

OUR LADY OF THE BLESSED SACRAMENT CATHOLIC CHURCH

3570 KING WILLIAM AVENUE, WEST POINT VA 23181



MASS SCHEDULE

WEEKENDS: SATURDAY 5:30 P.M.

SUNDAY 9:00 A.M.

2:30 P.M. (SPANISH MASS)

WEEKDAYS: 8:30 A.M. Tuesday - Friday

HOLIDAYS: 8:30 A.M. & 7:00 P.M.

PARISH OFFICES at the MERCY CENTER

207 W. Euclid Blvd., West Point, VA 23181

Phone: 843-3125

Fax: 843-9158

Office Hours: T W Th 10 - 4:30

Parish e-mail : olbs@olbs-catholic.org

Parish Web address: www.olbs-catholic.org

PASTOR

Rev. Oscar Paraiso

757-778-5118

Rectory

843-4231

Office

843-3125 ext 102

Email: oparaiso@richmonddiocese.org

ADMINISTRATIVE ASSISTANT

Pam Watkins

843-3125 ext 101

Hours: T-W-Th 10 - 4:30

Email: adminassistant@olbs-catholic.org

BUSINESS MANAGER

843-3125 ext 104

Bob Ryalls

757 207-0125

E-mail: businessmgr@olbs-catholic.org

COORDINATOR of CHRISTIAN FORMATION

Lorraine Ryalls

843-3125 ext 103

Email: DRE@olbs-catholic.org

MUSIC DIRECTOR

Leda Zaginaylo

757 870-2516

Email: music@olbs-catholic.org

PRESCHOOL TEACHER/DIRECTOR

Vangy Lawson

843-4177

Email: preschool@olbs-catholic.org

GOOD NEIGHBOR CENTER

Frances Thornton

843-4339

Hours: M 10 am - 2 pm

W 12:30 pm - 2:30 p.m.

van den BOOGAARD HALL RENTALS

Janice McGowan

843-2870

Email: hallrentals@olbs-catholic.org

SACRAMENT of RECONCILIATION

Saturday 5:00 p.m.

Also by appointment

EUCCHARISTIC ADORATION

Monday and Tuesday

Mercy Center Chapel

First Friday at the Mercy Center Chapel

6:00 p.m. - 9:00 p.m.

OUTREACH

A food basket and donation box are in the church entry. Your donations provide the means to give direct help to the needy. We collect food on the first weekend of the month.

INFANT BAPTISM

Parent preparation classes are required for each couple planning to have their baby baptized. To schedule a preparation session, please call the church office.

MARRIAGE

OLBS sponsors a preparation program for couples who intend to marry. The Pastor must be contacted at least six months prior to the date of the wedding.

RECEPTION into the CHURCH

Those inquiring into the Catholic Faith or seeking communion with the Church are invited to contact the Parish Office. Rite of Christian Initiation of Adults (RCIA) is offered.

The mission of Our Lady of the Blessed Sacrament Catholic Church, centered in the Eucharist, is to love God and His people and to extend His love to others through service and prayer.

FOURTH SUNDAY OF LENT

March 13th & 14th, 2021



Sat	3/13 – Joe, Elsie & Johnny Drexler (RIP)	Fr. Oscar
	Requested by Theresa Drexler Moody	
Sun	3/14– Roger Staskiel (RIP)	Fr. Oscar
	Anniversary of Birthday Requested by Donna Geron	
Mon	3/15 – No Mass	
Tue	3/16 – No Mass Intention	
Wed	3/17 – Laura Varboncoeur Glidewell (RIP)	Fr. Oscar
	Requested by Theresa Drexler Moody	
Thurs	3/18 – No Mass Intention	
Fri	3/19 – Dick Kolar (RIP)	Fr. Oscar
	Requested by Mike & Nancy Pausic	
Sat	3/20 – Von & Melvin Moody (RIP)	Fr. Oscar
	Requested by Theresa Drexler Moody	
Sun	3/21– Robin Seeterlin (RIP)	Fr. Oscar
	Requested by Frank & Mary Ann Fetterolf	

Collections for March 6th & 7th, 2021

Parish Operations	\$3,263.00
Supplemental Collection	160.00
Online Giving as of 2/23/2020	175.00
Easter Flowers	115.00
Votive Candles	49.00
Parish Heating	40.00
Total	\$3,802.00
Amount needed weekly for Parish Operations is	\$3,940
Restricted, Special Use or Sent out of Parish	
Facilities Repairs & Maintenance	\$430.00
Parish Maintenance Savings Account	\$85.00
Cemetery Fund	\$315.00
Haiti Ministry Fund	\$160.00

