

OUR LADY OF THE BLESSED SACRAMENT CATHOLIC CHURCH

3570 KING WILLIAM AVENUE, WEST POINT VA 23181



MASS SCHEDULE

WEEKENDS: SATURDAY 5:30 P.M.

SUNDAY 9:00 A.M.

2:30 P.M. (SPANISH MASS)

WEEKDAYS: 8:30 A.M. Tuesday - Friday

HOLIDAYS: 8:30 A.M. & 7:00 P.M.

PARISH OFFICES at the MERCY CENTER

207 W. Euclid Blvd., West Point, VA 23181

Phone: 843-3125

Fax: 843-9158

Office Hours: T W Th 10 - 4:30

Parish e-mail : olbs@olbs-catholic.org

Parish Web address: www.olbs-catholic.org

PASTOR

Rev. Oscar Paraiso

757-778-5118

Rectory

843-4231

Office

843-3125 ext 102

Email: oparaiso@richmonddiocese.org

ADMINISTRATIVE ASSISTANT

Pam Watkins

843-3125 ext 101

Hours: T-W-Th 10 - 4:30

Email: adminassistant@olbs-catholic.org

BUSINESS MANAGER

843-3125 ext 104

Bob Ryalls

757 207-0125

E-mail: businessmgr@olbs-catholic.org

COORDINATOR of CHRISTIAN FORMATION

Lorraine Ryalls

843-3125 ext 103

Email: DRE@olbs-catholic.org

MUSIC DIRECTOR

Leda Zaginaylo

757 870-2516

Email: music@olbs-catholic.org

PRESCHOOL TEACHER/DIRECTOR

Vangy Lawson

843-4177

Email: preschool@olbs-catholic.org

GOOD NEIGHBOR CENTER

Frances Thornton

843-4339

Hours: M 10 am - 2 pm

W 12:30 pm - 2:30 p.m.

van den BOOGAARD HALL RENTALS

Janice McGowan

843-2870

Email: hallrentals@olbs-catholic.org

SACRAMENT of RECONCILIATION

Saturday 5:00 p.m.

Also by appointment

EUCCHARISTIC ADORATION

Monday and Tuesday

Mercy Center Chapel

First Friday at the Mercy Center Chapel

6:00 p.m. - 9:00 p.m.

OUTREACH

A food basket and donation box are in the church entry. Your donations provide the means to give direct help to the needy. We collect food on the first weekend of the month.

INFANT BAPTISM

Parent preparation classes are required for each couple planning to have their baby baptized. To schedule a preparation session, please call the church office.

MARRIAGE

OLBS sponsors a preparation program for couples who intend to marry. The Pastor must be contacted at least six months prior to the date of the wedding.

RECEPTION into the CHURCH

Those inquiring into the Catholic Faith or seeking communion with the Church are invited to contact the Parish Office. Rite of Christian Initiation of Adults (RCIA) is offered.

The mission of Our Lady of the Blessed Sacrament Catholic Church, centered in the Eucharist, is to love God and His people and to extend His love to others through service and prayer.

FOURTH SUNDAY IN ORDINARY TIME

JANUARY 30th & 31st, 2021



Sat	1/30 – Joe Buffa (RIP) Requested by David Seckora	Fr. Oscar
Sun	1/31 – Parishioners of OLBS	Fr. Oscar
Mon	2/1 – No Mass	
Tue	2/2 – Alice Zischkau (RIP) Requested by David Seckora	Fr. Oscar
Wed	2/3 – Joe Seckora (RIP) Requested by David Seckora	Fr. Oscar
Thurs	2/4 – Art West (RIP) Requested by joe & Linda Drexler	Fr. Oscar
Fri	2/5 – Joe Buffa (RIP) Requested by Joe & Linda Drexler	Fr. Oscar
Sat	2/6 – Tommy Sturtz, Jr. (RIP) Anniversary of Death Requested by Marguerite Sturtz	Fr. Oscar
Sun	2/7 – Richard Kozlowski (RIP) Anniversary of Death Requested by Donna Geron	Fr. Oscar

