

# OUR LADY OF THE BLESSED SACRAMENT CATHOLIC CHURCH

3570 KING WILLIAM AVENUE, WEST POINT VA 23181



## MASS SCHEDULE

WEEKENDS: SATURDAY 5:30 P.M.

SUNDAY 9:00 A.M.

2:30 P.M. (SPANISH MASS)

WEEKDAYS: 8:30 A.M. Tuesday - Friday

HOLIDAYS: 8:30 A.M. & 7:00 P.M.

## PARISH OFFICES at the MERCY CENTER

207 W. Euclid Blvd., West Point, VA 23181

Phone: 843-3125

Fax: 843-9158

Office Hours: T W Th 10 - 4:30

Parish e-mail : [olbs@olbs-catholic.org](mailto:olbs@olbs-catholic.org)

Parish Web address: [www.olbs-catholic.org](http://www.olbs-catholic.org)

### PASTOR

Rev. Oscar Paraiso

757-778-5118

Rectory

843-4231

Office

843-3125 ext 102

Email: [oparaiso@richmonddiocese.org](mailto:oparaiso@richmonddiocese.org)

### ADMINISTRATIVE ASSISTANT

Pam Watkins

843-3125 ext 101

Hours: T-W-Th 10 - 4:30

Email: [adminassistant@olbs-catholic.org](mailto:adminassistant@olbs-catholic.org)

### BUSINESS MANAGER

843-3125 ext 104

Bob Ryalls

757 207-0125

E-mail: [businessmgr@olbs-catholic.org](mailto:businessmgr@olbs-catholic.org)

### COORDINATOR of CHRISTIAN FORMATION

Lorraine Ryalls

843-3125 ext 103

Email: [DRE@olbs-catholic.org](mailto:DRE@olbs-catholic.org)

### MUSIC DIRECTOR

Leda Zaginaylo

757 870-2516

Email: [music@olbs-catholic.org](mailto:music@olbs-catholic.org)

### PRESCHOOL TEACHER/DIRECTOR

Vangy Lawson

843-4177

Email: [preschool@olbs-catholic.org](mailto:preschool@olbs-catholic.org)

### GOOD NEIGHBOR CENTER

Frances Thornton

843-4339

Hours: M 10 am - 2 pm

W 12:30 pm - 2:30 p.m.

### van den BOOGAARD HALL RENTALS

Janice McGowan

843-2870

Email: [hallrentals@olbs-catholic.org](mailto:hallrentals@olbs-catholic.org)

### SACRAMENT of RECONCILIATION

Saturday 5:00 p.m.

Also by appointment

### EUCCHARISTIC ADORATION

Monday and Tuesday

Mercy Center Chapel

First Friday at the Mercy Center Chapel

6:00 p.m. - 9:00 p.m.

### OUTREACH

A food basket and donation box are in the church entry. Your donations provide the means to give direct help to the needy. We collect food on the first weekend of the month.

### INFANT BAPTISM

Parent preparation classes are required for each couple planning to have their baby baptized. To schedule a preparation session, please call the church office.

### MARRIAGE

OLBS sponsors a preparation program for couples who intend to marry. The Pastor must be contacted at least six months prior to the date of the wedding.

### RECEPTION into the CHURCH

Those inquiring into the Catholic Faith or seeking communion with the Church are invited to contact the Parish Office. Rite of Christian Initiation of Adults (RCIA) is offered.

