Bicentennial Books are still available and can be purchased for a donation amount of your choice. Please call the Parish Office at 804-843-3125 to reserve one, today!



The Glory of the Ascension: Jesus prayed on the night before he died, "Father, give me the glory I had with you before the world began." How is the glory he has in the Ascension different from the glory he had "before the world began?" It differs only in that now, he has it in a human nature. Our humanity has been taken to the heights of heaven, fulfilling the destiny God intended for human life from the beginning. Revelation 3:21 declares, "To the one who gains the victory, I will give the right to sit with me on my throne." God's plan for us is not just that we will gather around the throne or fall down before the throne, but that we will sit with him on the throne! This hope extended to the human family by the Gospel is directly contradicted when the same human beings destined for the heights of heaven are attacked by violence, degraded in their dignity, or put to death by things like abortion. The human nature Jesus brings to glory in the Ascension is the same human nature you and I share, and the same human nature that the babies in the womb share. Celebrating the Ascension in daily life means treating each human life as one destined to sit with Christ on his throne. (Priests for Life)

OLBS Scholarship

***It is time to Apply for the OLBS Scholarship! You must be a graduating high school senior and an active member of Our Lady of the Blessed Sacrament Catholic Church parish. Please call the parish office at 804-843-3125 or email to olbs@olbs-catholic.org for more information or to have an application sent to you. This is a faith-based scholarship which reflects the service and leadership of the applicant within our faith community. There is a single \$1,000 scholarship. *This year's scholarship applications must be returned to the Mercy Center Offices no later than May 31, 2021 and addressed to the Scholarship Review Committee.*

Additional copies of the application are available at the Mercy Center Office. Please call the parish office at 804-843-3125 with any questions.

Mass Readings: Solemnity of the Ascension

A reading from the Acts of the Apostles

In the first book, Theophilus, I dealt with all that Jesus did and taught until the day he was taken up, after giving instructions through the Holy Spirit to the apostles whom he had chosen. He presented himself alive to them by many proofs after he had suffered, appearing to them during forty days and speaking about the kingdom of God. While meeting with them, he enjoined them not to depart from Jerusalem, but to wait for “the promise of the Father about which you have heard me speak; for John baptized with water, but in a few days you will be baptized with the Holy Spirit.” When they had gathered together they asked him, “Lord, are you at this time going to restore the kingdom to Israel?” He answered them, “It is not for you to know the times or seasons that the Father has established by his own authority. But you will receive power when the Holy Spirit comes upon you, and you will be my witnesses in Jerusalem, throughout Judea and Samaria, and to the ends of the earth.” When he had said this, as they were looking on, he was lifted up, and a cloud took him from their sight. While they were looking intently at the sky as he was going, suddenly two men dressed in white garments stood beside them. They said, “Men of Galilee, why are you standing there looking at the sky? This Jesus who has been taken up from you into heaven will return in the same way as you have seen him going into heaven.”

The Word of the Lord

Responsorial Psalm

R. God mounts his throne to shouts of joy: a blare of trumpets for the Lord. or: R. Alleluia.

All you peoples, clap your hands, shout to God with cries of gladness, For the LORD, the Most High, the awesome, is the great king over all the earth.

R. God mounts his throne to shouts of joy: a blare of trumpets for the Lord. or: R. Alleluia.

God mounts his throne amid shouts of joy; the LORD, amid trumpet blasts. Sing praise to God, sing praise; sing praise to our king, sing praise.

R. God mounts his throne to shouts of joy: a blare of trumpets for the Lord. or: R. Alleluia.

For king of all the earth is God; sing hymns of praise. God reigns over the nations, God sits upon his holy throne.

R. God mounts his throne to shouts of joy: a blare of trumpets for the Lord. or: R. Alleluia.

A Reading from the Letter to the Ephesians

Brothers and sisters: May the God of our Lord Jesus Christ, the Father of glory, give you a Spirit of wisdom and revelation resulting in knowledge of him. May the eyes of your hearts be enlightened, that you may know what is the hope that belongs to his call, what are the riches of glory in his inheritance among the holy ones, and what is the surpassing greatness of his power for us who believe, in accord with the exercise of his great might, which he worked in Christ, raising him from the dead and seating him at his right hand in the heavens, far above every

principality, authority, power, and dominion, and every name that is named not only in this age but also in the one to come. And he put all things beneath his feet and gave him as head over all things to the church, which is his body, the fullness of the one who fills all things in every way.