Collections for January 23rd & 24th, 2021

Parish Operations	\$3,530.00
Online Giving as of 1/12/2020	100.00
Supplemental Collection	110.00
The Solemnity of Mary	20.00
Total	\$3,760.00
Amount needed weekly for Parish Operations is Restricted, Special Use or Sent out of Parish	\$3,940
Facilities Repairs and Maintenance Fund	\$225.00
Haiti Fund	\$220.00
Respect Life	\$390.00

***Thank you to all the parishioners who have brought into the office, mailed, or given their weekly contributions at one of the Masses allowing us to continue critical operations. Our parish office remains open for you to be able to bring or mail your weekly donations. To mail your donations, send to: Our Lady of the Blessed Sacrament Catholic Church, 207 West Euclid Blvd., West Point, VA 23181. Or, you can drop your offertory in the white box marked 'Boogaard Hall' located on the back porch of the Mercy Center. You can also give at one of the Masses or temporarily give online at <https://offertory.richmonddiocese.org/>. Choose our Parish through the Drop-Down - OLBS #623. This will ensure the proceeds go only to our parish. Thank you.

Candlemas Day is February 2nd, 2021

Please bring your candles to be blessed by Father Oscar to the 8:30am Mass on Tuesday, February 2nd. If you cannot attend the Mass to have your candles Blessed, please contact Father Oscar to make arrangements with him for Blessing your candles.

Masses Continue to be Offered!

*****Due to COVID-19, Mass is being live streamed for use on various Diocesan digital media accounts of the Catholic Diocese of Richmond, including, but not limited to, the websites of the Catholic Diocese of Richmond and the Catholic Virginian, and social media platforms of the Catholic Diocese of Richmond. Photography and/or screenshot images from the livestream may be used for the Catholic Virginian print edition. If you do not wish to be captured by live streaming, please refrain from attending that particular Mass time.**

There will be some mandated changes to how we practice our Mass. Effective immediately:

1. You are asked to stay home if you are ill, elderly, anxious, or immunocompromised. Bishop Knestout has dispensed all Catholics in the Diocese from their Sunday Mass obligation.
2. If you have a fever or symptoms of Covid-19, you will not be permitted to enter the building.
3. You should arrive early for Mass to allow time for temperature testing, vetting and being seated by the ushers. The ushers will let each pew know the staggered process for exiting the Church once Mass is over.
4. Everyone shall maintain six feet of social distance from others who are not from the same household at all times while in Church or on Church property.
5. Everyone 5 years and older attending Mass shall wear a Cloth Face Mask. Those who cannot wear a cloth mask may wear a face shield. Be sure the mask covers your nose and mouth. (Face mask should be removed only for Receiving Holy Communion.) *****Anyone who comes to any Mass (including daily Mass) without a face covering, will not be admitted to Mass.**
6. Look for direction from the ushers when going up to receive Holy Communion. Holy Communion should be received in the hand until further notice. There will be no distribution of the Blood of Christ until further notice.
7. Refrain from physical contact, such as holding hands during the Our Father and shaking hands during the Sign of Peace.
8. Singing by the congregation is strongly discouraged.
9. Sanitize hands when entering and leaving Church. Bring personal supply of hand sanitizer to use before receiving Holy Communion, if possible.
10. No bulletins will be available at Masses. *We will continue to make the bulletins available online, through email, and mail bulletins to those without Internet access.