*The mission of Our Lady of the Blessed Sacrament Catholic Church, centered in the Eucharist, is to love God and His people and to extend His love to others through service and prayer.*

**FIRST SUNDAY OF LENT  
FEBRUARY 20<sup>th</sup> & 21<sup>st</sup>, 2021**



Sat	2/20 – Anna Kozlowski (RIP) Anniversary of Birthday Requested by Donna Geron	Fr. Oscar
Sun	2/21 – Joe & Gaetano Buffa (RIP) Requested by Frank & Mary Ann Fetterolf	Fr. Oscar
Mon	2/22 – No Mass	
Tue	2/23 – Louis & Mary Tavares (RIP) Requested by Bill & Edwina Madigan	Fr. Oscar
Wed	2/24 – Robin Seeterlin (RIP) Requested by David Seckora	Fr. Oscar
Thurs	2/25 – Geraldine “Gerry” Compasso (RIP) Requested by David & Peggy Ramon	Fr. Oscar
Fri	2/26 – Ronnie Dick (for Healing) Requested by Judy Anderson	Fr. Oscar
Sat	2/27 – Cliff Anderson (RIP) Requested by Judy Anderson	Fr. Oscar
Sun	2/28 – Joseph Gawlik & Michael Mara (RIP) Requested by Arlene Lasch	Fr. Oscar

**Collections for February 13<sup>th</sup> & 14<sup>th</sup>, 2021**

Parish Operations	\$1,801.00
Online Giving as of 2/4/2020	250.00
Poor Box	26.13
Votive Candles	16.50
Total	\$2,093.63
Amount needed weekly for Parish Operations is	\$3,940
Restricted, Special Use or Sent out of Parish	
Facilities Repairs & Maintenance	\$35.00
Our Lady of the Blessed Sacrament Preschool Assistance	\$70.00

\*\*\*Thank you to all the parishioners who have brought into the office, mailed, or given their weekly contributions at one of the Masses allowing us to continue critical operations. Our parish office remains open for you to be able to bring or mail your weekly donations. To mail your donations, send to: Our Lady of the Blessed Sacrament Catholic Church, 207 West Euclid Blvd., West Point, VA 23181. Or, you can drop your offertory in the white box marked ‘Boogaard Hall’ located on the back porch of the Mercy Center. You can also give at one of the Masses or temporarily give online at <https://offertory.richmonddiocese.org/>. Choose our Parish through the Drop-Down - OLBS #623. This will ensure the proceeds go only to our parish. Thank you.

\*\*\*Thanks to the generosity of our Local Knights of Columbus, we have Church Calendars at the back of the Church. Please take one for your family. If you are unable to attend Mass and would like for us to mail a Calendar for 2021, please contact the Parish Office at 804-843-3125 Tuesday – Thursday. Or send an email to [adminassistant@olbs-catholic.org](mailto:adminassistant@olbs-catholic.org).

**Masses Continue to be Offered!**

**\*\*\*Due to COVID-19, Mass is being live streamed for use on various Diocesan digital media accounts of the Catholic Diocese of Richmond, including, but not limited to, the websites of the Catholic Diocese of Richmond and the Catholic Virginian, and social media platforms of the Catholic Diocese of Richmond. Photography and/or screenshot images from the livestream may be used for the Catholic Virginian print edition. If you do not wish to be captured by live streaming, please refrain from attending that particular Mass time.**

There will be some mandated changes to how we practice our Mass. Effective immediately:

1. You are asked to stay home if you are ill, elderly, anxious, or immunocompromised. Bishop Knestout has dispensed all Catholics in the Diocese from their Sunday Mass obligation.
2. If you have a fever or symptoms of Covid-19, you will not be permitted to enter the building.
3. You should arrive early for Mass to allow time for temperature testing, vetting and being seated by the ushers. The ushers will let each pew know the staggered process for exiting the Church once Mass is over.
4. Everyone shall maintain six feet of social distance from others who are not from the same household at all times while in Church or on Church property.
5. Everyone 5 years and older attending Mass shall wear a Cloth Face Mask. Those who cannot wear a cloth mask may wear a face shield. Be sure the mask covers your nose and mouth. (Face mask should be removed only for Receiving Holy Communion.) **\*\*\*Anyone who comes to any Mass (including daily Mass) without a face covering, will not be admitted to Mass.**
6. Look for direction from the ushers when going up to receive Holy Communion. Holy Communion should be received in the hand until further notice. There will be no distribution of the Blood of Christ until further notice.
7. Refrain from physical contact, such as holding hands during the Our Father and shaking hands during the Sign of Peace.
8. Singing by the congregation is strongly discouraged.
9. Sanitize hands when entering and leaving Church. Bring personal supply of hand sanitizer to use before receiving Holy Communion, if possible.
10. No bulletins will be available at Masses. \*We will continue to make the bulletins available online, through email, and mail bulletins to those without Internet access.