***Thank you to all the parishioners who have brought into the office, mailed, or given their weekly contributions at one of the Masses allowing us to continue critical operations. Our parish office remains open for you to be able to bring or mail your weekly donations. To mail your donations, send to: Our Lady of the Blessed Sacrament Catholic Church, 207 West Euclid Blvd., West Point, VA 23181. Or, you can drop your offertory in the white box marked 'Boogaard Hall' located on the back porch of the Mercy Center. You can also give at one of the Masses or temporarily give online at

<https://offertory.richmonddiocese.org/>. Choose our Parish through the Drop-Down - OLBS #623. This will ensure the proceeds go only to our parish. Thank you.

Mass Attendance – March 4th, 6th & 7th, 2021

Confirmation, March 4th = 41

Saturday, March 6th - 5:30pm = 37

Sunday, March 7th - 9:00am = 89

Spanish Mass on March 7th - 2:30pm = 43

Masses Continue to be Offered!

*****Due to COVID-19, Mass is being live streamed for use on various Diocesan digital media accounts of the Catholic Diocese of Richmond, including, but not limited to, the websites of the Catholic Diocese of Richmond and the Catholic Virginian, and social media platforms of the Catholic Diocese of Richmond. Photography and/or screenshot images from the livestream may be used for the Catholic Virginian print edition. If you do not wish to be captured by live streaming, please refrain from attending that particular Mass time.**

There will be some mandated changes to how we practice our Mass. Effective immediately:

1. You are asked to stay home if you are ill, elderly, anxious, or immunocompromised. Bishop Knestout has dispensed all Catholics in the Diocese from their Sunday Mass obligation.
2. If you have a fever or symptoms of Covid-19, you will not be permitted to enter the building.
3. You should arrive early for Mass to allow time for temperature testing, vetting and being seated by the ushers. The ushers will let each pew know the staggered process for exiting the Church once Mass is over.
4. Everyone shall maintain six feet of social distance from others who are not from the same household at all times while in Church or on Church property.
5. Everyone 5 years and older attending Mass shall wear a Cloth Face Mask. Those who cannot wear a cloth mask may wear a face shield. Be sure the mask covers your nose and mouth. (Face mask should be removed only for Receiving Holy Communion.) *****Anyone who comes to any Mass (including daily Mass) without a face covering, will not be admitted to Mass.**
6. Look for direction from the ushers when going up to receive Holy Communion. Holy Communion should be received in the hand until further notice. There will be no distribution of the Blood of Christ until further notice.
7. Refrain from physical contact, such as holding hands during the Our Father and shaking hands during the Sign of Peace.
8. Singing by the congregation is strongly discouraged.
9. Sanitize hands when entering and leaving Church. Bring personal supply of hand sanitizer to use before receiving Holy Communion, if possible.
10. No bulletins will be available at Masses. *We will continue to make the bulletins available online, through email, and mail bulletins to those without Internet access.



The Rosary

The Rosary will be said in the church at 6:30pm every Friday with Stations of the Cross to follow during Lent. The Rosary will be led by Father Oscar & Stations of the Cross will be led by members our Finance Council on Friday, March 19th.



PRAYERS FOR HEALING AND GOOD HEALTH

Emily Adams	Elizabeth Alley	Camb Ashley
Candace Barefoot	Virginia Becker	Paulette Berberich
Linda Blevins	Ron Blevins	Joan Buehler
Linda Burch	Kathryn Carson	Kevin Carson
Lucy Carson	Tim Collier	Meredith Crowe
Eric Crump	Vincent D'elia	Denise DePompeo
Dale Dippre	Dexter Dix	Larry Dzula, Jr.
Michelle Eshelman	Amanda Fincher	Natalee Franzyszen
Kelli Gaeta	Margaret Geron	Jim Gregory
Pat Hinkle	Kelly Hipple	Tom Hollowak
Mary Ann Hooper	Gail Justin	Bob Kay
John Kellam	Bill Kessler	Gloria Kojcsich
Bonnie Kopacki	Joyce Kostrzewa	Gordon Langston
Patricia Lanuza	Ashley Larson	Henry Lasch
Tracy Lasch	Melissa Leger	Lanci McCloud
Kenny McGinley	Beverly McGowan	Patrick McGowan
William Madigan III	Baby Vivian Mallis	Diane Agnes Martin
Ron Martz	Clara Morrow	Randy Morrow
Specialist Mullins	Larry Newtzie	Desiree Page
Ka'varus Penticolas	Brett Pickens	Pam Rigsby
Mark A. Roane	Vickie Roane	Leonard Romano
Debbie Royals	Joanna Ryalls	Jack Scaife
Barbara Schafer	James Simmons	Allen Smith
The Solak Family	Levi Sturtz	Jim Tokarz
Mae Touray	Chris Vincent, Sr.	Gloria Wajciechowski
Linda Webster	Emmett White	James Wills
Andrea Berberich Wilson		Lois Wilson
Robert 'Bobby' Wilson		Jody Zogran