The Word of the Lord

R. Alleluia, alleluia.

Go and teach all nations, says the Lord; I am with you always, until the end of the world.

R. Alleluia, alleluia.

The Holy Gospel According to Mark

Jesus said to his disciples: “Go into the whole world and proclaim the gospel to every creature. Whoever believes and is baptized will be saved; whoever does not believe will be condemned. These signs will accompany those who believe: in my name they will drive out demons, they will speak new languages. They will pick up serpents with their hands, and if they drink any deadly thing, it will not harm them. They will lay hands on the sick, and they will recover.” So then the Lord Jesus, after he spoke to them, was taken up into heaven and took his seat at the right hand of God. But they went forth and preached everywhere, while the Lord worked with them and confirmed the word through accompanying signs.

The Gospel of the Lord

Spiritual Communion Prayer

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.

Help Needed!

With things opening up a little more at Church, we need more volunteers. Please see below and call the parish office at 804-843-3125 if you are interested:

Ushers – Father would like to use 4 ushers for the Collection.

Altar Servers – Father has brought back altar servers in a limited capacity. You must have received your First Holy Communion to be eligible to serve.

Lectors – You must have been Confirmed in the Catholic Faith to be able to Lector.

Eucharistic Ministers – You must have been Confirmed in the Catholic Faith to be a Eucharistic Minister.

Time to honor our Deceased Veterans!

Memorial Day weekend is a special time to honor our deceased veterans who fought so hard for our country and our freedoms. Please call the parish office at 804-843-3125 or send an email to adminassistant@olbs-catholic.org by Wednesday, May 26th at noon if you would like to have your deceased veteran remembered this Memorial Day weekend.

WELCOME NEW PARISHIONERS

New members are asked to register at the Parish Office in the Mercy Center.

We invite all parishioners to join a ministry.
Contact the Chairperson of the ministry or call the Parish Office at
804.843.3125

ALTAR LINENS Kim diLandro	814-8148
ALTAR SERVERS Joe Drexler	843-2541
<i>liturgychair@olbs-catholic.org</i>	
ARTS & ENVIRONMENT Rowena & Tom Fauber	725-6110
<i>artsenvironment@olbs-catholic.org</i>	
BELL CHOIR	
CANTORS/CHOIR Leda Zaginaylo	757 870-2516
<i>music@olbs-catholic.org</i>	
CEMETERY COMMITTEE Gary Silvia	757-303-8576
<i>cemetarychair@olbs-catholic.org</i>	
CHURCH HISTORIAN Linda Drexler	843-2451
<i>historian@olbs-catholic.org</i>	
CLEANING COORDINATOR	

FACILITIES COMMITTEE Jim Pyne	
<i>facilitieschair@olbs-catholic.org</i>	
FINANCE COMMITTEE Richard Duke	843-3125
<i>financechair@olbs-catholic.org</i>	
HISPANIC MINISTRY Nanci Hernandez Jose Velasquez	
<i>hispanicministry@olbs-catholic.org</i>	
HOSPITALITY Glenn & Kay Shaw	843-3476
JUSTICE & PEACE	
KNIT, PURL & PRAY	
LAWN MOWING COMMITTEE Eric Ellingson	843-2184
<i>ericellingson@verizon.net</i>	

LIBRARY Linda Drexler	843-2541
<i>vintagenotes@verizon.net</i>	
LITURGY COMMITTEE Joe Drexler	843-2541
<i>liturgychair@olbs-catholic.org</i>	
MINISTRY SCHEDULING Pattie Vadas	843-4082
<i>pbv0806@yahoo.com</i>	
OFFICE VOLUNTEERS Margaret Varboncoeur	843-2867
PARISH COUNCIL Phil Liberato	512-9701
<i>parishchair@olbs-catholic.org</i>	
SACRISTAN Marguerite Sturtz	843-2175
YOUTH MINISTRY Lorraine Ryalls	843-3125 ext 103
<i>dre@olbs-catholic.org</i>	

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