

# OUR LADY OF THE BLESSED SACRAMENT CATHOLIC CHURCH

3570 KING WILLIAM AVENUE, WEST POINT VA 23181



## MASS SCHEDULE

WEEKENDS: SATURDAY 5:30 P.M.

SUNDAY 9:00 A.M.

2:30 P.M. (SPANISH MASS)

WEEKDAYS: 8:30 A.M. Tuesday - Friday

HOLIDAYS: 8:30 A.M. & 7:00 P.M.

## PARISH OFFICES at the MERCY CENTER

207 W. Euclid Blvd., West Point, VA 23181

Phone: 843-3125

Fax: 843-9158

Office Hours: T W Th 10 - 4:30

Parish e-mail : [olbs@olbs-catholic.org](mailto:olbs@olbs-catholic.org)

Parish Web address: [www.olbs-catholic.org](http://www.olbs-catholic.org)

### PASTOR

Rev. Oscar Paraiso

757-778-5118

Rectory

843-4231

Office

843-3125 ext 102

Email: [oparaiso@richmonddiocese.org](mailto:oparaiso@richmonddiocese.org)

### ADMINISTRATIVE ASSISTANT

Pam Watkins

843-3125 ext 101

Hours: T-W-Th 10 - 4:30

Email: [adminassistant@olbs-catholic.org](mailto:adminassistant@olbs-catholic.org)

### BUSINESS MANAGER

843-3125 ext 104

Bob Ryalls

757 207-0125

E-mail: [businessmgr@olbs-catholic.org](mailto:businessmgr@olbs-catholic.org)

### COORDINATOR of CHRISTIAN FORMATION

Lorraine Ryalls

843-3125 ext 103

Email: [DRE@olbs-catholic.org](mailto:DRE@olbs-catholic.org)

### MUSIC DIRECTOR

Leda Zaginaylo

757 870-2516

Email: [music@olbs-catholic.org](mailto:music@olbs-catholic.org)

### PRESCHOOL TEACHER/DIRECTOR

Vangy Lawson

843-4177

Email: [preschool@olbs-catholic.org](mailto:preschool@olbs-catholic.org)

### GOOD NEIGHBOR CENTER

Frances Thornton

843-4339

Hours: M 10 am - 2 pm

W 12:30 pm - 2:30 p.m.

### van den BOOGAARD HALL RENTALS

Janice McGowan

843-2870

Email: [hallrentals@olbs-catholic.org](mailto:hallrentals@olbs-catholic.org)

### SACRAMENT of RECONCILIATION

Saturday 5:00 p.m.

Also by appointment

### EUCCHARISTIC ADORATION

Monday and Tuesday

Mercy Center Chapel

First Friday at the Mercy Center Chapel

6:00 p.m. - 9:00 p.m.

### OUTREACH

A food basket and donation box are in the church entry. Your donations provide the means to give direct help to the needy. We collect food on the first weekend of the month.

### INFANT BAPTISM

Parent preparation classes are required for each couple planning to have their baby baptized. To schedule a preparation session, please call the church office.

### MARRIAGE

OLBS sponsors a preparation program for couples who intend to marry. The Pastor must be contacted at least six months prior to the date of the wedding.

### RECEPTION into the CHURCH

Those inquiring into the Catholic Faith or seeking communion with the Church are invited to contact the Parish Office. Rite of Christian Initiation of Adults (RCIA) is offered.

*The mission of Our Lady of the Blessed Sacrament Catholic Church, centered in the Eucharist, is to love God and His people and to extend His love to others through service and prayer.*

**FIFTH SUNDAY IN ORDINARY TIME  
FEBRUARY 6<sup>th</sup> & 7<sup>th</sup>, 2021**



Sat	2/6 – Tommy Sturtz, Jr. (RIP) Anniversary of Death Requested by Marguerite Sturtz	Fr. Oscar
Sun	2/7 – Richard Kozlowski (RIP) Anniversary of Death Requested by Donna Geron	Fr. Oscar
Mon	2/8 – No Mass	
Tue	2/9 – Robert Canfield (RIP) Requested by Philip & Karen Liberato	Fr. Oscar
Wed	2/10 – Gaetano Buffa (RIP) Requested by Joe & Linda Drexler	Fr. Oscar
Thurs	2/11 – Art West (RIP) Requested by Joe & Linda Drexler	Fr. Oscar
Fri	2/12 – Joe Buffa (RIP) Requested by Joe & Linda Drexler	Fr. Oscar
Sat	2/13 – Gaetano Buffa (RIP) Requested by Joe & Linda Drexler	Fr. Oscar
Sun	2/14 – Art West (RIP) Requested by Frank & Mary Ann Fetterolf	Fr. Oscar