Mass Attendance – Jan. 23rd & 24th, 2021

Saturday, January 23rd - 5:30pm = 32

Sunday, January 24th - 9:00am = 81

Spanish Mass, January 24th – 2:30pm = 44

*****Please make a note that the Spanish Mass Time has changed to 2:30pm on Sunday afternoons moving forward.**



PRAYERS FOR HEALING AND GOOD HEALTH

Emily Adams	Elizabeth Alley	Camb Ashley
Candace Barefoot	Virginia Becker	Linda Blevins
Ron Blevins	Jon Boyette	Joan Buehler
Linda Burch	Nancy Caramucci	Sal Caramucci
Kathryn Carson	Kevin Carson	Lucy Carson
Tim Collier	Meredith Crowe	Eric Crump
The D'Alama Family	Vincent D'elia	Denise DePompeo
Dale Dippre	Dexter Dix	Larry Dzula, Jr.
Michelle Eshelman	Amanda Fincher	Natalee Franzyszen
Kelli Gaeta	Margaret Geron	Jim Gregory
Pat Hinkle	Kelly Hipple	Tom Hollowak
Mary Ann Hooper	Gail Justin	Bob Kay
John Kellam	Bill Kessler	Gloria Kojcsich
Bonnie Kopacki	Joyce Kostrzewa	Gordon Langston
Patricia Lanuza	Henry Lasch	Tracy Lasch
Melissa Leger	Lanci McCloud	Kenny McGinley
Beverly McGowan	Patrick McGowan	William Madigan III
Baby Vivian Mallis	Diane Agnes Martin	Charlotte Martz
Ron Martz	Clara Morrow	Randy Morrow
Specialist Mullins	Marilyn Naggy	Larry Newtzie
Desiree Page	Ka'varus Penticolas	Brett Pickens
Pam Rigsby	Mark A. Roane	Vickie Roane
Leonard Romano	Debbie Royals	Joanna Ryalls
Jack Scaife	Barbara Schafer	James Simmons
Allen Smith	The Solak Family	Levi Sturtz
Jim Tokarz	Mae Touray	Chris Vincent, Sr.
Gloria Wajciechowski	Linda Webster	Emmett White
James Wills	Andrea Berberich Wilson	Lois Wilson
Robert 'Bobby' Wilson		Jody Zogran

PRAYERS FOR THOSE IN THE MILITARY

Major Jonathan Culberson (Afghanistan)

Church Cleaning Schedule

- 1/25 thru 1/31 – Our Hispanic Community
- 2/1 thru 2/7 – Dan Gibbs Family
- 2/8 thru 2/14 – Teresa Nguyen & Nguyen Sisters



- 1/30 – Joe Drexler, Bob Ryalls & David Seckora
- 1/31 – Jim Milby, Jim Pyne & Craig Smith
- 2/6 – Joe Drexler, Dan Gibbs & David Seckora
- 2/7 – Tuan Nguyen, Jim Pyne & Jim Vadas



- 1/30 – David Seckora & Lorraine Ryalls
- 1/31 – Danielle Smith & Scott Rae
- 2/6 – Joe Drexler & Jackie Silvia
- 2/7 – Bill Madigan & Kay Shaw



- 1/31 – Sarah Rae
- 2/7 – Jim Vadas

QUESTION OF THE WEEK

It's not enough to acknowledge the power and authority of Jesus. We must submit to Him and we must also share His message with the world. It is only through Him that we can be forgiven of our sins and be transferred from the kingdom of darkness to the Kingdom of God. It is only through repentance and faith that salvation is available. We must be faithful to share this message.

Adults: What can you tell others about Jesus with the most assurance?

Children: What is the most important thing you would like others to know about Jesus?

SAINT OF THE WEEK

Don Bosco's work with boys began with one orphan and gradually expanded. During his visits to prison to minister to the inmates, he noticed many young boys in jail. He began to attract boys in the streets, primarily the children of the poor and orphans, by entertaining them with magic tricks in an attempt to keep the boys out of jail. He would then give a sermon and ask them to pray with him. In 1859, Don Bosco started the Oratory of St. Francis de Sales for boys. This Oratory allowed him to keep the boys out of trouble. Don Bosco's success lay in his gentleness and his ability to see through the poverty and dirt, into the hearts and souls of the boys he helped. One of Don Bosco's boys is a Saint many know well: Saint Dominic Savio. Saint John Bosco's feast day is January 31st. One of his quotes is: "It is not enough that you love the young; they must know that they are loved."

DO YOU KNOW?

The *Catechism of the Catholic Church* summarizes 2,000 years of Catholic teaching in one reference guide. It is divided into four sections: *Creed, Sacraments, Morality, and Prayer*. If you read 8 paragraphs of the *Catechism* every day, you'll finish the whole thing before the year is out.



To our couples with anniversaries in January:
Quan Dinh & Sandy Lam – 1/18/2020; Bill & Edwina Madigan – 1/28/1967

***Thanks to the generosity of our Local Knights of Columbus, we have Church Calendars at the back of the Church. Please take one for your family. If you are unable to attend Mass and would like for us to mail a Calendar for 2021, please contact the Parish Office at 804-843-3125 Tuesday – Thursday. Or send an email to adminassistant@olbs-catholic.org.