PRAYERS FOR THOSE IN THE MILITARY

Major Jonathan Culberson (Afghanistan)

Church Cleaning Schedule

- 3/8 thru 3/14 – Dan Gibbs Family
- 3/15 thru 3/21 – Teresa Nguyen & Nguyen Sisters
- 3/22 thru 3/28 – Tom & Rowena Fauber



- 3/13 – Bob Ryalls, Jim Vadas & David Seckora
- 3/14 – David Haviland, Dawson Haviland & Tuan Nguyen
- 3/20 – Shawn Lazar, Abby Lazar & Bob Ryalls
- 3/21 – Jim Pyne, David Haviland & Dawson Haviland



- 3/13 – Jackie Silvia & Lorraine Ryalls
- 3/14 – Kim DiLandro & Kay Shaw
- 3/20 – David Seckora & Joe Drexler
- 3/21 – Joe Pincus & Danielle Smith



- 3/14 – Jim Pyne
- 3/21 – Bill Madigan

QUESTION OF THE WEEK

Being a Christian is not just about following rules and regulations; it is about following a Person. It is about following Jesus Christ. Being a disciple of Jesus is not just or even a matter of the head; it is a matter of the heart. We are people of the light, not the darkness. We are a people who are on a journey with Jesus to the Cross and Crucifixion. As Jesus asks us to walk with Him to the Cross, He also invites us to share in His Resurrection. Through the new life of Easter we will be renewed and restored to new life in Jesus. Adults: Do you see the world as good or evil, and how does your view impact your life? Children: What are some ways that God shows His love for you? How can you show God your love?

DO YOU KNOW?

Many evangelical protestants and others think that wearing or displaying a crucifix is idolatrous and a sign that Catholics want to focus only on Jesus hanging on a cross and not on His Resurrection. Yes, Catholics prefer a crucifix over an empty cross, but not for the reasons many evangelical protestants and others suspect. Catholics see victory in the Cross. It was through Jesus' suffering that we are saved. Why would we want to pretend His suffering never happened? The Resurrection could not come about with the Crucifixion; the two are eternally linked. For Catholics, the crucifix is not something to idolize or something to look at in fear. It is a sorrowful reminder that our God died for our sins and then rose from the dead, opening the gates of Heaven. Catholics know that Jesus is risen, something we celebrate at every Mass, but the suffering of the Crucifixion can never become a footnote to the Glory of the Resurrection.

SAINT OF THE WEEK

Joseph's mission in God's plan of salvation was "to legally insert Jesus Christ into the line of David from whom, according to the prophets, the Messiah would be born, and to act as His father and guardian." About him Sacred Scripture has little more to say than that he was a just man - an expression which indicates how faithfully he fulfilled his high trust of protecting and guarding God's greatest treasures upon earth, Jesus and Mary. He is the patron of the Universal Church. He is the patron of the dying because Jesus and Mary were at his death bed. He is also the patron of fathers, carpenters, and of social justice. Many religious orders and communities are placed under his patronage. At present there are two major feasts in his honor. On March 19th our veneration is directed to him personally and to his part in the work of redemption, while May 1st we honor him as the patron of workmen throughout the world and as our guide in the difficult matter of establishing equitable norms regarding obligations and rights in the social order.



To our couples with anniversaries in March: Shawn & Erin Lazar - 3/6/2004 and David & Donna Haviland - 3/7/1998.

Congratulations to our newly confirmed! Daniel Duke (Saint Sebastian, patron of athletes); Phong Nguyen (Saint Peter, the Apostle and first pope); Adrian Vidal (Saint Catherine of Bologna, patron of artists). May the Holy Spirit guide these young men as they continue on their faith journey.