**Mass Attendance – February 13<sup>th</sup> & 14<sup>th</sup>, 2021**

Saturday, February 13<sup>th</sup> - 5:30pm = 22

Sunday, February 14<sup>th</sup> - 9:00am = 22

Spanish Mass on February 14<sup>th</sup> - 2:30pm = 41



**The Rosary**

The Rosary will be said in the church at 6:30pm every Friday with Stations of the Cross to follow during Lent. The Rosary & Stations of the Cross will be led by members of the Knights of Columbus on Friday, February 26<sup>th</sup>.



**PRAYERS FOR HEALING AND GOOD HEALTH**

Emily Adams	Elizabeth Alley	Camb Ashley
Candace Barefoot	Virginia Becker	Linda Blevins
Ron Blevins	Joan Buehler	Linda Burch
Kathryn Carson	Kevin Carson	Lucy Carson
Tim Collier	Meredith Crowe	Eric Crump
Vincent D'elia	Denise DePompeo	Dale Dippre
Dexter Dix	Larry Dzula, Jr.	Michelle Eshelman
Amanda Fincher	Natalee Franzyshe	Kelli Gaeta
Margaret Geron	Jim Gregory	Pat Hinkle
Kelly Hipple	Tom Hollowak	Mary Ann Hooper
Gail Justin	Bob Kay	John Kellam
Bill Kessler	Gloria Kojcsich	Bonnie Kopacki
Joyce Kostrzewa	Gordon Langston	Patricia Lanuza
Ashley Larson	Henry Lasch	Tracy Lasch
Melissa Leger	Lanci McCloud	Kenny McGinley
Beverly McGowan	Patrick McGowan	William Madigan III
Baby Vivian Mallis	Diane Agnes Martin	Ron Martz
Clara Morrow	Randy Morrow	Specialist Mullins
Larry Newtzie	Desiree Page	Ka'varus Penticolas
Brett Pickens	Pam Rigsby	Mark A. Roane
Vickie Roane	Leonard Romano	Debbie Royals
Joanna Ryalls	Jack Scaife	Barbara Schafer
James Simmons	Allen Smith	The Solak Family
Levi Sturtz	Jim Tokarz	Mae Touray
Chris Vincent, Sr.	Gloria Wajciechowski	Linda Webster
Emmett White	James Wills	Andrea Berberich Wilson
Lois Wilson	Robert 'Bobby' Wilson	Jody Zogran

**PRAYERS FOR THOSE IN THE MILITARY**

Major Jonathan Culberson (Afghanistan)

**Church Cleaning Schedule**

- 2/15 thru 2/21 – Tom & Rowena Fauber
- 2/22 thru 2/28 – Gary & Jackie Silvia
- 3/1 thru 3/7 – Our Hispanic Community



- 2/20 – Dan Gibbs, David Seckora & Jim Vadas
- 2/21 – David Haviland, Dawson Haviland & Craig Smith
- 2/27 – Joe Drexler, Bob Ryalls & David Seckora
- 2/28 – David Haviland, Dawson Haviland & Jim Pyne



- 2/20 – David Seckora & Jackie Silvia
- 2/21 – Daniell Smith & Kim DiLandro
- 2/27 – Lorraine Ryalls & Joe Drexler
- 2/28 – Kay Shaw & Joe Pincus