ARE YOU IN NEED OF PRAYER? DO YOU KNOW SOMEONE IN NEED OF PRAYER? Please contact the prayer chain to request any prayers needed. Anonymous Prayer Requests accepted. Contact: On Tuesdays, Wednesdays & Thursdays, please contact Pam Watkins at the Church office at 804-843-3125 from 10:15 am through 4:30 pm. Any other times, please contact Pam Watkins at 919-820-1986 (cell phone).

Feast of Saint Blaise

The Feast of St. Blaise will be February 3rd, 2021. However, due to Covid-19 Restrictions, Father Oscar will be unable to bless throats this year. May we all pray vigilantly for the quick end to this pandemic and all its many restrictions.



From the Catechism: "Human life must be respected and protected absolutely from the moment of conception. From the first moment of his existence, a human being must be recognized as having the rights of a person -- among which is the inviolable right of every innocent being to life. "Before I formed you in the womb I knew you, and before you were born I consecrated you" (Jer 1:5; cf Job 10:8-12; Ps 22:10-11). "My frame was not hidden from you, when I was being made in secret, intricately wrought in the depths of the earth" (Ps. 139:15). Since the first century the Church has affirmed the moral evil of every procured abortion. This teaching has not changed and remains unchangeable." -- Catechism of the Catholic Church, n. 2270-2271 (Priests for Life)

Resource for Women in Crisis

HOPE Pregnancy Care Center: located at 1315 Jamestown Rd., Suite 202, Williamsburg, VA 23185 Phone: 757-229-6472 Open: Monday – Thursday 10:30 am to 3:00 pm. (Wednesdays - 10:30am - 3pm, and 6:30pm - 8:30pm)

On Thursday, January 28th, 2021 Bishop Knestout invites everyone to join him for a livestreamed Mass from the Cathedral of the Sacred Heart at 7:00pm. This Mass will be offered for the specific intention of a greater respect for all life and for an end to abortion.

The Right to Life

**"The care of human life and happiness, and not their destruction, is the first and only legitimate object of good government."
(Thomas Jefferson)**

***If we don't stand up and speak out for God's children in the womb, who will? Now, more than ever, it is extremely important to pray for and speak out for an end to abortion in our country and the world. Over sixty-two million children just from America cry out from beyond the grave for our help in giving them a voice. Visit www.TenStepsToEndAbortion.com to learn what you can do.

Mass Readings: Fourth Sunday in Ordinary Time

A reading from the Book of Deuteronomy

Moses spoke to all the people, saying: "A prophet like me will the LORD, your God, raise up for you from among your own kin; to him you shall listen. This is exactly what you requested of the LORD, your God, at Horeb on the day of the assembly, when you said, 'Let us not again hear the voice of the LORD, our God, nor see this great fire any more, lest we die.' And the LORD said to me, 'This was well said. I will raise up for them a prophet like you from among their kin, and will put my words into his mouth; he shall tell them all that I command him. Whoever will not listen to my words which he speaks in my name, I myself will make him answer for it. But if a prophet presumes to speak in my name an oracle that I have not commanded him to speak, or speaks in the name of other gods, he shall die.'"

The Word of the Lord

Responsorial Psalm

R. If today you hear his voice, harden not your hearts.

Come, let us sing joyfully to the LORD; let us acclaim the rock of our salvation. Let us come into his presence with thanksgiving; let us joyfully sing psalms to him.

R. If today you hear his voice, harden not your hearts.

Come, let us bow down in worship; let us kneel before the LORD who made us. For he is our God, and we are the people he shepherds, the flock he guides.

R. If today you hear his voice, harden not your hearts.

Oh, that today you would hear his voice: "Harden not your hearts as at Meribah, as in the day of Massah in the desert, Where your fathers tempted me; they tested me though they had seen my works."