**Collections for January 30<sup>th</sup> & 31<sup>st</sup>, 2021**

Parish Operations	\$2,061.00
Online Giving as of 1/19/2020	100.00
Total	\$2,161.00
Amount needed weekly for Parish Operations is	\$3,940
Restricted, Special Use or Sent out of Parish	
Haiti Fund	\$5.00
Respect Life	\$55.00

\*\*\*Thank you to all the parishioners who have brought into the office, mailed, or given their weekly contributions at one of the Masses allowing us to continue critical operations. Our parish office remains open for you to be able to bring or mail your weekly donations. To mail your donations, send to: Our Lady of the Blessed Sacrament Catholic Church, 207 West Euclid Blvd., West Point, VA 23181. Or, you can drop your offertory in the white box marked 'Boogaard Hall' located on the back porch of the Mercy Center. You can also give at one of the Masses or temporarily give online at <https://offertory.richmonddiocese.org/>. Choose our Parish through the Drop-Down - OLBS #623. This will ensure the proceeds go only to our parish. Thank you.

\*\*\*Thanks to the generosity of our Local Knights of Columbus, we have Church Calendars at the back of the Church. Please take one for your family. If you are unable to attend Mass and would like for us to mail a Calendar for 2021, please contact the Parish Office at 804-843-3125 Tuesday – Thursday. Or send an email to [adminassistant@olbs-catholic.org](mailto:adminassistant@olbs-catholic.org).

**Masses Continue to be Offered!**

**\*\*\*Due to COVID-19, Mass is being live streamed for use on various Diocesan digital media accounts of the Catholic Diocese of Richmond, including, but not limited to, the websites of the Catholic Diocese of Richmond and the Catholic Virginian, and social media platforms of the Catholic Diocese of Richmond. Photography and/or screenshot images from the livestream may be used for the Catholic Virginian print edition. If you do not wish to be captured by live streaming, please refrain from attending that particular Mass time.**

There will be some mandated changes to how we practice our Mass. Effective immediately:

1. You are asked to stay home if you are ill, elderly, anxious, or immunocompromised. Bishop Knestout has dispensed all Catholics in the Diocese from their Sunday Mass obligation.
2. If you have a fever or symptoms of Covid-19, you will not be permitted to enter the building.
3. You should arrive early for Mass to allow time for temperature testing, vetting and being seated by the ushers. The ushers will let each pew know the staggered process for exiting the Church once Mass is over.
4. Everyone shall maintain six feet of social distance from others who are not from the same household at all times while in Church or on Church property.
5. Everyone 5 years and older attending Mass shall wear a Cloth Face Mask. Those who cannot wear a cloth mask may wear a face shield. Be sure the mask covers your nose and mouth. (Face mask should be removed only for Receiving Holy Communion.) **\*\*\*Anyone who comes to any Mass (including daily Mass) without a face covering, will not be admitted to Mass.**
6. Look for direction from the ushers when going up to receive Holy Communion. Holy Communion should be received in the hand until further notice. There will be no distribution of the Blood of Christ until further notice.
7. Refrain from physical contact, such as holding hands during the Our Father and shaking hands during the Sign of Peace.
8. Singing by the congregation is strongly discouraged.
9. Sanitize hands when entering and leaving Church. Bring personal supply of hand sanitizer to use before receiving Holy Communion, if possible.
10. No bulletins will be available at Masses. \*We will continue to make the bulletins available online, through email, and mail bulletins to those without Internet access.

**Mass Attendance – Jan. 30<sup>th</sup> & 31<sup>st</sup>, 2021**

**Saturday, January 30<sup>th</sup> - 5:30pm = 66**

**Sunday, January 31<sup>st</sup> - 9:00am = 35**

**No Spanish Mass on January 31<sup>st</sup> at 2:30pm**



**The Rosary**

Beginning Friday, February 5<sup>th</sup>, the Rosary will be said in the church at 6:30pm every Friday. Please come out and join in reciting the Rosary in honor of our Most Blessed Virgin Mother Mary and Jesus, her Son.