- 2/21 – Bill Madigan
- 2/28 – Jim Vadas

**QUESTION OF THE WEEK**

As Jesus was in the desert enduring temptations, "the angels ministere4d to Him." The same is true with us. Our Lord does not leave us alone in the midst of our daily temptations. Rather, He always sends us His angels to minister to us and to help us defeat this vile enemy. Whatever your temptations might be, see the Person of Christ facing those temptations with you and in you. Know that His strength is given to you if you but trust Him with unwavering confidence. Adults: What is your greatest temptation in life and how can you avoid it? Children: When you are facing temptation, do you pray to Jesus to help you not give in to it?

**SAINT OF THE WEEK**

Polycarp was recognized as a Christian leader by all Asia Minor Christians – a strong fortress of faith and loyalty to Jesus Christ. His own strength emerged from his trust in God, even when events contradicted his trust. Living among pagans and under a government opposed to the new religion, he led and fed his flock. Like the Good Shepherd, he laid down his life for his sheep and kept them from more persecution in Smyrna. He summarized his trust in God just before he died: "Father...I bless Thee, for having made me worthy of the day and the hour..." At 86, Polycarp was led into the crowded Smyrna stadium to be burned alive. The flames did not harm him and he was finally killed by a dagger. The centurion ordered the saint's body burned. He died in 155 and is the patron of earaches and dysentery. We celebrate his feast day on February 23<sup>rd</sup>.

## DO YOU KNOW?

The *Cathedra Petri* (from Latin, "Chair of Peter") is an ancient, ornamented chair located in the apse of St. Peter's Basilica. This chair has been repaired and ornamented over time. The Feast of the Chair of St. Peter, observed on February 22<sup>nd</sup>, celebrates the Papacy and St. Peter as the first Bishop of Rome.



To our couples with anniversaries in February: (James) & Donna Geron – 2/7/1970; Sol & Annabelle Vidal – 2/10/2001; (Robert) & Cheryl Servonsky – 2/10/1973; (Donald) & Mildred Hite – 2/11/1956; (Henry) & Marian Kopacki – 2/13/1949; (Charles) & Margaret Varboncoeur – 2/23/1957; (Ed) & Virginia Kopacki – 2/24/1952.



ARE YOU IN NEED OF PRAYER? DO YOU KNOW SOMEONE IN NEED OF PRAYER? Please contact the prayer chain to request any prayers needed. Anonymous Prayer Requests accepted. Contact: On Tuesdays, Wednesdays & Thursdays, please contact Pam Watkins at the Church office at 804-843-3125 from 10:15am through 4:30pm. Any other times, please contact Pam Watkins at 919-820-1986 (cell phone).

### COVID Guidelines for use of Hall

There are cleaning supplies on the cart by the side door to the Hall. Please use these to sanitize the chairs and tables that are used during any meetings held in the Hall as the children will use these same tables and chairs during CCD Classes on Sundays and sanitizing them afterwards, as well. Thank you for helping us maintain the area for our children and catechists.

### 2021 Annual Appeal

Here we are. Another Lenten season is upon us. This is the year I'm going to make it all 6 weeks. I'm going to give up Coke and candy bars. I'm going to fast on Fridays, and I'm going to pray in the morning before work/school. I'm committed. (By the way, how are your New Year's resolutions going?) Don't worry! We've all been there. Every year. All you have to do is try. All you have to do is try *each day*.

Then, when you forget and eat something you shouldn't have, or didn't pray in the morning, just start over the next day. The biggest thing is to NOT GIVE UP. Ask God for help this Lent. Ask him to walk with you, to guide you, to strengthen you.

Then do your part – One. Day. At. A. Time. – and be sure to pray, fast and give. (Have you made your pledge to the Annual Diocesan Appeal?)