ARE YOU IN NEED OF PRAYER? DO YOU KNOW SOMEONE IN NEED OF PRAYER? Please contact the prayer chain to request any prayers needed. Anonymous Prayer Requests accepted. Contact: On Tuesdays, Wednesdays & Thursdays, please contact Pam Watkins at the Church office at 804-843-3125 from 10:15am through 4:30pm. Any other times, please contact Pam Watkins at 919-820-1986 (cell phone).



The Most Basic Right: "The common outcry, which is justly made on behalf of human rights - for example, the right to health, to home, to work, to family, to culture -- is false and illusory if the right to life, the most basic and fundamental right and the condition for all other personal rights, is not defended with maximum determination." -- Pope John Paul II, *Christifideles Laici* (1988), n. 38. (Priests for Life)

***If we don't stand up and speak out for God's children in the womb, who will? Now, more than ever, it is extremely important to pray for and speak out for an end to abortion in our country and the world. Over sixty-two million children just from America cry out from beyond the grave for our help in giving them a voice. Visit www.TenStepsToEndAbortion.com to learn what you can do.

Easter Food Basket Collection

It is that time of year, again! We will be collecting funds for Easter Food Baskets for those in need this Easter. To give, you can put your donation in an envelope clearly marked, "Food Baskets" and drop in the collection box; drop off at the office; or see Erin Hayden, Deidra Kopacki, Sandy Lam or Pam Watkins after one of the Masses to give them your donation. Please include your envelope number so your donation can be recorded to your offertory history. Anyone interested in helping with the shopping and packaging of the food baskets can contact Pam Watkins at the Parish Office or at 919-820-1986.



*Our sincerest condolences to the Franzyschen family at the loss of Eloise, Henry's sister-in-law. Eternal rest grant unto her, O Lord, and let the perpetual light shine upon her. Please pray for Henry's family and his brother.

*Please keep Jim Pyne and his family in your prayers as they mourn the loss of his brother-in-law. Eternal rest grant unto him, O Lord, and let the perpetual light shine upon him. Our sincerest condolences go out to Jim's family.

Mass Readings: Fourth Sunday of Lent

A reading from the Second Book of the Chronicles

In those days, all the princes of Judah, the priests, and the people added infidelity to infidelity, practicing all the abominations of the nations and polluting the LORD's temple which he had consecrated in Jerusalem. Early and often did the LORD, the God of their fathers, send his messengers to them, for he had compassion on his people and his dwelling place. But they mocked the messengers of God, despised his warnings, and scoffed at his prophets, until the anger of the LORD against his people was so inflamed that there was no remedy. Their enemies burnt the house of God, tore down the walls of Jerusalem, set all its palaces afire, and destroyed all its precious objects. Those who escaped the sword were carried captive to Babylon, where they became servants of the king of the Chaldeans and his sons until the kingdom of the Persians came to power. All this was to fulfill the word of the LORD spoken by Jeremiah: "Until the land has retrieved its lost sabbaths, during all the time it lies waste it shall have rest while seventy years are fulfilled." In the first year of Cyrus, king of Persia, in order to fulfill the word of the LORD spoken by Jeremiah, the LORD inspired King Cyrus of Persia to issue this proclamation throughout his kingdom, both by word of mouth and in writing: "Thus says Cyrus, king of Persia: All the kingdoms of the earth the LORD, the God of heaven, has given to me, and he has also charged me to build him a house in Jerusalem, which is in Judah. Whoever, therefore, among you belongs to any part of his people, let him go up, and may his God be with him!"

The Word of the Lord

Responsorial Psalm

R. Let my tongue be silenced, if I ever forget you!

By the streams of Babylon we sat and wept when we remembered Zion. On the aspens of that land we hung up our harps.

R. Let my tongue be silenced, if I ever forget you!

For there our captors asked of us the lyrics of our songs, And our despoilers urged us to be joyous: "Sing for us the songs of Zion!"

R. Let my tongue be silenced, if I ever forget you!

How could we sing a song of the LORD in a foreign land? If I forget you, Jerusalem, may my right hand be forgotten!

R. Let my tongue be silenced, if I ever forget you!

May my tongue cleave to my palate if I remember you not, If I place not Jerusalem ahead of my joy.