**PRAYERS FOR HEALING AND GOOD HEALTH**

Emily Adams	Elizabeth Alley	Camb Ashley
Candace Barefoot	Virginia Becker	Linda Blevins
Ron Blevins	Jon Boyette	Joan Buehler
Linda Burch	Kathryn Carson	Kevin Carson
Lucy Carson	Tim Collier	Meredith Crowe
Eric Crump	Vincent D'elia	Denise DePompeo
Dale Dippre	Dexter Dix	Larry Dzula, Jr.
Michelle Eshelman	Amanda Fincher	Natalee Franzyszen
Kelli Gaeta	Margaret Geron	Jim Gregory
Pat Hinkle	Kelly Hipple	Tom Hollowak
Mary Ann Hooper	Gail Justin	Bob Kay
John Kellam	Bill Kessler	Gloria Kojcsich
Bonnie Kopacki	Joyce Kostrzewa	Gordon Langston
Patricia Lanuza	Henry Lasch	Tracy Lasch
Melissa Leger	Lanci McCloud	Kenny McGinley
Beverly McGowan	Patrick McGowan	William Madigan III
Baby Vivian Mallis	Diane Agnes Martin	Ron Martz
Clara Morrow	Randy Morrow	Specialist Mullins
Marilyn Naggy	Larry Newtzie	Desiree Page
Ka'varus Penticolas	Brett Pickens	Pam Rigsby
Mark A. Roane	Vickie Roane	Leonard Romano
Debbie Royals	Joanna Ryalls	Jack Scaife
Barbara Schafer	James Simmons	Allen Smith
The Solak Family	Levi Sturtz	Jim Tokarz
Mae Touray	Chris Vincent, Sr.	Gloria Wajciechowski
Linda Webster	Emmett White	James Wills
Andrea Berberich Wilson		Lois Wilson
Robert 'Bobby' Wilson		Jody Zogran

**PRAYERS FOR THOSE IN THE MILITARY**

Major Jonathan Culberson (Afghanistan)

**Church Cleaning Schedule**

- 2/1 thru 2/7 – Dan Gibbs Family
- 2/8 thru 2/14 – Teresa Nguyen & Nguyen Sisters
- 2/15 thru 2/21 – Tom & Rowena Fauber



- 2/6 – Joe Drexler, Dan Gibbs & David Seckora
- 2/7 – Tuan Nguyen, Jim Pyne & Jim Vadas
- 2/13 – Shawn Lazar, Abby Lazar & Bob Ryalls
- 2/14 – Joe Drexler, Tuan Nguyen & Craig Smith



- 2/6 – Joe Drexler & Jackie Silvia
- 2/7 – Bill Madigan & Kay Shaw
- 2/13 – Jim Vadas & Pattie Vadas
- 2/14 – Scott Rae & Colleen Rae



- 2/7 – Jim Vadas
- 2/14 – Sarah Rae

**QUESTION OF THE WEEK**

In today's Gospel, a key line is "Rising very early before dawn, He left and went off to a deserted place, where He prayed." By His example, Jesus is telling us that prayer is very essential in our life if we really want to know and follow the will of the Heavenly Father. Prayer is not just asking for favors from God. Rather, it is our communication with God – to know His will and to have the strength, guidance and inspiration to fulfill it. Oftentimes, we willfully forgo our prayers because we say we are too busy. But according to the example of Jesus, it is very clear that despite His perfection as God and His very busy schedule, He seriously finds time to be alone in order to pray. He is telling us, in fact, that if we are busy, the more there is the need to pray harder and longer. Adults: What obstacles do you face in your prayer life? What can you do to remove them so that you can spend more time communicating with our Lord? Children: When is your favorite time to talk to God in prayer?

**DO YOU KNOW?**

There is not one single quote from St. Joseph in the Bible, and only a few details of his life were recorded for us. After the story of Christ's birth and flight to Egypt, St. Joseph seems to disappear from the narrative of Christ's life as recorded in the Gospels. There are many pious legends about him and the Church assures us that he remains an important player in the life of the Church to this very day, but in terms personal details, anecdotes, true life stories, there is silence. Perhaps the silence of Saint Joseph is his most profound witness. (Father Robert Barron)

## SAINT OF THE WEEK

St. Josephine Bakhita was born in Sudan in 1869. She was kidnapped and sold into slavery as a young girl. Bakhita was sold five different times to cruel masters. She was branded, beaten, and cut. In one horrific incident, a master rubbed salt into the 114 cuts he had made on her body. Her last master was an Italian merchant, who forced her to come to Italy to be a nanny for his daughter. Bakhita was given a small silver crucifix, her first encounter with Christ. She went with her master's daughter to a Catholic school run by the Canossian Sisters. It was here that she fell in love with the Catholic faith. Refusing to return to Africa, a judge declared her a free woman. She became a religious sister and was known for her humility, sweetness, and simple joy. After a painful illness, she died in 1947 with the words "Our Lady, Our Lady" on her lips. Her process began in 1959 and she was canonized by Pope Saint John Paul II in 2000. Her feast day is February 8<sup>th</sup> and she is the patron saint of Sudan and human trafficking survivors.