The cleansing power of water: Today's first reading speaks to us of Noah's Ark. The flood that God sent upon the world in Noah's day was a cleansing of evil. Now, God cleanses us not by floods, but by the waters of baptism, which bring to us a whole new kind of life: the life of God within us. Our special efforts in Lent to come closer to God are a response to what has already happened to us! Because we have received the new life of God, we have to reform our lives and live as his sons and daughters. We have to *become who we already are*. The holy water we use when we come in and out of Church is a reminder of the cleansing waters of baptism, and a reminder of the new life we are called to live. God is a God of life, and therefore we are the People of Life. This Lent, let's look for ways to foster respect for life, especially the sick, the disabled, and the unborn. (Priests for Life)

### The Right to Life

"The care of human life and happiness, and not their destruction, is the first and only legitimate object of good government."  
(Thomas Jefferson)

\*\*\*If we don't stand up and speak out for God's children in the womb, who will? Now, more than ever, it is extremely important to pray for and speak out for an end to abortion in our country and the world. Over sixty-two million children just from America cry out from beyond the grave for our help in giving them a voice. Visit [www.TenStepsToEndAbortion.com](http://www.TenStepsToEndAbortion.com) to learn what you can do.

### Cemetery News

Please be aware that any and all items at either St. Theresa or St. John of Kanti Cemeteries that are Christmas related should have already been removed in January. The Cemetery Committee is in the process of cleaning both Cemeteries. If there are items that you would like to have please get them as soon as possible. Please remember that the Cemeteries are cleaned on a regular basis. Many times, the wind and weather will move items all over the Cemeteries, when we have no knowledge where these items belong, they are also removed. Thank you,  
Your Cemetery Committee



## **Mass Readings: First Sunday of Lent**

### **A reading from the Book of Genesis**

God said to Noah and to his sons with him: "See, I am now establishing my covenant with you and your descendants after you and with every living creature that was with you: all the birds, and the various tame and wild animals that were with you and came out of the ark. I will establish my covenant with you, that never again shall all bodily creatures be destroyed by the waters of a flood; there shall not be another flood to devastate the earth." God added: "This is the sign that I am giving for all ages to come, of the covenant between me and you and every living creature with you: I set my bow in the clouds to serve as a sign of the covenant between me and the earth. When I bring clouds over the earth, and the bow appears in the clouds, I will recall the covenant I have made between me and you and all living beings, so that the waters shall never again become a flood to destroy all mortal beings."

### **The Word of the Lord**

### **Responsorial Psalm**

**R. Your ways, O Lord, are love and truth to those who keep your covenant.**

Your ways, O LORD, make known to me; teach me your paths, Guide me in your truth and teach me, for you are God my savior.

**R. Your ways, O Lord, are love and truth to those who keep your covenant.**

Remember that your compassion, O LORD, and your love are from of old. In your kindness remember me, because of your goodness, O LORD.

**R. Your ways, O Lord, are love and truth to those who keep your covenant.**

Good and upright is the LORD, thus he shows sinners the way. He guides the humble to justice, and he teaches the humble his way.

**R. Your ways, O Lord, are love and truth to those who keep your covenant.**

### **A reading from the First Letter of Saint Peter**

Beloved: Christ suffered for sins once, the righteous for the sake of the unrighteous, that he might lead you to God. Put to death in the flesh, he was brought to life in the Spirit. In it he also went to preach to the spirits in prison, who had once been disobedient while God patiently waited in the days of Noah during the building of the ark, in which a few persons, eight in all, were saved through water. This prefigured baptism, which saves you now. It is not a removal of dirt from the body but an appeal to God for a clear conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers subject to him.

### **The Word of the Lord**

### **Verse before the Gospel**

One does not live on bread alone, but on every word that comes forth from the mouth of God.

### **A Reading from the Holy Gospel according to Mark**

The Spirit drove Jesus out into the desert, and he remained in the desert for forty days, tempted by Satan. He was among wild beasts, and the angels ministered to him. After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: "This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel."