R. If today you hear his voice, harden not your hearts.

A reading from the First Letter of Saint Paul to the Corinthians

Brothers and sisters: I should like you to be free of anxieties. An unmarried man is anxious about the things of the Lord, how he may please the Lord. But a married man is anxious about the things of the world, how he may please his wife, and he is divided. An unmarried woman or a virgin is anxious about the things of the Lord, so that she may be holy in both body and spirit. A married woman, on the other hand, is anxious about the things of the world, how she may please her husband. I am telling you this for your own benefit, not to impose a restraint upon you, but for the sake of propriety and adherence to the Lord without distraction.

The Word of the Lord

R. Alleluia, alleluia.

The people who sit in darkness have seen a great light; on those dwelling in a land overshadowed by death, light has arisen.

R. Alleluia, alleluia.

A Reading from the Holy Gospel according to Mark

Then they came to Capernaum, and on the sabbath Jesus entered the synagogue and taught. The people were astonished at his teaching, for he taught them as one having authority and not as the scribes. In their synagogue was a man with an unclean spirit; he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!" Jesus rebuked him and said, "Quiet! Come out of him!" The unclean spirit convulsed him and with a loud cry came out of him. All were amazed and asked one another, "What is this? A new teaching with authority. He commands even the unclean spirits and they obey him." His fame spread everywhere throughout the whole region of Galilee.

The Gospel of the Lord

Spiritual Communion Prayer

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.

Eucharistic Prayer

O Jesus, our Lord and our God, Creator and Ruler of the vast universe, we lovingly adore You hidden so humbly in the fragile little Host we rejoice that the Blessed Sacrament is not merely a Holy thing, but a living person – the same Christ Who died for us on calvary but Who loved us so much that He wanted to remain with us forever. May the Most Blessed Sacrament be praised and adored forever. We offer this prayer in reparation for all the irreverences, profanations, and sacrileges which You receive in the Most August Sacrament of the Altar.



The Rosary

Beginning Friday, February 5th, the Rosary will be said in the church at 6:30pm every Friday. Please come out and join in reciting the Rosary in honor of our Most Blessed Virgin Mother Mary and Jesus, her Son.

WELCOME NEW PARISHIONERS

New members are asked to register at the Parish Office in the Mercy Center.

We invite all parishioners to join a ministry.
Contact the Chairperson of the ministry or call the Parish Office at
804.843.3125

ALTAR LINENS Kim diLandro	814-8148
ALTAR SERVERS Joe Drexler	843-2541
<i>liturgychair@olbs-catholic.org</i>	
ARTS & ENVIRONMENT Rowena & Tom Fauber	725-6110
<i>artsenvironment@olbs-catholic.org</i>	
BELL CHOIR	
CANTORS/CHOIR Leda Zaginaylo	757 870-2516
<i>music@olbs-catholic.org</i>	
CEMETERY COMMITTEE Gary Silvia	757-303-8576
<i>cemetarychair@olbs-catholic.org</i>	
CHURCH HISTORIAN Linda Drexler	843-2451
<i>historian@olbs-catholic.org</i>	
CLEANING COORDINATOR	

FACILITIES COMMITTEE Jim Pyne	
<i>facilitieschair@olbs-catholic.org</i>	
FINANCE COMMITTEE Richard Duke	843-3125
<i>financechair@olbs-catholic.org</i>	
HISPANIC MINISTRY Nanci Hernandez Jose Velasquez	
<i>hispanicministry@olbs-catholic.org</i>	
HOSPITALITY Glenn & Kay Shaw	843-3476
JUSTICE & PEACE	
KNIT, PURL & PRAY	
LAWN MOWING COMMITTEE Eric Ellingson	843-2184
<i>ericellingson@verizon.net</i>	

LIBRARY Linda Drexler	843-2541
<i>vintagenotes@verizon.net</i>	
LITURGY COMMITTEE Joe Drexler	843-2541
<i>liturgychair@olbs-catholic.org</i>	
MINISTRY SCHEDULING Pattie Vadas	843-4082
<i>pbv0806@yahoo.com</i>	
OFFICE VOLUNTEERS Margaret Varboncoeur	843-2867
PARISH COUNCIL Phil Liberato	512-9701
<i>parishchair@olbs-catholic.org</i>	
SACRISTAN Marguerite Sturtz	843-2175
YOUTH MINISTRY Lorraine Ryalls	843-3125 ext 103
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