To our couples with anniversaries in February:  
(James) & Donna Geron – 2/7/1970; (Robert) & Cheryl Servonsky – 2/10/1973; (Donald) & Mildred Hite – 2/11/1956; (Henry) & Marian Kopacki – 2/13/1949; (Charles) & Margaret Varboncoeur – 2/23/1957; (Ed) & Virginia Kopacki – 2/24/1952.



ARE YOU IN NEED OF PRAYER? DO YOU KNOW SOMEONE IN NEED OF PRAYER? Please contact the prayer chain to request any prayers needed. Anonymous Prayer Requests accepted. Contact: On Tuesdays, Wednesdays & Thursdays, please contact Pam Watkins at the Church office at 804-843-3125 from 10:15am through 4:30pm. Any other times, please contact Pam Watkins at 919-820-1986 (cell phone).



**Abortion Survivors:** Child psychiatrist Philip Ney relates, "A woman reported telling her nine year old son about her abortion, which had taken place years before he was born. He said, 'I knew, Mom, that there was something wrong. I always have nightmares about knives and my mother killing me. I have an imaginary brother who wants to kill me. If you had not aborted the other, would you have aborted me?'" (Abortion Survivors, p.36). This is a story repeated more times than most people realize, and representing a societal and pastoral problem whose proportions are greater today than at any previous time in history: the phenomenon of tens of millions of abortion survivors. It is clear that abortion's primary victim is the child who is killed. It has also become increasingly clear that to kill the child is to harm the mother and father as well. What is not always so well known, however, is that abortion makes its impact felt on those who have had a sibling aborted, and that this impact is felt in surprising and astonishing ways, which also have wider implications for the whole of society. (Priests for Life)

### The Right to Life

"The care of human life and happiness, and not their destruction, is the first and only legitimate object of good government."  
(Thomas Jefferson)

\*\*\*If we don't stand up and speak out for God's children in the womb, who will? Now, more than ever, it is extremely important to pray for and speak out for an end to abortion in our country and the world. Over sixty-two million children just from America cry out from beyond the grave for our help in giving them a voice. Visit [www.TenStepsToEndAbortion.com](http://www.TenStepsToEndAbortion.com) to learn what you can do.

### COVID Guidelines for use of Hall

There are cleaning supplies on the cart by the side door to the Hall. Please use these to sanitize the chairs and tables that are used during any meetings held in the Hall as the children will use these same tables and chairs during CCD Classes on Sundays and sanitizing them afterwards, as well. Thank you for helping us maintain the area for our children and catechists.

## **Mass Readings: Fifth Sunday in Ordinary**

### **Time**

#### **A reading from the Book of Job**

Job spoke, saying: Is not man's life on earth a drudgery? Are not his days those of hirelings? He is a slave who longs for the shade, a hireling who waits for his wages. So, I have been assigned months of misery, and troubled nights have been allotted to me. If in bed I say, "When shall I arise?" then the night drags on; I am filled with restlessness until the dawn. My days are swifter than a weaver's shuttle; they come to an end without hope. Remember that my life is like the wind; I shall not see happiness again.

#### **The Word of the Lord**

#### **Responsorial Psalm**

##### **R. Praise the Lord, who heals the brokenhearted.**

Praise the LORD, for he is good; sing praise to our God, for he is gracious; it is fitting to praise him. The LORD rebuilds Jerusalem; the dispersed of Israel he gathers.

##### **R. Praise the Lord, who heals the brokenhearted.**

He heals the brokenhearted and binds up their wounds. He tells the number of the stars; he calls each by name.

##### **R. Praise the Lord, who heals the brokenhearted.**

Great is our Lord and mighty in power; to his wisdom there is no limit. The LORD sustains the lowly; the wicked he casts to the ground.

##### **R. Praise the Lord, who heals the brokenhearted.**

#### **A reading from the First Letter of Saint Paul to the Corinthians**

Brothers and sisters: If I preach the gospel, this is no reason for me to boast, for an obligation has been imposed on me, and woe to me if I do not preach it! If I do so willingly, I have a recompense, but if unwillingly, then I have been entrusted with a stewardship. What then is my recompense? That, when I preach, I offer the gospel free of charge so as not to make full use of my right in the gospel.

Although I am free in regard to all, I have made myself a slave to all so as to win over as many as possible. To the weak I became weak, to win over the weak. I have become all things to all, to save at least some. All this I do for the sake of the gospel, so that I too may have a share in it.

#### **The Word of the Lord**

##### **R. Alleluia, alleluia.**

Christ took away our infirmities and bore our diseases.