R. Let my tongue be silenced, if I ever forget you!

A reading from the Letter of Saint Paul to the Ephesians

Brothers and sisters: God, who is rich in mercy, because of the great love he had for us, even when we were dead in our transgressions, brought us to life with Christ — by grace you have been saved —, raised us up with him, and seated us with him in the heavens in Christ Jesus, that in the ages to come He might show the immeasurable riches of his grace

in his kindness to us in Christ Jesus. For by grace you have been saved through faith, and this is not from you; it is the gift of God; it is not from works, so no one may boast. For we are his handiwork, created in Christ Jesus for the good works that God has prepared in advance, that we should live in them.

The Word of the Lord

Verse before the Gospel

God so loved the world that he gave his only Son, so everyone who believes in him might have eternal life.

A Reading from the Holy Gospel according to John

Jesus said to Nicodemus: "Just as Moses lifted up the serpent in the desert, so must the Son of Man be lifted up, so that everyone who believes in him may have eternal life." For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through him. Whoever believes in him will not be condemned, but whoever does not believe has already been condemned, because he has not believed in the name of the only Son of God. And this is the verdict, that the light came into the world, but people preferred darkness to light, because their works were evil. For everyone who does wicked things hates the light and does not come toward the light, so that his works might not be exposed. But whoever lives the truth comes to the light, so that his works may be clearly seen as done in God.

The Gospel of the Lord

Spiritual Communion Prayer

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.



News from the Knights of Columbus

Another Red Cross Blood Drive will be held at the Boogaard Hall on Tuesday, April 13, 2021 from 1:00pm to 6:00pm. The event is sponsored by the Knights of Columbus. Those wishing to donate blood must make an appointment with the Red Cross online at www.redcrossblood.org or by calling 1-800-733-2767.

WELCOME NEW PARISHIONERS

New members are asked to register at the Parish Office in the Mercy Center.

We invite all parishioners to join a ministry.
Contact the Chairperson of the ministry or call the Parish Office at
804.843.3125

ALTAR LINENS Kim diLandro	814-8148
ALTAR SERVERS Joe Drexler	843-2541
<i>liturgychair@olbs-catholic.org</i>	
ARTS & ENVIRONMENT Rowena & Tom Fauber	725-6110
<i>artsenvironment@olbs-catholic.org</i>	
BELL CHOIR	
CANTORS/CHOIR Leda Zaginaylo	757 870-2516
<i>music@olbs-catholic.org</i>	
CEMETERY COMMITTEE Gary Silvia	757-303-8576
<i>cemetarychair@olbs-catholic.org</i>	
CHURCH HISTORIAN Linda Drexler	843-2451
<i>historian@olbs-catholic.org</i>	
CLEANING COORDINATOR	

FACILITIES COMMITTEE Jim Pyne	
<i>facilitieschair@olbs-catholic.org</i>	
FINANCE COMMITTEE Richard Duke	843-3125
<i>financechair@olbs-catholic.org</i>	
HISPANIC MINISTRY Nanci Hernandez Jose Velasquez	
<i>hispanicministry@olbs-catholic.org</i>	
HOSPITALITY Glenn & Kay Shaw	843-3476
JUSTICE & PEACE	
KNIT, PURL & PRAY	
LAWN MOWING COMMITTEE Eric Ellingson	843-2184
<i>ericellingson@verizon.net</i>	

LIBRARY Linda Drexler	843-2541
<i>vintagenotes@verizon.net</i>	
LITURGY COMMITTEE Joe Drexler	843-2541
<i>liturgychair@olbs-catholic.org</i>	
MINISTRY SCHEDULING Pattie Vadas	843-4082
<i>pbv0806@yahoo.com</i>	
OFFICE VOLUNTEERS Margaret Varboncoeur	843-2867
PARISH COUNCIL Phil Liberato	512-9701
<i>parishchair@olbs-catholic.org</i>	
SACRISTAN Marguerite Sturtz	843-2175
YOUTH MINISTRY Lorraine Ryalls	843-3125 ext 103
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BLOOD DONATIONS

ARE
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Blood Drive
Knights of Columbus - West Point

Boogaard Center
Boogaard Center 3510 King William Ave
West Point, VA 23181

Tuesday, April 13, 2021
1:00 p.m. to 6:00 p.m.

All blood donations are now tested for COVID-19 antibodies. The test results will be available within 7 to 10 days after your successful donation.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: knightswestpoint to schedule an appointment.

Streamline your donation experience and save up to 15 minutes by visiting RedCrossBlood.org/RapidPass to complete your pre-donation reading and health history questions on the day of your appointment.

Schedule a blood donation appointment today:

Download the Blood Donor App | RedCrossBlood.org | 1-800-RED CROSS | 1-800-733-2767