### **The Gospel of the Lord**

### **Spiritual Communion Prayer**

**My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.**



**Many thanks go out to all those who have worked so hard to usher the Masses, clean between Masses, and keep our parishioners safe! If you are able to help in any way, please let one of the ushers know. Without these parishioners stepping up to get this done, we would not be able to gather to participate in the Mass and receive the Blessed Eucharist! Please thank them for their service to us and the Lord!**

### **\*\*\*Would you like to register in the Parish?**

Registration forms can be found in the Welcome Center of the Church located in the Narthex. You may fill out the form and hand it to an usher, place it in the collection basket, or mail the registration form to the Parish Office at 207 West Euclid Blvd, West Point, VA 23181. You may also visit our parish office and fill out the registration while you are there. No matter how you choose to register, we welcome you to Our Lady of the Blessed Sacrament Catholic Church and look forward to getting to know you!

**\*Please don't forget your donation of food for the Good Neighbor Center. During this COVID time, children are out of school many days and at home where many have bare cupboards. We like to collect the food the first weekend of the month at the back of the Church. But, please do not hesitate to take your donations directly to the Good Neighbor Center on Mondays between 10am & 2pm & Wednesdays between 12:30pm and 2:30pm.**

# WELCOME NEW PARISHIONERS

New members are asked to register at the Parish Office in the Mercy Center.

We invite all parishioners to join a ministry.  
Contact the Chairperson of the ministry or call the Parish Office at  
804.843.3125

<b>ALTAR LINENS</b> Kim diLandro	814-8148
<b>ALTAR SERVERS</b> Joe Drexler	843-2541
<i>liturgychair@olbs-catholic.org</i>	
<b>ARTS &amp; ENVIRONMENT</b> Rowena & Tom Fauber	725-6110
<i>artsenvironment@olbs-catholic.org</i>	
<b>BELL CHOIR</b>	
<b>CANTORS/CHOIR</b> Leda Zaginaylo	757 870-2516
<i>music@olbs-catholic.org</i>	
<b>CEMETERY COMMITTEE</b> Gary Silvia	757-303-8576
<i>cemetarychair@olbs-catholic.org</i>	
<b>CHURCH HISTORIAN</b> Linda Drexler	843-2451
<i>historian@olbs-catholic.org</i>	
<b>CLEANING COORDINATOR</b>	

<b>FACILITIES COMMITTEE</b> Jim Pyne	
<i>facilitieschair@olbs-catholic.org</i>	
<b>FINANCE COMMITTEE</b> Richard Duke	843-3125
<i>financechair@olbs-catholic.org</i>	
<b>HISPANIC MINISTRY</b> Nanci Hernandez Jose Velasquez	
<i>hispanicministry@olbs-catholic.org</i>	
<b>HOSPITALITY</b> Glenn & Kay Shaw	843-3476
<b>JUSTICE &amp; PEACE</b>	
<b>KNIT, PURL &amp; PRAY</b>	
<b>LAWN MOWING COMMITTEE</b> Eric Ellingson	843-2184
<i>ericellingson@verizon.net</i>	

<b>LIBRARY</b> Linda Drexler	843-2541
<i>vintagenotes@verizon.net</i>	
<b>LITURGY COMMITTEE</b> Joe Drexler	843-2541
<i>liturgychair@olbs-catholic.org</i>	
<b>MINISTRY SCHEDULING</b> Pattie Vadas	843-4082
<i>pbv0806@yahoo.com</i>	
<b>OFFICE VOLUNTEERS</b> Margaret Varboncoeur	843-2867
<b>PARISH COUNCIL</b> Phil Liberato	512-9701
<i>parishchair@olbs-catholic.org</i>	
<b>SACRISTAN</b> Marguerite Sturtz	843-2175
<b>YOUTH MINISTRY</b> Lorraine Ryalls	843-3125 ext 103
<i>dre@olbs-catholic.org</i>	

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