##### **R. Alleluia, alleluia.**

#### **A Reading from the Holy Gospel according to Mark**

On leaving the synagogue Jesus entered the house of Simon and Andrew with James and John. Simon's mother-in-law lay sick with a fever. They immediately told him about her. He approached, grasped her hand, and helped her up. Then the fever left her and she waited on them. When it was evening, after sunset, they brought to him all who were ill or possessed by demons. The whole town was gathered at the door. He cured many who were sick with

various diseases, and he drove out many demons, not permitting them to speak because they knew him. Rising very early before dawn, he left and went off to a deserted place, where he prayed. Simon and those who were with him pursued him and on finding him said, "Everyone is looking for you." He told them, "Let us go on to the nearby villages that I may preach there also. For this purpose have I come." So, he went into their synagogues, preaching and driving out demons throughout the whole of Galilee.

#### **The Gospel of the Lord**

### **Spiritual Communion Prayer**

**My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.**

### **2021 Annual Appeal**

**We should always remember to be thankful for our health. It is not until we are unwell that we remember that having a healthy body and food to nourish it is so important. Let's remember to thank God for all He gives us and all the blessings we have. Please be sure to complete your pledge card for the Annual Diocesan Appeal. Thank you for your participation in the 2021 Annual Diocesan appeal, by your participation, you are doing your part in helping those in our diocese who need it most. The Appeal is a huge part of Bishop Knestout's mission to serve his flock.**

### **Cemetery News**

**As we approach Ash Wednesday, please be aware that any and all items at either St. Theresa or St. John of Kanti Cemeteries that are Christmas related should have already been removed in January. The Cemetery Committee is in the process of cleaning both Cemeteries. If there are items that you would like to have please get them as soon as possible. Please remember that the Cemeteries are cleaned on a regular basis. Many times, the wind and weather will move items all over the Cemeteries, when we have no knowledge where these items belong, they are also removed. Thank you,  
Your Cemetery Committee**

# WELCOME NEW PARISHIONERS

New members are asked to register at the Parish Office in the Mercy Center.

We invite all parishioners to join a ministry.  
Contact the Chairperson of the ministry or call the Parish Office at  
804.843.3125

<b>ALTAR LINENS</b> Kim diLandro	814-8148
<b>ALTAR SERVERS</b> Joe Drexler	843-2541
<i>liturgychair@olbs-catholic.org</i>	
<b>ARTS &amp; ENVIRONMENT</b> Rowena & Tom Fauber	725-6110
<i>artsenvironment@olbs-catholic.org</i>	
<b>BELL CHOIR</b>	
<b>CANTORS/CHOIR</b> Leda Zaginaylo	757 870-2516
<i>music@olbs-catholic.org</i>	
<b>CEMETERY COMMITTEE</b> Gary Silvia	757-303-8576
<i>cemetarychair@olbs-catholic.org</i>	
<b>CHURCH HISTORIAN</b> Linda Drexler	843-2451
<i>historian@olbs-catholic.org</i>	
<b>CLEANING COORDINATOR</b>	

<b>FACILITIES COMMITTEE</b> Jim Pyne	
<i>facilitieschair@olbs-catholic.org</i>	
<b>FINANCE COMMITTEE</b> Richard Duke	843-3125
<i>financechair@olbs-catholic.org</i>	
<b>HISPANIC MINISTRY</b> Nanci Hernandez Jose Velasquez	
<i>hispanicministry@olbs-catholic.org</i>	
<b>HOSPITALITY</b> Glenn & Kay Shaw	843-3476
<b>JUSTICE &amp; PEACE</b>	
<b>KNIT, PURL &amp; PRAY</b>	
<b>LAWN MOWING COMMITTEE</b> Eric Ellingson	843-2184
<i>ericellingson@verizon.net</i>	

<b>LIBRARY</b> Linda Drexler	843-2541
<i>vintagenotes@verizon.net</i>	
<b>LITURGY COMMITTEE</b> Joe Drexler	843-2541
<i>liturgychair@olbs-catholic.org</i>	
<b>MINISTRY SCHEDULING</b> Pattie Vadas	843-4082
<i>pbv0806@yahoo.com</i>	
<b>OFFICE VOLUNTEERS</b> Margaret Varboncoeur	843-2867
<b>PARISH COUNCIL</b> Phil Liberato	512-9701
<i>parishchair@olbs-catholic.org</i>	
<b>SACRISTAN</b> Marguerite Sturtz	843-2175
<b>YOUTH MINISTRY</b> Lorraine Ryalls	843-3125 ext 103
<i>dre@olbs-catholic.org</i>	

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(804) 366-2026